

Nevada Behavioral Risk Factor Surveillance System 2015 Annual Report (2015 Data)

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Office of Public Health Informatics and Epidemiology**

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2015 Annual Report
(2015 Data)

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Section I: BRFSS

**The Behavioral Risk Factor Surveillance System (BRFSS)
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BRFSS: General Information

The Behavioral Risk Factor Surveillance System (BRFSS) is primarily funded by the Centers for Disease Control and Prevention (CDC). However, various state programs may fund additional modules or questions. This is the largest telephone health survey in the world and is conducted in all 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam. The BRFSS surveys adults eighteen years of age or older; in 2015, 2,926 adults were surveyed in Nevada. The BRFSS contains core questions that are asked in all states and territories allowing for national as well as state-to-state comparisons. In addition, optional modules are also available and state-specific questions may be added to address state-specific needs. The BRFSS is used to assess risk for chronic disease, identify demographic differences in health-related behaviors, address emerging health issues, evaluate public health policies and programs, assess special populations, and measure progress toward achieving state and national health objectives. Many states also use BRFSS data to support health-related legislative efforts. BRFSS information as well as survey results are available online at <http://www.cdc.gov/brfss/>.

BRFSS: Addition of Cell Phone Surveys and New Weighting Methodology

The proportion of U.S. households with only cellular telephones has been rising steadily. In order to maintain representativeness, coverage, and validity, the BRFSS has added cellular telephones to their sample. It is well known that people who have only cellular telephone service have a different demographic profile than those who have a landline telephone.

Since the 2011 BRFSS survey, cell phone surveys are included with landline surveys and a new weighting methodology called “raking” is also implemented in the BRFSS methodology. This new weighting methodology allows for the introduction of more demographic variables into the weighting process, thereby reducing the potential for bias and increasing the representativeness of estimates. It also allows for the incorporation of cell and landline telephone surveys.

The addition of cellular telephones and the new weighting system improved the survey coverage for certain population groups. Some prevalence estimates will vary from estimates that would have been calculated with the old weighting procedure. These differences will vary by survey question and state and will be driven by state-to-state variations in demographic variables and the proportion of cell phone users. Therefore, it is not recommended that BRFSS data previous to 2011 be compared with subsequent BRFSS surveys.

BRFSS: The BRFSS Questionnaire

The “core” questionnaire consists of standard questions designed and tested by the CDC and are administered by all states and territories. The Division of Public and Behavioral Health programs also funded seven additional modules: Diabetes, Pre-Diabetes, Childhood Asthma, Colorectal Cancer Screening, Mental Health and Stigma, and Adverse Childhood Experience, and Health Care Access. The Alzheimer’s Association funded the Cognitive Impairment Module, and several other individual questions were also added to the survey by various programs. Some topics are on a rotating core and are asked every other year. In this report, data tables are provided with indicator results broken out in selected demographics: Gender, Age Group, Race/ethnicity, and Veteran Status, Highest Education Level Attained, Income, and Region. Due to different non-response rates for each question, the total responses for a selected indicator will vary among demographic data. Some topics addressed by the 2015 set of core questions include:

- **Alcohol Use:** includes heavy drinking, and binge drinking, and drinking while driving.
- **Asthma:** includes individuals that have ever had asthma and those that currently have asthma.
- **Blood Pressure and Cholesterol:** includes high cholesterol, high blood pressure, and blood cholesterol checked within the past five years.
- **Cardiovascular:** includes stroke, heart attack, and cardiovascular disease.
- **Colorectal Cancer Screening:** includes individuals who have ever had a sigmoidoscopy or colonoscopy or have had a blood stool test within two years.
- **Diabetes:** includes diabetes and pre-diabetes.
- **Disability:** includes individuals who have limited activities and who require special equipment such as a cane, wheelchair, special bed, or special telephone.
- **Health Status:** includes general, mental, and physical health, interruptions of daily routines because of health conditions, and inadequate sleep.
- **Healthcare Access:** includes health insurance, not able to see a doctor because of cost, and the time since the last routine checkup.
- **Immunization:** includes flu and Pneumonia Vaccinations.
- **Tobacco:** includes Cigarette Use.
- **Weight Status:** measured by body-mass index (BMI): A BMI greater than 25 and less than 30 is classified as overweight and a BMI of 30 or greater is classified as obese.

BRFSS: The BRFSS Process and Methodology

The BRFSS survey development is a collaborative effort involving program representatives from the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) and other parts of CDC. In addition, input is received from all participating states concerning core components and optional modules. Taking into consideration state priorities and potential funding, the Behavioral Surveillance Branch (BSB) produces data processing layouts with core components and optional modules. States use this layout and add optional questions they have

designed or acquired. The Nevada Division of Public and Behavioral Health contracted the University of Nevada, Reno (Center for Research and Design) and the University of Nevada, Las Vegas (Cannon Survey Center) to conduct the 2015 BRFSS phone survey according to protocols detailed in the BRFSS Operational and User's Guide. This guide is available at the following website:

<ftp://ftp.cdc.gov/pub/Data/Brfss/userguide.pdf>

Samples were provided monthly from BSB who utilize disproportionate stratified random sampling to differentiate between sets of phone numbers containing a large proportion of target numbers and a set that contains a smaller proportion of target numbers.

The State Contractor then conducts monthly interviews with the prescribed protocol, and incorporates surveillance results into computer-assisted telephone interviewing (CATI) computer files. Data is submitted monthly to BSB who weights the data annually according to state-specific population estimates. BSB produces and distributes yearly state-specific and nationwide data sets of risk-factor prevalence estimates to be used by states and BSB for analyses and publications.

Section II: The Healthy People Initiative

The Healthy People (HP) Initiative is a national strategy for significantly improving the health of Americans and provides a framework for national, state and local health agencies, as well as non-government entities, to assess health status, health behaviors, and health services. The HP Initiative began as an offshoot from the 1979 the Surgeon General's Report, *Health Promotion and Disease Prevention*, which was followed in 1980 by the report, *Promoting Health/Preventing Disease: Objectives for a Nation*, which detailed 226 health objectives to be reached by 1990. Subsequently the HP 2010 was developed and then the HP 2020 was developed that documented objectives to be reached by 2020. The goals of the HP Initiative are to increase quality and years of healthy life and eliminate health disparities. Whenever applicable, HP 2020 objectives are included in this report along with their corresponding health indicators. Information on the Healthy People Initiative can be obtained online at:

<http://www.healthypeople.gov/2020/default.aspx>

Section III: Highlights from the 2015 BRFSS Survey

Alcohol Consumption

- The prevalence estimate for Nevada adults participating in binge drinking (males having five or more drinks on one occasion, females having four or more drinks on one occasion) is 14.2% close to the National Median of 16.3%.
- The 2015 estimate of Nevada adult males participating in binge drinking is over twice that of Nevada adult females (20.2% and 8.4% respectively).

Asthma

- 13.6% of Nevada adults reported that they have ever had asthma and 8.1% reported they currently have asthma.

Cardiovascular

- The heart attack prevalence for Nevada's adults is 6.3%.
- Nevada adults in the highest income bracket reported the lowest prevalence rate of heart attacks, strokes, and cardiovascular disease than those in lower income brackets.

Cholesterol and Hypertension

- 36.7% of Nevada adults reported that a doctor, nurse, or other health professional had told them that their blood cholesterol was high.
- 28.3% of Nevada adults reported that a doctor, nurse, or other health professional had told them that they had high blood pressure which is similar to the National Median of 30.9%.

Colorectal Cancer Screening

- 63.9% of Nevada adults 50+ have had either a sigmoidoscopy or a colonoscopy.
- Nevada adults, 50+ in lower income brackets, had a lower prevalence rate of sigmoidoscopy/colonoscopy cancer screening than those in higher income brackets.

Diabetes

- The 2015 prevalence estimate for diabetes among Nevada adults is 9.7%.
- Diabetes prevalence among Nevada adults was lowest among individuals with an annual income of \$50,000.00 or more.

Disability

- The 2015 estimate for Nevada adults who are limited in any activities do to physical, mental, or emotional problems is 20.3%.
- The 2015 estimate of Nevada adults requiring special equipment, such as a cane, wheelchair, special bed, or telephone is 8.3%.

Health Status

- In 2015, 18.7% of Nevada adults perceived their health status to be excellent, 27.7% perceived their health status to be very good, 36.0% perceived their health status to be good, 13.4% perceived their health status to be fair, and only 4.2% perceived their health status to be poor.
- 14.9% of Nevada adults reported that poor physical or mental health had kept them from doing their usual activities on 10 or more of the last 30 days.
- 24.7% of Nevada adults had not participated in any physical activity other than their regular job in the past 30 days.

Healthcare Access

- The 2015 estimate for Nevada Adults 18+ without health insurance is 14.5% and 39.5% do not have a personal doctor or healthcare provider.
- 12.5% of Nevada adults did not have a routine checkup in the past five years.

Immunizations

- In 2015, 54.3% of Nevada adults 65 years of age or older received a flu vaccination within the past year.
- 70.1% of Nevada adults 65 years of age or older have ever received a pneumonia vaccination.

Tobacco

- 17.6% of Nevada adults are current smokers which is essentially the same as the national value of 17.5%.
- The prevalence of smoking among Nevada adults is higher among males than females (20.5% and 14.6% respectively).
- The prevalence of smoking among Nevada adults is highest among individuals of lower income brackets than those of higher income brackets.

Weight Status

- 37.9% of Nevada adults are designated as overweight (BMI 25.0 to 29.9) and 26.7% are designated as obese (BMI 30.0 or greater).
- 2015 data indicates that 39.6% of Nevada adult females are at a healthy weight which is over 14% higher than Nevada adult males at 28.0%.

Section IV: BRFSS Respondent Demographics

Table 1: BRFSS Respondent Demographics (NV BRFSS, 2015)

The distribution of respondents for the 2015 BRFSS by: sex, age group, race, education, income, and region.

There were 2,926 total surveys conducted in the 2015 survey.

Table 1: BRFSS Response Demographics (NV BRFSS 2015)

Demographic	Grouping	N	Weighted Frequency	Percent
Region	Clark County	1,066	1,615,793	72.7 (71.5-73.8)
	Washoe County	923	346,668	15.6 (14.6-16.6)
	Balance of State	937	260,859	11.7 (11.0-12.5)
Age Group	18 - 24	164	261,149	11.7 (9.5-13.9)
	25 - 34	286	401,146	18.0 (15.6-20.5)
	35 - 44	334	390,580	17.6 (15.3-19.8)
	45 - 54	453	388,643	17.5 (15.2-19.7)
	55 - 64	622	356,042	16.0 (14.1-17.9)
	65+	1,067	425,760	19.1 (17.3-21.0)
Sex	Male	1,207	1,112,334	50.0 (47.1-52.9)
	Female	1,719	1,110,986	50.0 (47.1-52.9)
Sexual Orientation	Straight	2,317	1,539,342	90.8 (89.0-92.6)
	Lesbian or Gay	39	35,785	2.1 (1.2-3.1)
	Bisexual	48	41,616	2.5 (1.5-3.4)
	Other	5	4,451	0.3 (0.0-0.6)
	Transgender	10	7,307	0.4 (0.0-0.8)

Table 1: BRFSS Respondent Demographics Continued (NV BRFSS, 2015)
The distribution of respondents for the 2012 BRFSS by: sex, age group, race, education, income, and region.
There were 2,926 total surveys conducted in the 2015 survey.

BRFSS Response Demographics (NV BRFSS 2015) Continued

Demographic	Grouping	N	Weighted Frequency	Percent
Race/Ethnicity	White	2,100	1,197,887	53.9 (51.0-56.8)
	Black	123	179,756	8.1 (6.4-9.8)
	Other Race	268	276,764	12.4 (10.2-14.7)
	Hispanic	382	536,339	24.1 (21.4-26.8)
Education	Less than H.S.	230	358,367	16.1 (13.6-18.6)
	H.S. or G.E.D.	805	654,121	29.4 (26.8-32.1)
	Some Post H.S.	910	755,197	34.0 (31.2-36.8)
	College Graduate	967	447,748	20.1 (18.2-22.1)
Income	< \$15,000	197	174,697	7.9 (6.1-9.7)
	\$15,000 to \$24,999	411	339,139	15.3 (13.2-17.4)
	\$25,000 to \$34,999	270	214,696	9.7 (7.9-11.4)
	\$35,000 to \$49,999	316	233,418	10.5 (8.8-12.3)
	\$50,000 to \$74,999	425	300,230	13.6 (11.6-15.5)
	\$75,000+	744	498,303	22.5 (20.2-24.8)
Veteran Status	Veteran	433	271,047	12.2 (10.4-14.0)
	Non-Veteran	2,488	1,949,963	87.7 (85.9-89.5)

Section V: Alcohol Consumption

Heavy Drinking: Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Binge Drinking: Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Overview

A substantial proportion of the population drinks alcohol. Fourteen point two percent (14.2%) of Nevada adults 18 years of age or older reported binge drinking on at least one occasion within past 30 days, and 6.2% were categorized as “Heavy Drinkers.” This translates to about 310,875 and 135,734 Nevadans respectively.

Long-term heavy drinking increases the risk for high blood pressure, heart muscle disorders (cardiomyopathy), and stroke, as well as certain forms of cancer, especially of the esophagus, mouth, throat and larynx.^{1,2}

Alcohol has been linked with a substantial proportion of injuries and deaths from motor vehicle crashes, falls, fires, and drowning. In 2014, 2.2% of Nevadans reported driving at least once in the past 30 days after having too much to drink, translating into about 48,164 individuals. The percent of Nevada males reporting driving when they have had too much to drink in 2014 was over four times higher than females, 3.7% and 0.8% respectively.

Table 2: Selected Alcohol Use Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Heavy drinkers (adult males having more than two drinks per day and adult females having more than one drink per day)		
A. Percent of Males	6.4%	6.4%
B. Percent of Females	6.0%	5.1%
C. Percent of Total Population	6.2%	5.9%
2. Binge drinkers (males having five or more drinks on one occasion, females having four or more drinks on one occasion)		
A. Percent of Males	20.2%	21.4%
B. Percent of Females	8.4%	11.7%
C. Percent of Total Population	14.2%	16.3%

Figure 1: Heavy Drinking and Binge Drinking Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2015)

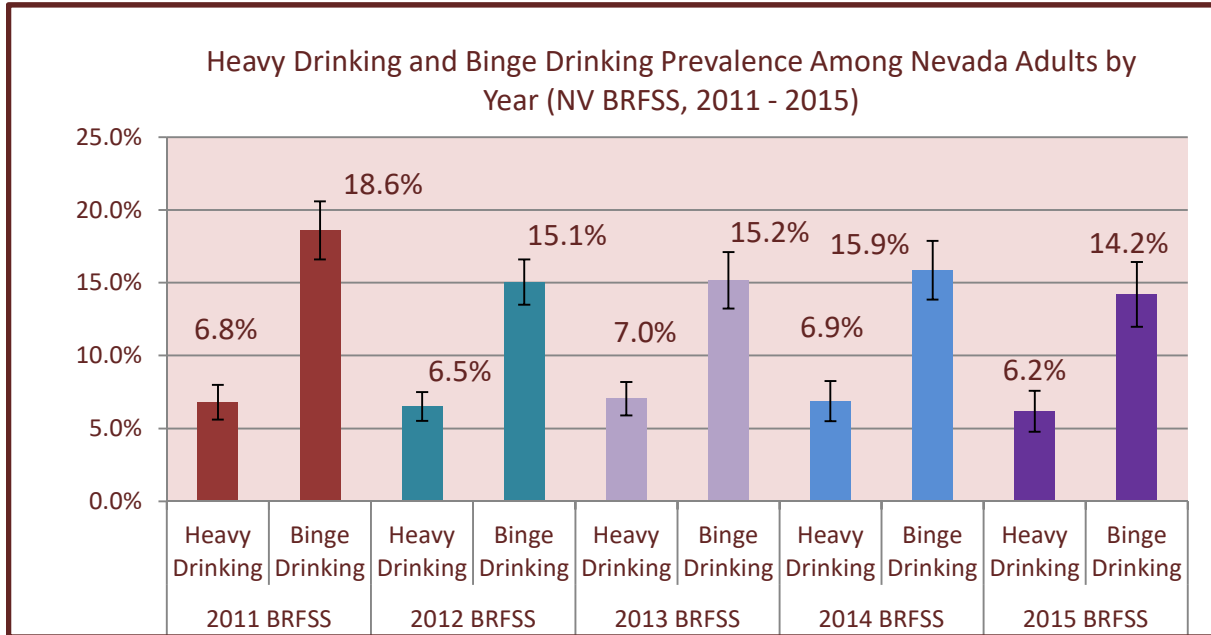


Figure 2: Heavy Drinking and Binge Drinking Prevalence Among Nevada Adults by Region (NV BRFSS, 2015)

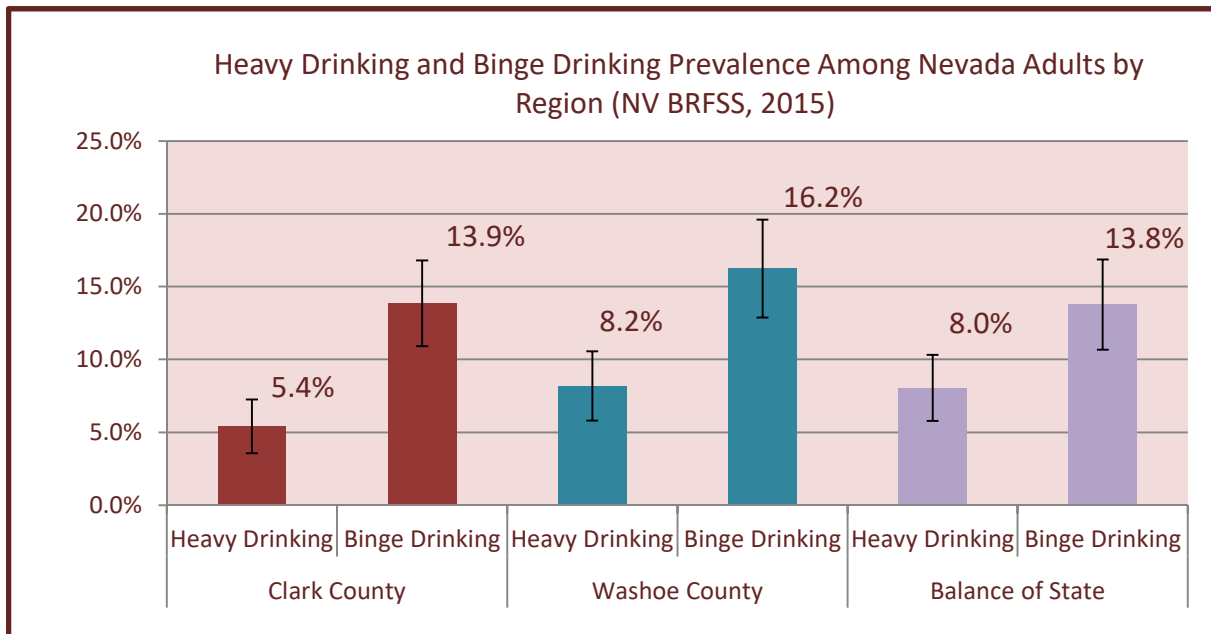


Figure 3: Heavy Drinking Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015)

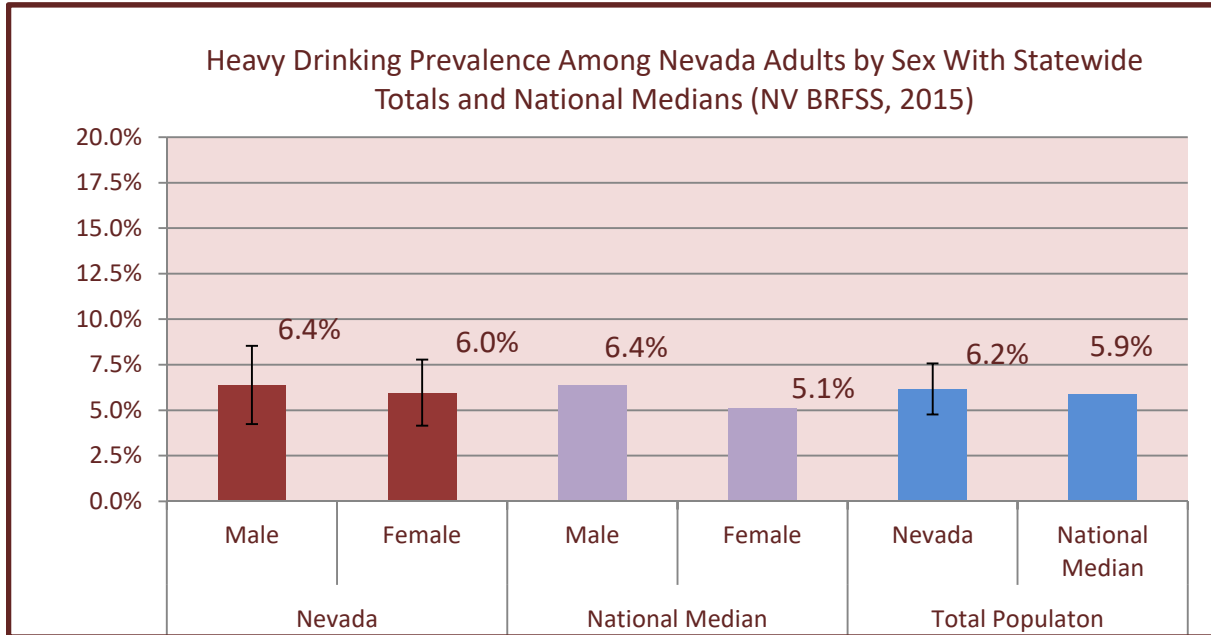


Figure 4: Heavy Drinking Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015)

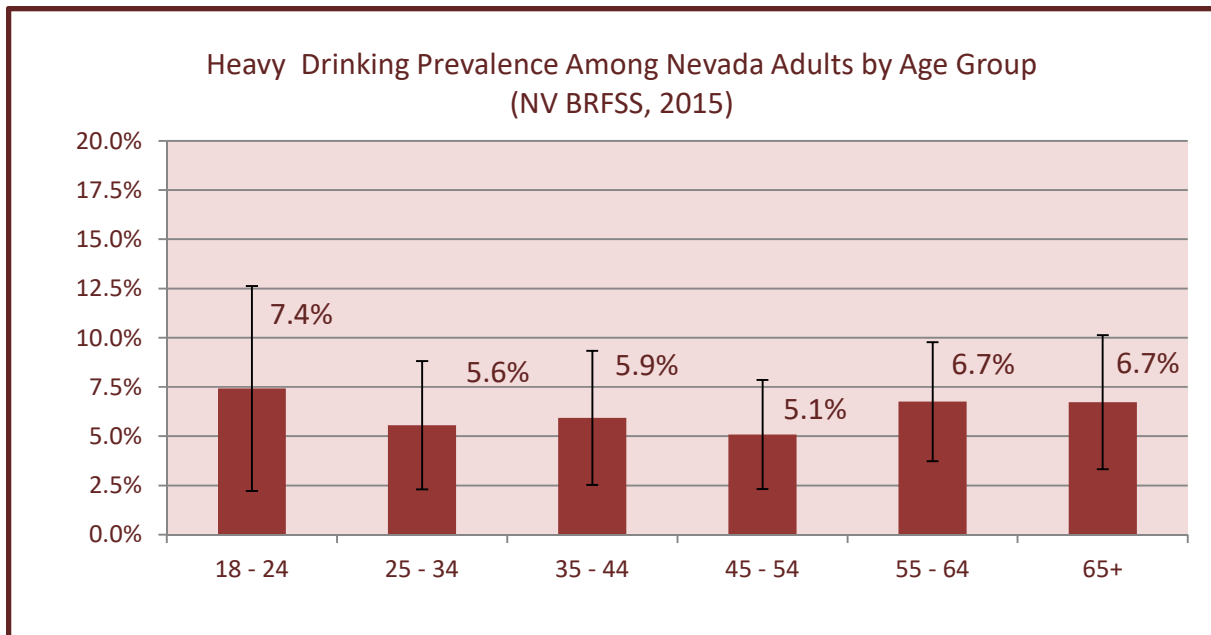


Figure 5: Heavy Drinking Prevalence Among Nevada Adults by Income (NV BRFSS, 2015)

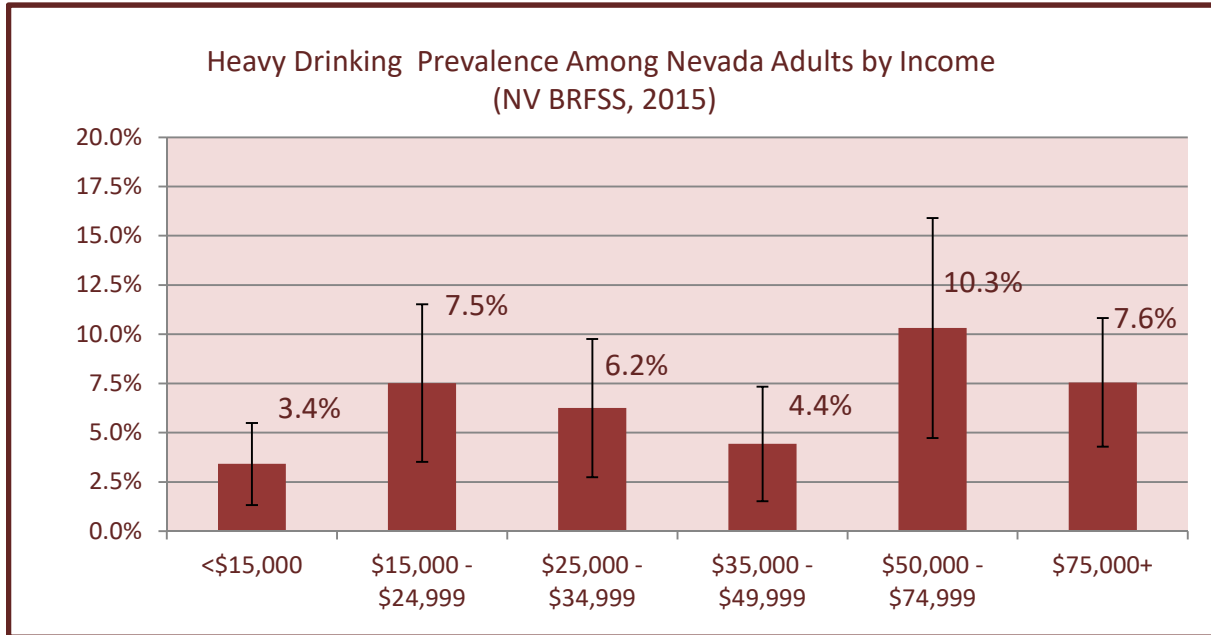


Figure 6: Heavy Drinking Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015)

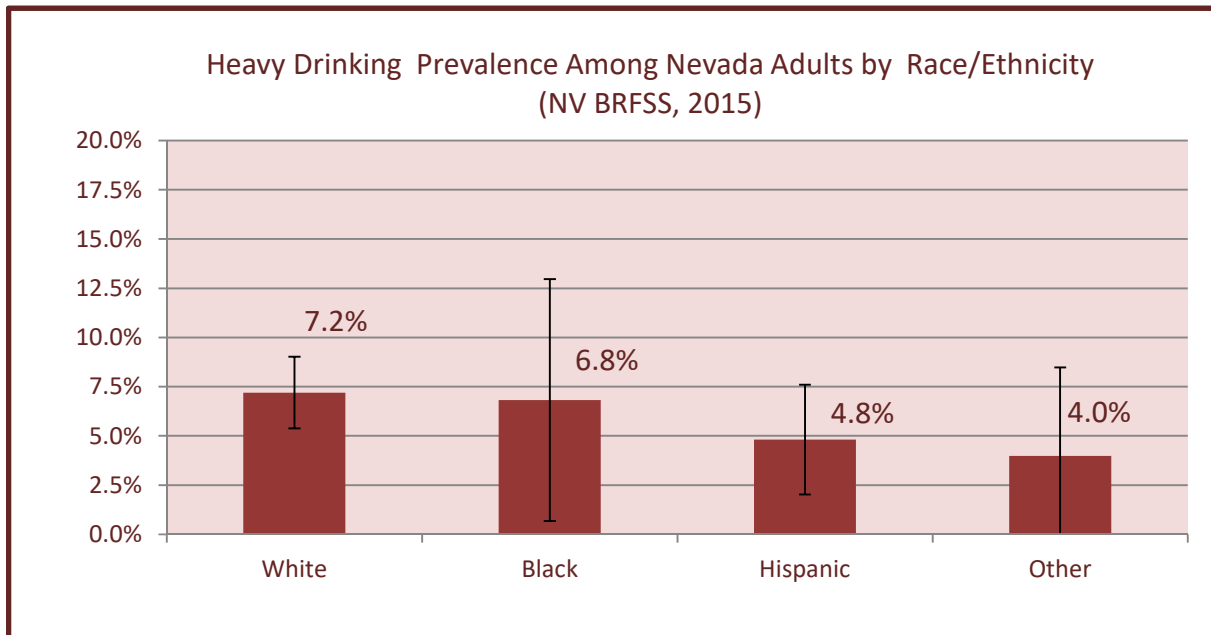


Figure 7: Binge Drinking Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015)

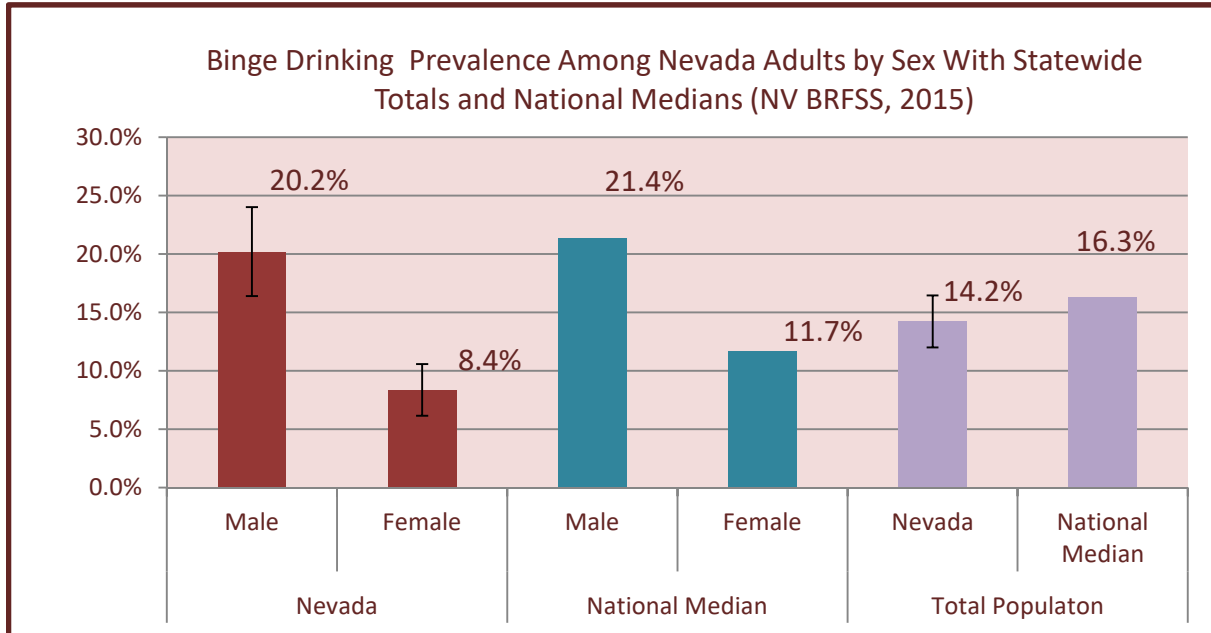
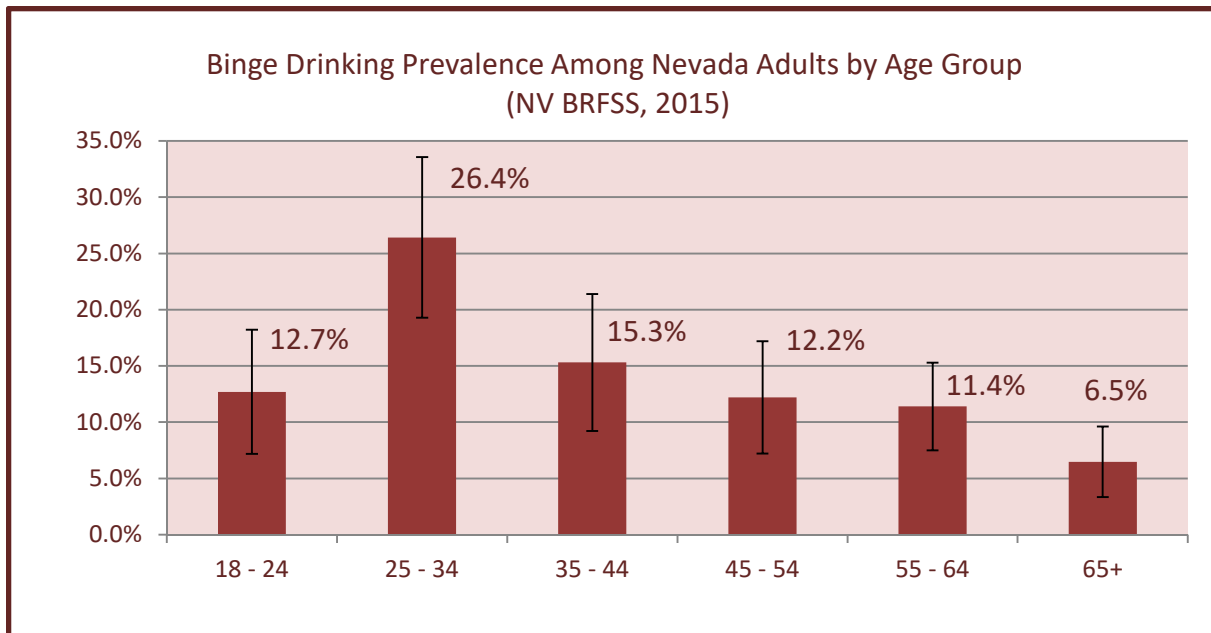


Figure 8: Binge Drinking Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015)



Binge drinking among Nevada adults is highest among the 25 - 34 age group. This difference is significant except between the 35 – 44 age group.

Figure 9: Binge Drinking Prevalence Among Nevada Adults by Income With the HP 2020 Target (NV BRFSS, 2015)

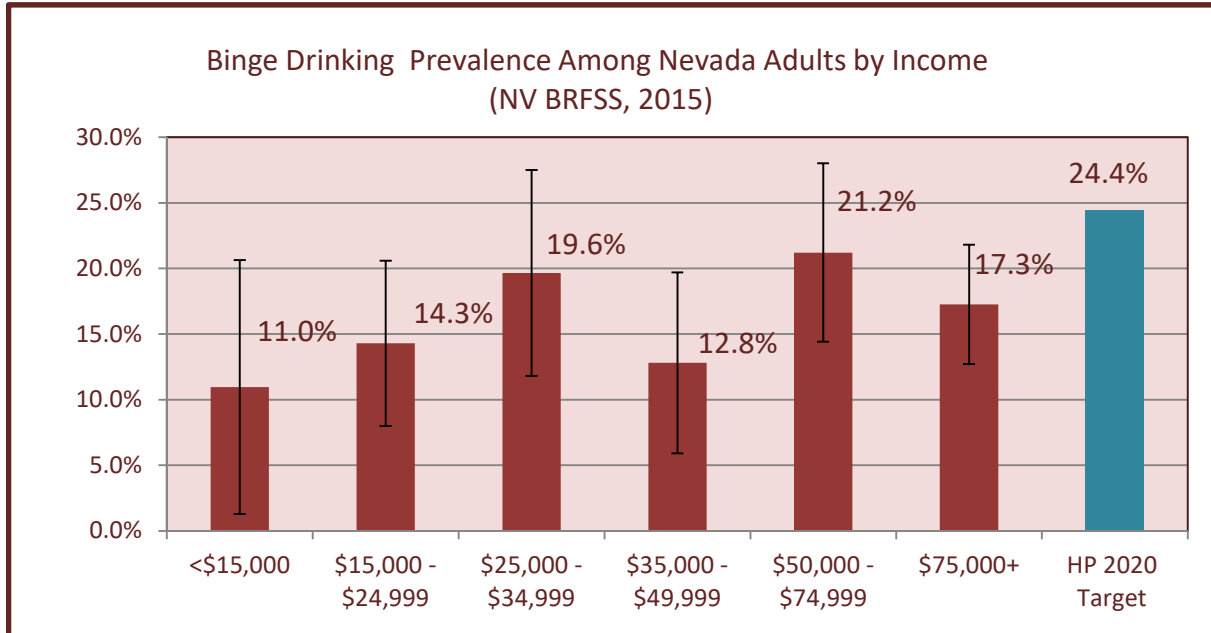
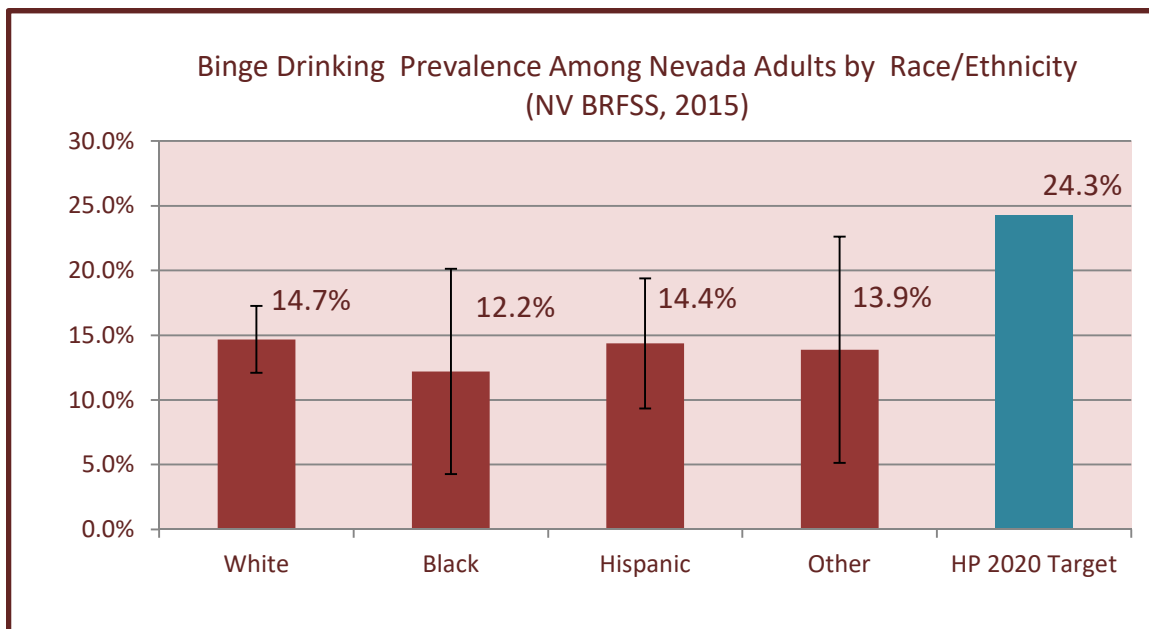


Figure 10: Binge Drinking Prevalence Among Nevada Adults by Race/Ethnicity With the HP 2020 Target



Section VI: Asthma

Lifetime Asthma: Nevada adults who have ever been told by a doctor, nurse, or other health professional that they had asthma.

Current Asthma: Nevada adults who currently have asthma.

Overview

It is estimated that about 17.7 million Americans had asthma in 2014. The Asthma and Allergy Foundation of America estimates the annual direct Asthma related medical expenses in the U.S. are 50.1 billion dollars.¹

Effective management of asthma comprises four major components: controlling exposure to factors that trigger asthma episodes, managing asthma with medicine, monitoring the disease, and educating asthma patients on when and how to take medications correctly and what to do when asthma worsens.^{2,3,4}

Asthma is one of the most common principal emergency room diagnoses. Data suggests that uneven distribution of costs of asthma relates to non-scheduled acute or emergency care, indicating poor asthma management and suboptimal outcomes.⁵

The lifetime asthma and current asthma prevalence rates in Nevada are lower than the national prevalence estimates.

Table 3: Selected Asthma Indicators for Nevada and the United States (BRFSS, 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Have you ever been told by a doctor, nurse, or other health professional that you had asthma?	11.4%	14.1%
2. Do you still have asthma?	7.6%	9.0%

Figure 11: Current and Lifetime Asthma Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2015)

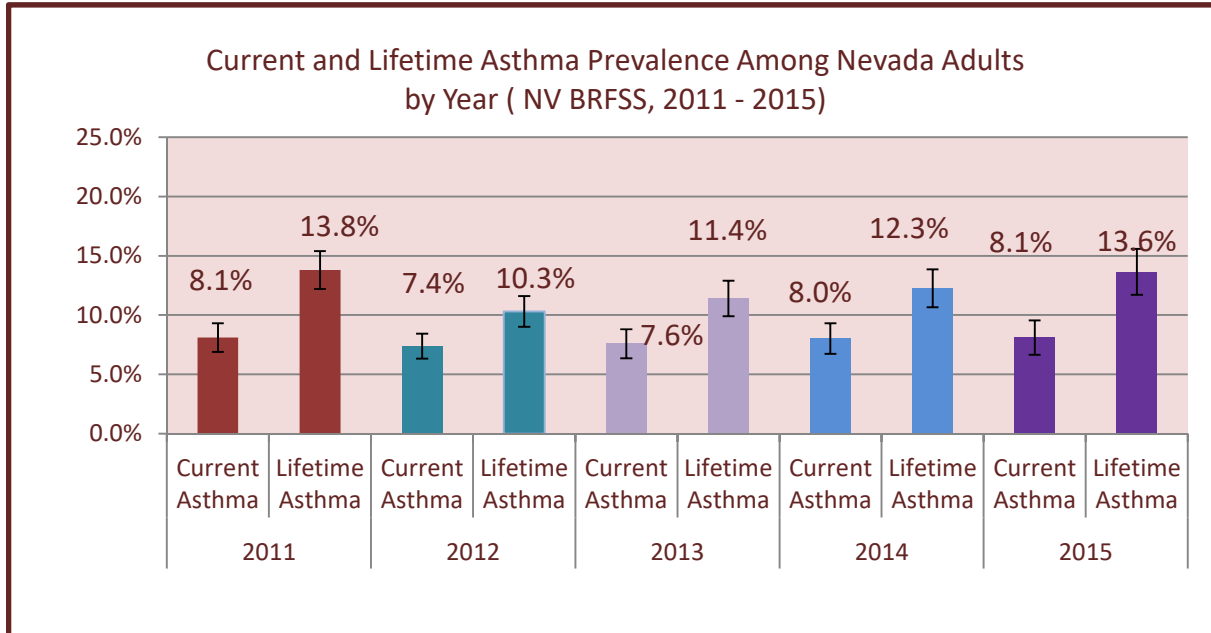
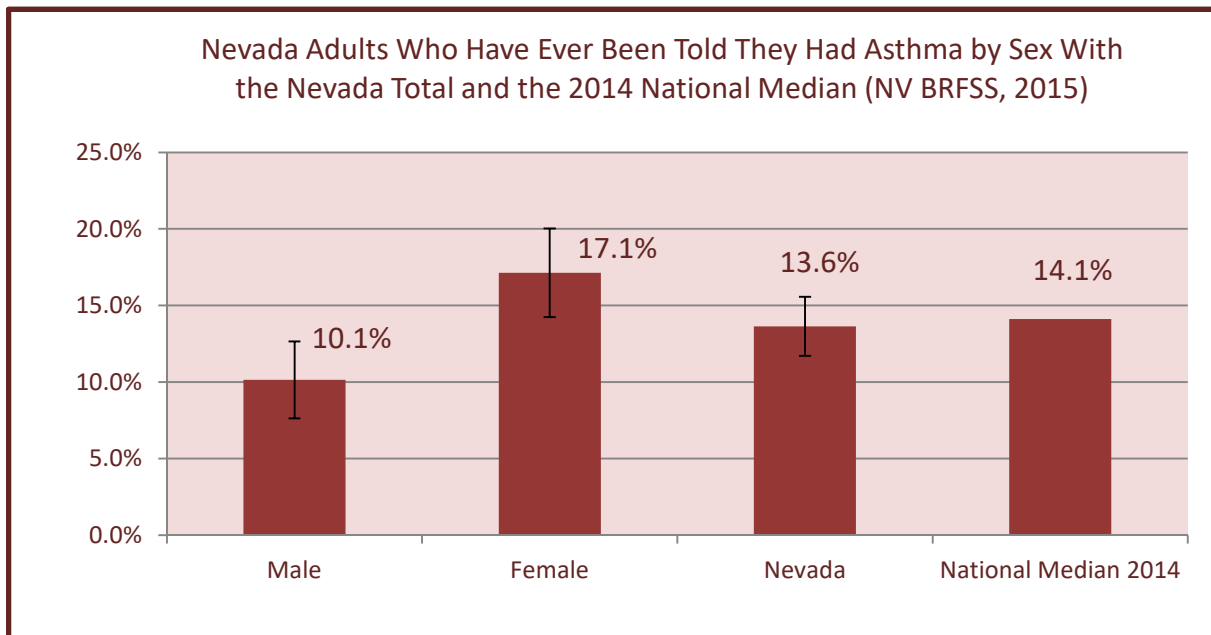


Figure 12: Nevada Adults Who Have Ever Been Told They Had Asthma by Sex with the Nevada Total and the 2015 National Median (NV BRFSS, 2015)



The percentage of lifetime asthma is significantly higher among Nevada females than males.

Figure 13: Nevada Adults Who Have Ever Been Told They Had Asthma by Race/Ethnicity (NV BRFSS, 2015)

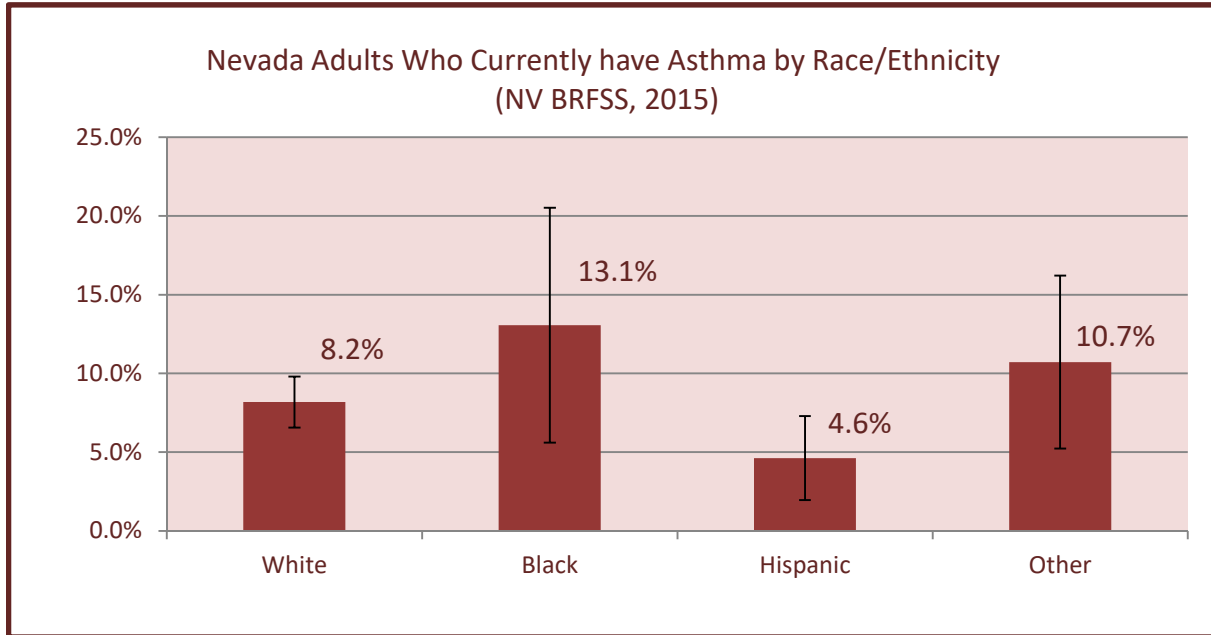
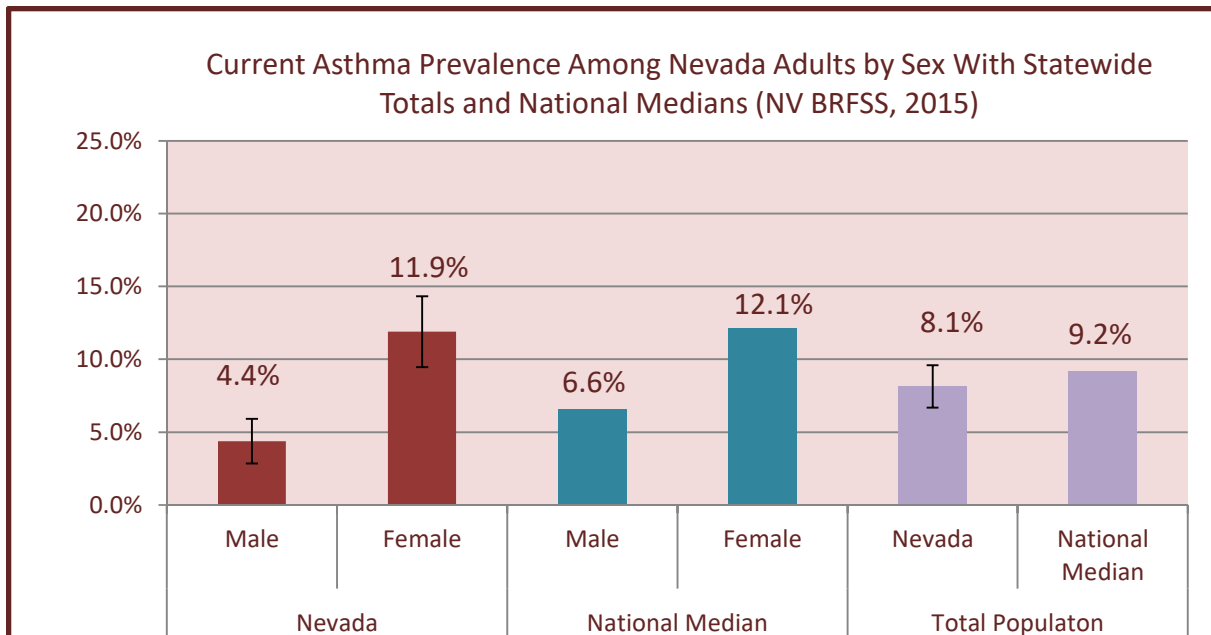


Figure 14: Current Asthma Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015)



Current asthma is significantly higher in female respondents than male respondents, both statewide and nationally.

Figure 15: Current Asthma Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015)

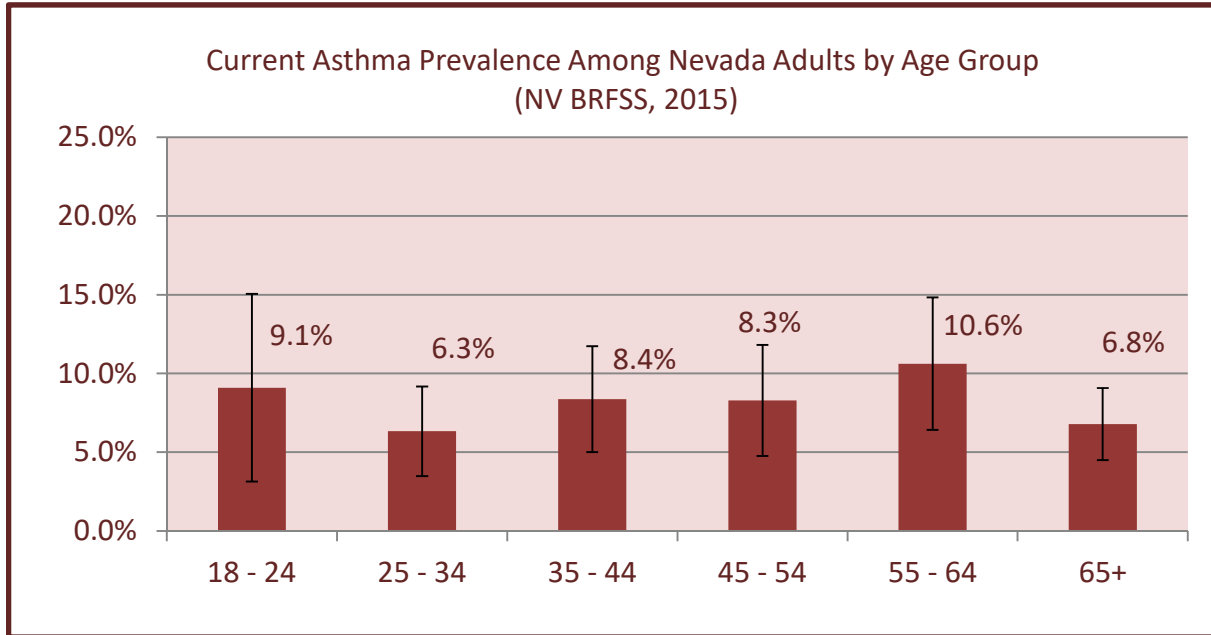


Figure 16: Current Asthma Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2015)

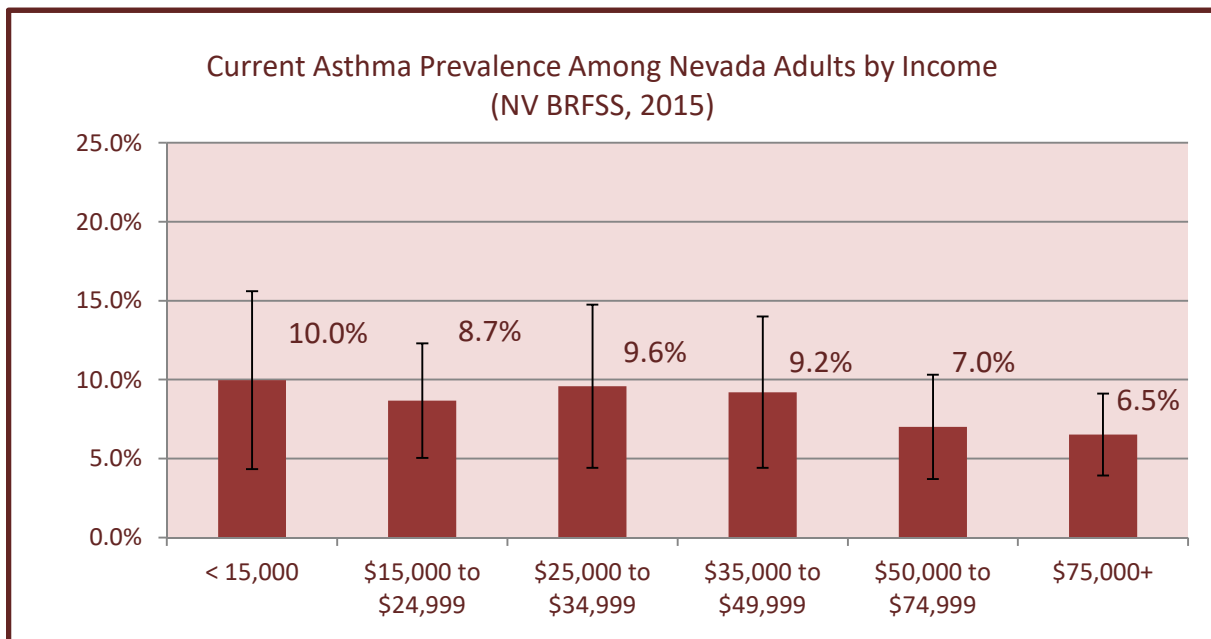


Figure 17: Current Asthma Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2015)

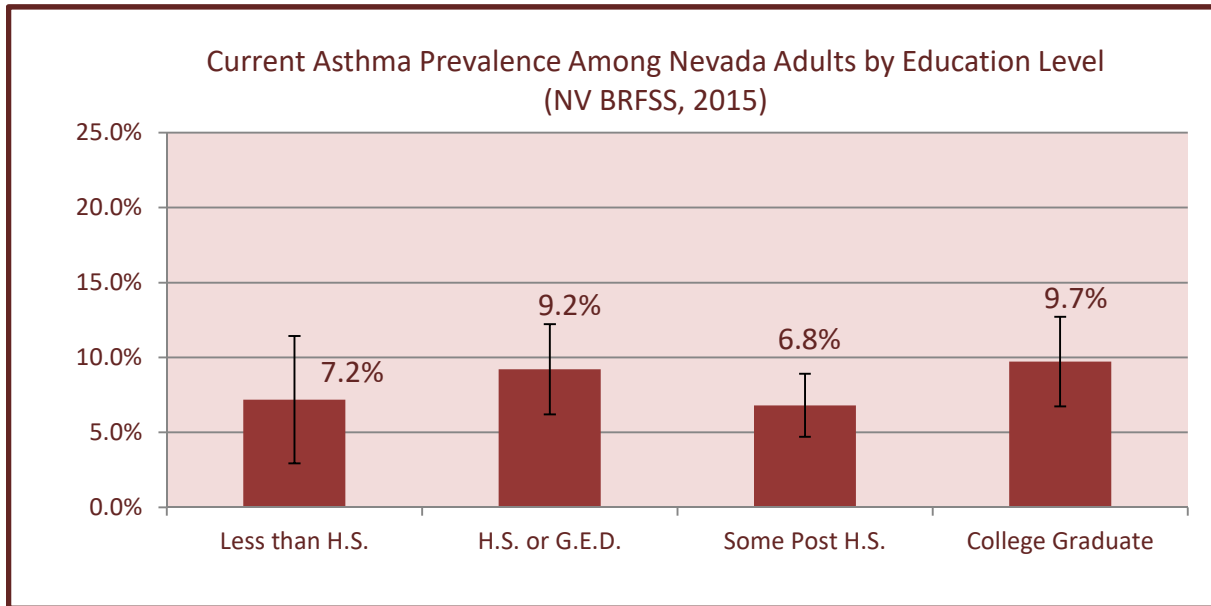
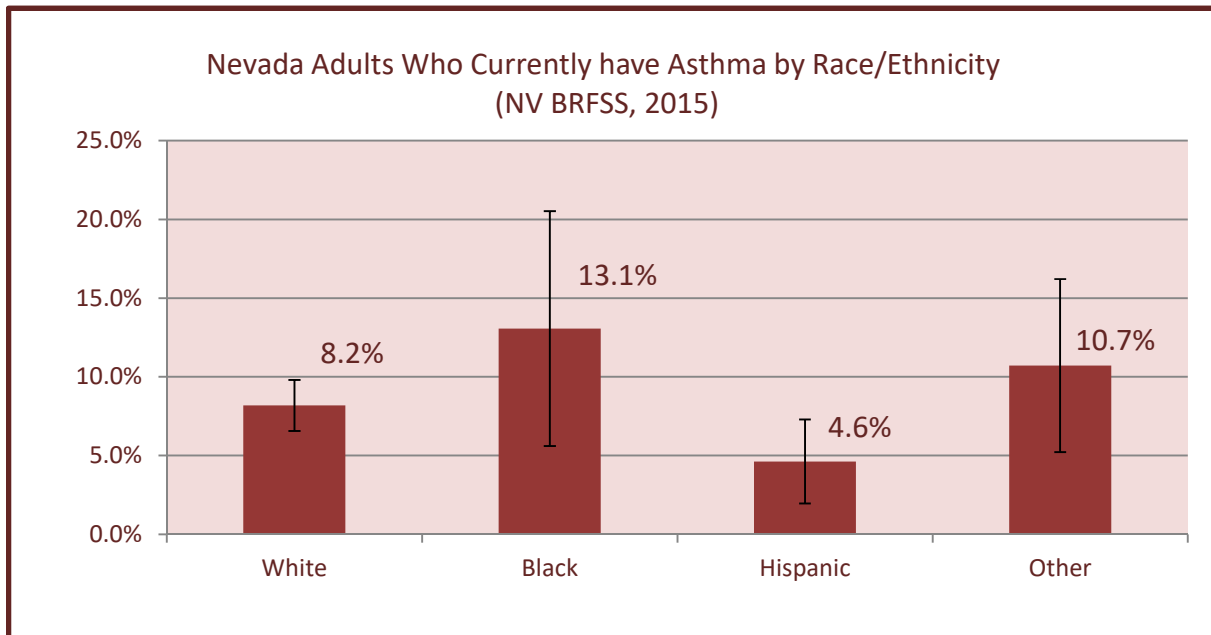


Figure 18: Current Asthma Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).



Section VII: Cardiovascular

Heart Attack: Nevada Adults who have had a myocardial infarction (heart attack).
Cardiovascular Disease: Nevada Adults who have been told they have cardiovascular disease (angina).
Stroke: Nevada Adults who have had a stroke.

Overview

Heart disease is the leading cause of death for all people in the United States for both males and females. Stroke is the third leading cause of death. Heart disease and stroke are major causes of disability and contribute significantly to healthcare costs in the United States. In general, heart disease death rate has been consistently higher in males than females and higher in the African American population than other racial/ethnic groups. ^{1,2,3}

The Centers for Disease Control and Prevention recommend the following five lifestyle changes to reduce coronary heart disease: ⁴

- Eat a healthy diet low in saturated fat and cholesterol and high in fiber
- Maintain a healthy weight
- Exercise regularly
- Don't Smoke
- Limit alcohol use

Table 4: Selected Cardiovascular Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had a heart attack (myocardial infarction).	4.2%	4.2%
2. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had angina or coronary heart disease.	3.9%	3.9%
3. Nevada adults who have been told by a doctor, nurse, or other health professional that they have had a stroke.	2.4%	3.0%

Figure 19: Heart Attack, Cardiovascular Disease (angina), and Stroke Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2015).

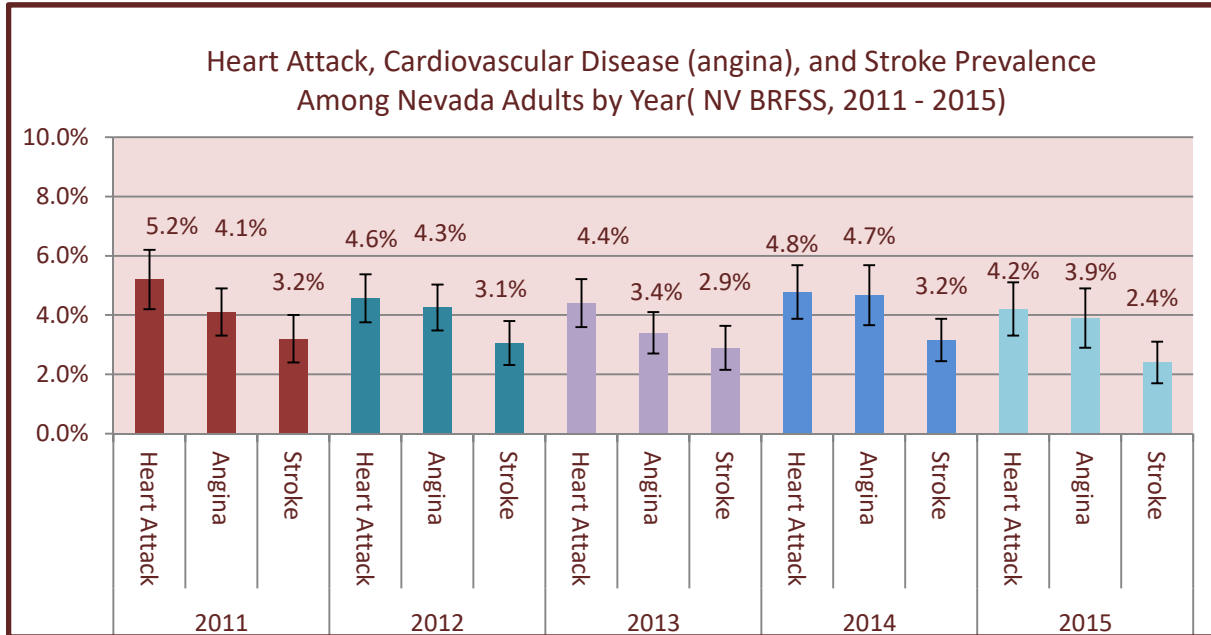


Figure 20: Heart Attack, Cardiovascular Disease (angina), and Stroke Prevalence Among Nevada Adults by Region (NV BRFSS, 2015).

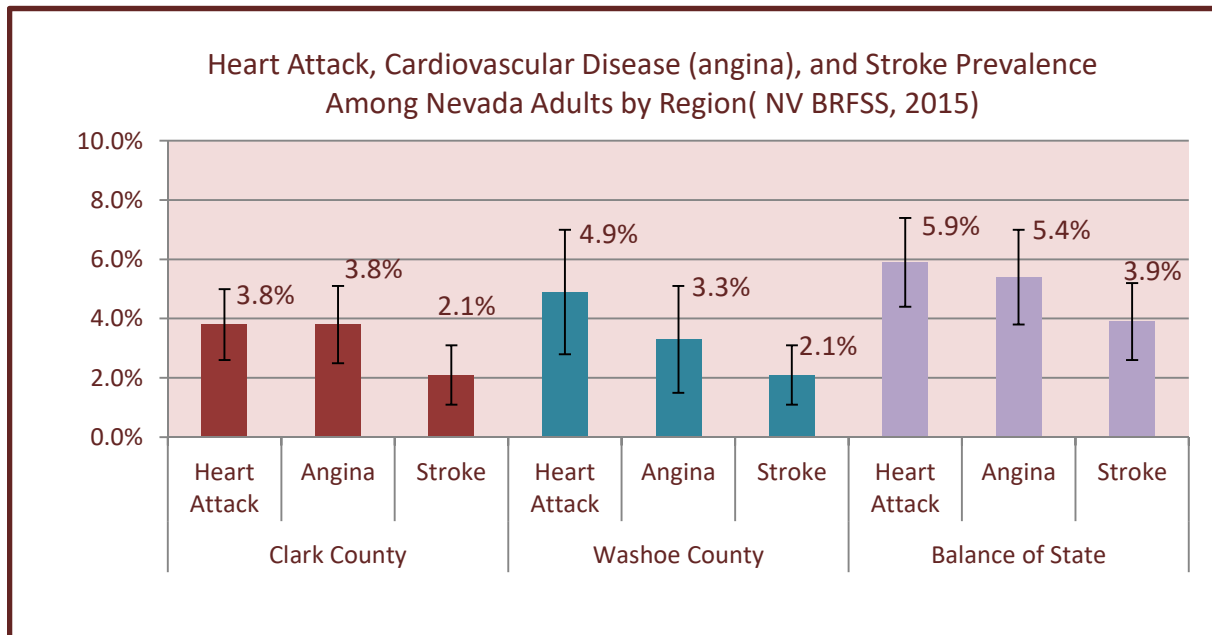


Figure 21: Heart Attack Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

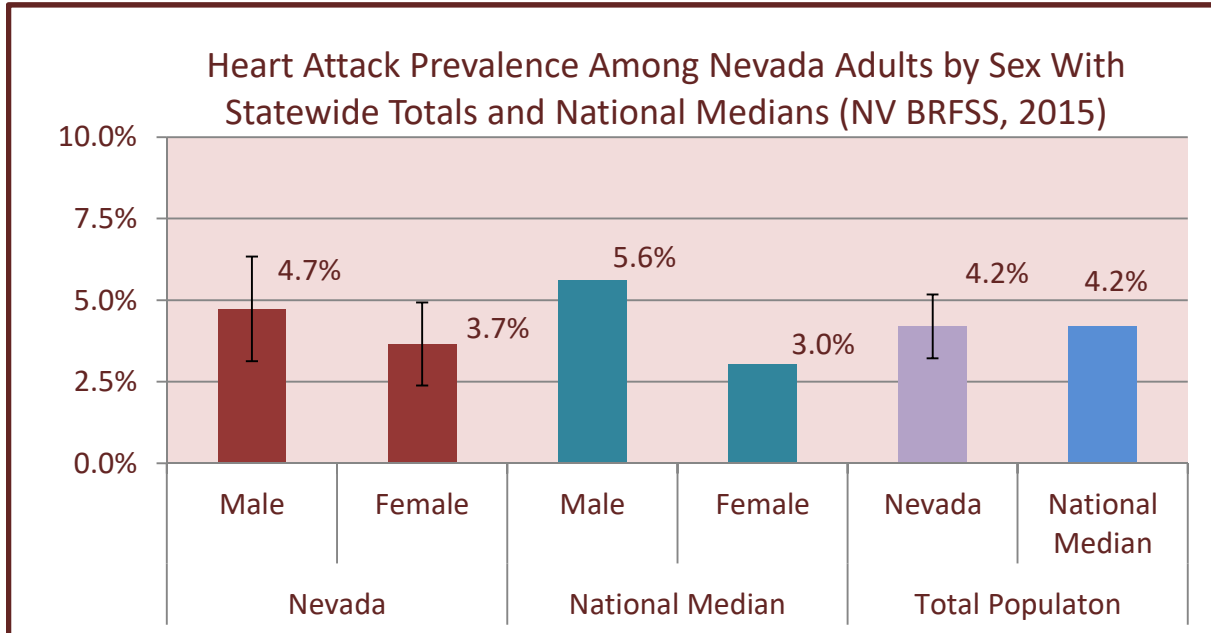
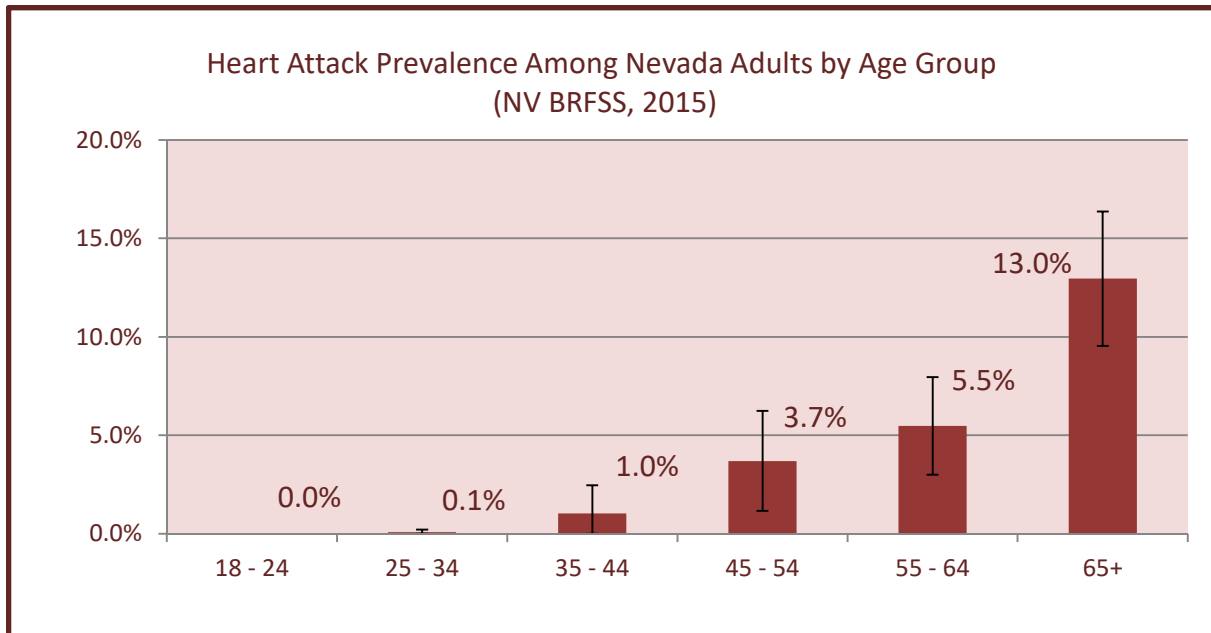


Figure 22: Heart Attack Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015).



As would be expected, heart attack prevalence is significantly higher for Nevada adults age 65 or older.

Figure 23: Heart Attack Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2015).

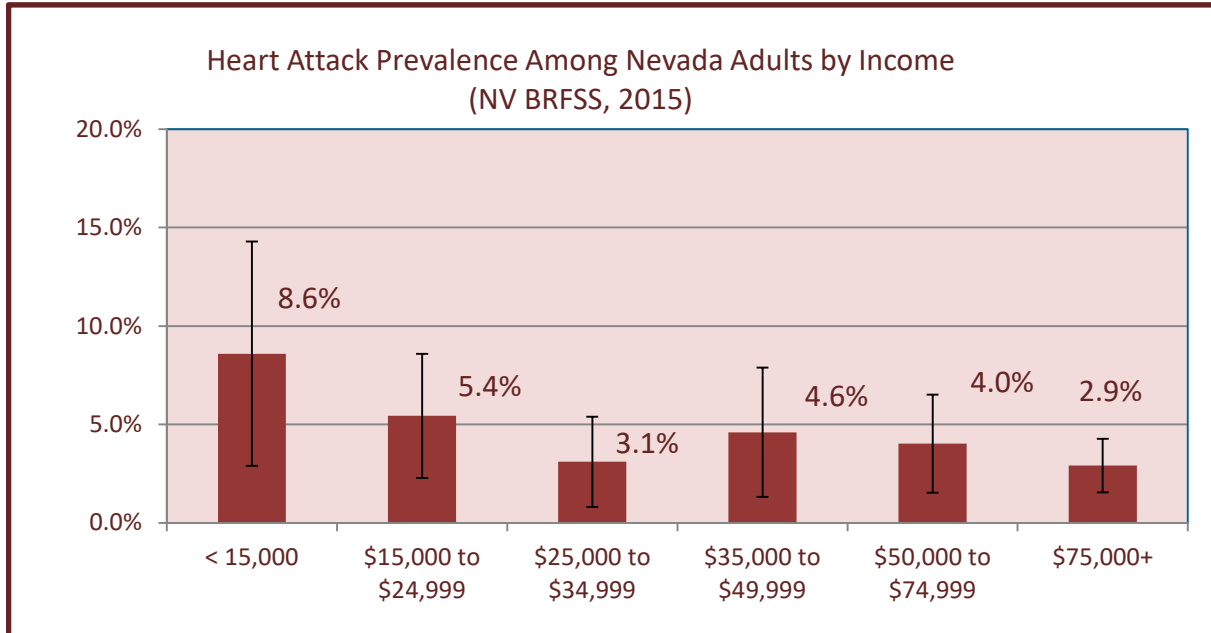


Figure 24: Heart Attack Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2015).

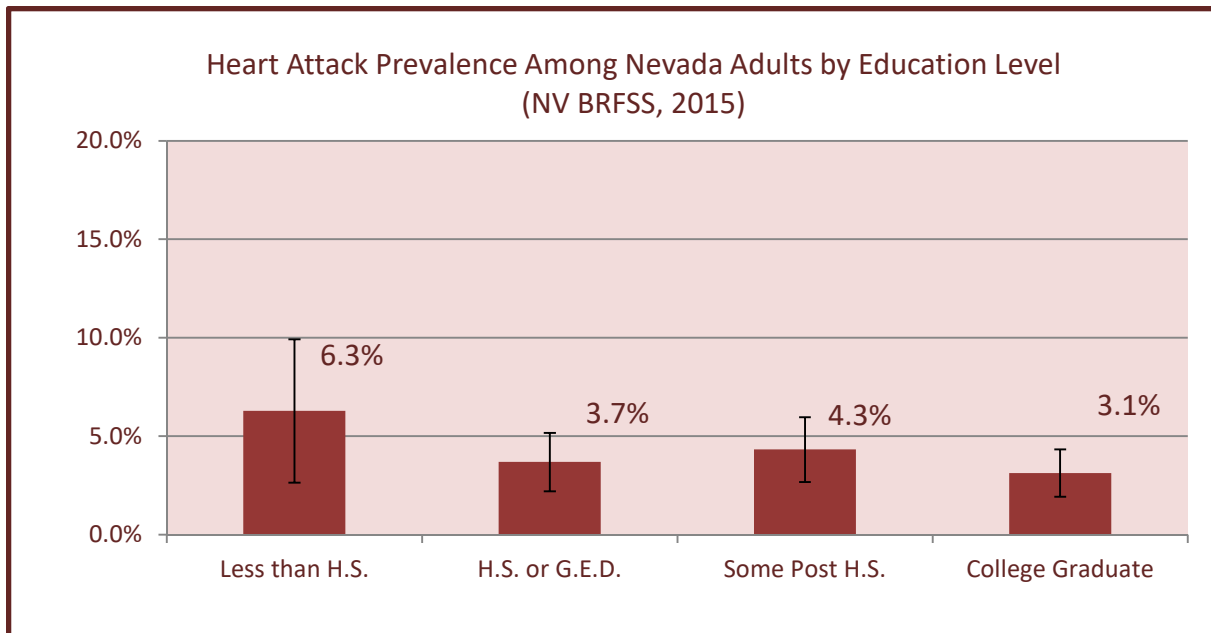


Figure 25: Heart Attack Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).

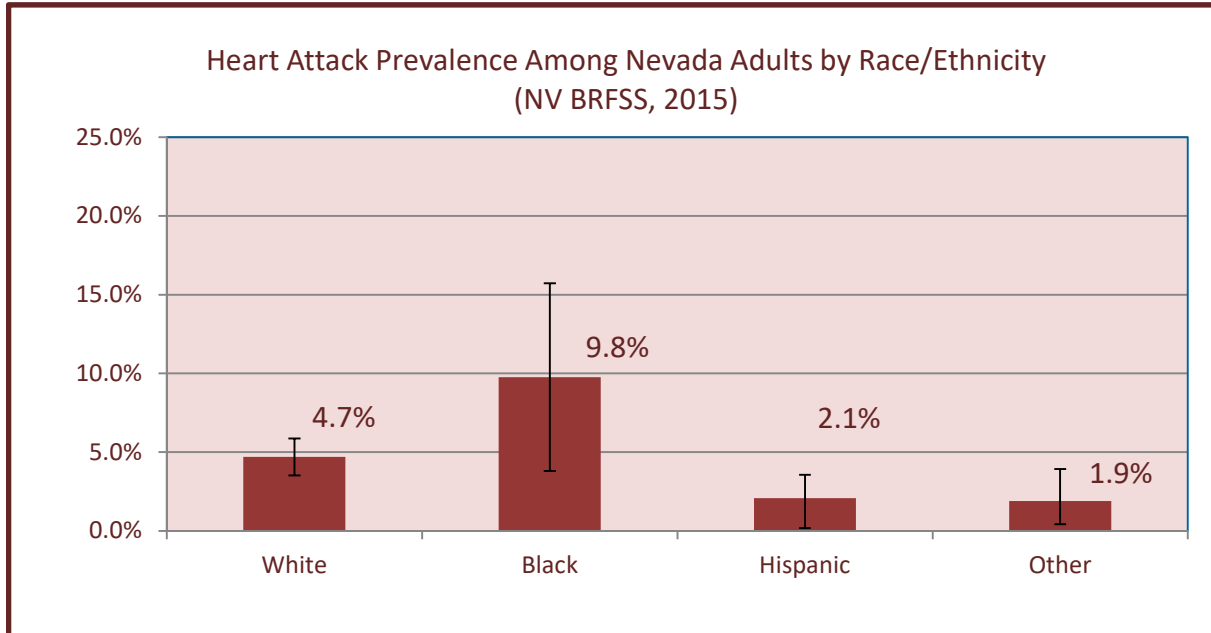


Figure 26: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

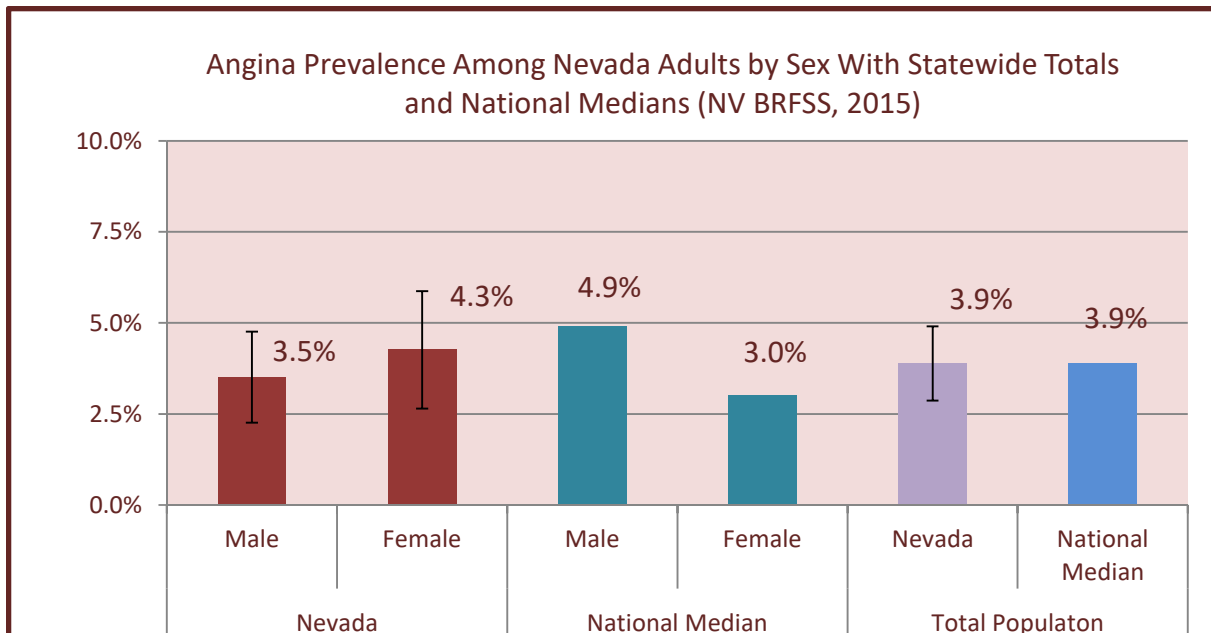
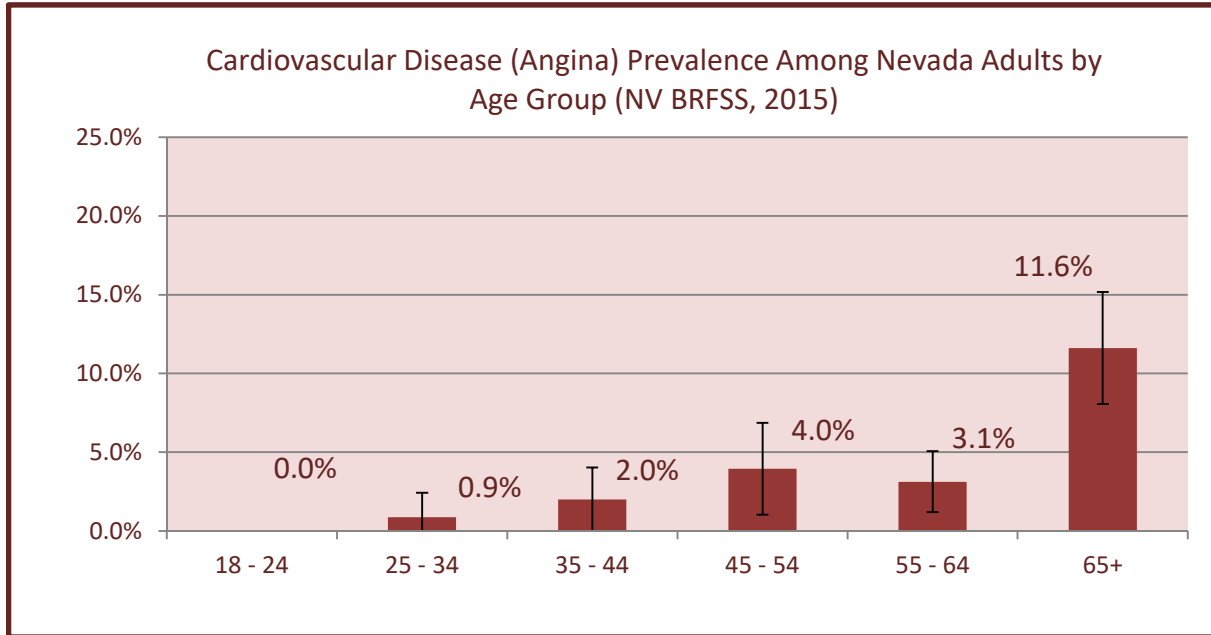


Figure 27: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015).



Cardiovascular disease in Nevada adults is significantly higher among individuals 65 years of age or older.

Figure 28: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Income (NV BRFSS, 2015).

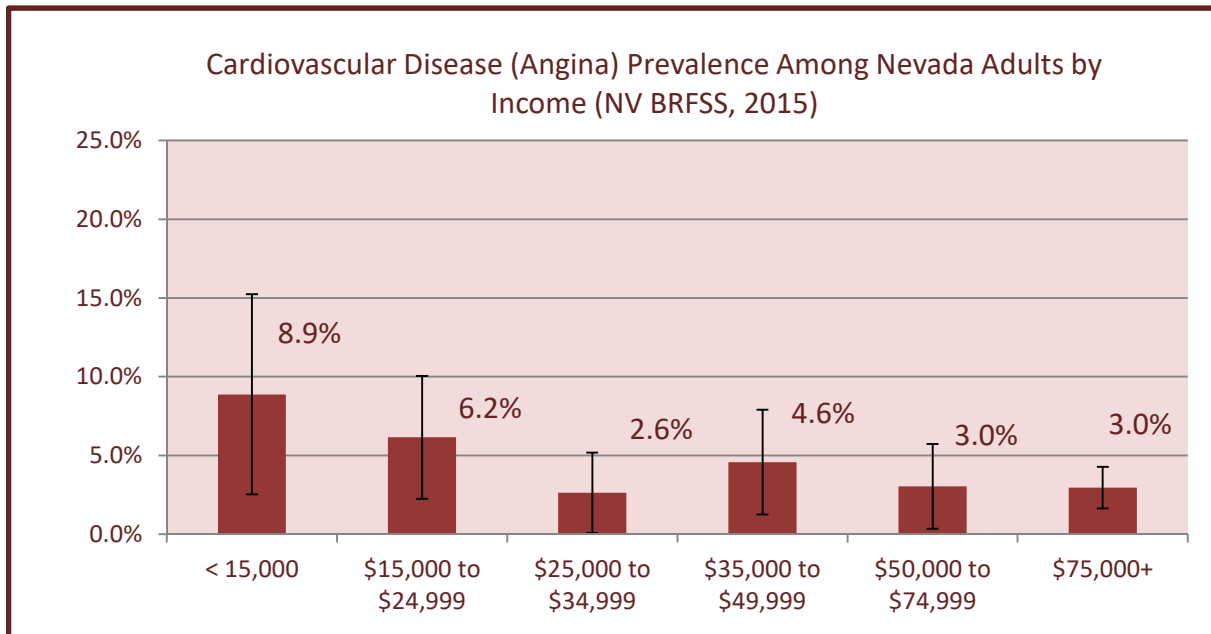


Figure 29: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2015).

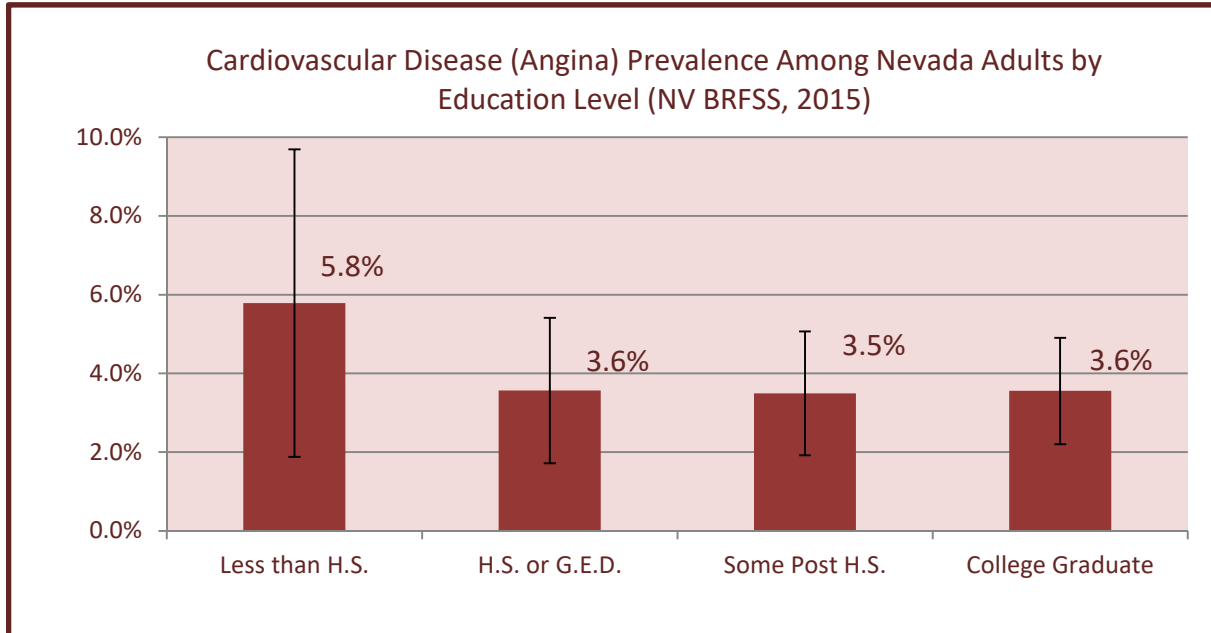


Figure 30: Cardiovascular Disease (Angina) Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).

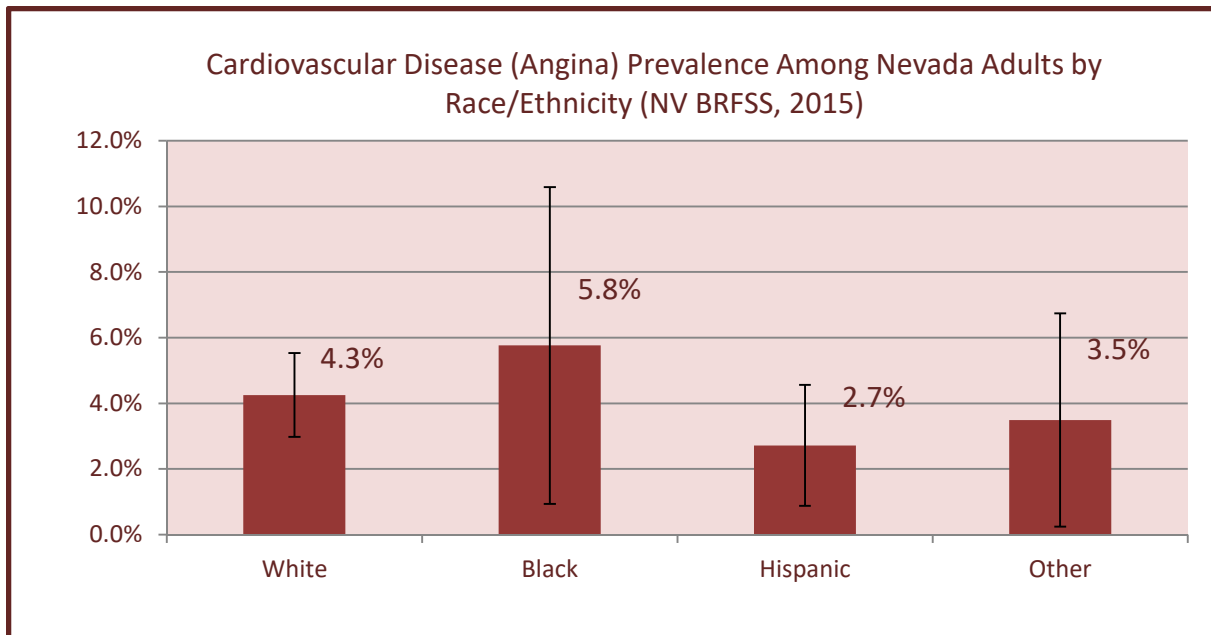


Figure 31: Stroke Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

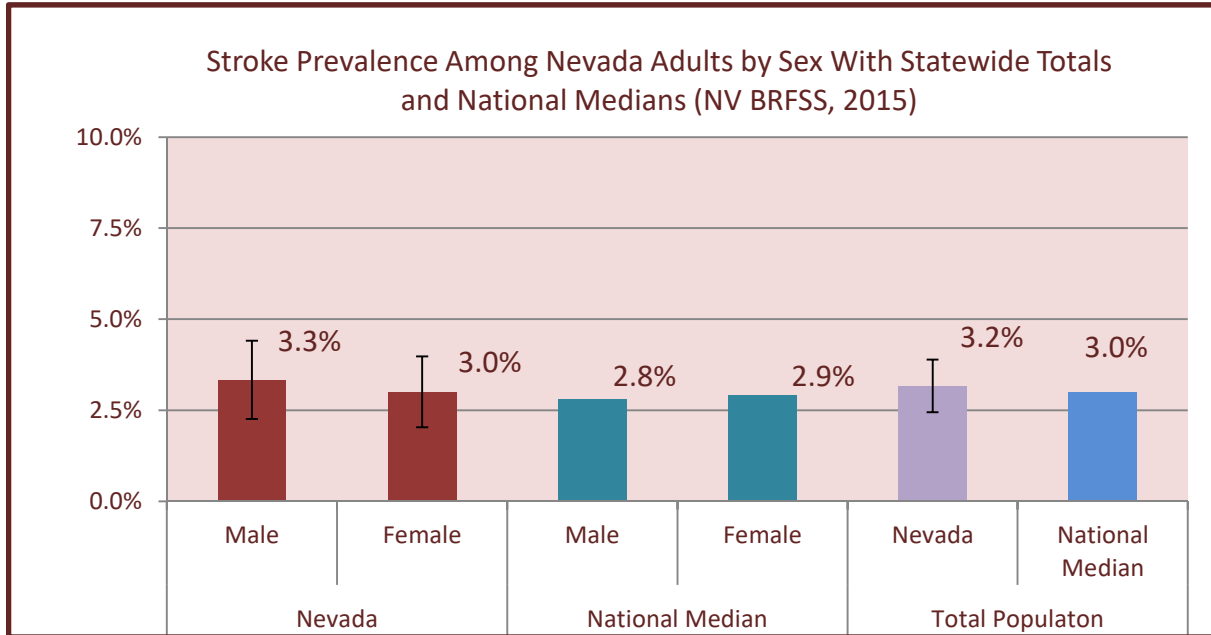


Figure 32: Stroke Prevalence Among Nevada Adults by Age Group (NV BRFSS, 2015).

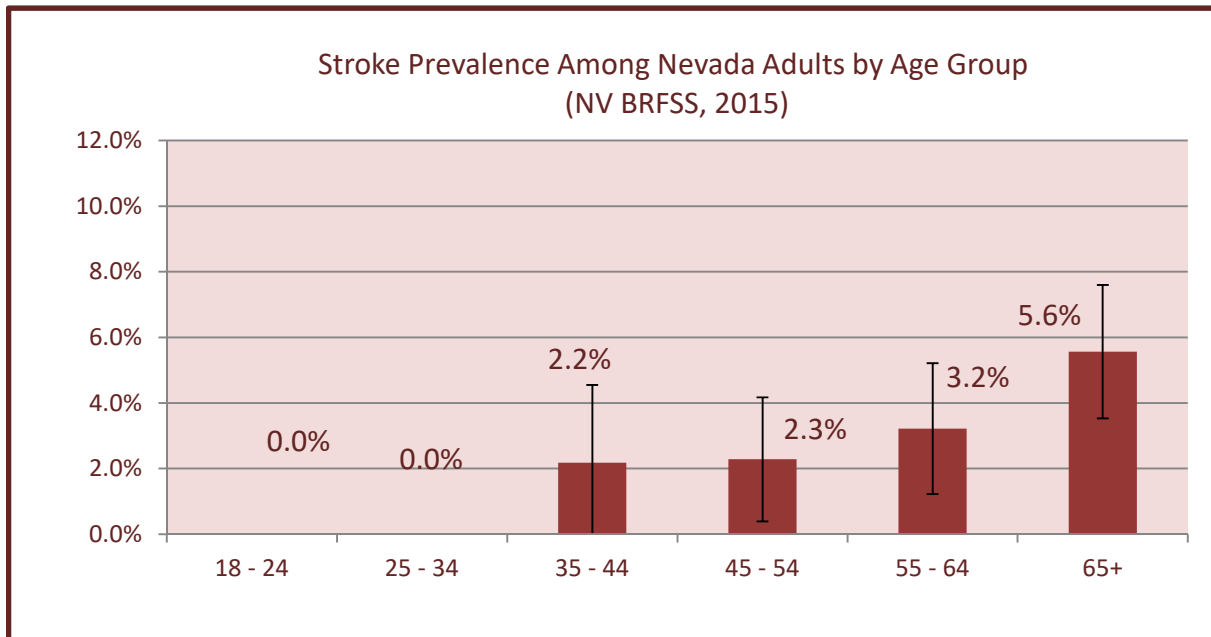


Figure 33: Stroke Prevalence Among Nevada Adults by Income (NV BRFSS, 2015).

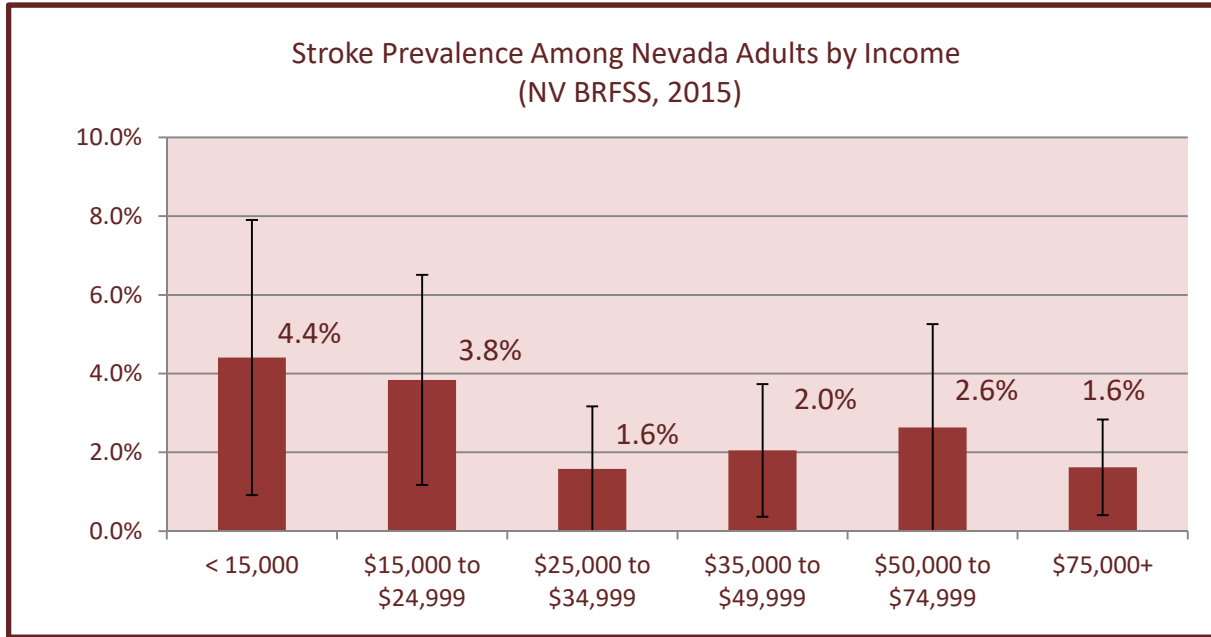


Figure 34: Stroke Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2015).

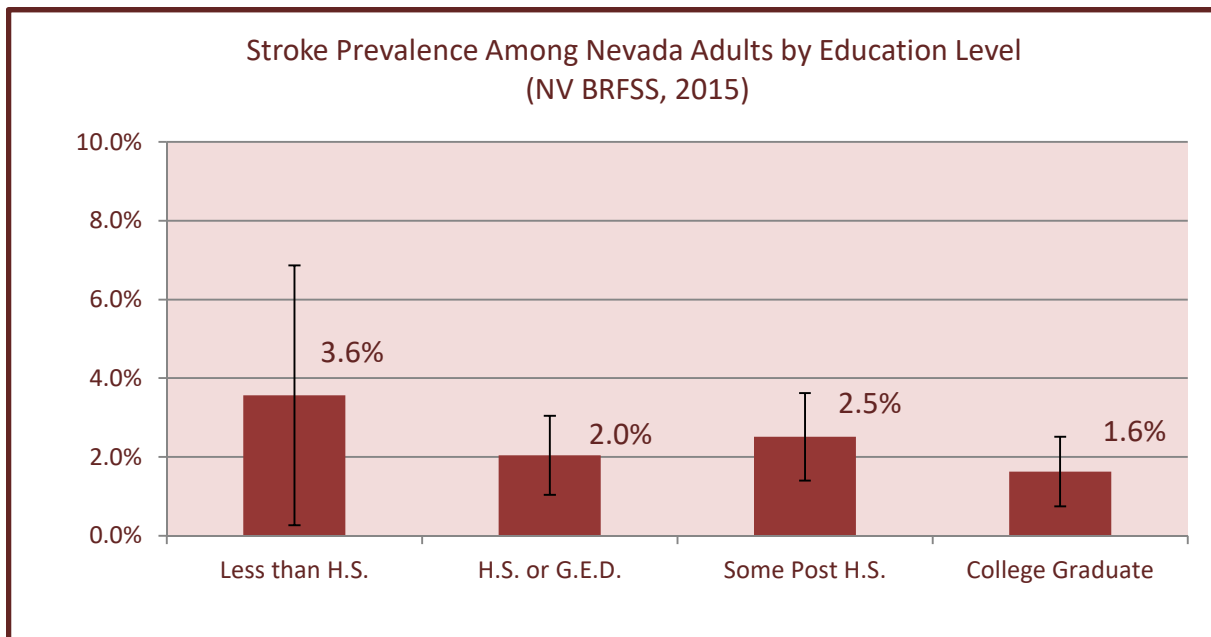
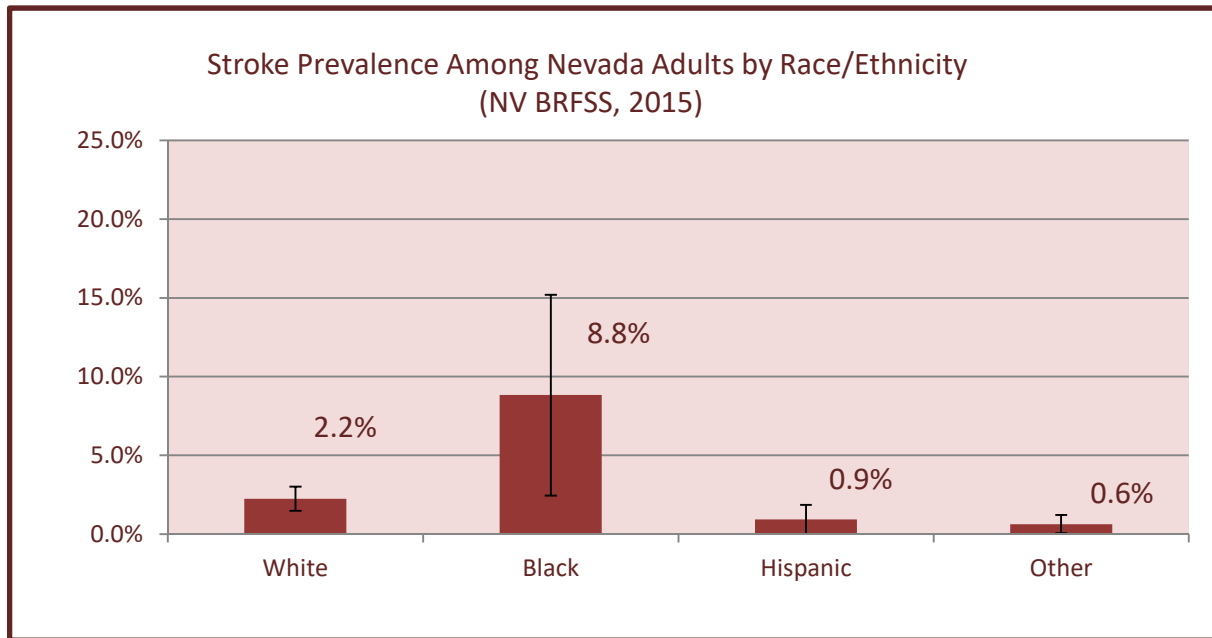


Figure 35: Stroke Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).



Section VIII: Cholesterol and Hypertension

Hypertension: “Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?”

Cholesterol: “Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?”

Cholesterol Checked: Nevada adults who have had their cholesterol checked within the past five years.

High blood pressure, or hypertension, and high blood cholesterol are significant conditions considered in evaluating cardiovascular disease. Becoming aware of high cholesterol levels via a blood cholesterol check can lead to earlier intervention and increase the potential for a positive medical outcome, thus decreasing the long-term effects of heart disease.¹

Having high blood pressure puts you at risk for heart disease and stroke which are leading causes of death in the U. S. About one out of three U. S. adults have high blood pressure.^{2,3}

In 2015, 74.7% of Nevada adults and 77.7% of U.S. adults reported having had their blood cholesterol checked in the past five years.

Twenty eight point three percent (28.3%) of Nevada adults had ever been told that they had high blood pressure and 36.7% had ever been told they had high blood cholesterol. The corresponding national rates are 30.9% and 36.3% respectively.

Table 5: Selected Blood Pressure and Cholesterol Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Nevada adults who have ever been told by a doctor, nurse, or other health professional that they have high blood pressure?	28.3%	30.9%
2. Nevada adults who have ever been told by a doctor, nurse, or other health professional that they have high blood cholesterol?	36.7%	36.3%
3. How long has it been since you last had your blood cholesterol checked?		
A. Within the past 5 years.	74.7%	77.7%
B. Not within the past 5 years	4.8%	3.5%
C. Never	20.4%	18.6%

Figure 36: High Blood Pressure Prevalence Among Nevada Adults by Sex With the Nevada Totals and the National Medians (NV BRFSS, 2015).

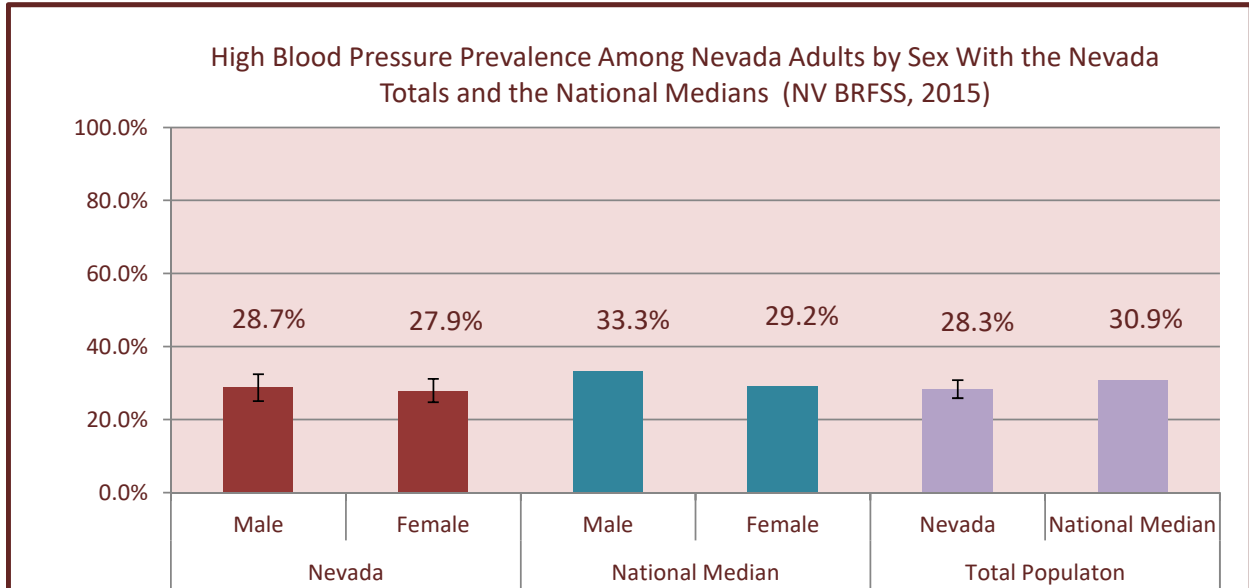
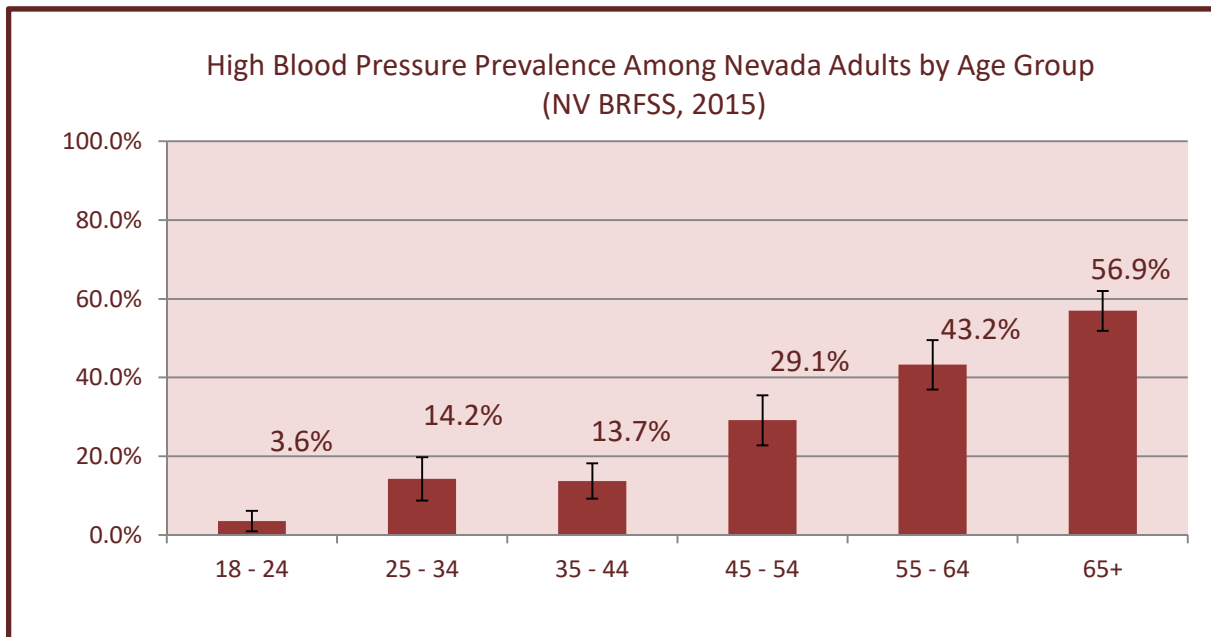


Figure 37: High Blood Pressure Prevalence Among Nevada Adults by Age (NV BRFSS, 2015).



As would be expected, the prevalence of high blood pressure among Nevada adults is significantly higher in the 65+ age group.

Figure 38: High Blood Pressure Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2015).

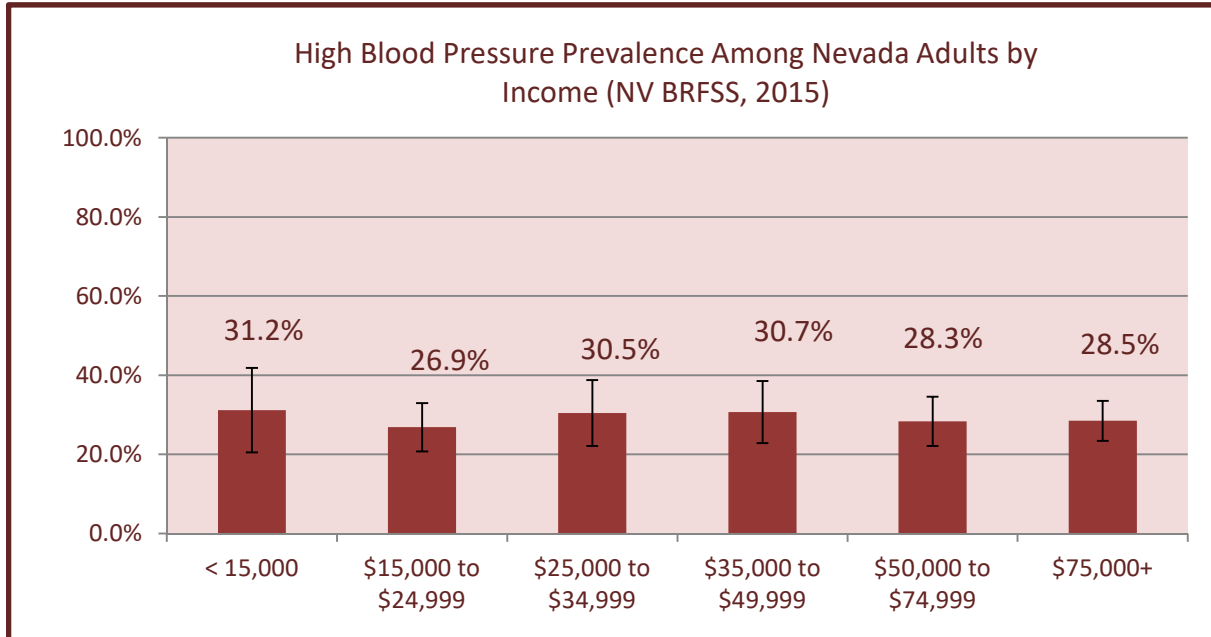


Figure 39: High Blood Pressure Prevalence Among Nevada Adults by Education (NV BRFSS, 2015).

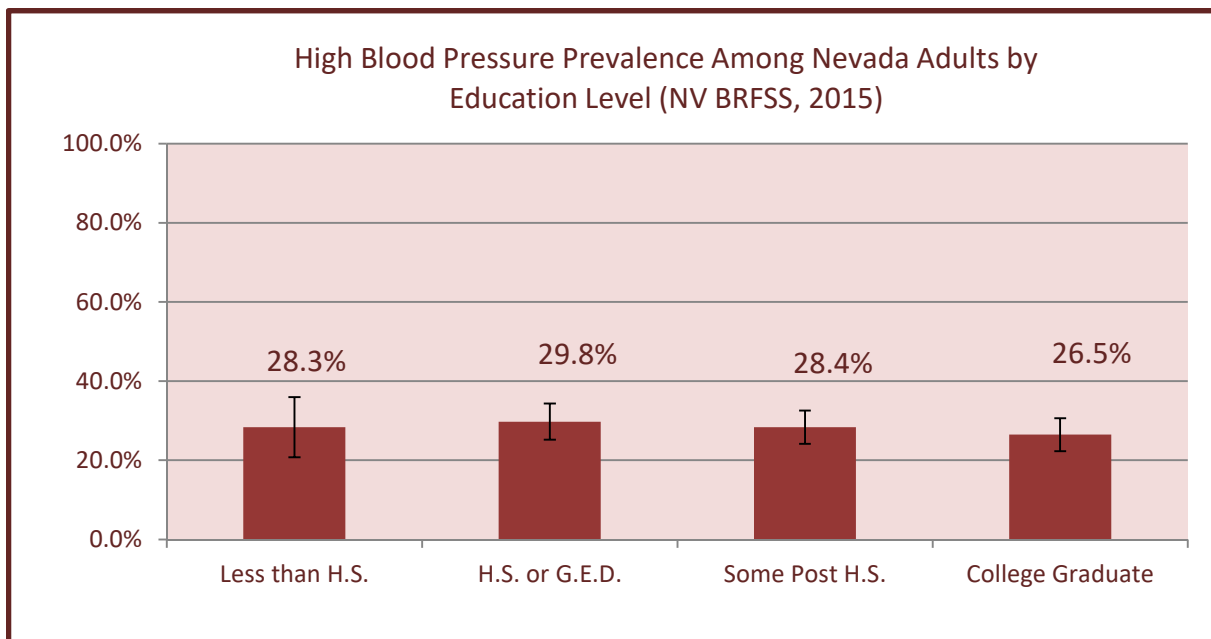


Figure 40: High Blood Pressure Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).

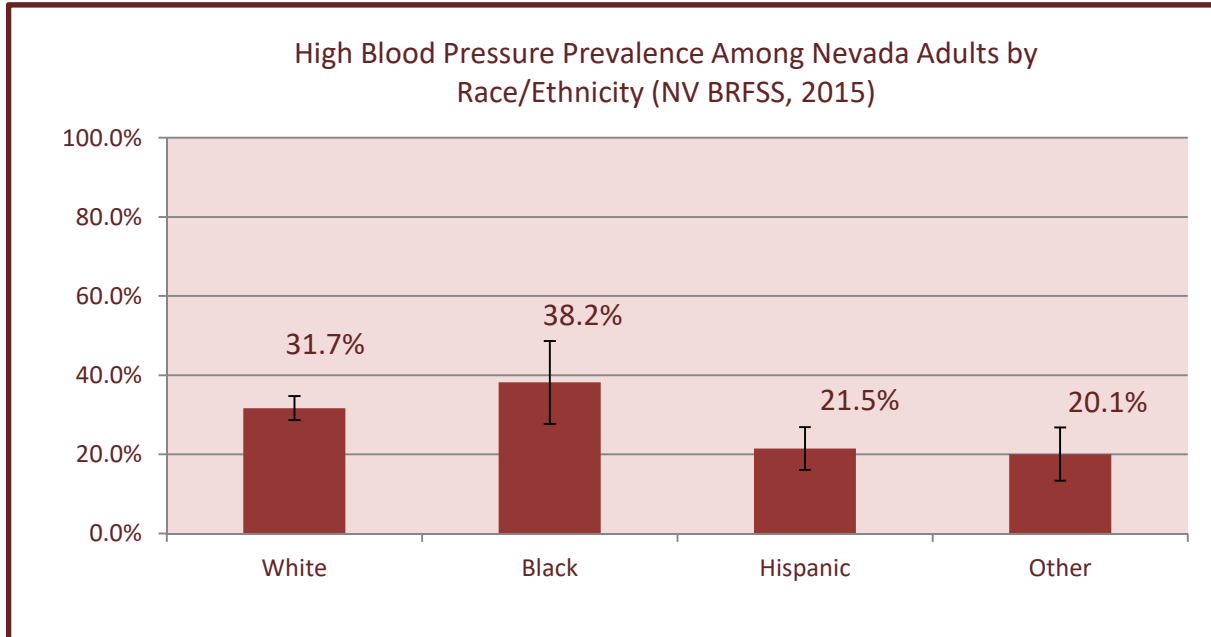
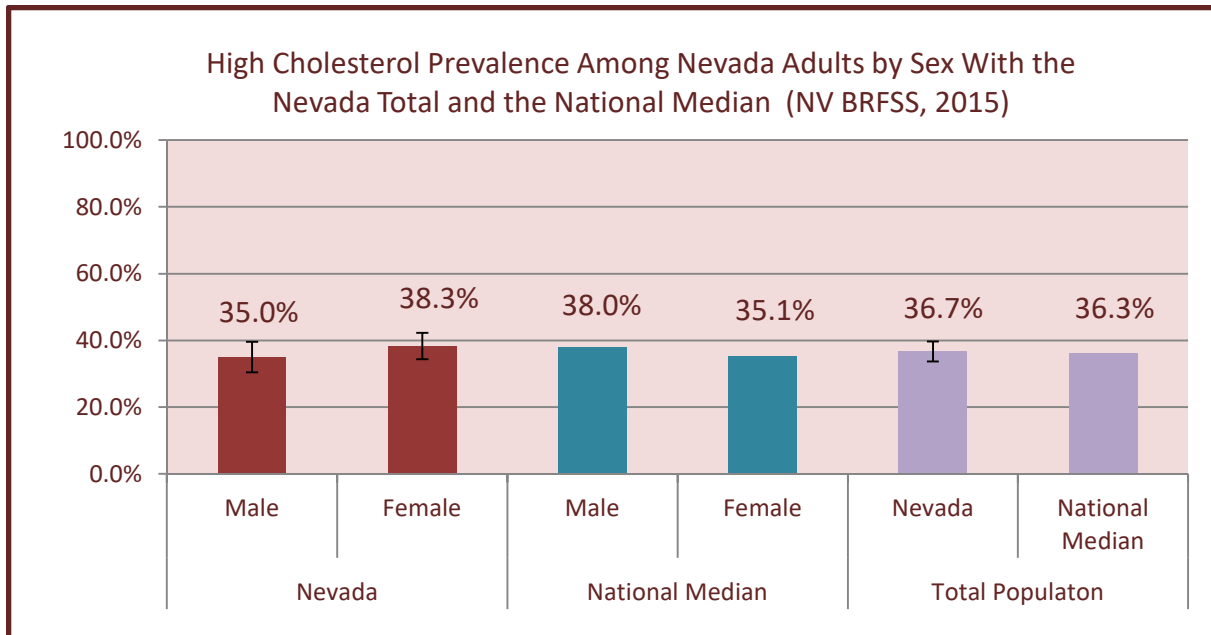


Figure 41: High Cholesterol Prevalence Among Nevada Adults by Sex With the Nevada Totals and the National Medians (NV BRFSS, 2015).



The prevalence of high cholesterol is around 38% for Nevada male and female adults, similar to national values.

Figure 42: High Cholesterol Prevalence Among Nevada Adults by Age (NV BRFSS, 2015).

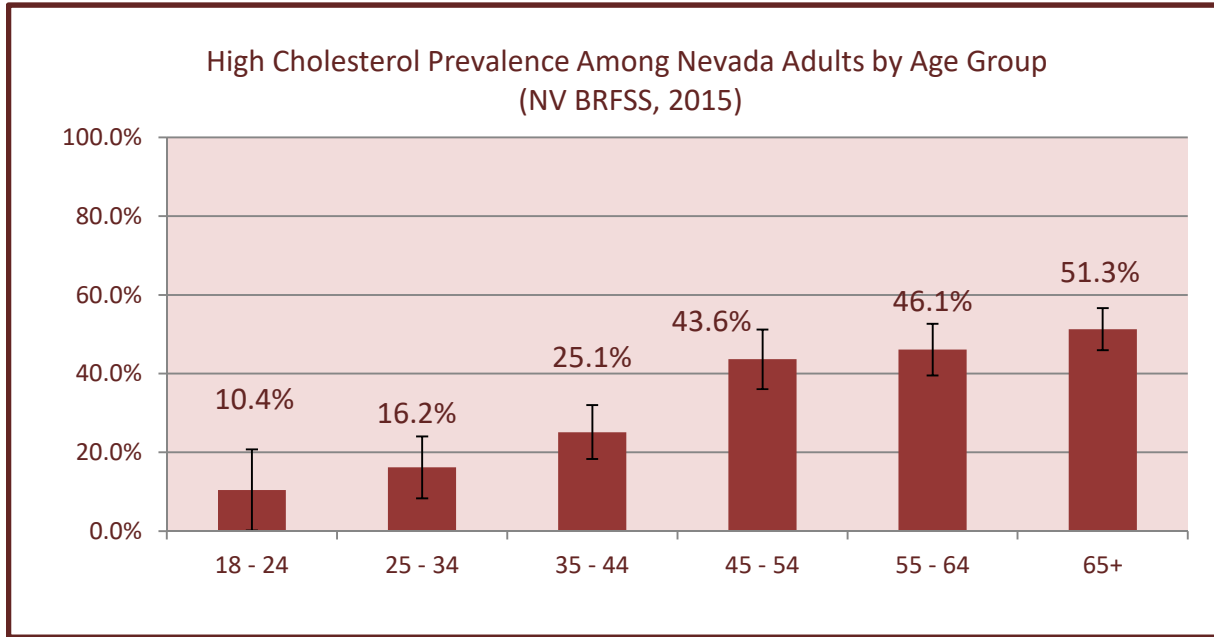


Figure 43: High Cholesterol Prevalence Among Nevada Adults by Income Level (NV BRFSS, 2015).

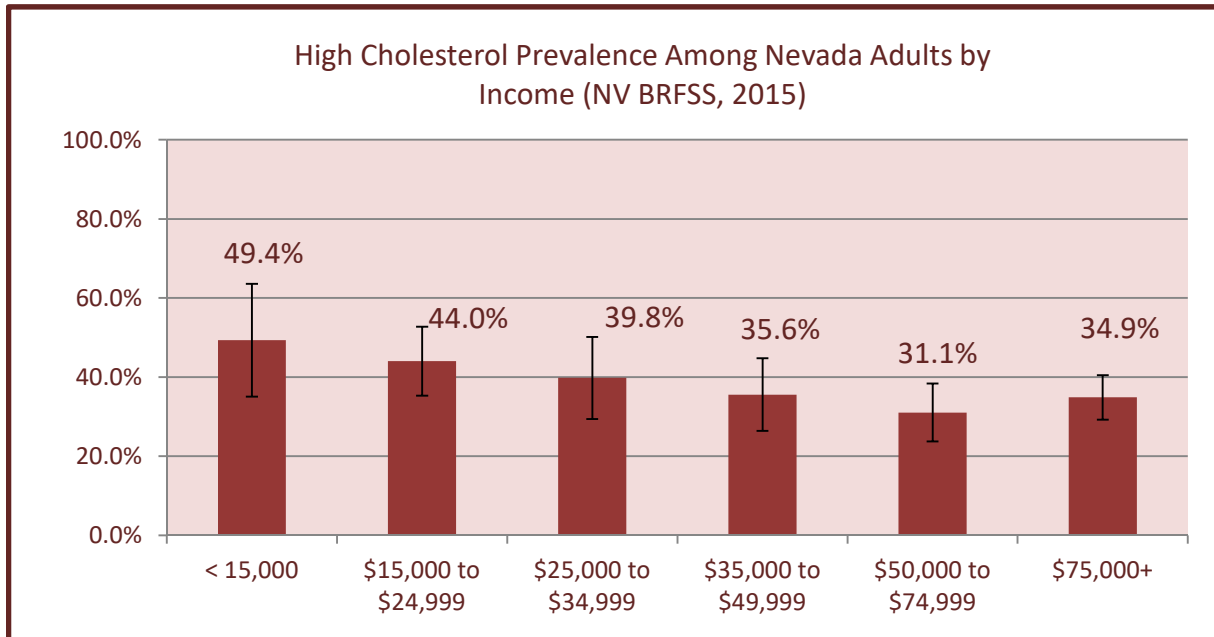


Figure 44: High Cholesterol Prevalence Among Nevada Adults by Education (NV BRFSS, 2015).

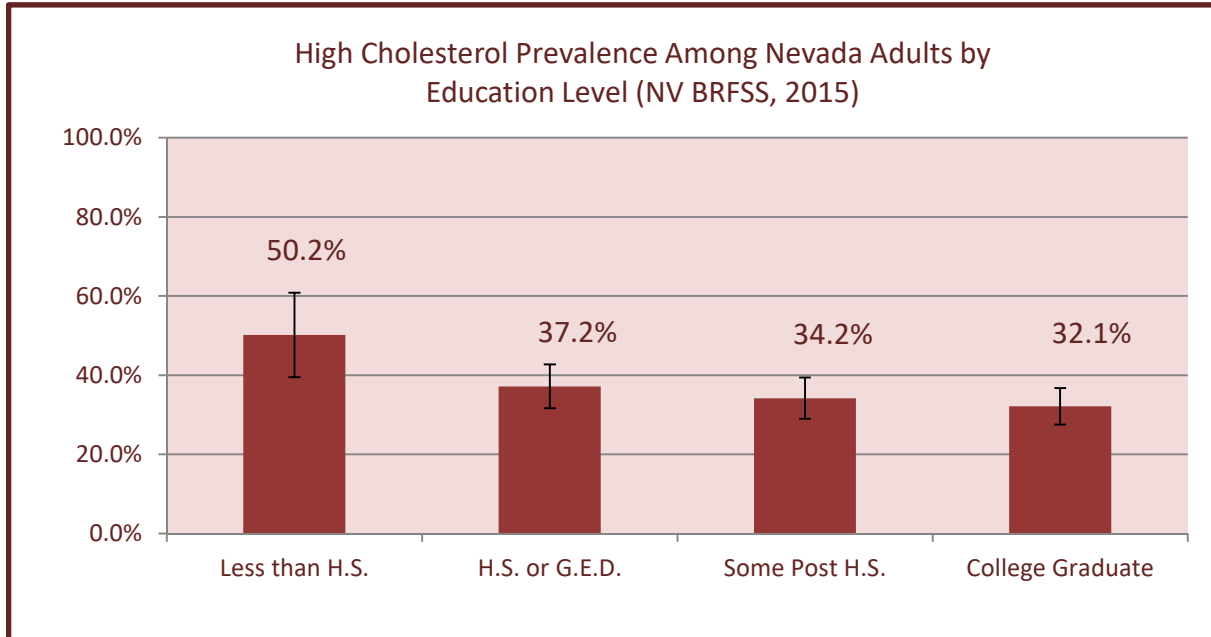


Figure 45: High Cholesterol Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).

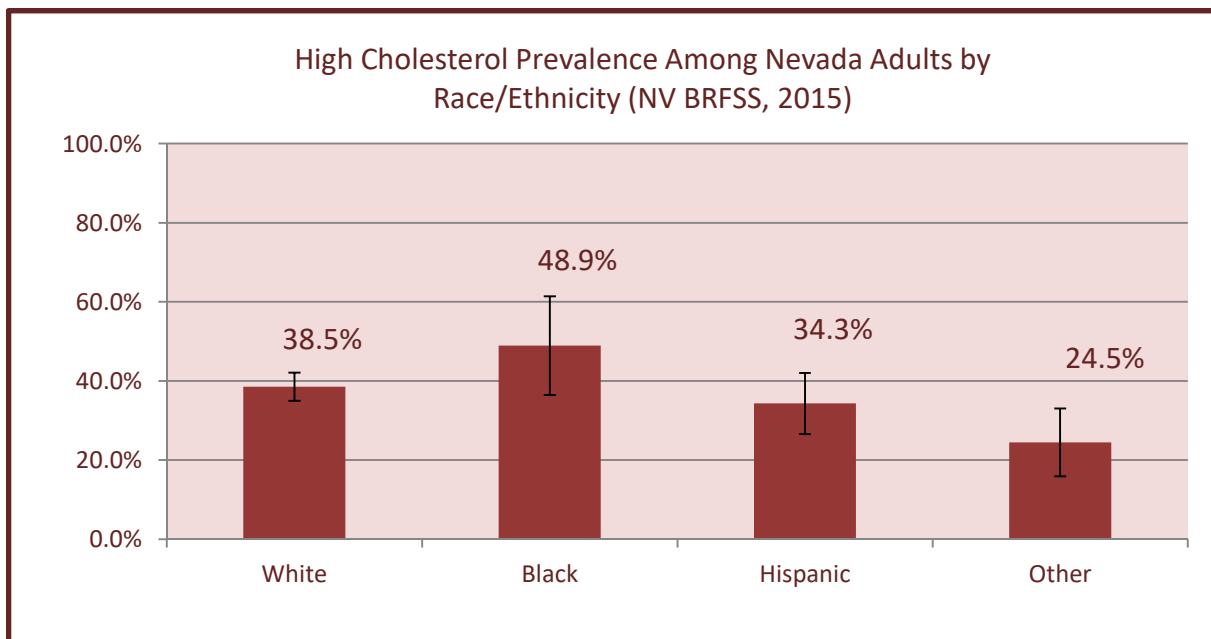


Figure 46: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Sex With the Nevada Totals and the National Medians (NV BRFSS, 2015).

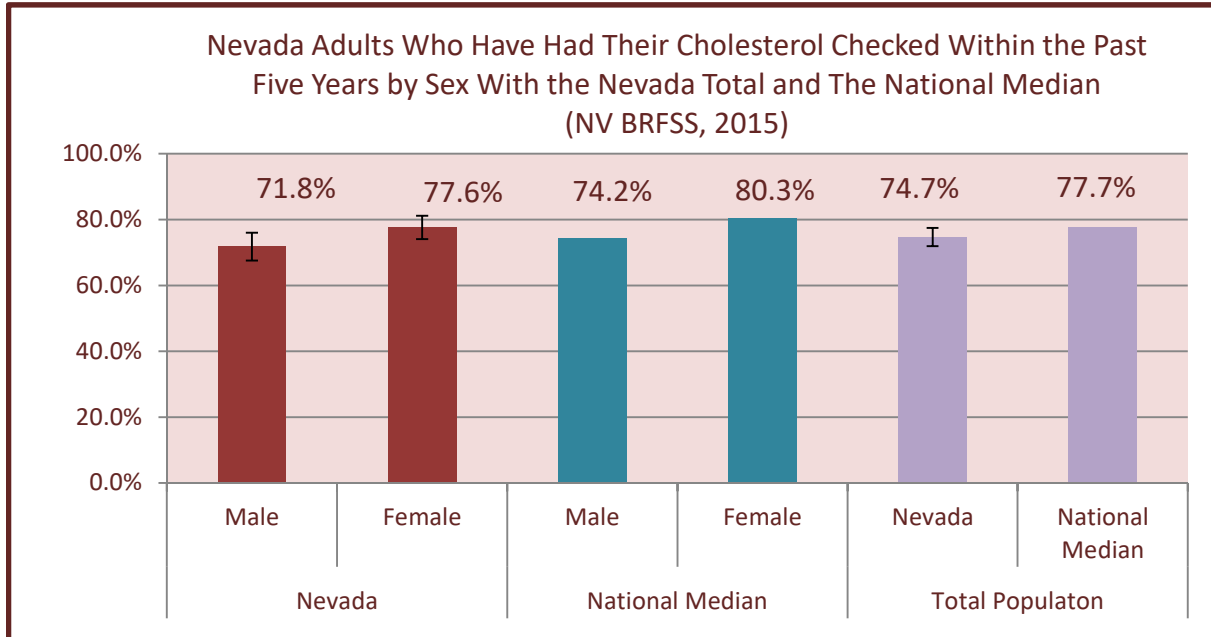


Figure 47: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Age (NV BRFSS, 2015).

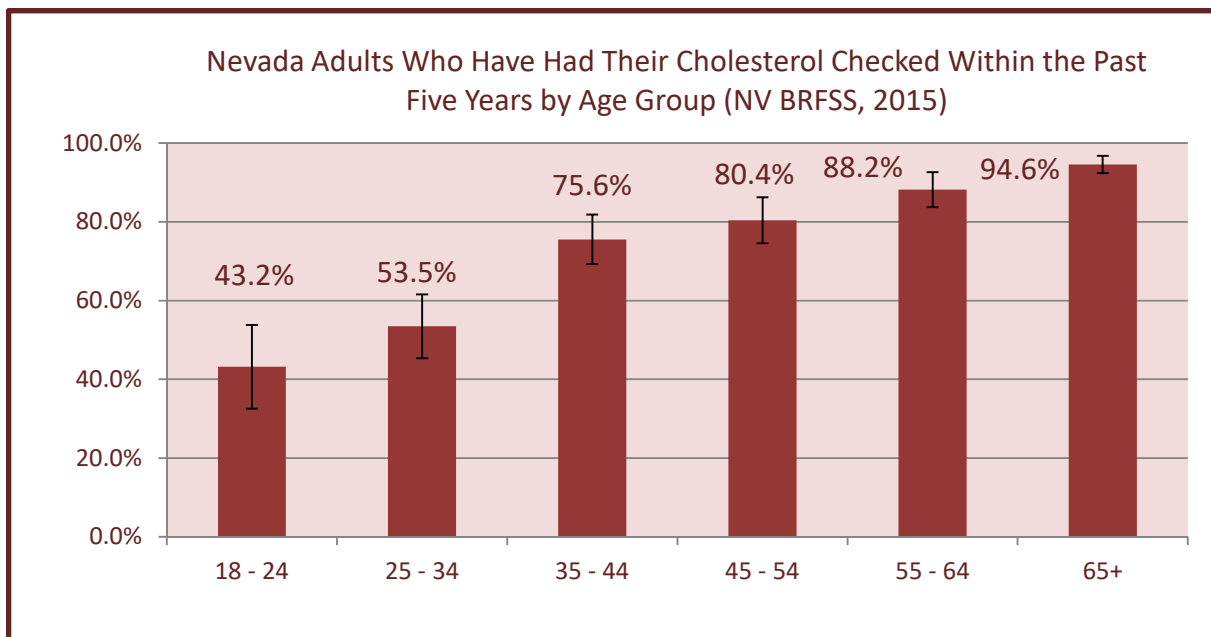


Figure 48: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Income (NV BRFSS, 2015).

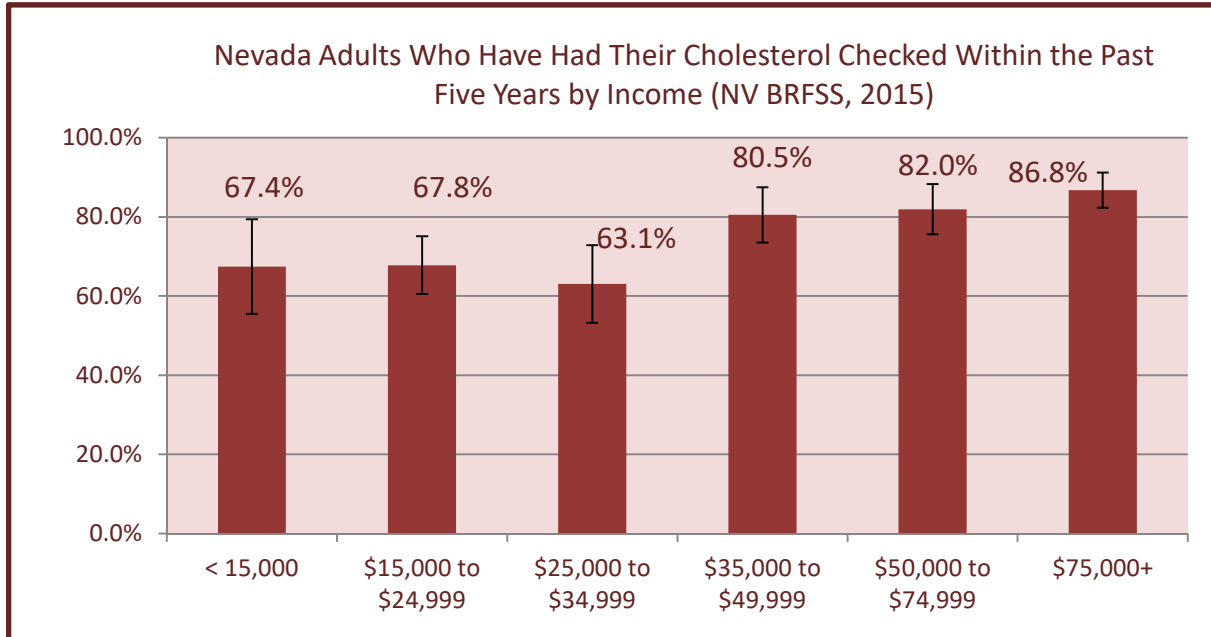


Figure 49: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Education Level (NV BRFSS, 2015).

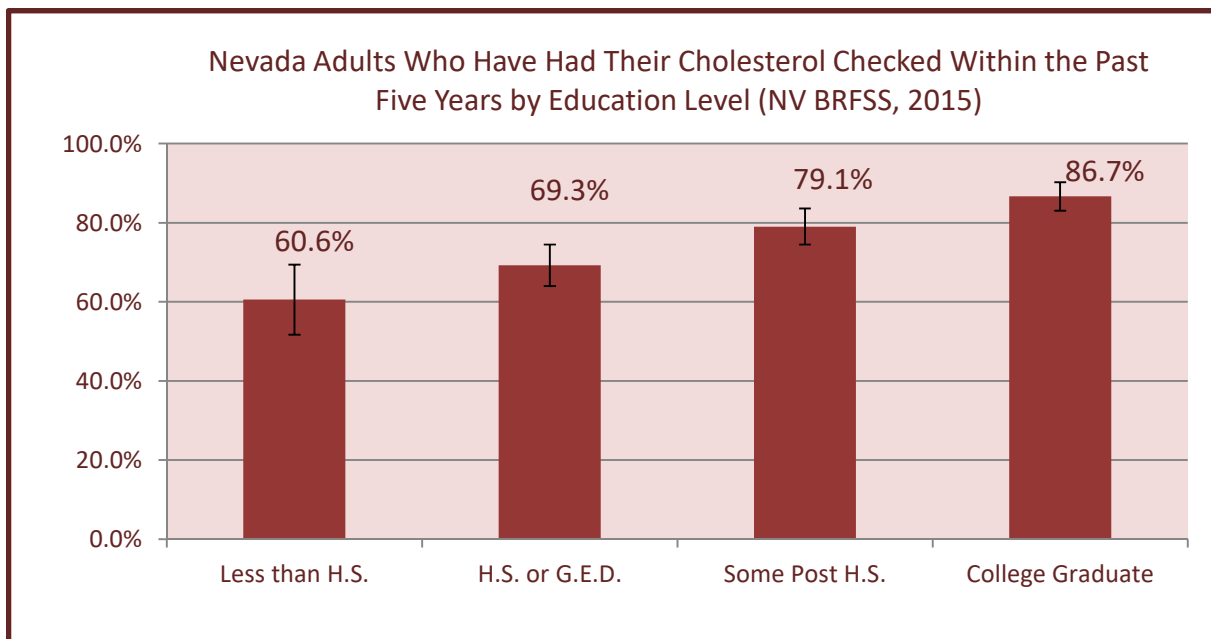
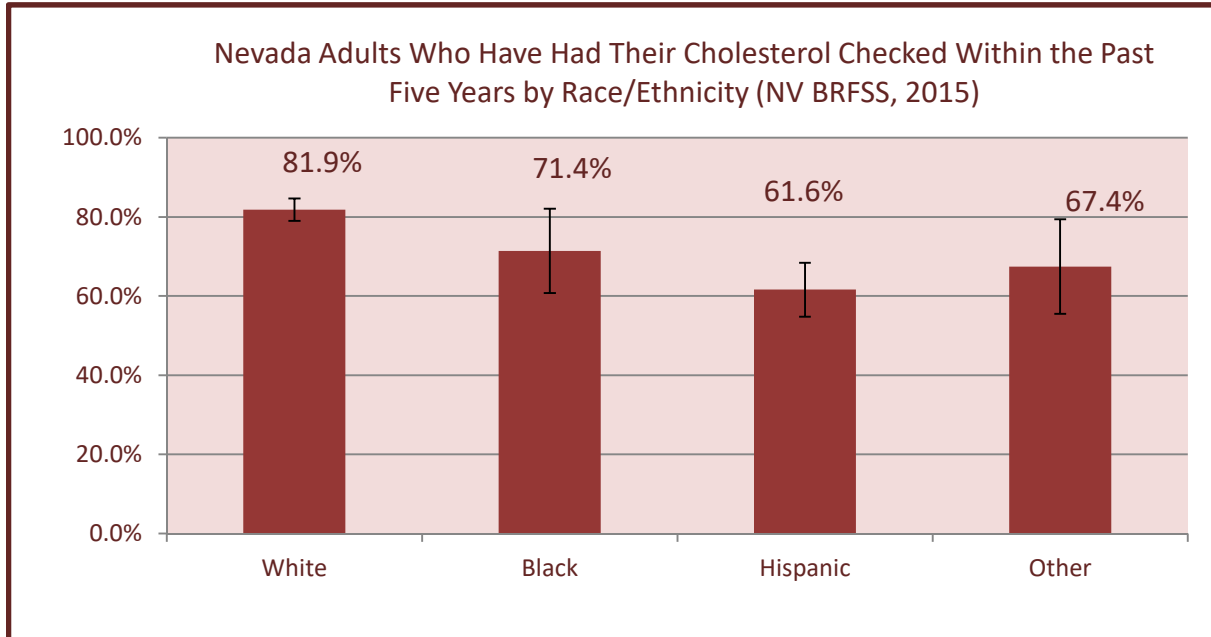


Figure 50: Nevada Adults Who Have Had Their Cholesterol Checked Within the Past Five Years by Race/Ethnicity (NV BRFSS, 2015).



Section IX: Colorectal Cancer Screening

Sigmoidoscopy/Colonoscopy: Nevada adults, 50 years of age or older, who have ever had a sigmoidoscopy or colonoscopy.

Blood Stool Test: Nevada adults, 50 years of age or older, who have had a blood stool test within the past two years.

Overview

Colorectal cancer (CRC) is the second leading cause of cancer-related deaths in the United States. Risk factors for CRC may include age, personal and family history, inflammatory bowel disease, inherited syndromes, physical inactivity, obesity, alcohol use, and diet high in fat and low in fruits and vegetables.¹

Colorectal cancer is more likely to occur as people get older, but can occur at any age. Most people that develop colorectal cancer are over age 50. Finding and removing polyps or other areas of abnormal cell growth may be one of the most effective ways to prevent colorectal cancer development. Colorectal cancer is generally more treatable when it is found early, before it has had a chance to spread.²

Table 6: Selected Colorectal Cancer Screening Indicators for Nevada and the United States (BRFSS 2015)

Indicator	Nevada	* U.S. & D.C. Median
1. Adults 50+ who have ever had a sigmoidoscopy or colonoscopy.	63.9%	N/A
2. Adults 50+ who have had a blood stool test within the past two years.	13.3%	N/A

*** The national median is not available as colorectal cancer screening module is asked only every other year (the even years). Nevada’s colorectal cancer program decided to ask these questions in 2015.**

Figure 51: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test Within the Past 2 Years by Region (NV BRFSS, 2014).

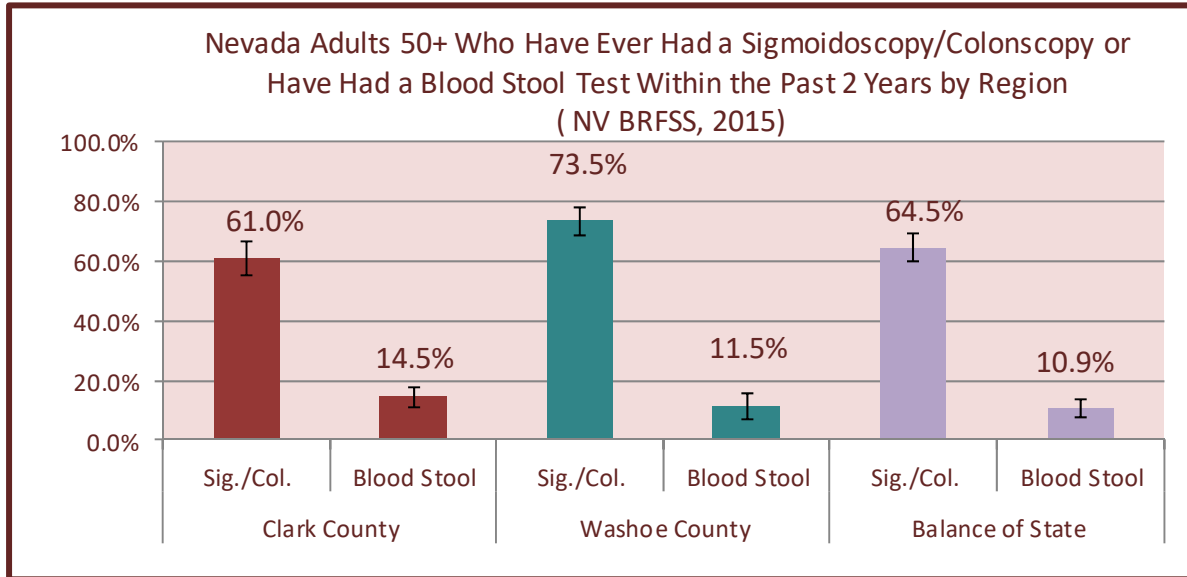
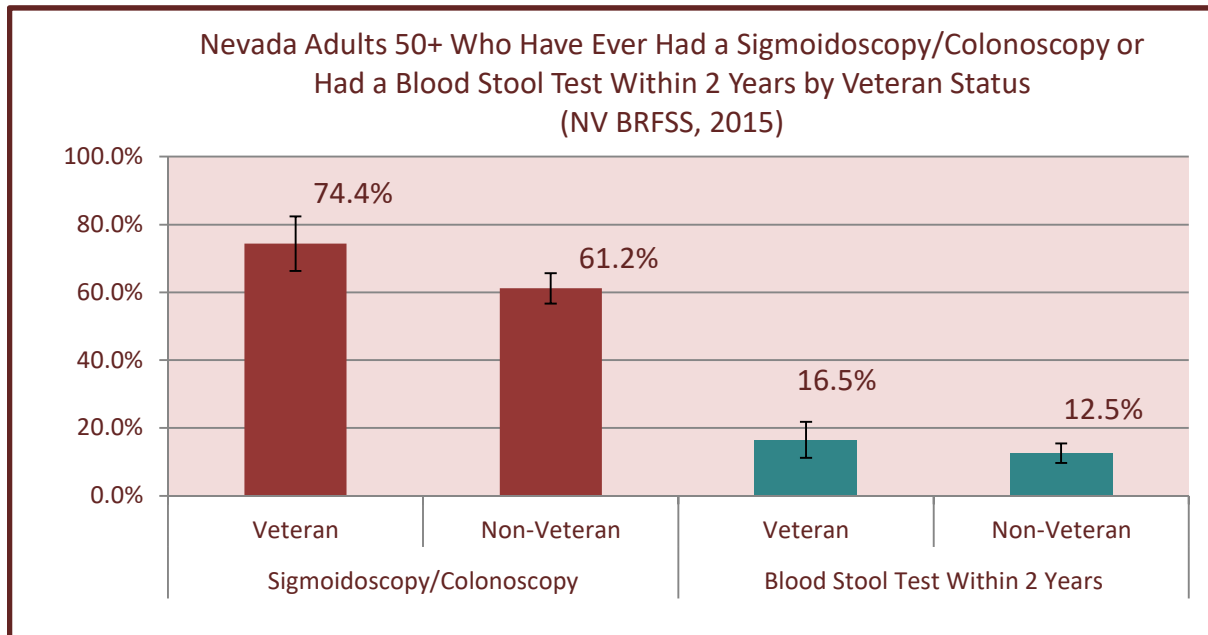


Figure 52: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test Within the Past 2 Years by Veteran Status (NV BRFSS, 2015).



The prevalence of respondents who have ever had a colonoscopy or sigmoidoscopy is significantly higher among veterans than non-veterans.

Figure 53: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy or Have Had a Blood Stool Test Within the Past Two Years by Sex With the Nevada Totals (NV BRFSS, 2015).

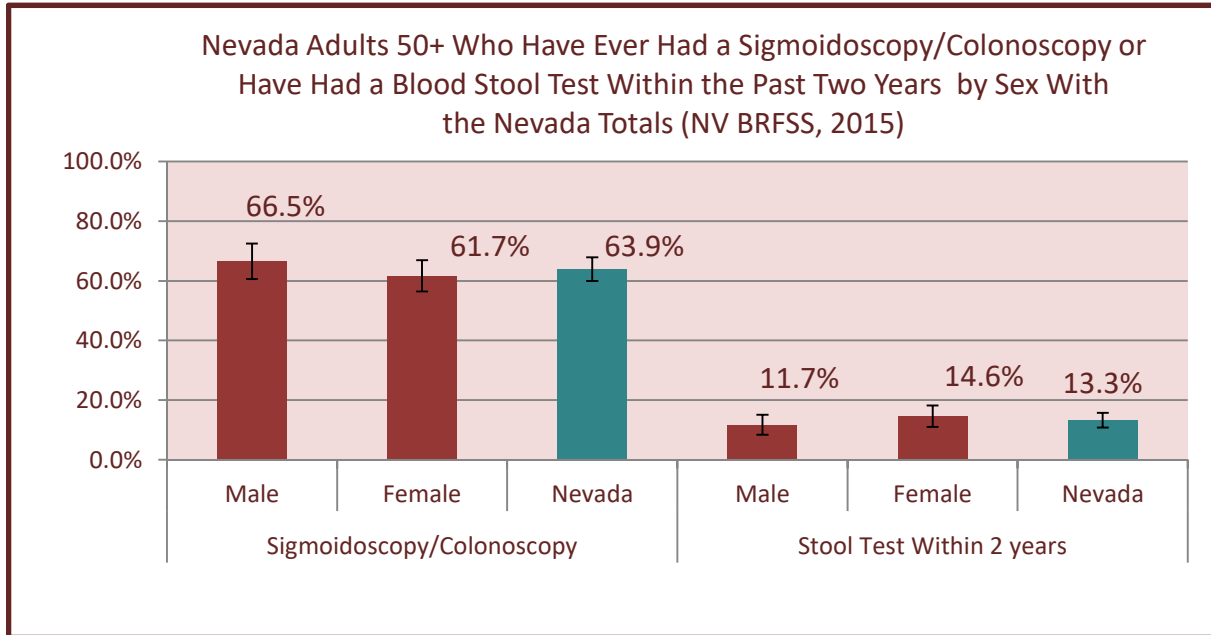


Figure 54: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy by Income (NV BRFSS, 2015).

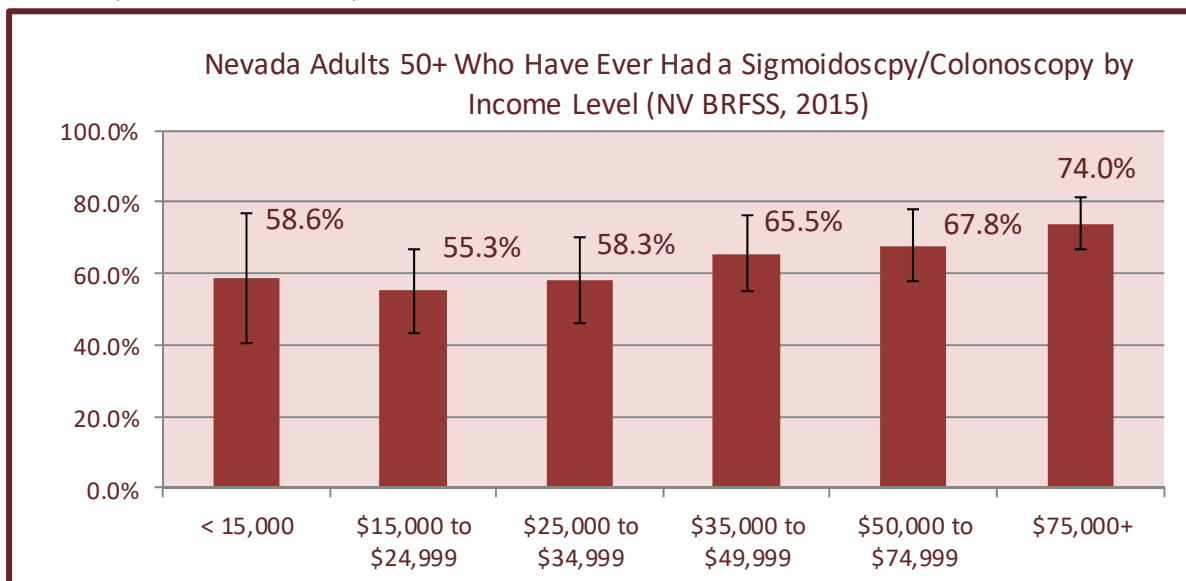


Figure 55: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy by Education Level With the Healthy People 2020 Target (NV BRFSS, 2015).

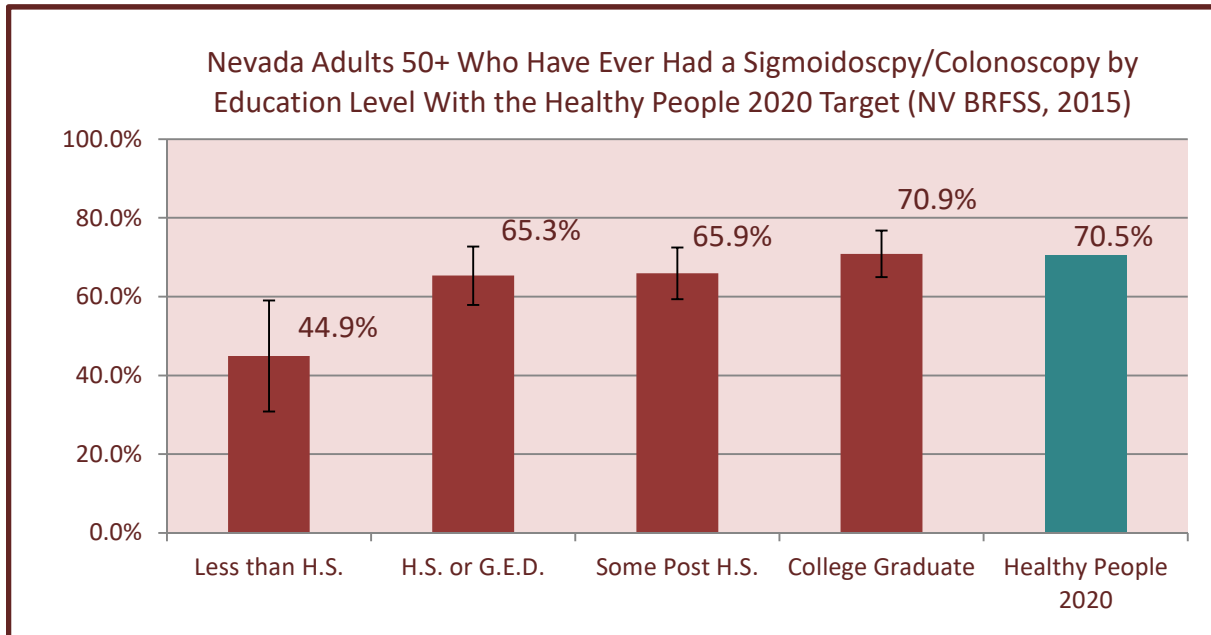
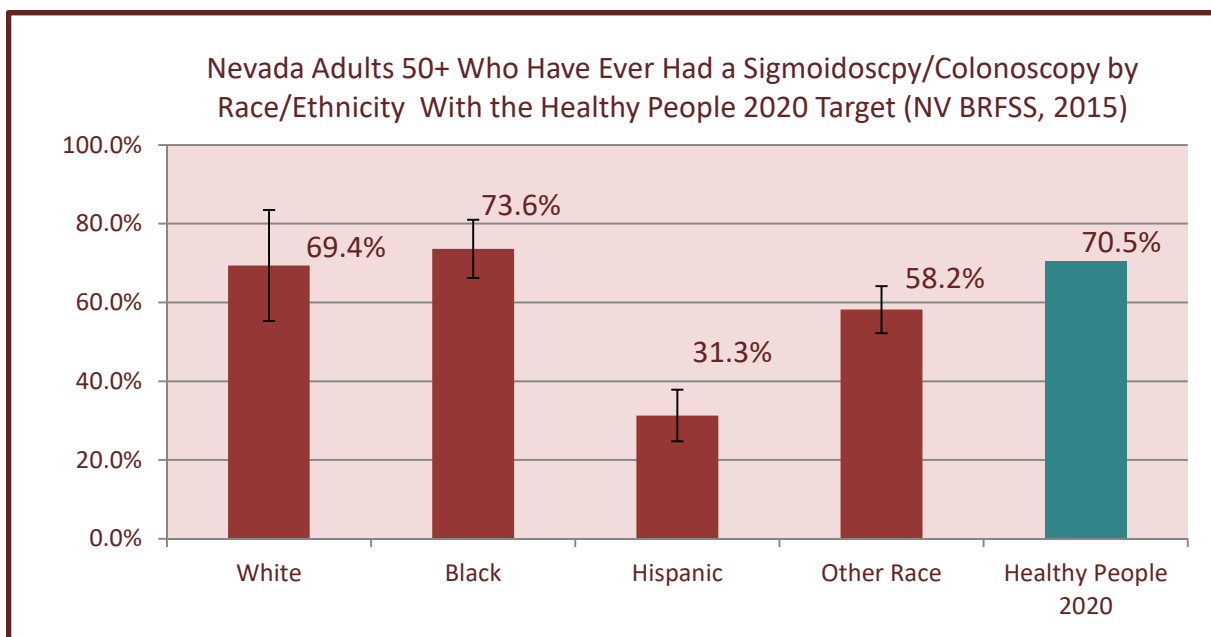


Figure 56: Nevada Adults 50+ Who Have Ever Had a Sigmoidoscopy/Colonoscopy by Race/Ethnicity With the Healthy People 2020 Target (NV BRFSS, 2015).



The prevalence of Nevada adults 50+ who have ever had a sigmoidoscopy/colonoscopy is significantly lower among Hispanics than the other race/ethnicity groups.

Figure 57: Nevada Adults 50+ Who Have Had a Blood Stool Test Within the Past 2 Years by Income (NV BRFSS, 2015).

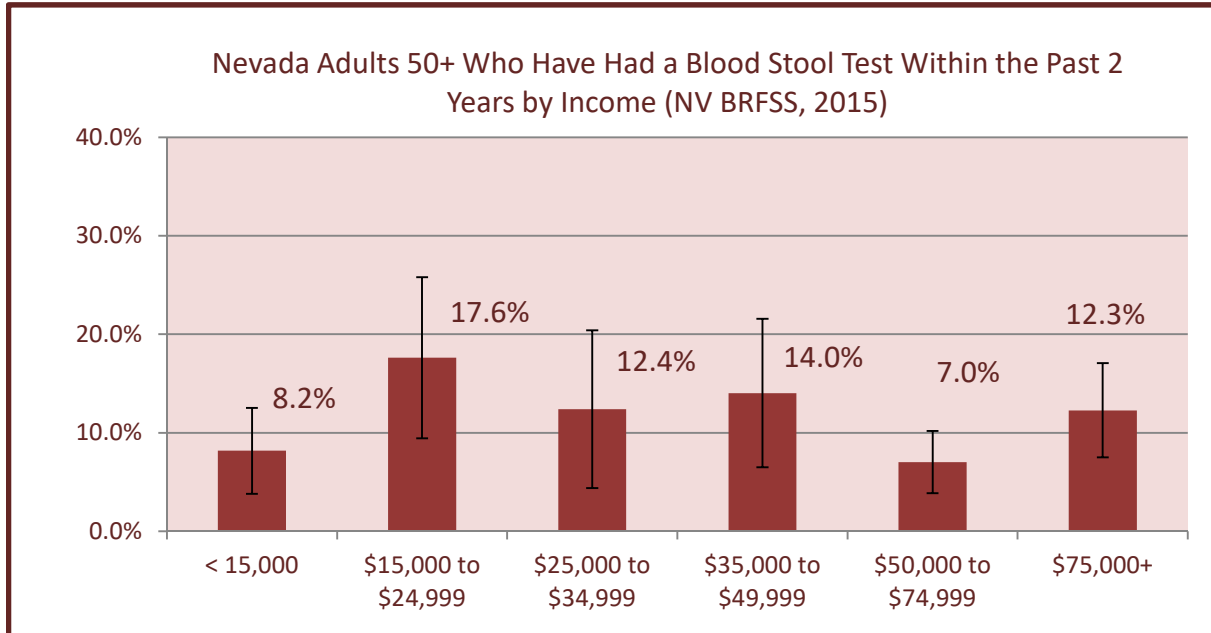


Figure 58: Nevada Adults 50+ Who Have Had a Blood Stool Test Within the Past 2 Years by Education Level (NV BRFSS, 2015).

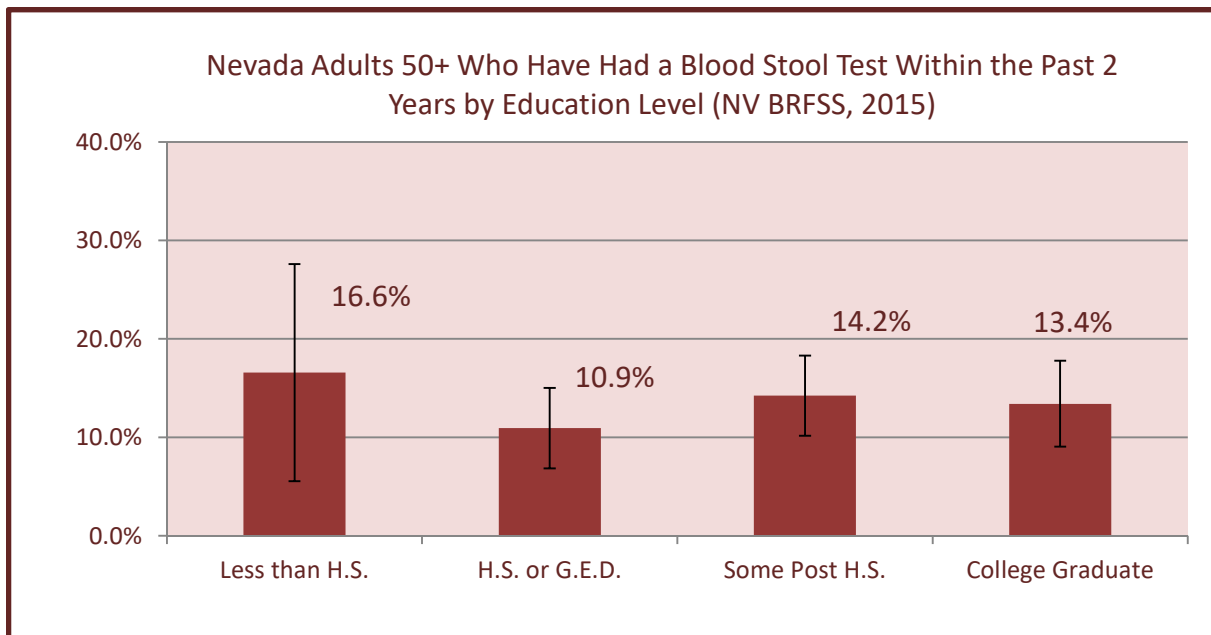
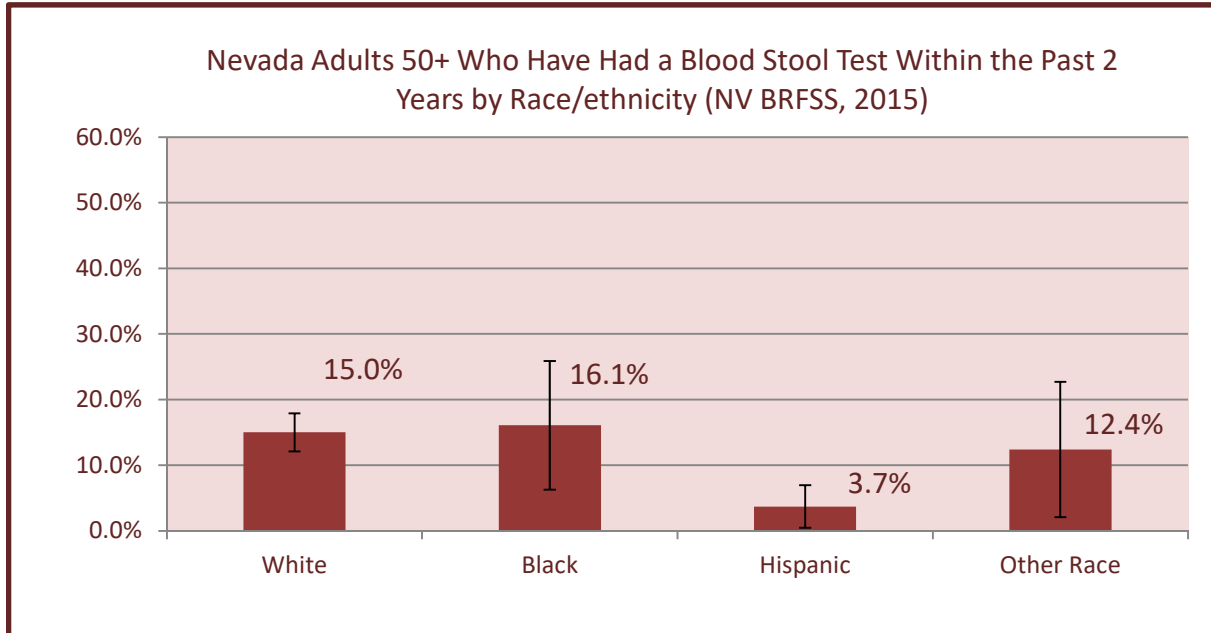


Figure 59: Nevada Adults 50+ Who Have Had a Blood Stool Test Within the Past 2 Years by Race/Ethnicity (NV BRFSS, 2015).



Section X: Diabetes

Have you ever been told by a doctor that you have diabetes?

About 1.9 million people aged 20 years or older were newly diagnosed with diabetes in 2010. In 2005-2008, based on fasting glucose or A1C levels, 35% of U.S. adults aged 20 years or older had prediabetes (50% of adults aged 65 years or older). Diabetes is the leading cause of kidney failure, non-traumatic lower limb amputations, and new cases of blindness among adults in the United States. ¹

Type 1 diabetes or insulin dependent diabetes mellitus usually strikes children or young adults who require insulin to survive. Type 1 diabetes accounts for 5% to 10% of all diagnosed cases of diabetes.

Type 2 diabetes or non-insulin dependent diabetes mellitus accounts for about 90% to 95% of all diagnosed cases. Type 2 diabetes is associated with older age, obesity, family history of diabetes, impaired glucose metabolism, physical activity, and race/ethnicity.

Many people with Type 2 diabetes can control their blood glucose through diet, exercise, losing excessive weight, and taking oral medication. Gestational diabetes is a form of glucose intolerance diagnosed during pregnancy. Gestational diabetes requires treatment to normalize blood glucose levels. ²

Table 7: Selected Diabetes Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
Have you ever been told by a doctor that you have diabetes?		
Yes	9.7%	9.9%
Gestational Diabetes	0.9%	0.9%
No	87.8%	87.8%
No, pre-diabetes or borderline diabetes	1.7%	1.3%

Figure: Diabetes Prevalence Among Nevada Adults by Year (NV BRFSS, 2011-2015).

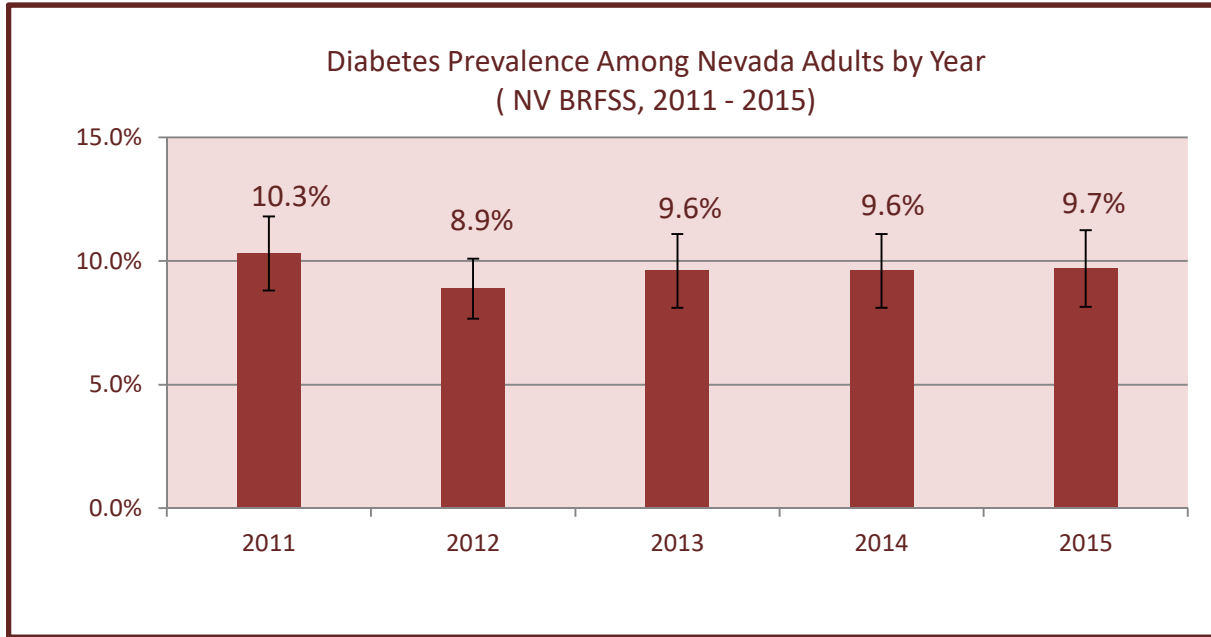


Figure 60: Diabetes Prevalence Among Nevada Adults by Region With the Nevada Total (NV BRFSS, 2015).

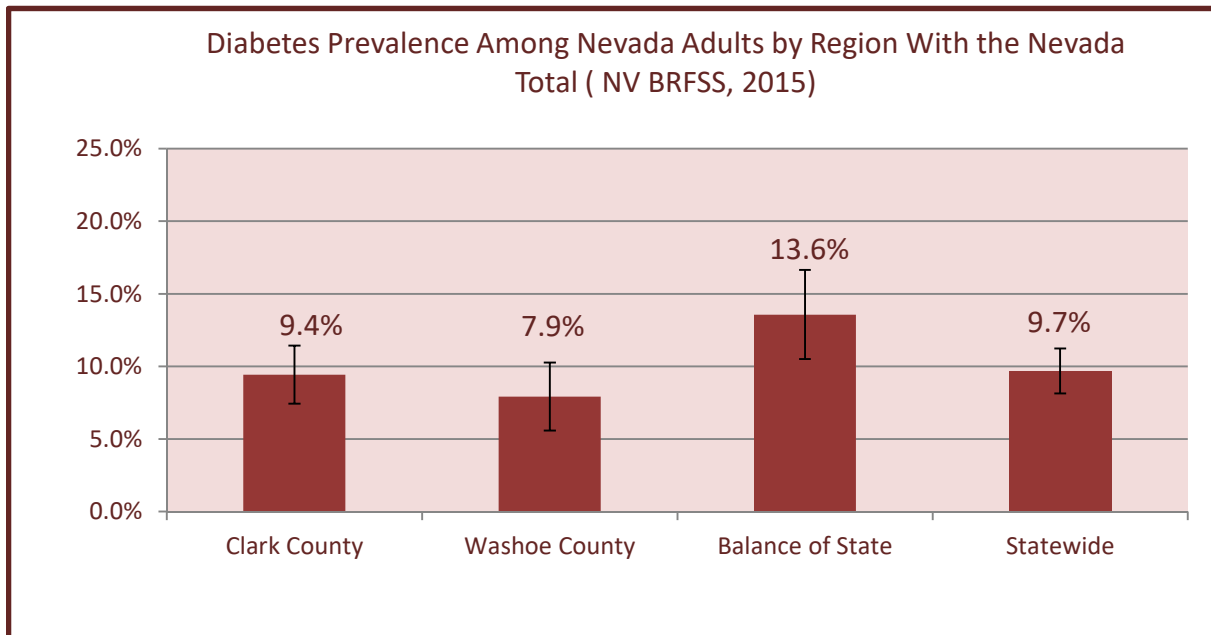


Figure 61: Diabetes Prevalence Among Nevada Adults by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

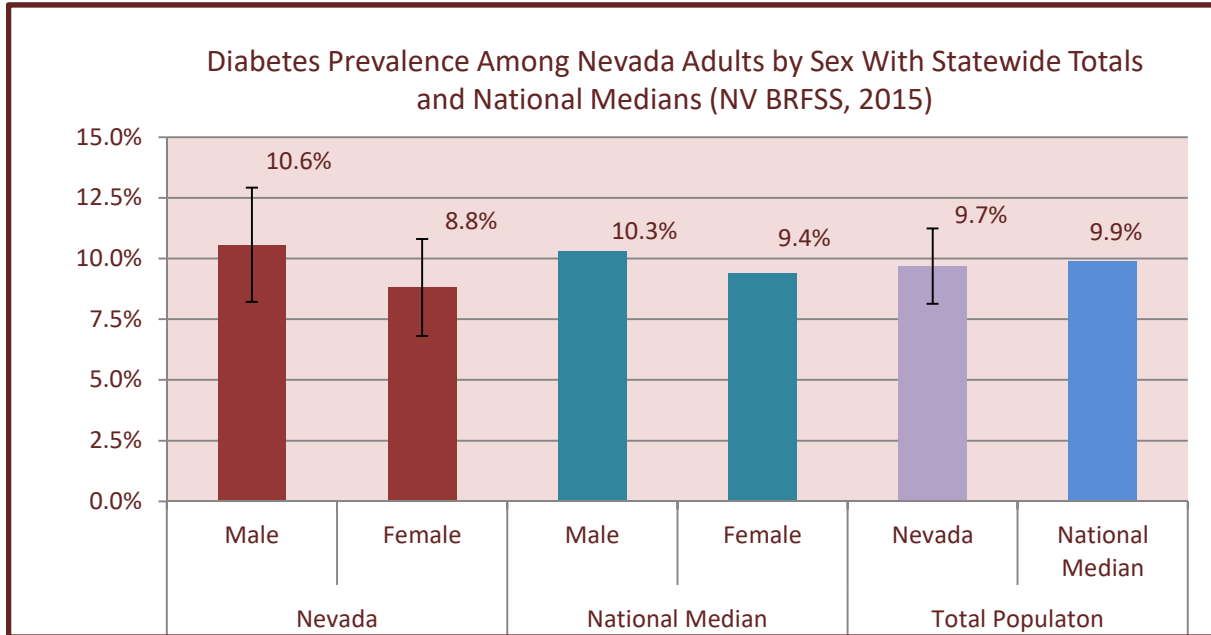


Figure 62: Diabetes Prevalence Among Nevada Adults by Income (NV BRFSS, 2015).

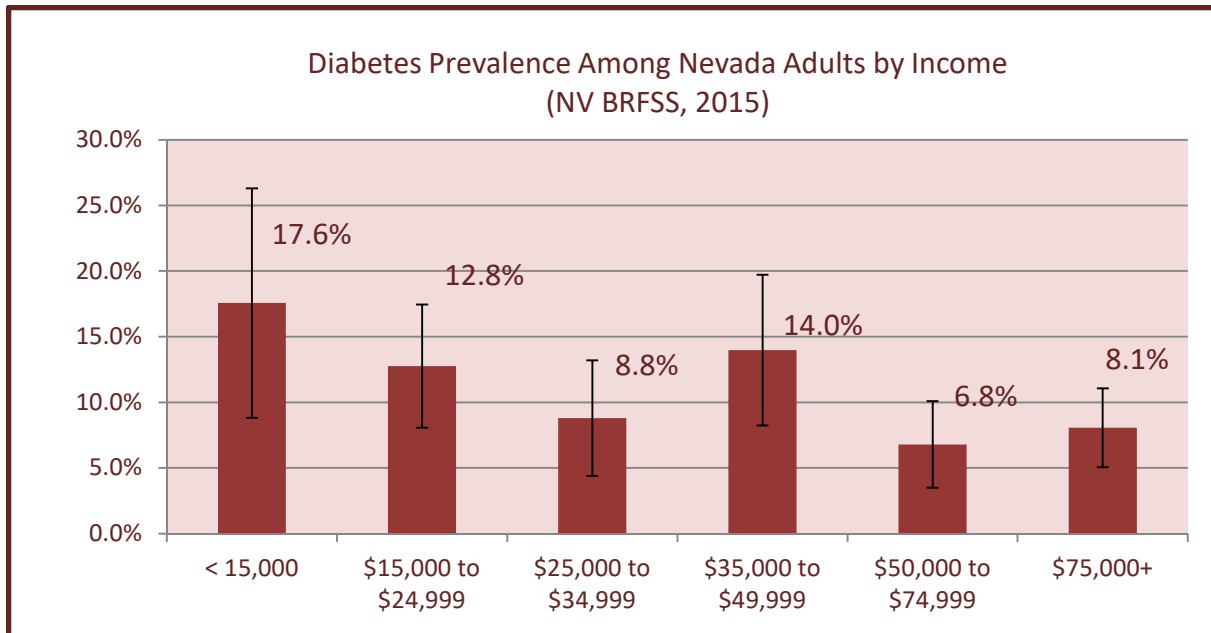


Figure 63: Diabetes Prevalence Among Nevada Adults by Education Level (NV BRFSS, 2015).

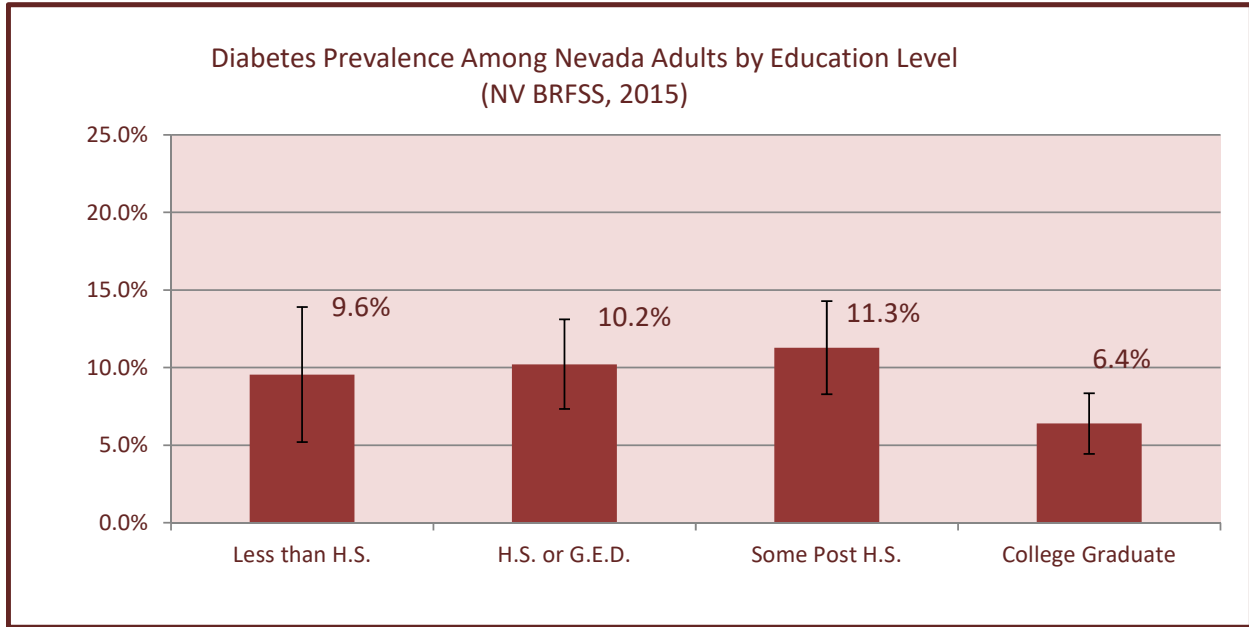
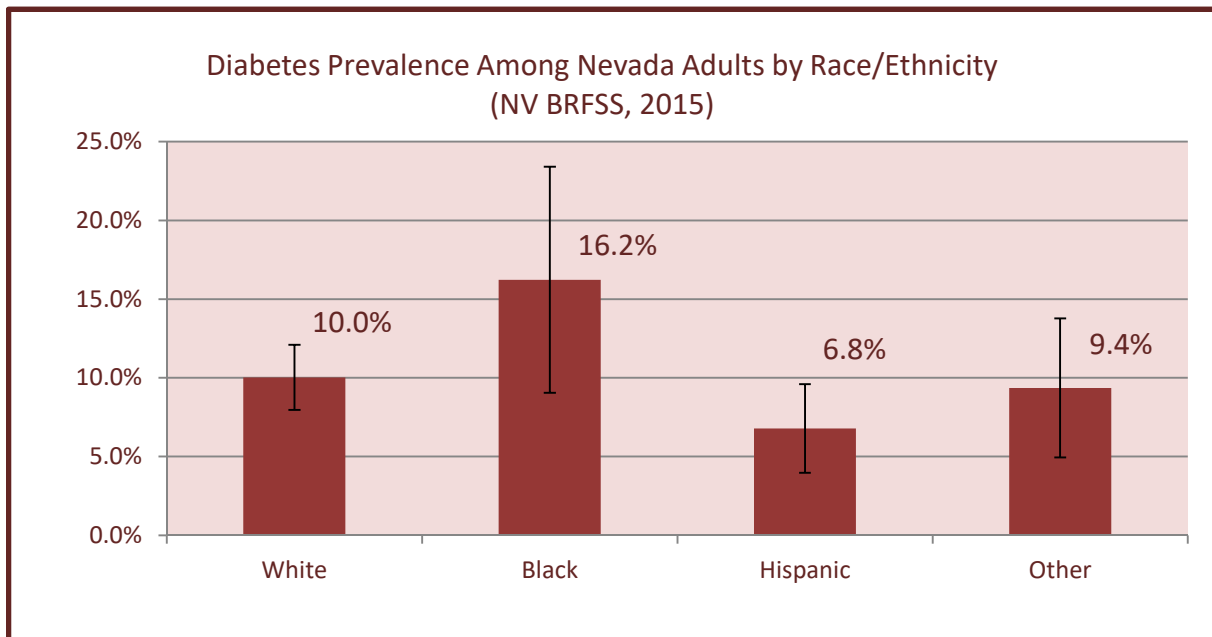


Figure 64: Diabetes Prevalence Among Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).



Section XI: Disability

Limited Activity: Nevada adults who are limited, in any way in any activities, because of physical, mental, or emotional problems.

Special Equipment: Nevada adults who have health problems that require the use of special equipment, such as a cane, a wheelchair, a special bed, or a special telephone.

According to a new study published by the Centers for Disease Control and Prevention, one out of every five adults in the United States has a disability. The highest percentages of people with disabilities are generally in southern states.³

Disability can be viewed as representing a minority of the population, in that many people with disabilities may be less visible, undercounted, and underserved. People with disabilities may experience lack of access to health services and may be considered at increased risk of secondary medical, social, and emotional conditions.

Few data systems identify people with disabilities as a subpopulation. Disparities that have been noted between people with and without disabilities are excess weight, reduced physical activity, increased stress, and less frequent mammograms for females over the age of 55.^{1,2}

Table 8: Selected Disability Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Adult respondents who are limited in any way in any activities because of physical, mental, or emotional problems.	20.3%	20.6%
2. Adult respondents with health problems that require the use special equipment, such as a cane, wheelchair, a special bed, or special telephone.	8.3%	8.5%

Figure 65: Nevada Adults Who are Limited in Any Way Because of Physical, Mental, or Emotional Problems or Need Special Equipment by Year (NV BRFSS 2011-2015).

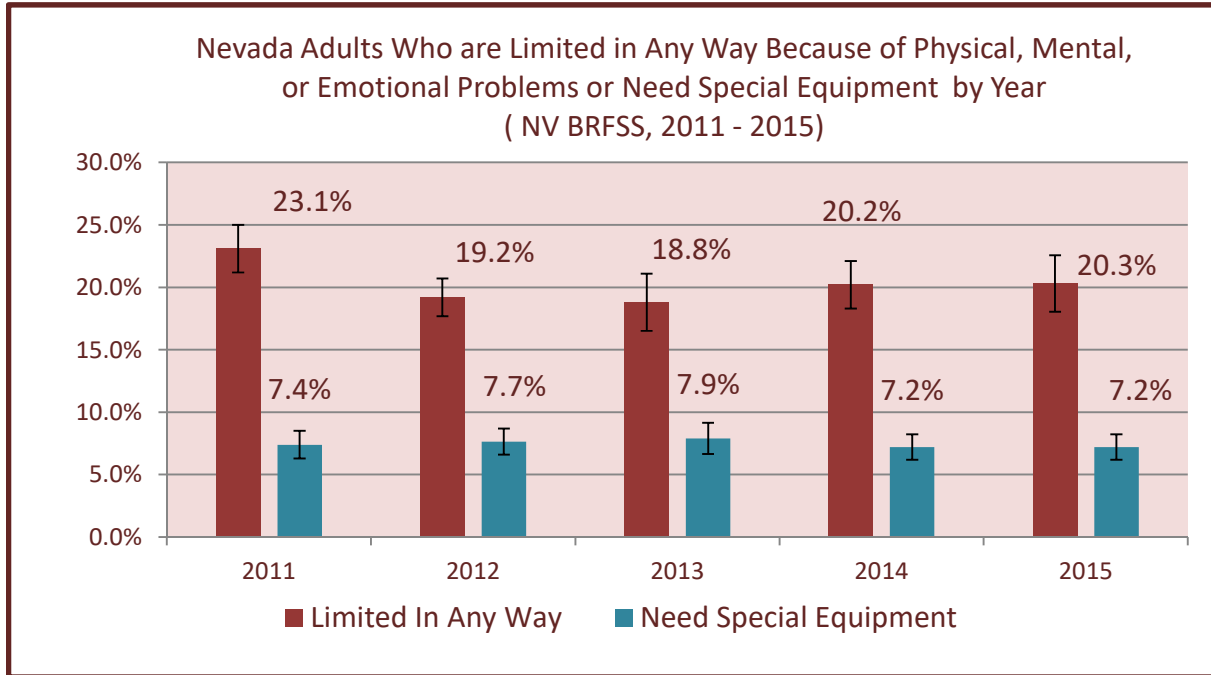


Figure 66: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Region With the Nevada Total (NV BRFSS 2015).

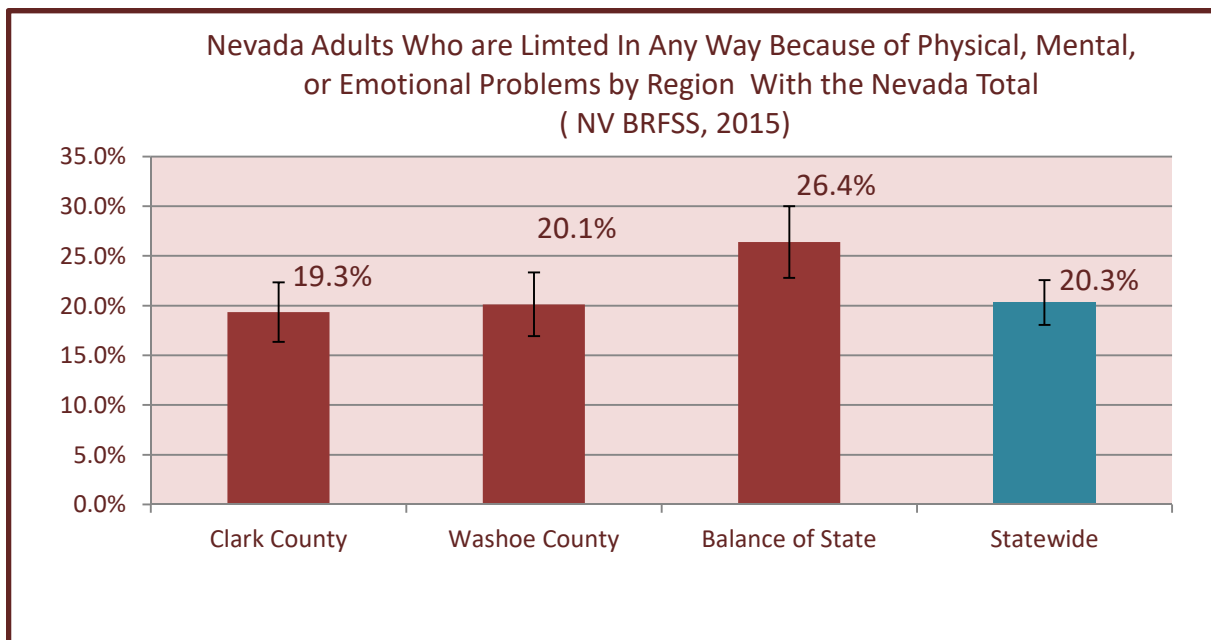


Figure 67: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Age Group (NV BRFSS 2015).

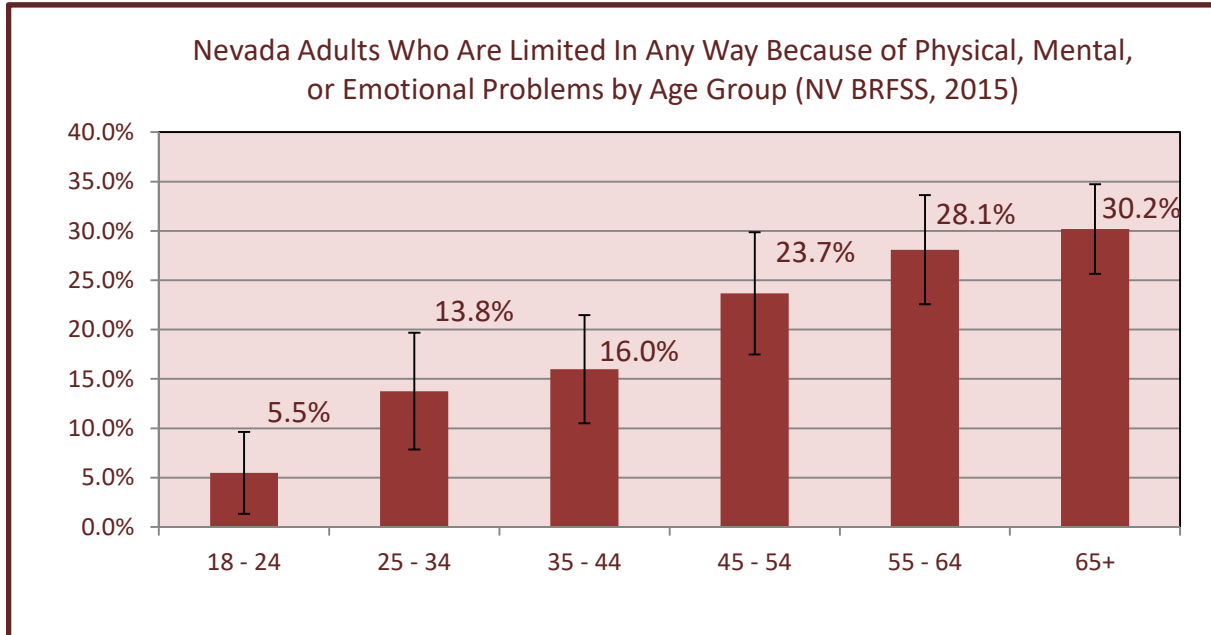


Figure 68: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Sex With Statewide Totals and National Medians (NV BRFSS 2015).

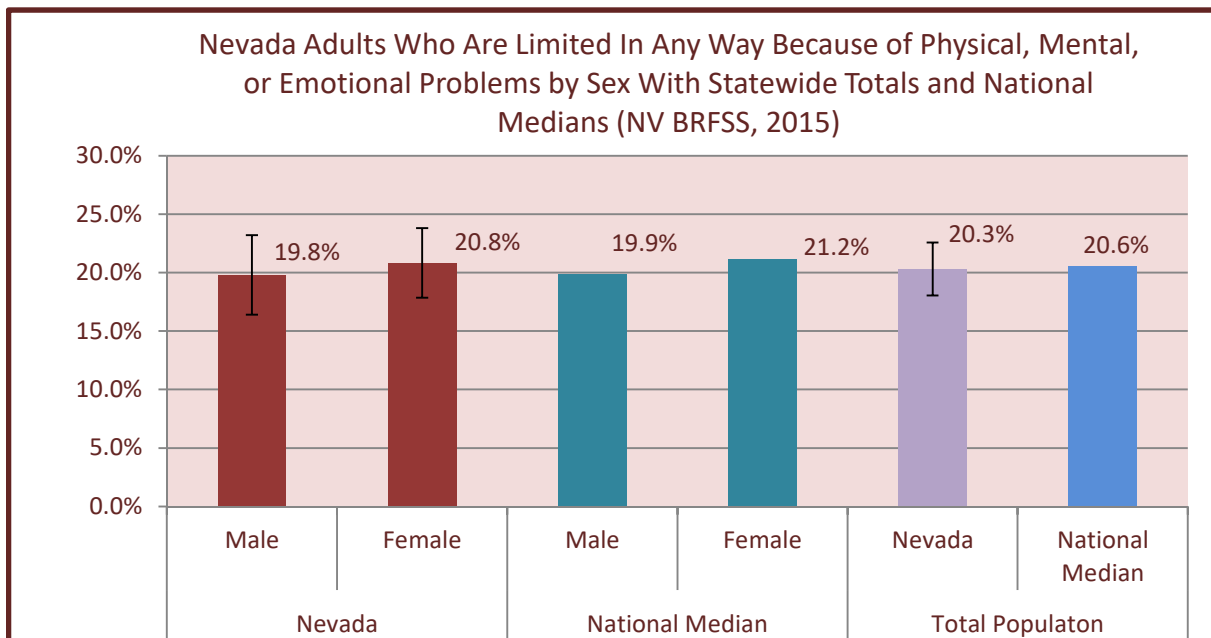


Figure 69: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Income (NV BRFSS 2015).

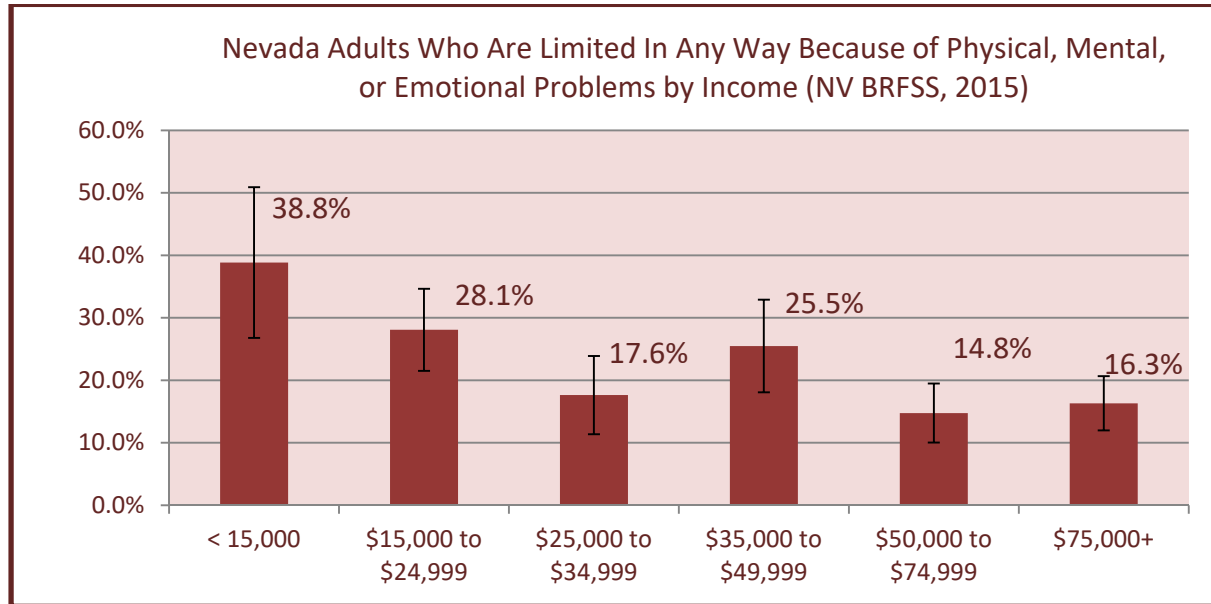


Figure 70: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Education Level (NV BRFSS 2015).

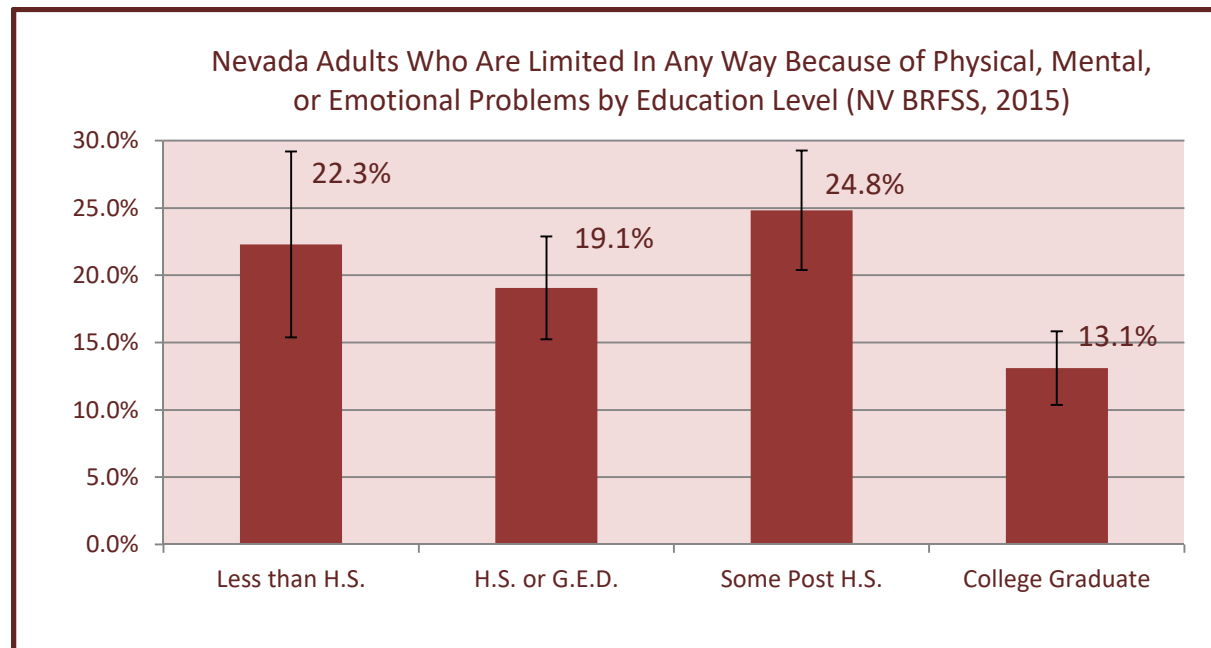


Figure 71: Nevada Adults Who Are Limited in Any Way Because of Physical, Mental, or Emotional Problems by Race/Ethnicity (NV BRFSS 2015).

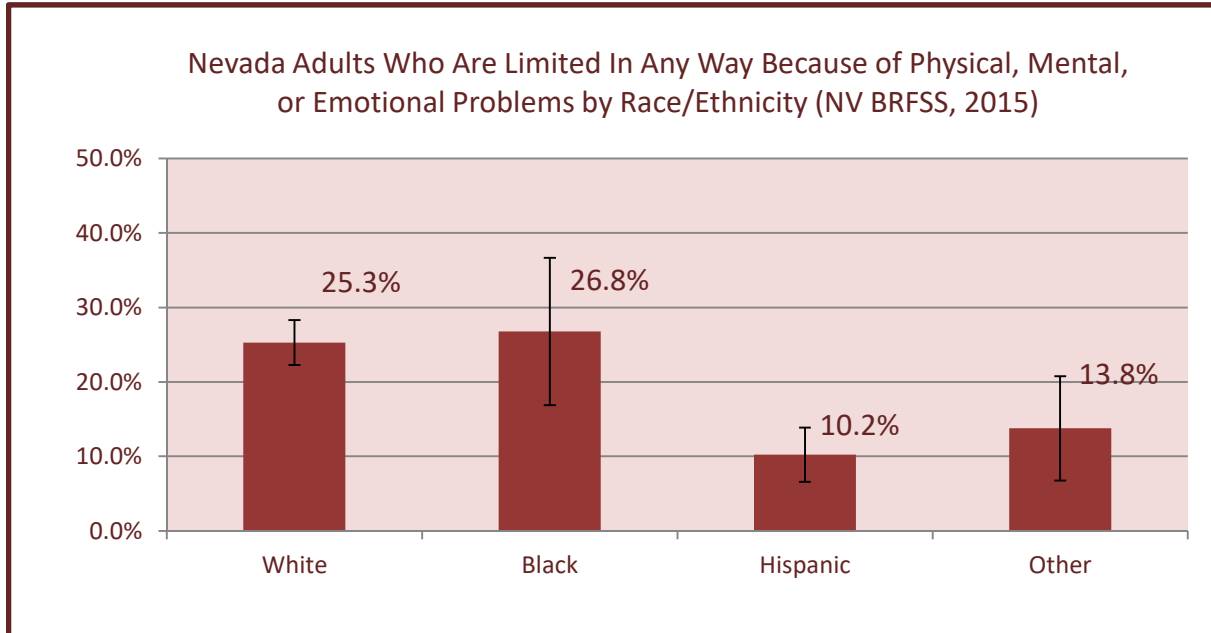
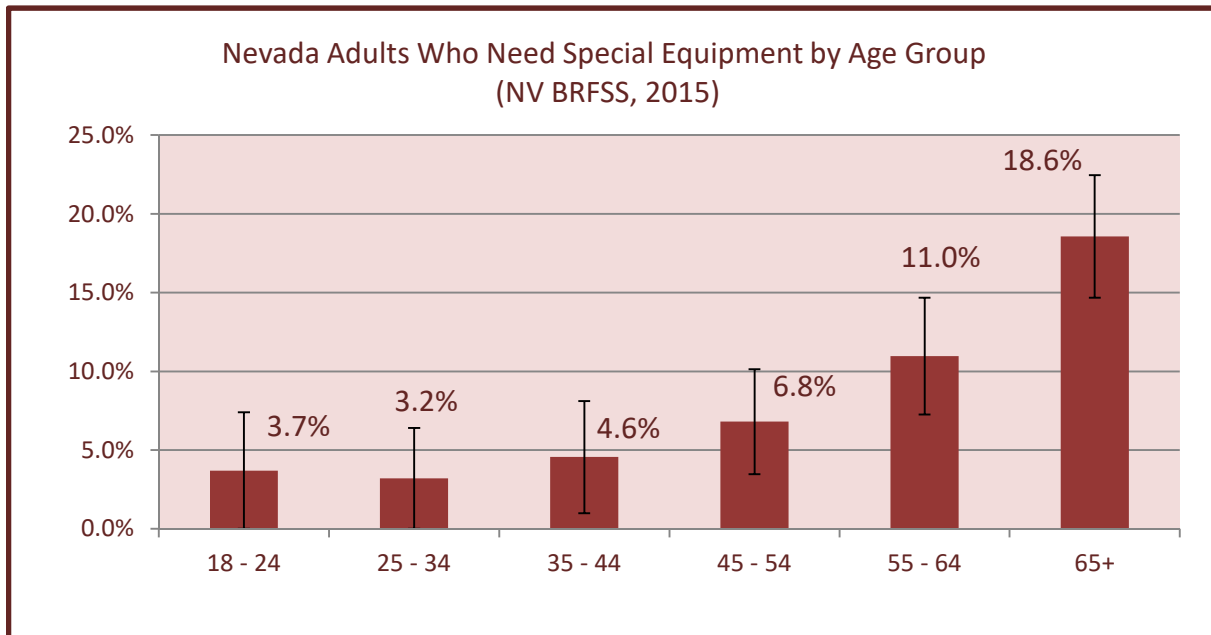


Figure 72: Nevada Adults Who Need Special Equipment by Age Group (NV BRFSS, 2015).



As would be expected, the prevalence of Nevada adults who need special equipment increases with age groups.

Figure 73: Adults Who Need Special Equipment by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

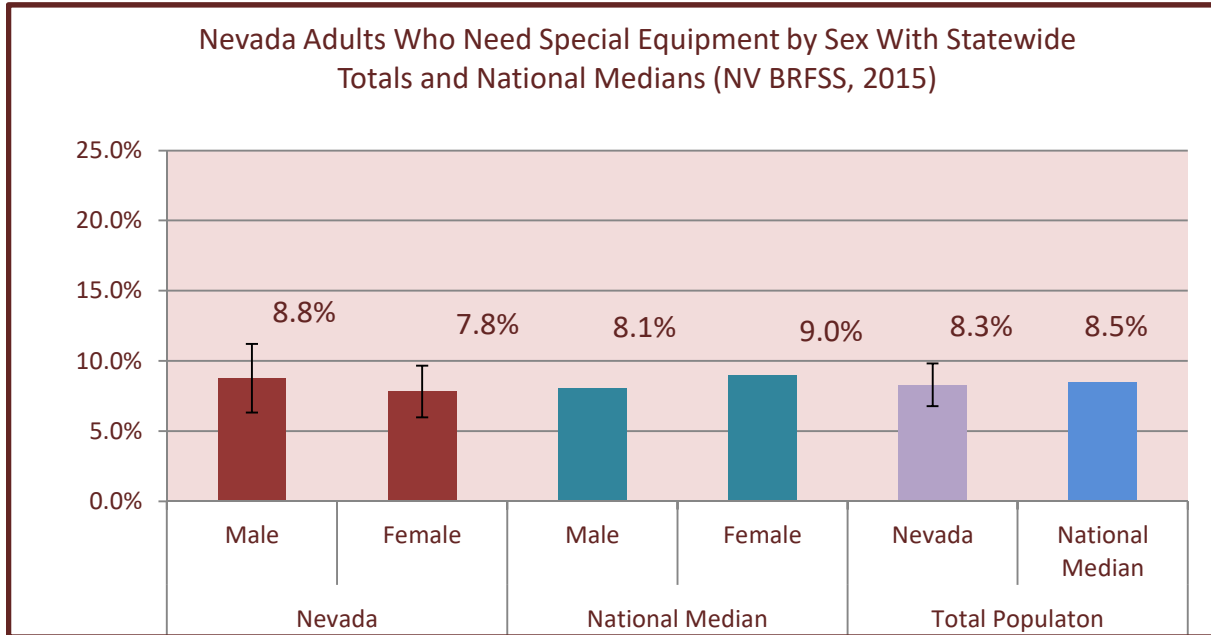


Figure 74: Nevada Adults Who Need Special Equipment by Income (NV BRFSS, 2015).

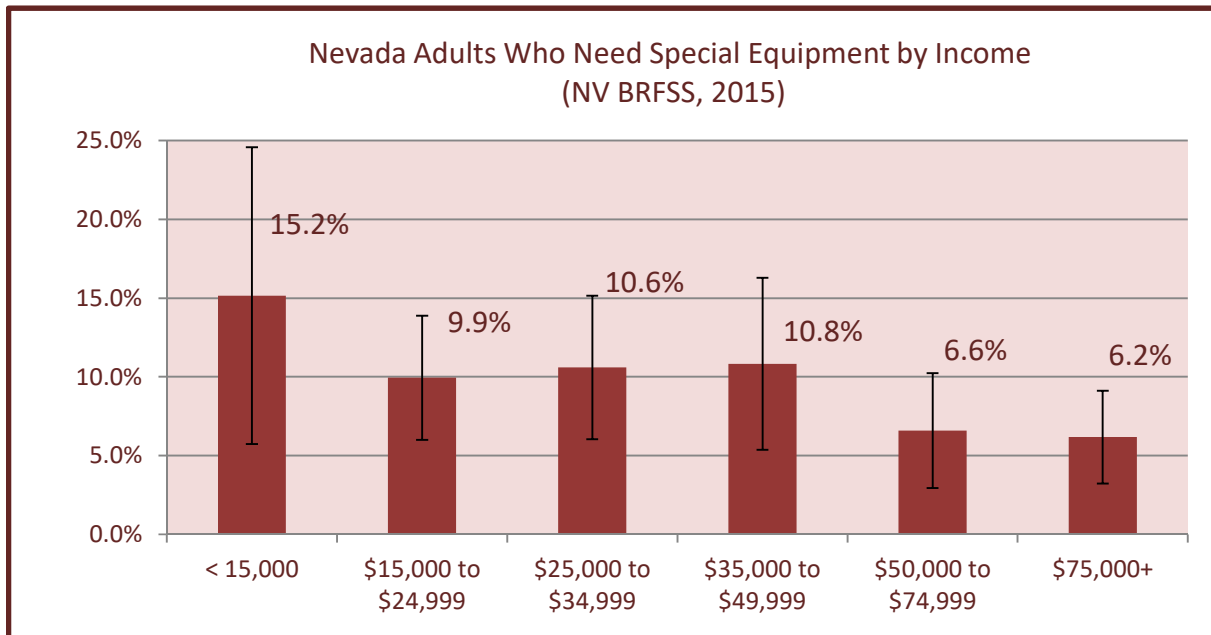


Figure 75: Nevada Adults Who Need Special Equipment by Education Level (NV BRFSS, 2015).

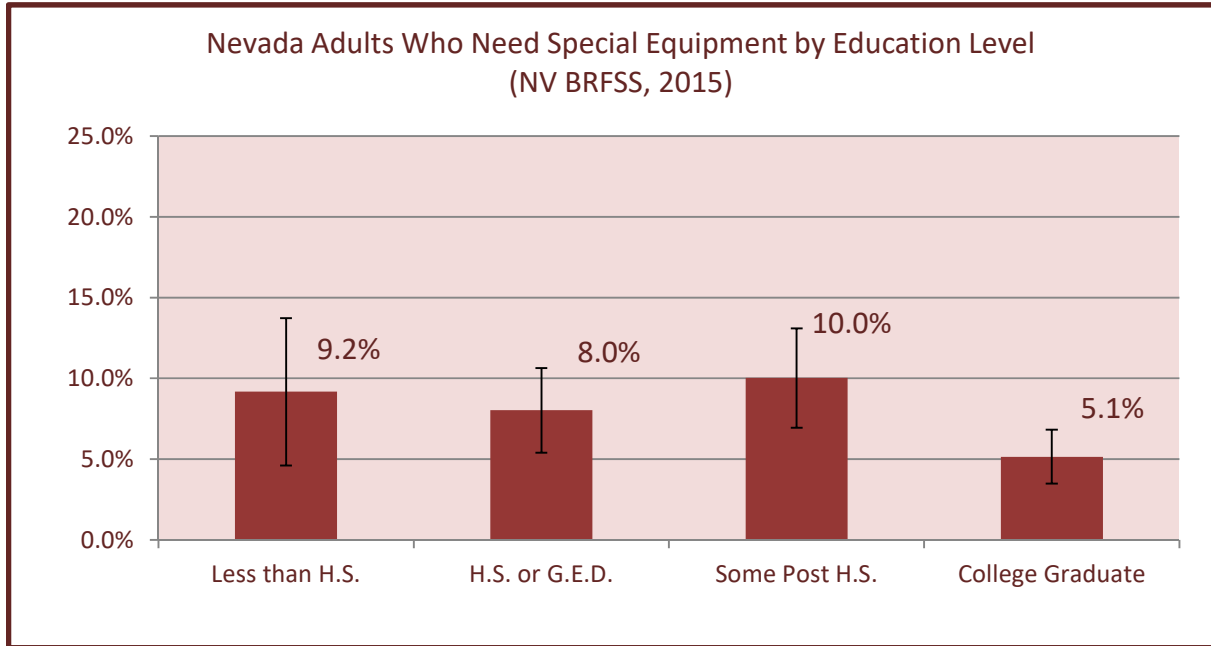
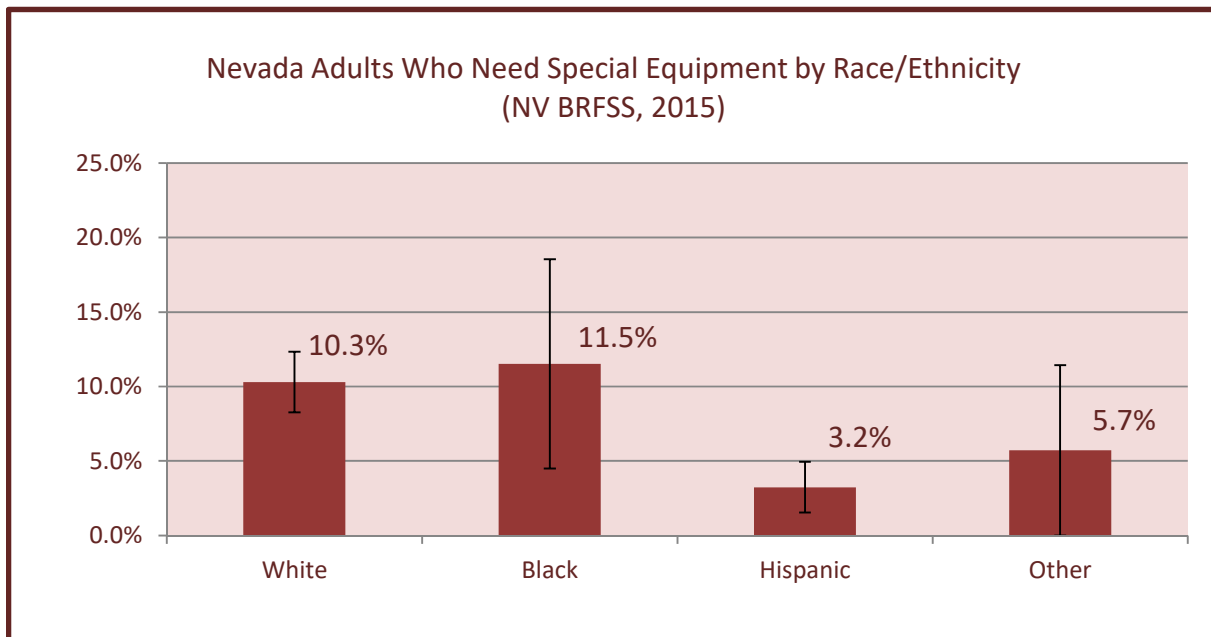


Figure 76: Nevada Adults Who Need Special Equipment by Race/Ethnicity (NV BRFSS, 2015).



Section XII: Health Status

General Health: Would you say that in general your health is excellent, very good, good, fair, or poor?

Physical Health: Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Mental Health: Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Healthy Days: During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Inadequate Sleep: During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

Any Exercise: During the past month, other than your regular job, did you participate in any physical exercise or exercises such as running, calisthenics, gardening, or walking for exercise?

Health-related quality of life reflects a personal sense of physical and mental health and the ability to react to factors in the physical and social environments. Health-related quality of life is more subjective than life expectancy and can be more difficult to measure. Self-ratings of health status seek to determine how people perceive their own health and how they function physically and mentally during their day to day activities.^{1,2,3} The 2015 BRFSS data indicate that 17.6% of Nevadans perceive their health to be fair or poor, similar to the national estimate of 16.4%.

Fourteen point two percent (14.2%) of Nevada adults claimed 10 or more days of poor physical health in the past 30 days, and 13.8% reported 10 or more days of poor mental health in the past 30 days, compared to the national estimate of 15.2% and 14.1% respectively.

Sixty three point four percent (63.4%) of Nevada adults reported having no days of poor physical health in the past 30, and 65.1% reported having no days of poor mental health in the past 30 days. The 2015 Nevada values for adults not participating in physical activity other than their regular job in the past month is 24.7, slightly lower than the national value of 26.2%.

**Table 9: Selected Health Status Indicators for Nevada and the United States
 (NV BRFSS 2015)**

Health Indicator	Nevada	U.S. & D.C. Median
1. Adults indicating a health status of fair or poor (self-assessment).	17.6%	16.7%
2. Adults with poor physical health for 10 or more days out of the last 30 days (includes physical illness and injury).	14.2%	15.2%
3. Adults with poor mental health 10 or more days out of the last 30 days (includes stress, depression, and problems with emotions).	13.8%	14.1%
4. Adults kept from doing usual activities (work, recreation, etc.) over 10 of the last 30 days because of poor mental or physical health.	18.4%	18.4%
6. Adults not participating in physical activities during the past month, other than their regular job (running, calisthenics, golf, etc.)	24.7%	26.8%

Figure 77: Health Status of Nevada Adults by Age Groups (NV BRFSS, 2015).

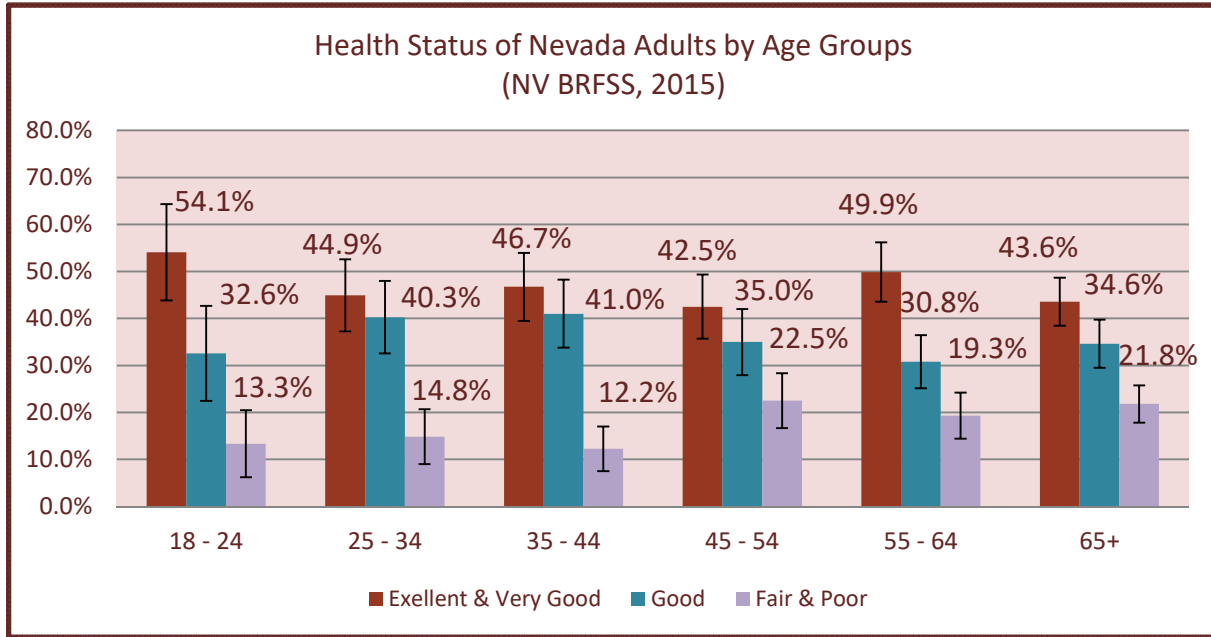
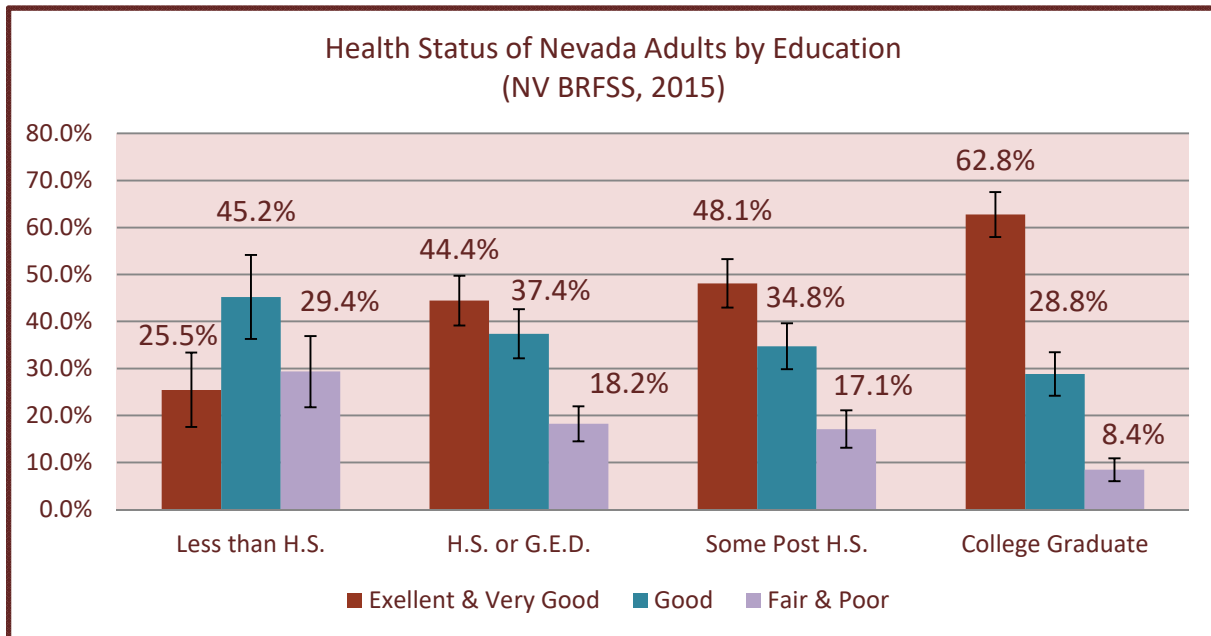
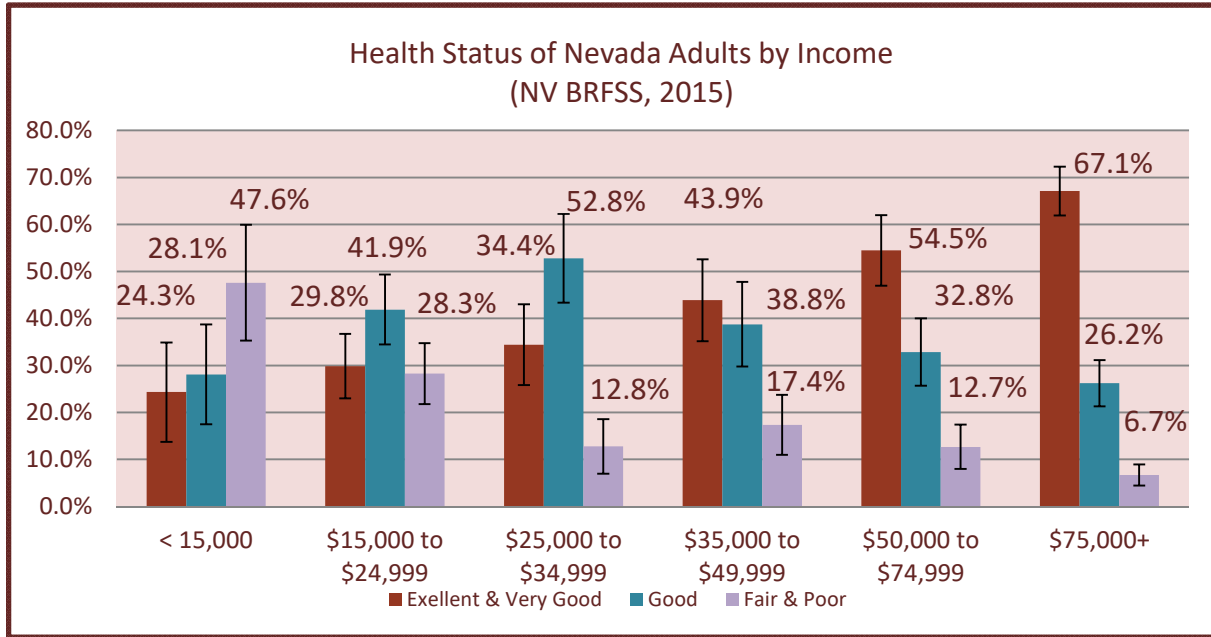


Figure 78: Health Status of Nevada Adults by Education (NV BRFSS, 2015).



The prevalence of Nevada adults reporting excellent and very good health is significantly higher among college graduates and significantly lower among individuals who are not high school graduates.

Figure 79: Health Status of Nevada Adults by Income (NV BRFSS, 2015).



The prevalence of Nevada adults reporting excellent and very good health increased with income levels.

Figure 80: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days by Sex With the Nevada Total (NV BRFSS, 2015).

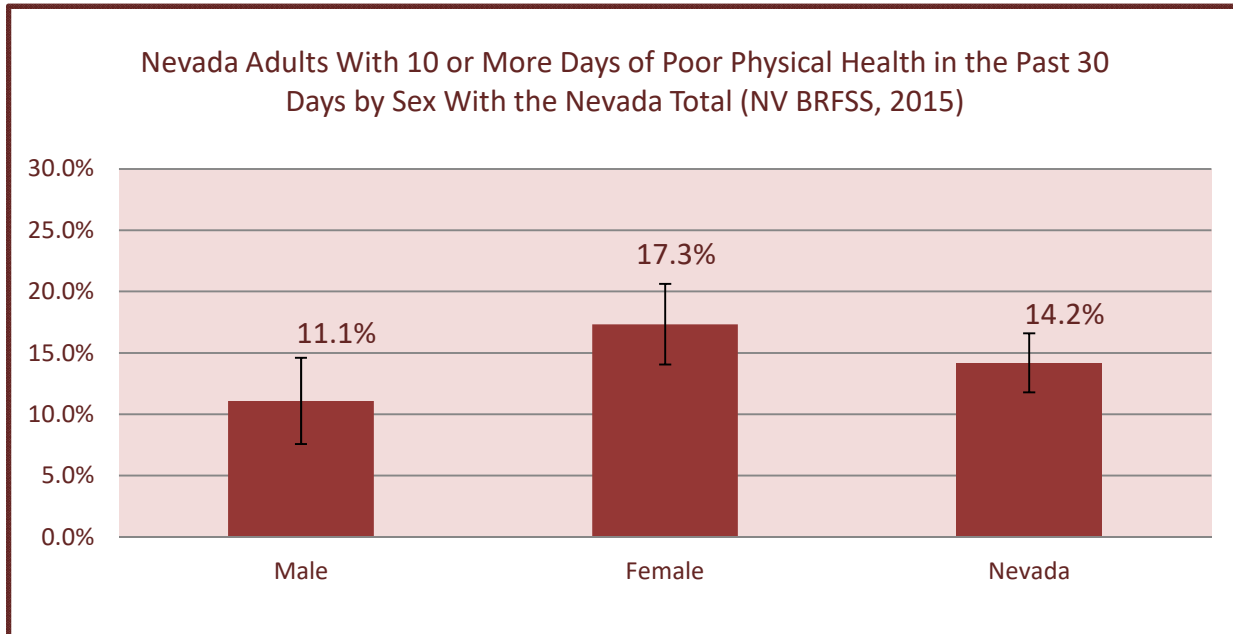


Figure 81: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days Age Group (NV BRFSS, 2015).

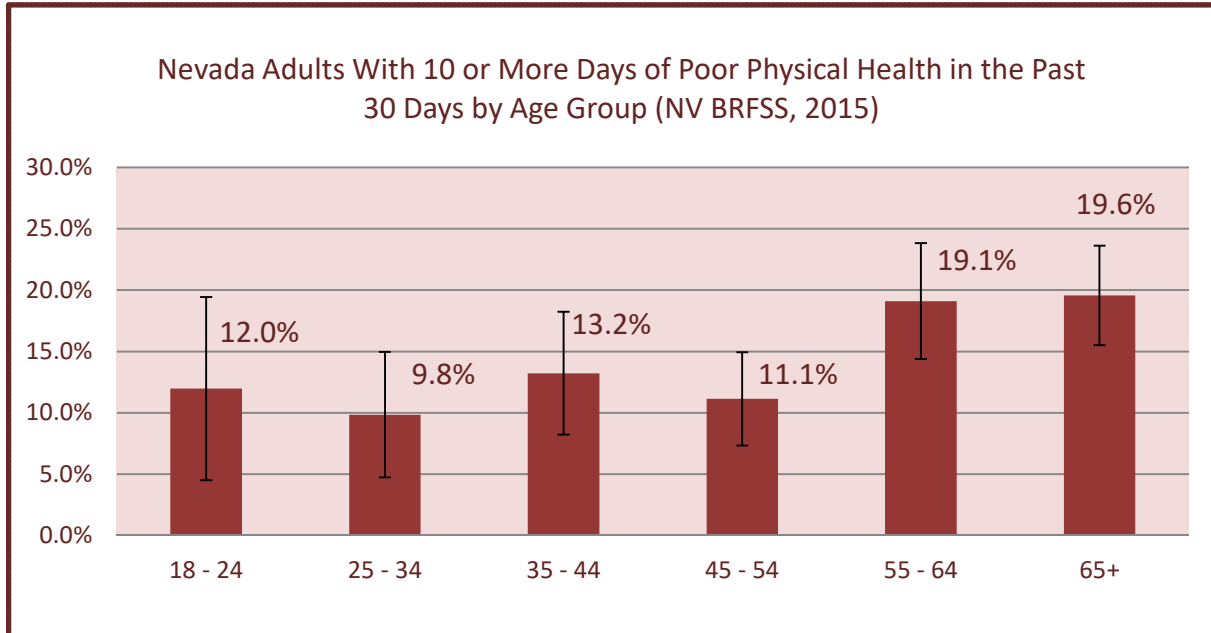


Figure 82: Nevada Adults With 10 or More Days of Poor Physical Health in the Past 30 Days by Income (NV BRFSS, 2015).

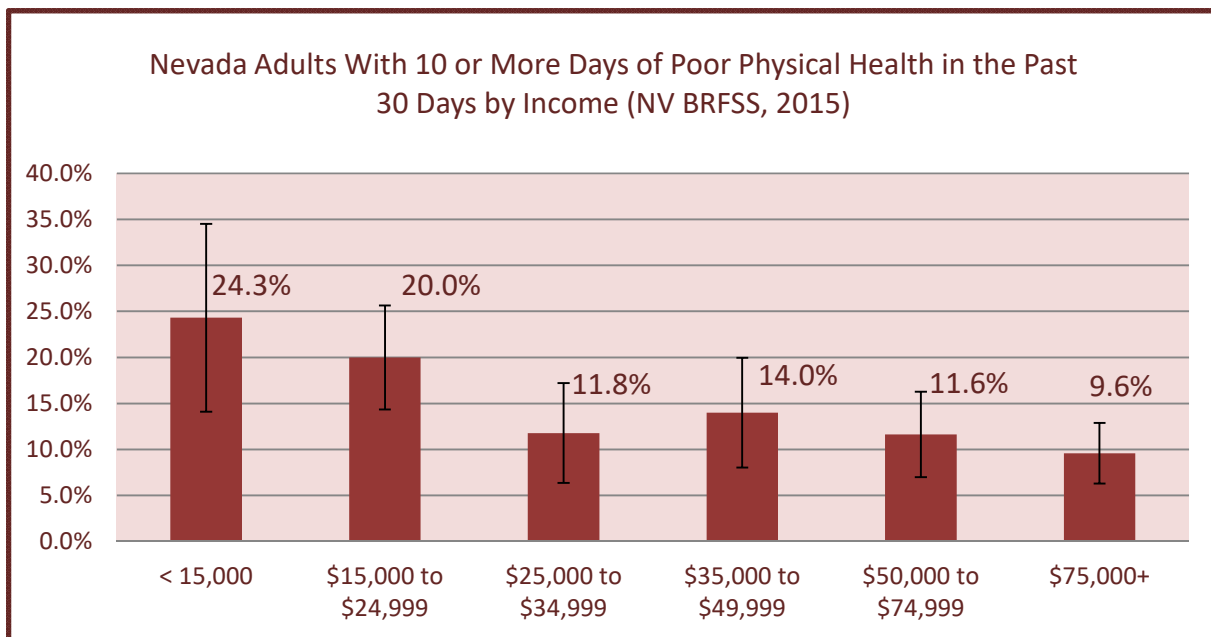


Figure 83: Nevada Adults with 10 or More Days of Poor Physical Health in the Past 30 Days by Education Level (NV BRFSS, 2015).

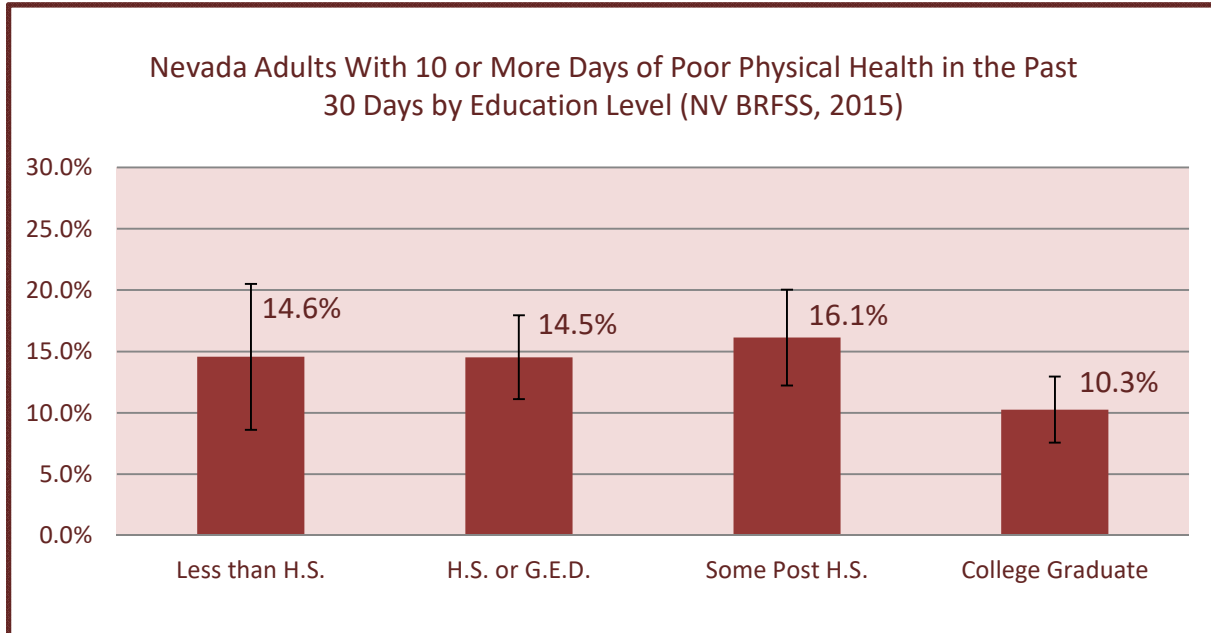


Figure 84: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Sex With the Nevada Total (NV BRFSS, 2015).

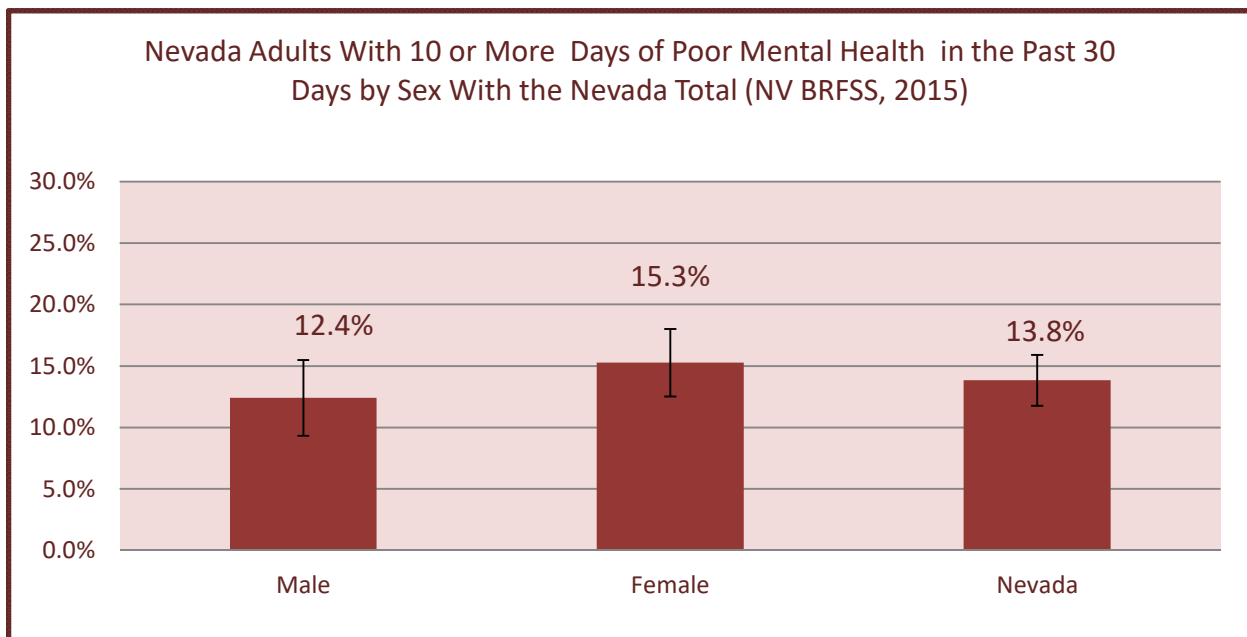


Figure 85: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Age Group (NV BRFSS, 2015).

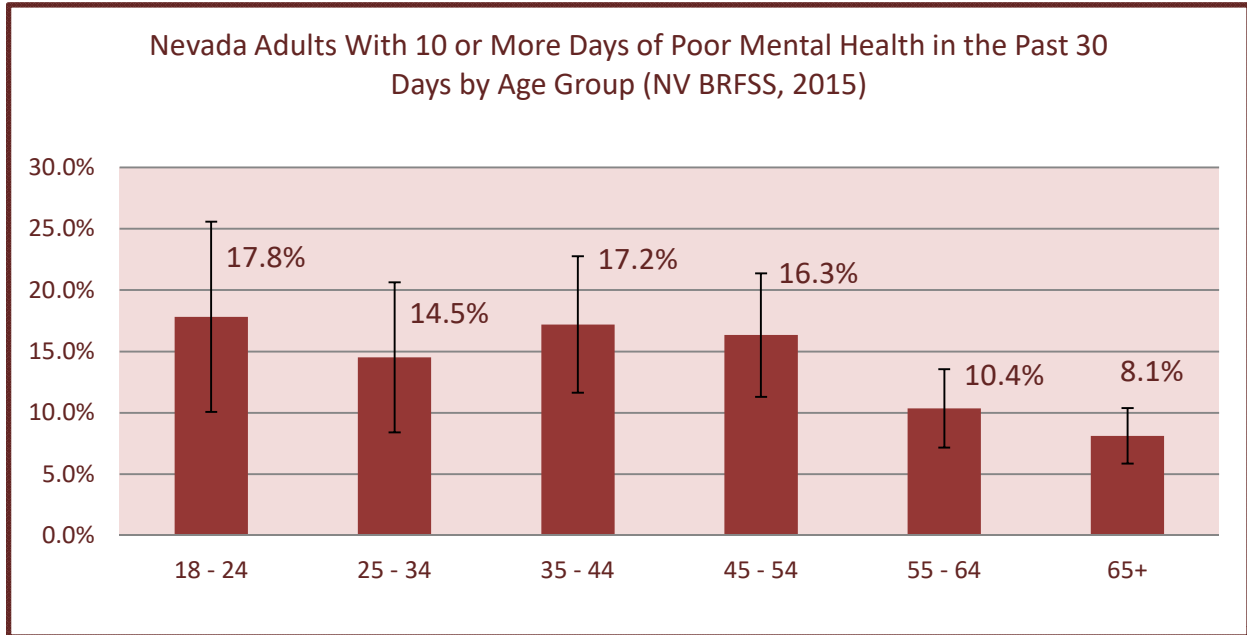


Figure 86: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Income (NV BRFSS, 2015).

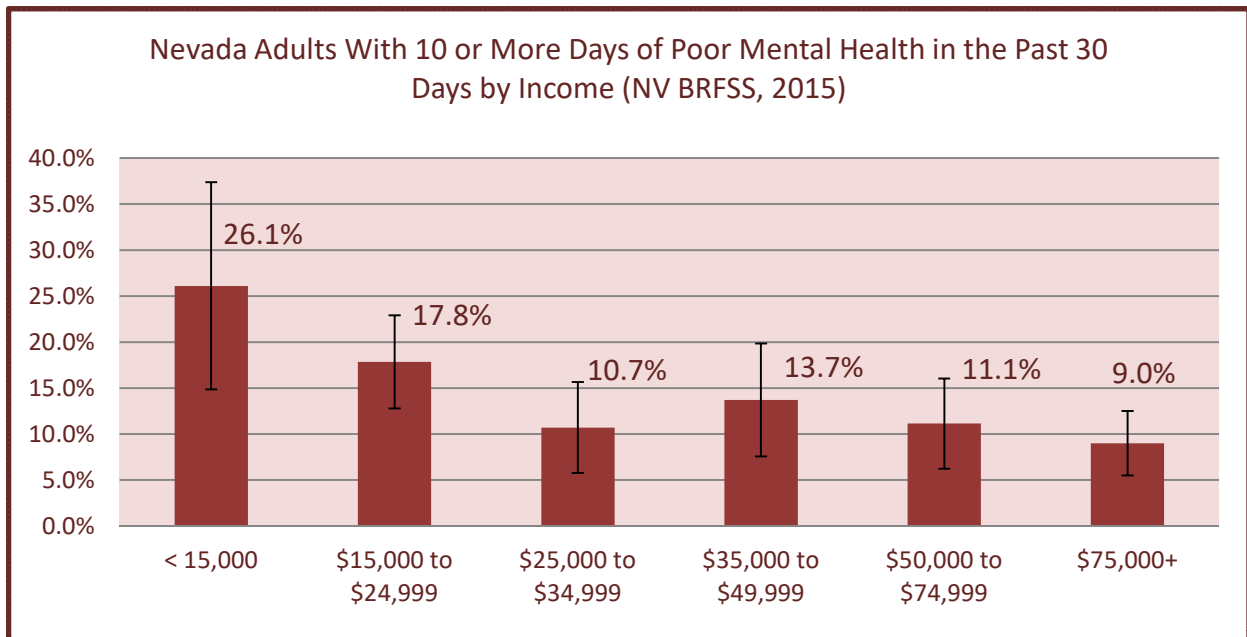


Figure 87: Nevada Adults With 10 or More Days of Poor Mental Health in the Past 30 Days by Education Level (NV BRFSS, 2015).

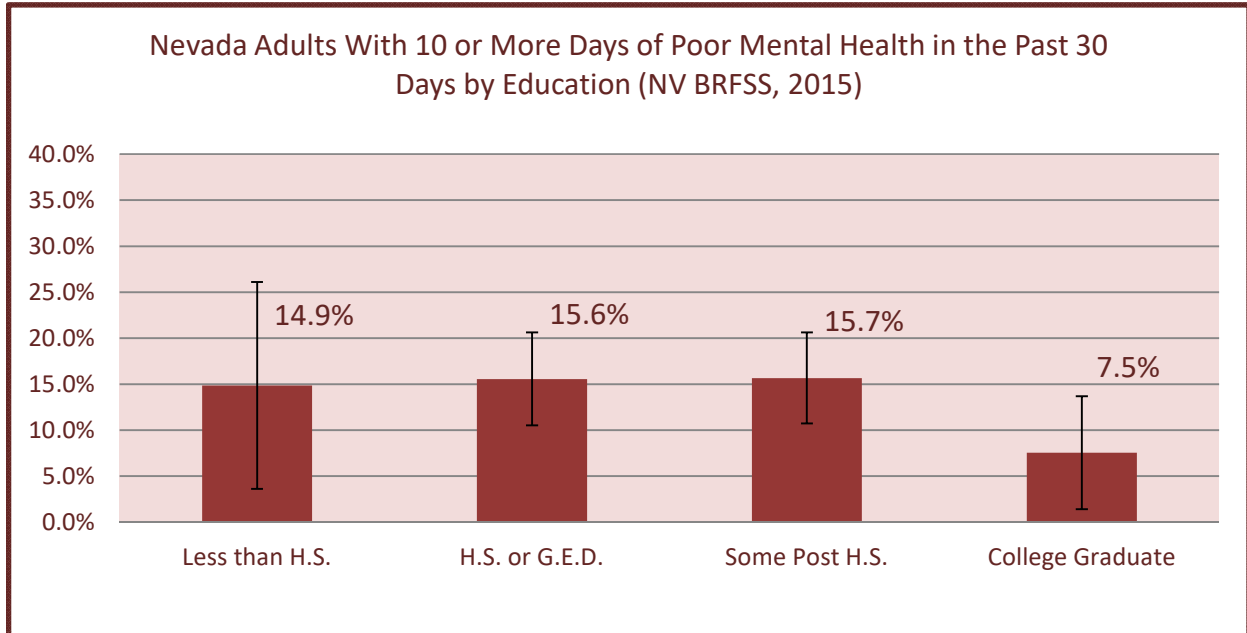


Figure 88: Nevada Adults Kept From Usual Activities For 10 or More of the Past 30 Days Due to Poor Physical or Mental Health by Sex With the Nevada Total (NV BRFSS 2015).

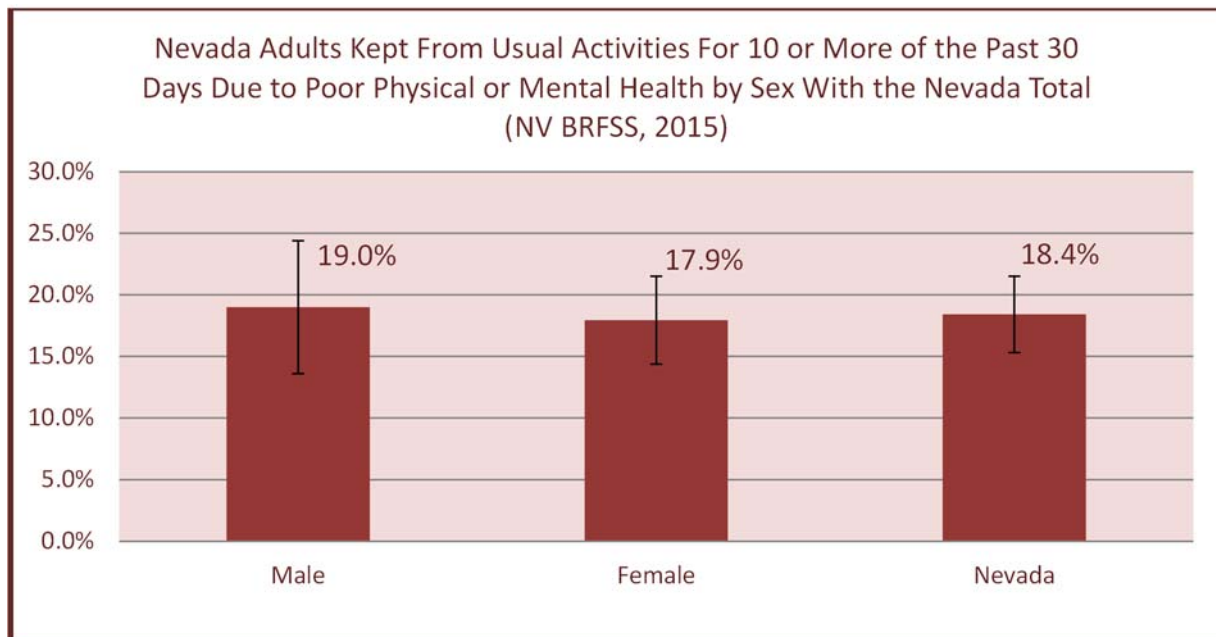


Figure 89: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Age Group (NV BRFSS, 2015).

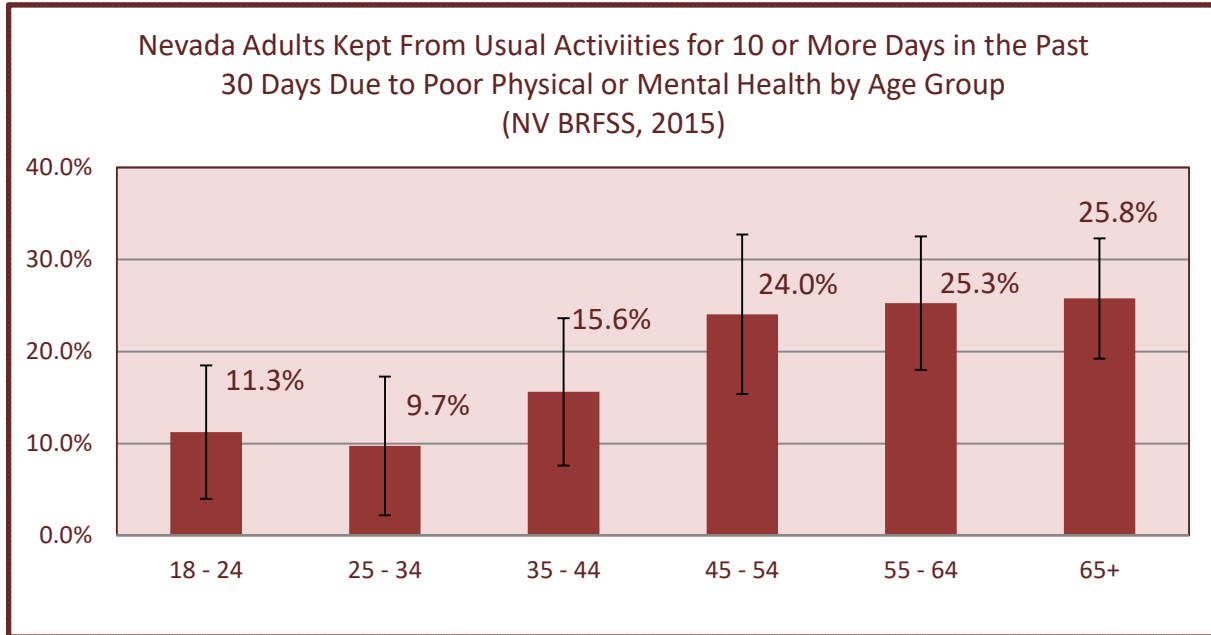


Figure 90: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Income (NV BRFSS, 2015).

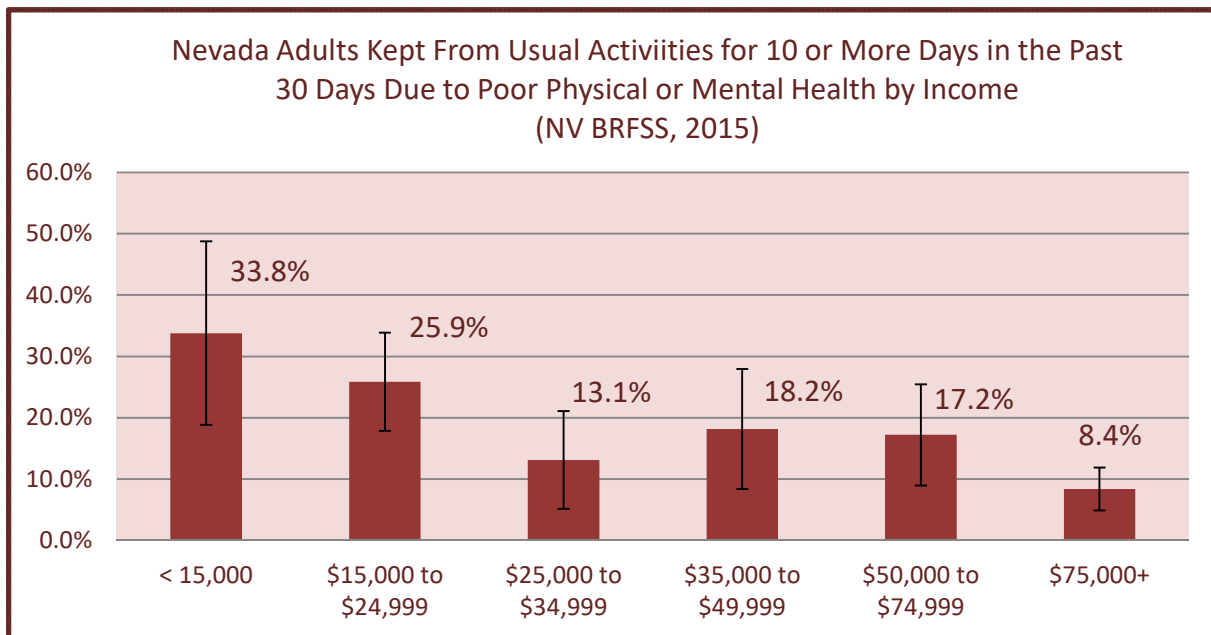
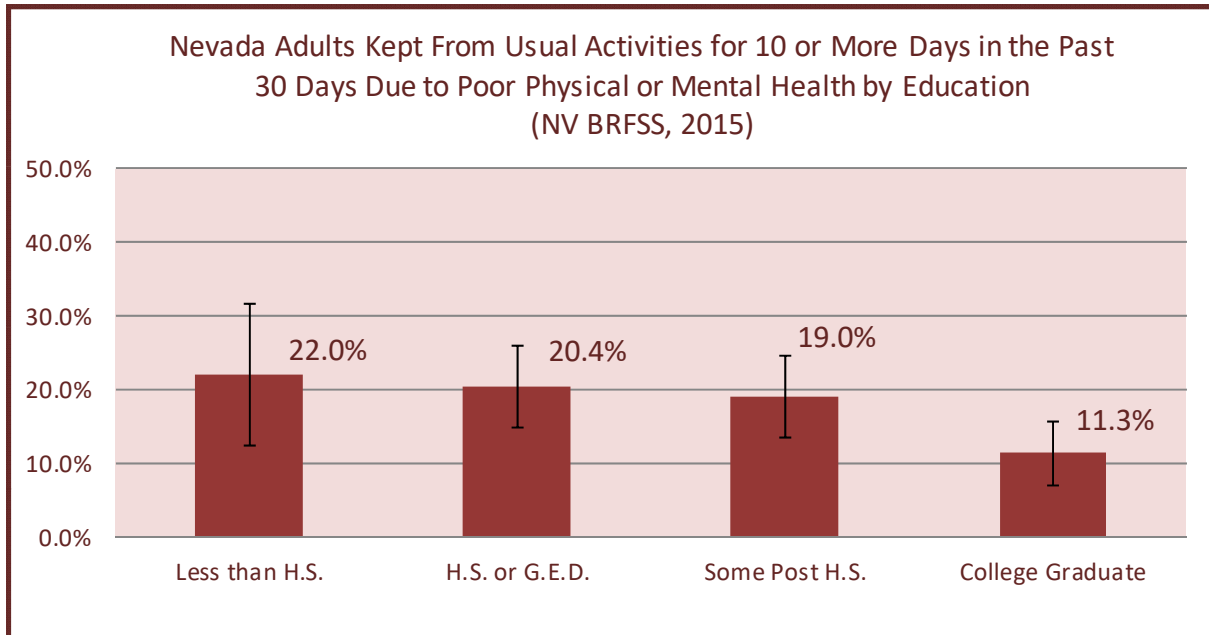


Figure 91: Nevada Adults Kept From Usual Activities for 10 or More Days in the Past 30 Days Due to Poor Physical or Mental Health by Education (NV BRFSS, 2015).



Section XIII Healthcare Access

Healthcare Access by Demographics

Health Insurance: “Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Primary Care Doctor: “Do you have one person you think of as your personal doctor or healthcare provider?”

Could Not See a Doctor Because Of Cost: “Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

Time Since Last Routine Checkup: About how long has it been since you last visited a doctor for a routine checkup?

Access to quality care is important to eliminate health disparities and increase the quality and years of healthy life. People must have access to clinical preventive services that are effective in preventing disease (primary prevention) or detecting asymptomatic disease or risk factors at early treatable stages. ¹

The Healthy People 2020 target for individuals with health insurance is 100%. Uninsured people are less than half as likely as people with health insurance to have a primary care provider or to receive appropriate preventive care. Nationwide it is estimated that 89.2% of the adult population has health insurance; Nevada's adult population with health insurance is estimated at 85.5%.

A primary care doctor can provide individuals with an understanding of their health problems and direct them to appropriate health services. Evidence suggests that timely care provided by a regular primary care provider leads to less costly medical care.¹ The Healthy People 2020 Target for individuals with a regular primary care provider is 83.9%. Nationwide, it is estimated that 78.8% of the adult population have a regular primary care provider. Sixty six point eight percent (66.8%) of Nevada's adult population is estimated to have a primary care provider.

Table 10: Selected Healthcare Access Indicators for Nevada and the United States
(NV BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Adult respondents 18+ with any kind of healthcare coverage, including health insurance, prepaid plans such as HMO's or government plans such as Medicare.	89.2%	89.2%
2. Adult respondents 18-64 with any kind of healthcare coverage, including health insurance, prepaid plans such as HMO's or government plans such as Medicare.	82.4%	80.0%
3. Adult respondents with a personal doctor or healthcare provider.	66.8%	78.8%
4. Adult respondents reporting a time in the past 12 months when they needed to see a doctor but could not because of cost.	15.1%	12.1%
5. Time since last visiting a doctor for a routine checkup		
Within the past two years (anytime less than 2 years ago)	78.0%	83.5%
Within the past 5 years (greater than 2 years but less than 5 years)	9.5%	8.2%
5 or more years ago	9.7%	8.3%
Never	2.8%	1.1%

Figure 92: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Year (NV BRFSS, 2011-2015).

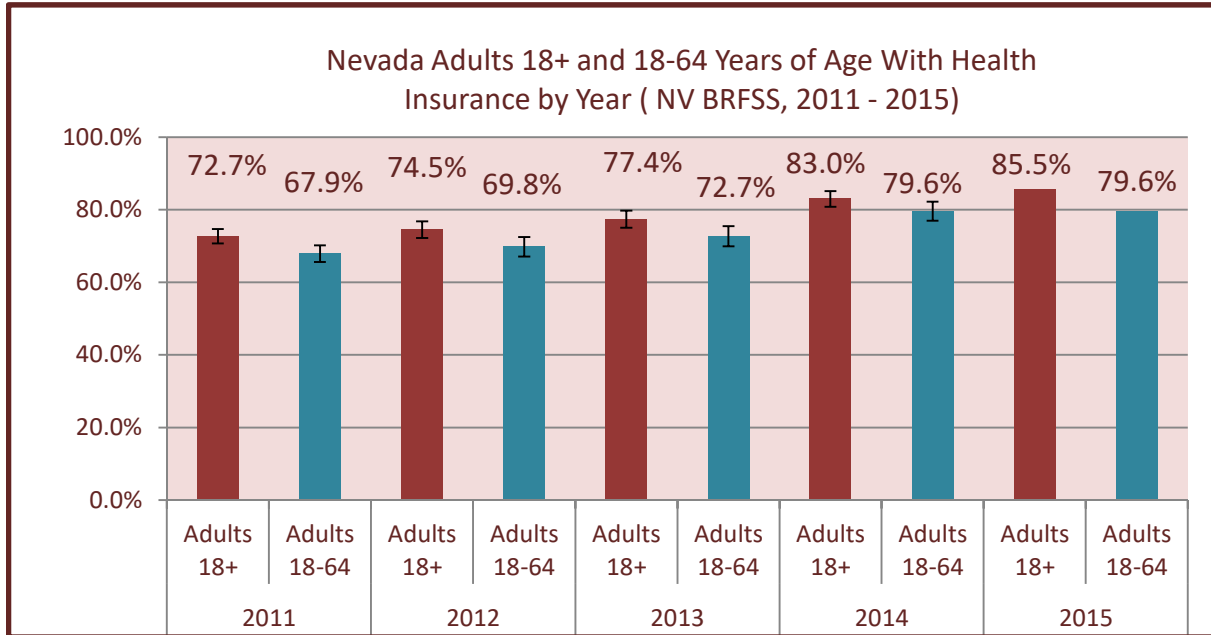


Figure 93: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Region With Nevada Totals (NV BRFSS, 2015).

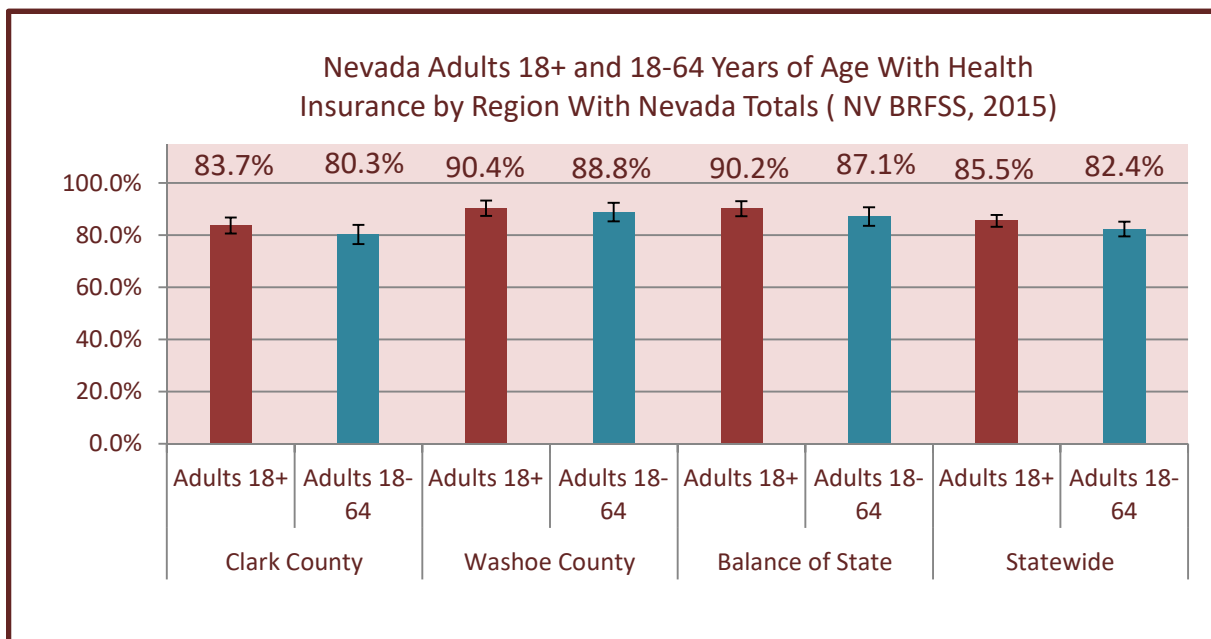


Figure 94: Nevada Adults 18-64 Years of Age With Health Insurance by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

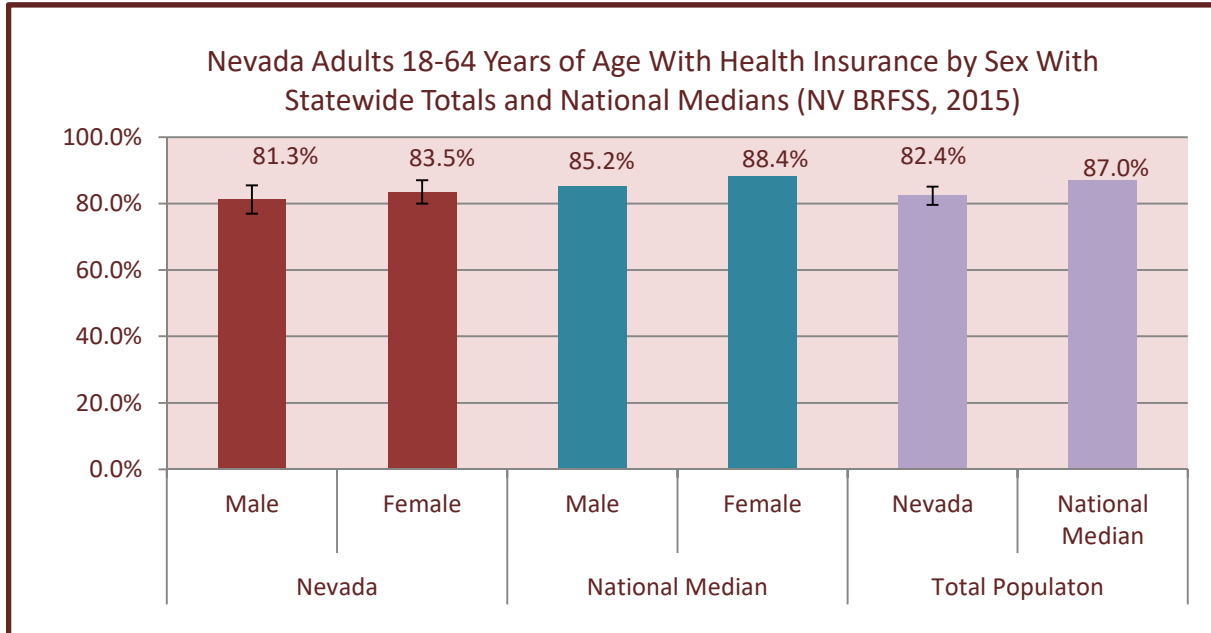


Figure 95: Nevada Adults 18+ Years of Age With Health Insurance by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).

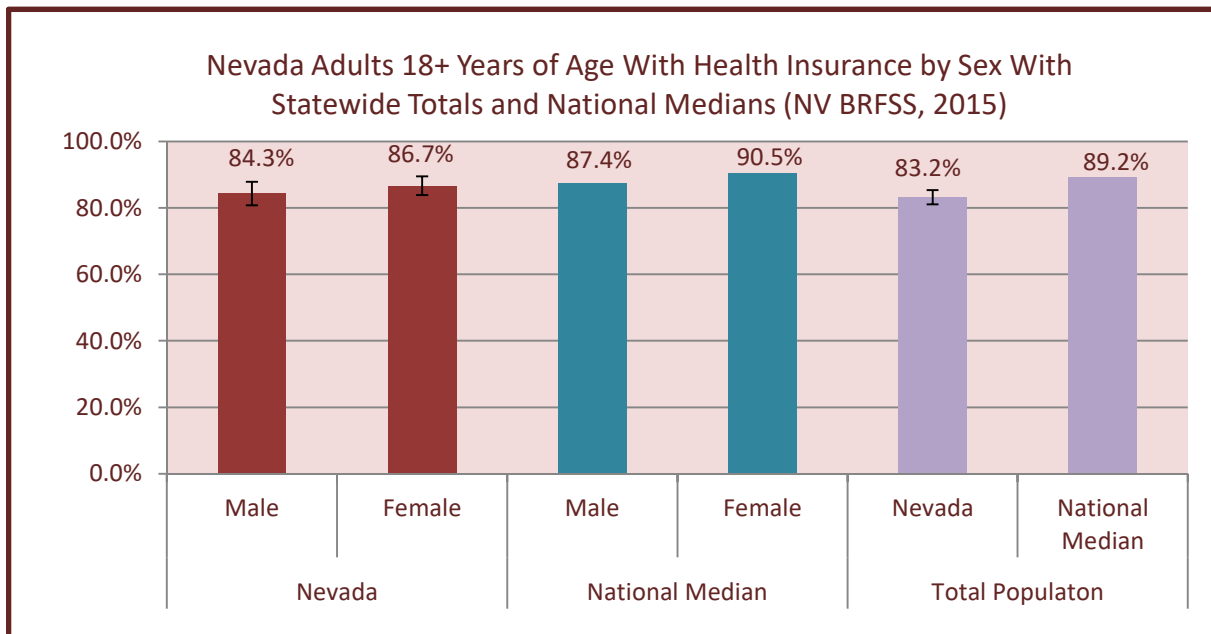


Figure 96: Nevada Adults 18+ Years of Age With Health Insurance by Age Group (NV BRFSS, 2015).

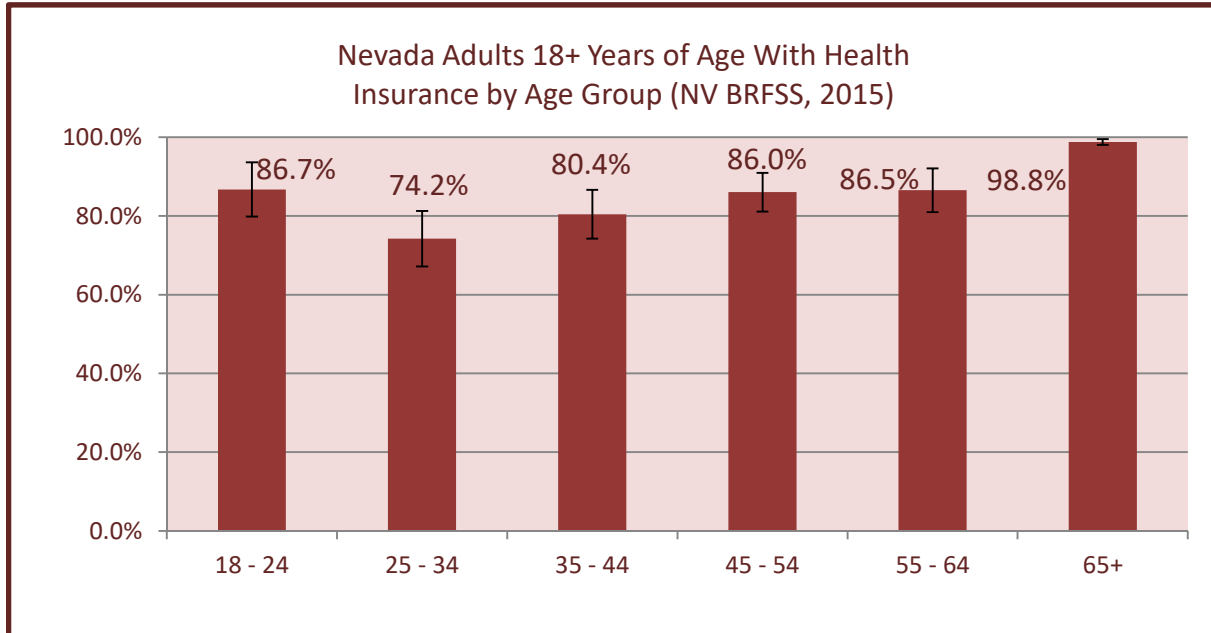


Figure 97: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Income (NV BRFSS, 2015).

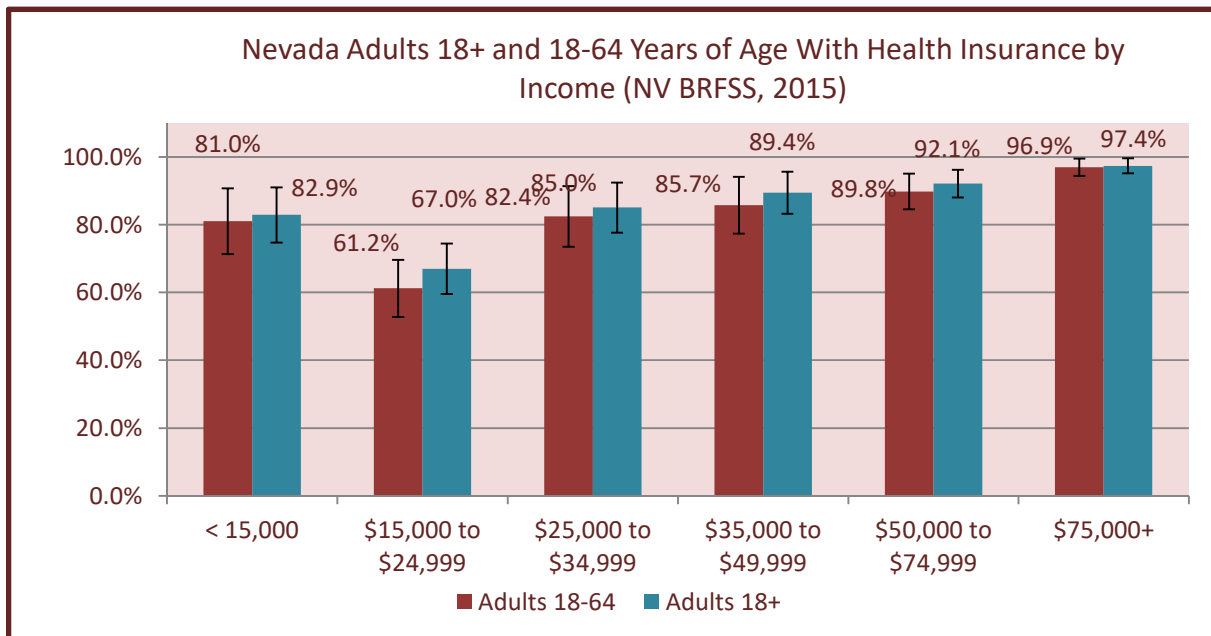


Figure 98: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Education Level (NV BRFSS, 2015).

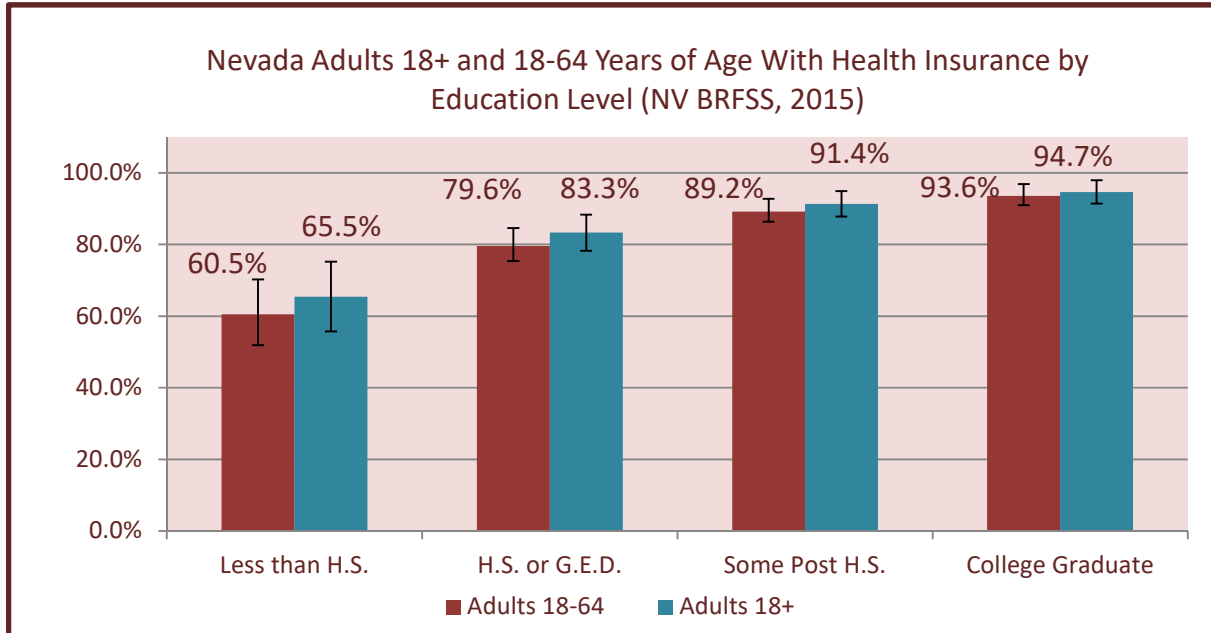
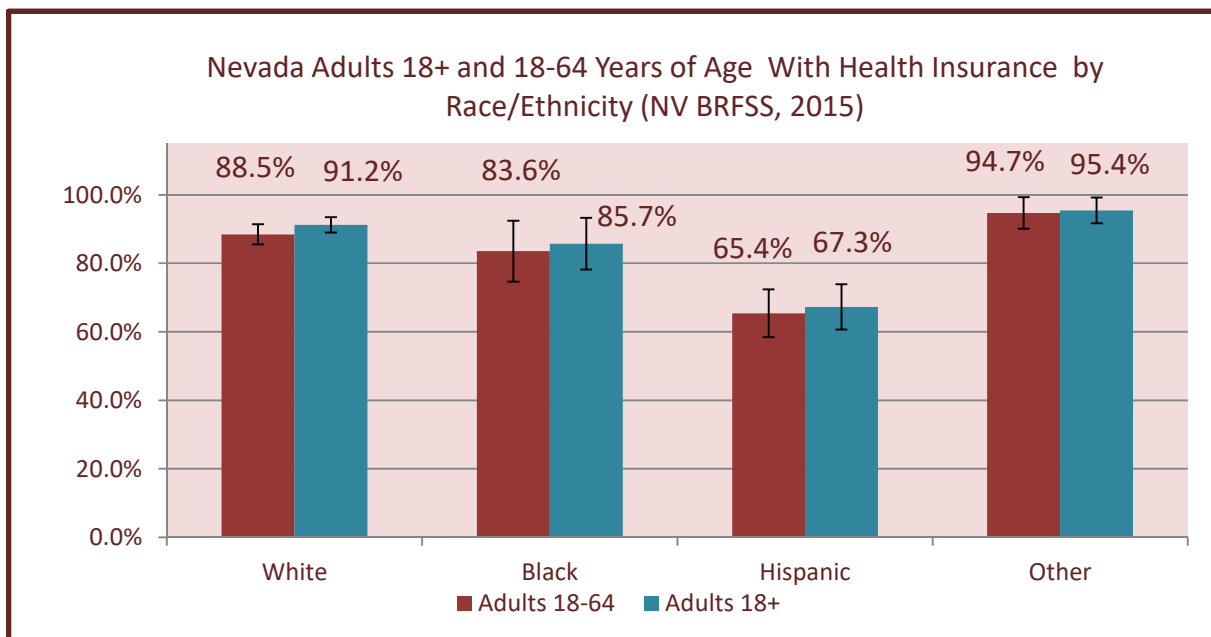


Figure 99: Nevada Adults 18+ and 18-64 Years of Age With Health Insurance by Race/Ethnicity (NV BRFSS, 2015).



Nevada Hispanics have a significantly lower prevalence of health insurance coverage compared to the other reported race/ethnicities.

Figure 100: Nevada Adults Who Have a Personal Doctor by Year (NV BRFSS, 2011-2015).

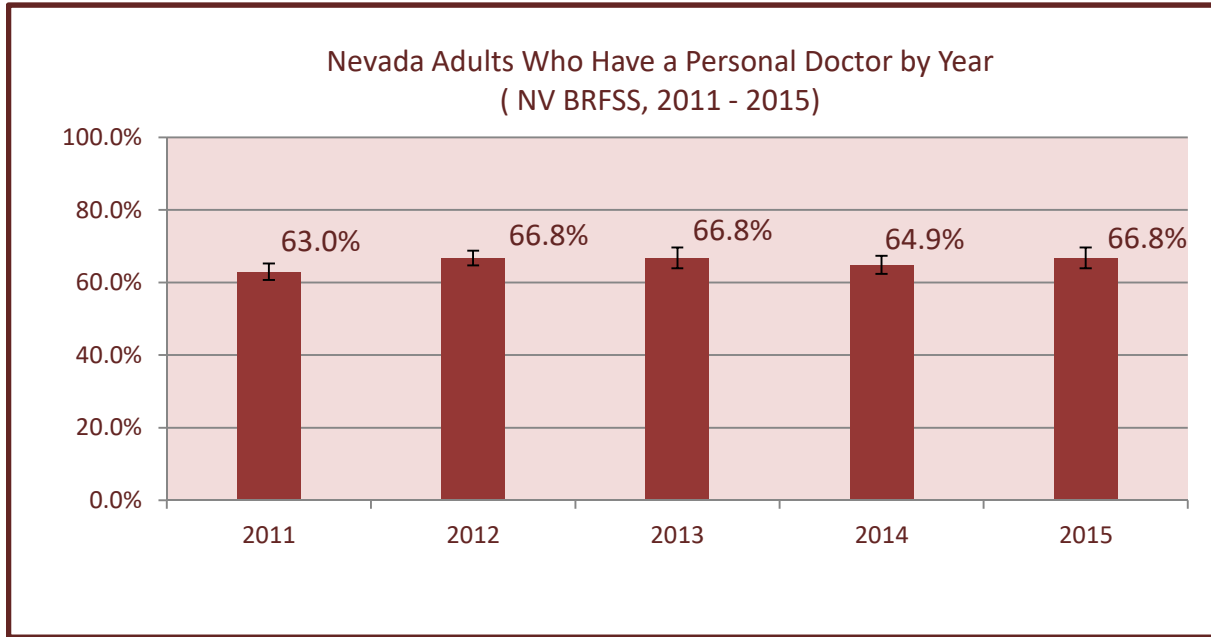
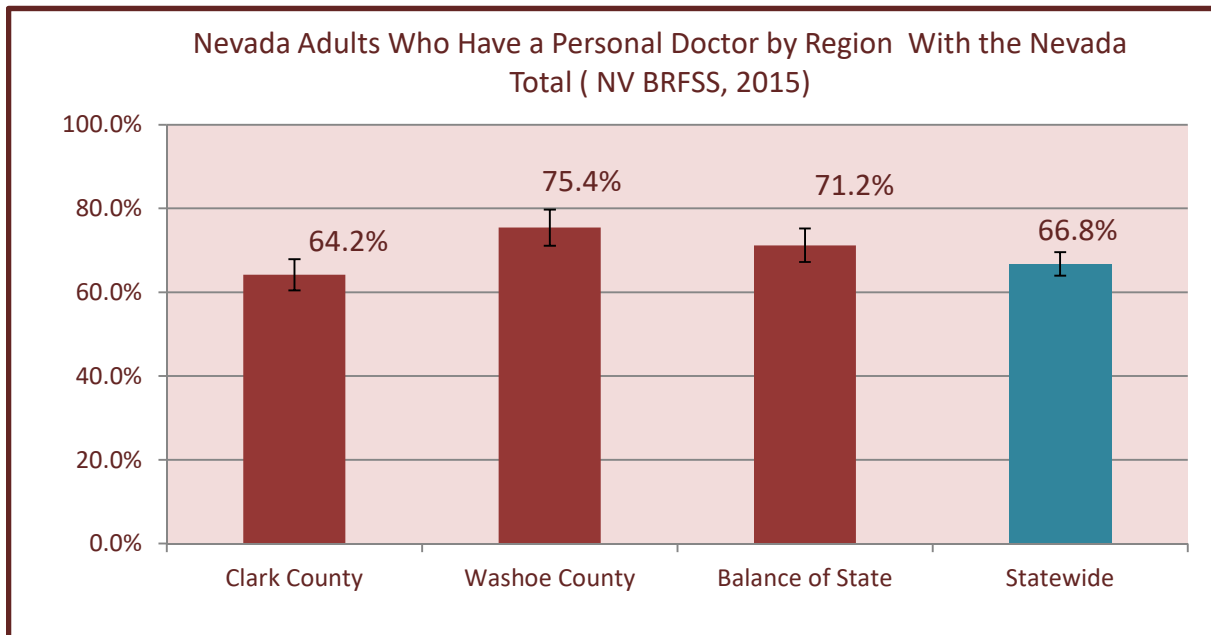
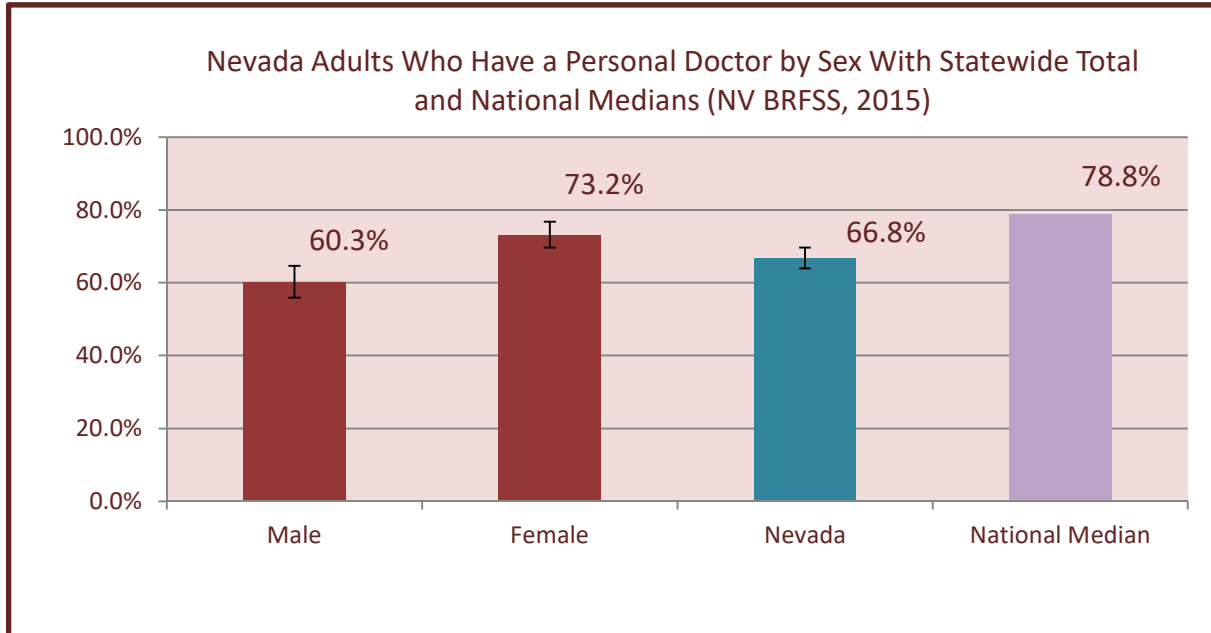


Figure 101: Nevada Adults Who Have a Personal Doctor by Region With the Nevada Total (NV BRFSS, 2015).



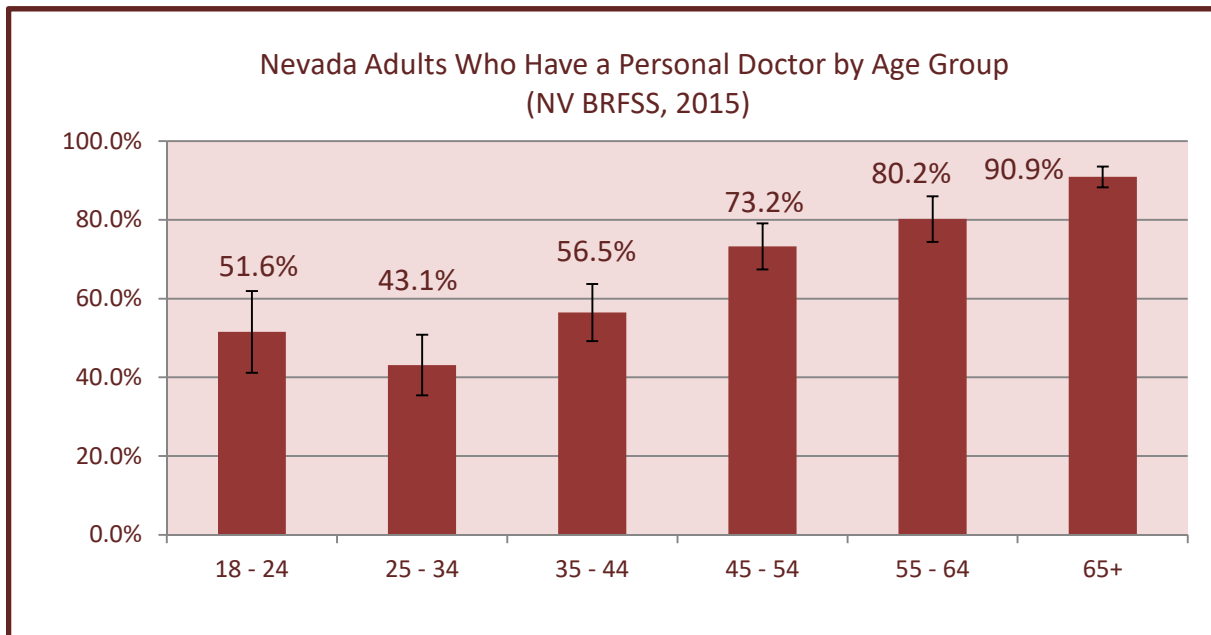
The prevalence rate for Nevada adults with a personal doctor is significantly lower in Clark County than Washoe County and the Balance of the State.

Figure 102: Nevada Adults Who Have a Personal Doctor by Sex With the Nevada Total and National Median (NV BRFSS, 2015).



The prevalence rate for Nevada adults with a personal doctor is significantly lower in males than females.

Figure 103: Nevada Adults Who Have a Personal Doctor by Age Group (NV BRFSS, 2015).



The prevalence of Nevadans with a personal doctor is significantly higher in the 65+ age group than all other age groups presumably due to Medicare coverage.

Figure 104: Nevada Adults Who Have a Personal Doctor by Income (NV BRFSS, 2015).

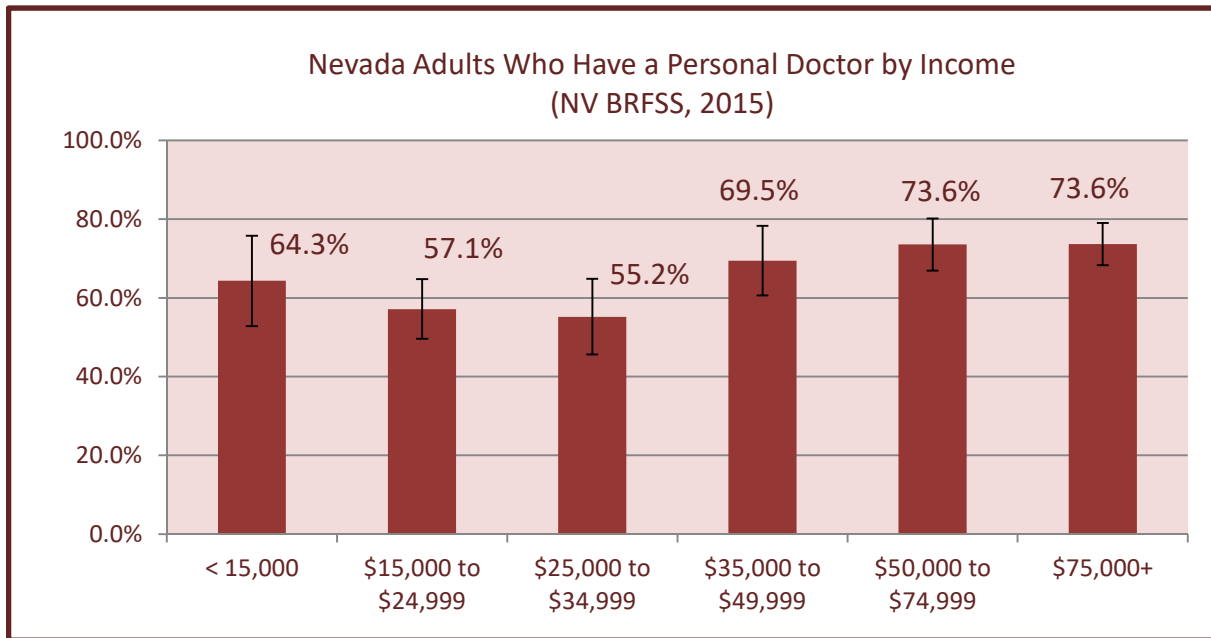
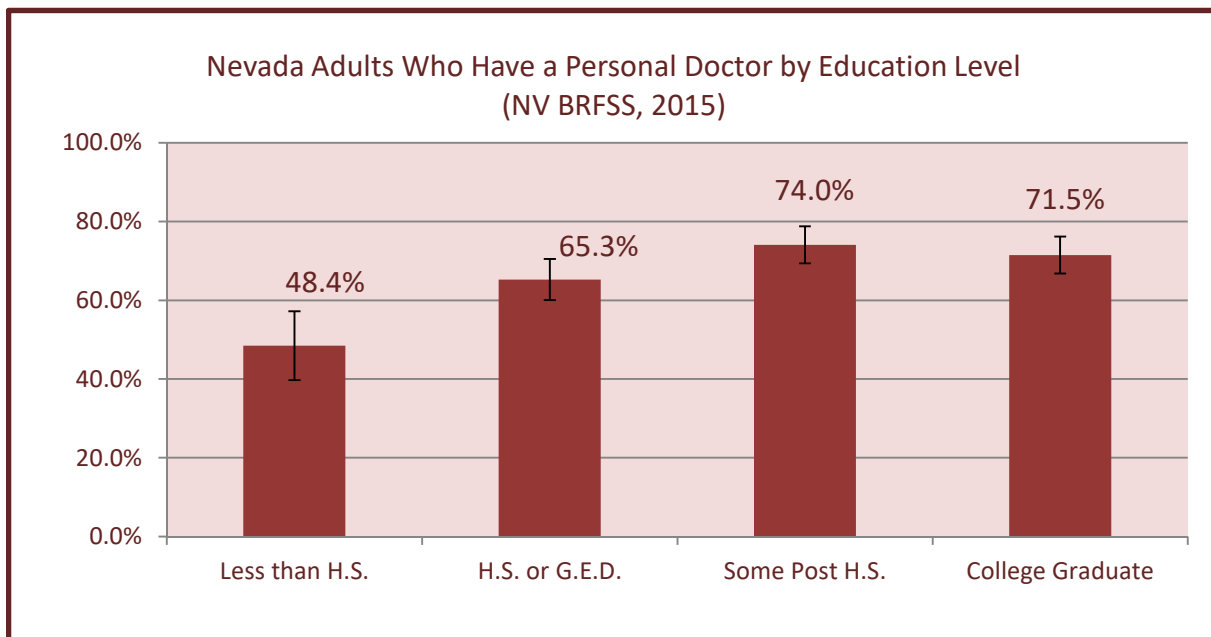
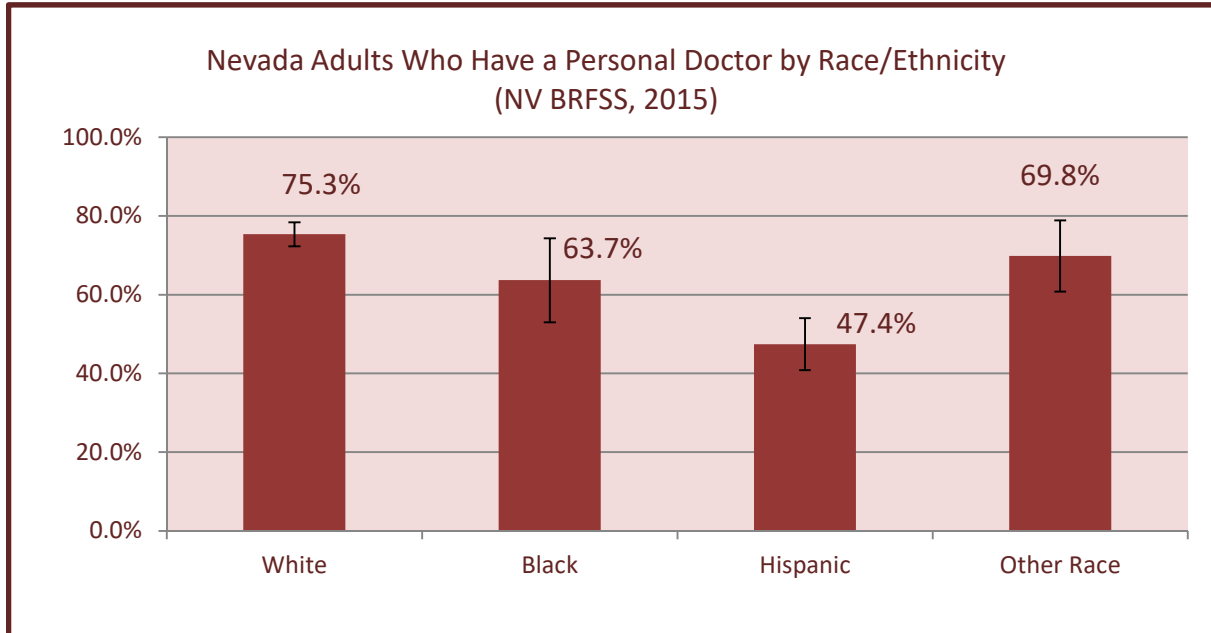


Figure 105: Nevada Adults Who Have a Personal Doctor by Education Level (NV BRFSS, 2015).



The prevalence of Nevadans with a personal doctor is significantly lower in individuals without a high school education than individuals with more education.

Figure 106: Nevada Adults Who Have a Personal Doctor by Race/Ethnicity (NV BRFSS, 2015).



Nevada Hispanics have a significantly lower prevalence for having a personal doctor than other racial/ethnic groups.

Figure 107: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by year (NV BRFSS, 2015).

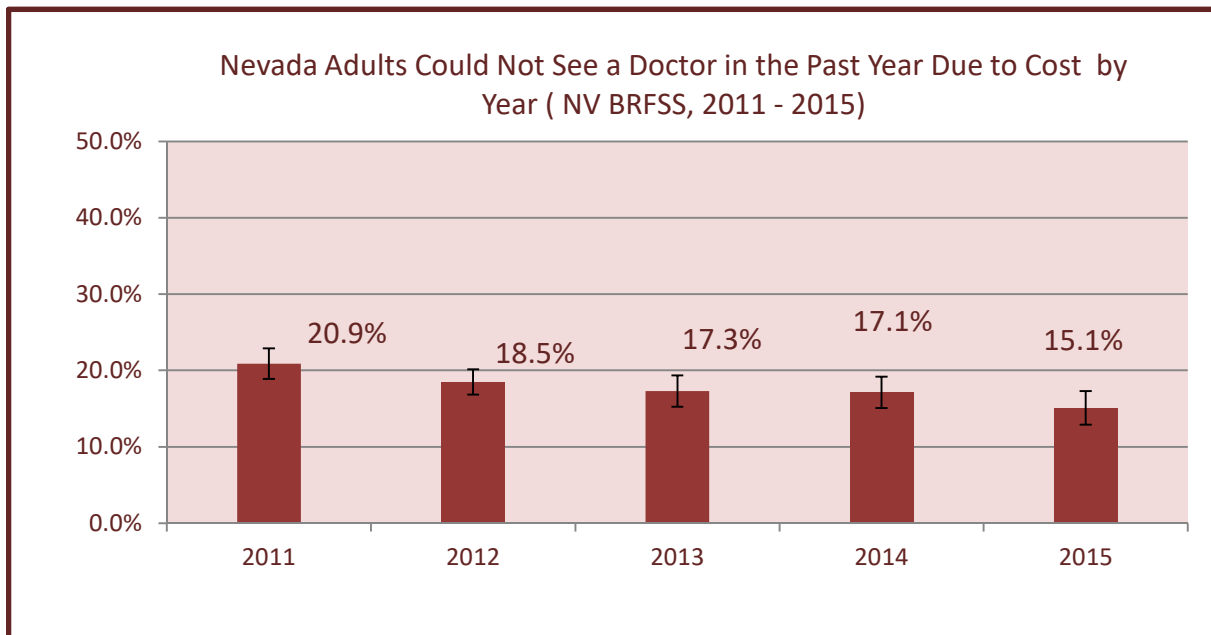


Figure 108: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Region With Nevada Total (NV BRFSS, 2015).

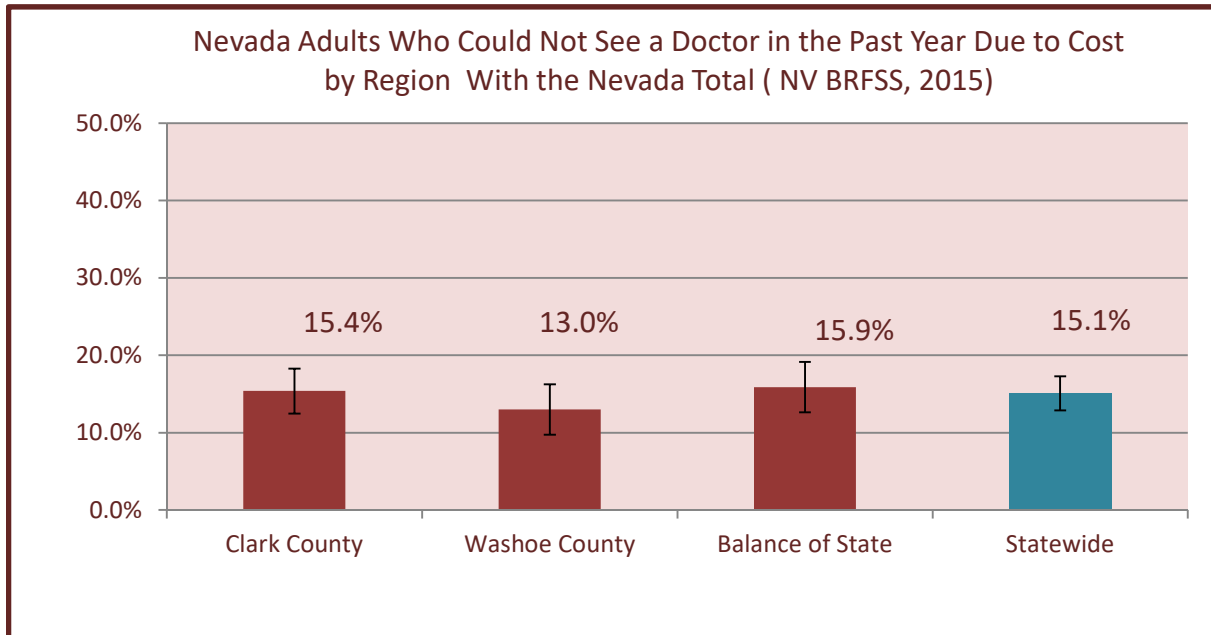
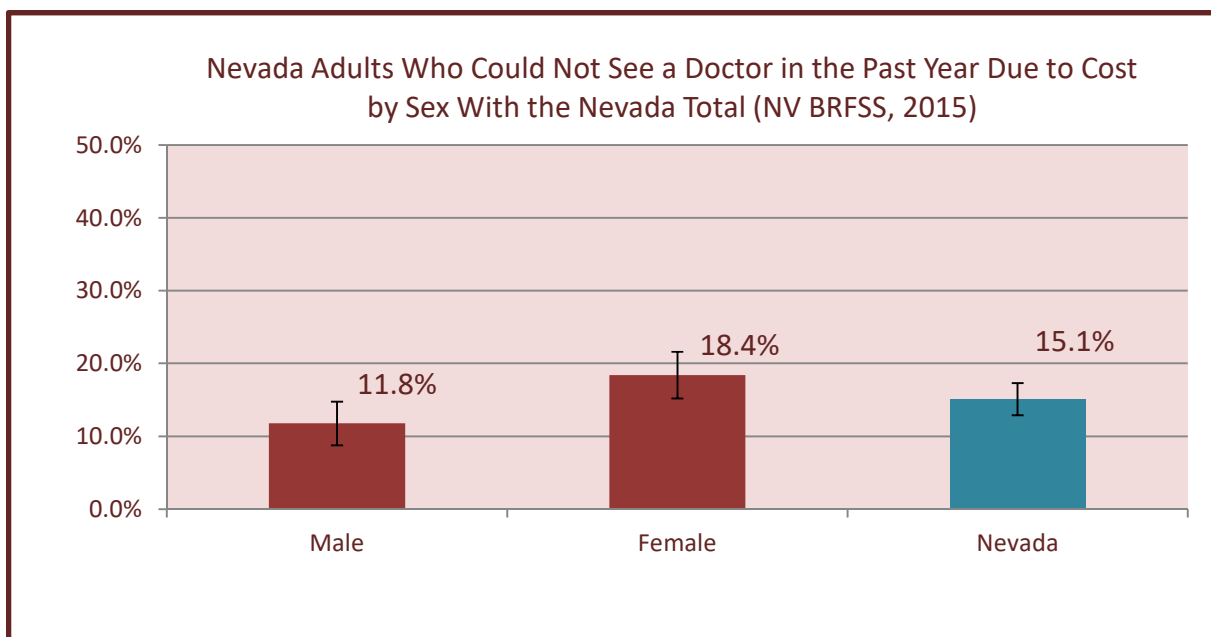
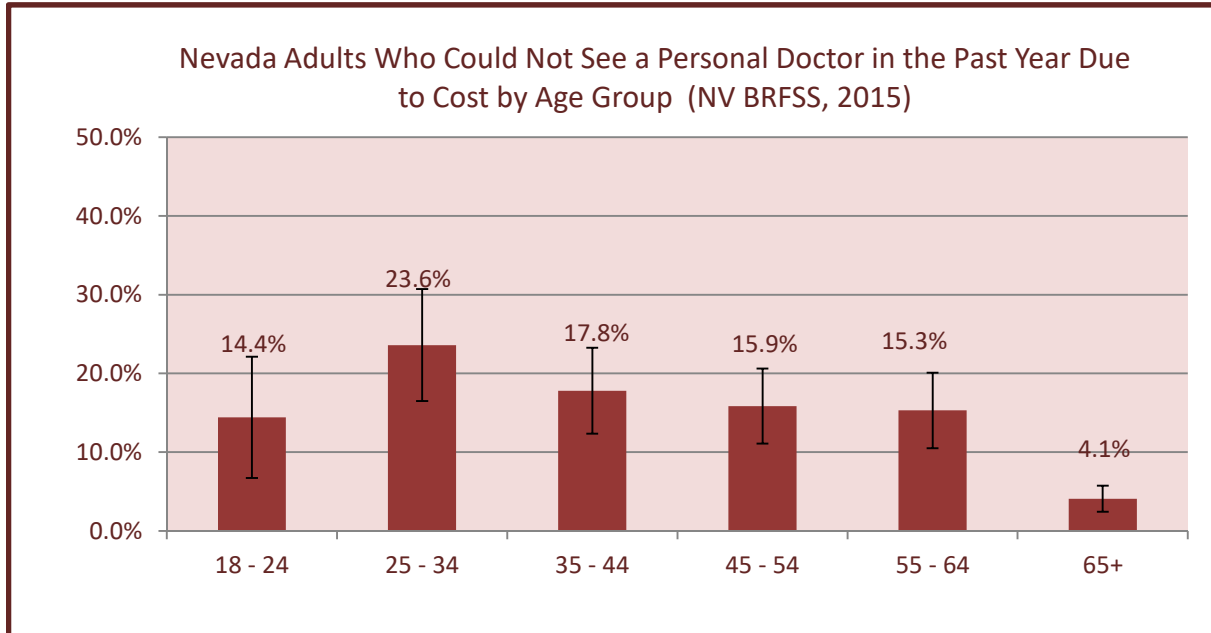


Figure 109: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Sex With the Statewide Total (NV BRFSS, 2015).



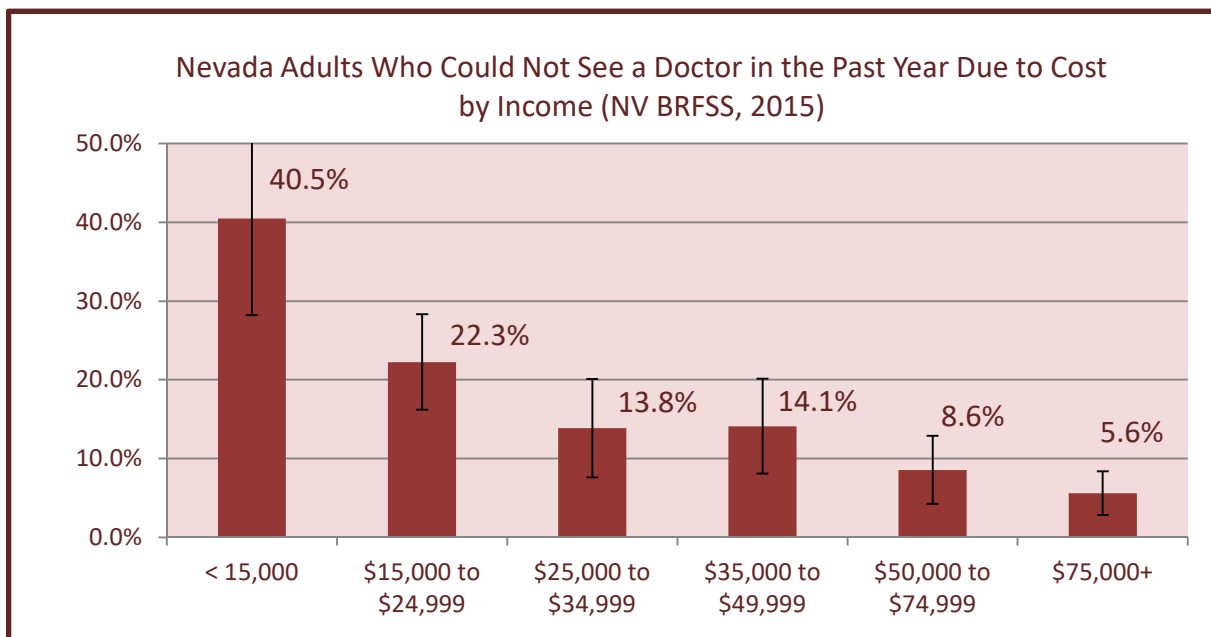
The prevalence of Nevada adults who could not see a doctor in the past year due to cost is significantly higher among females than males.

Figure 110: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Age group (NV BRFSS, 2015).



The prevalence of Nevada adults who could not see a doctor in the past year due to cost is significantly lower in the 65+ age group than all other age groups presumably due to Medicare coverage.

Figure 111: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Income (NV BRFSS, 2015).



The prevalence of Nevada adults who could not see a doctor in the past year due to cost is significantly higher in the lowest income bracket (<\$15,000) than all subsequent age groups.

Figure 112: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Education Level (NV BRFSS, 2015).

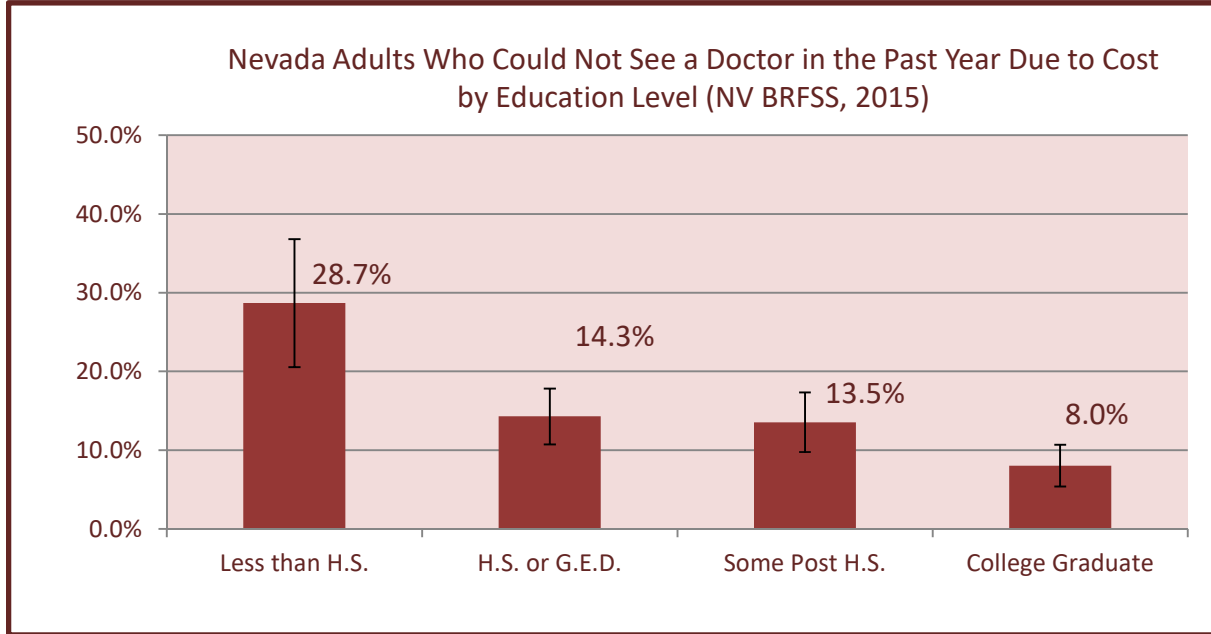


Figure 113: Nevada Adults Who Could Not See a Doctor in the Past Year Due to Cost by Race/Ethnicity (NV BRFSS, 2015).

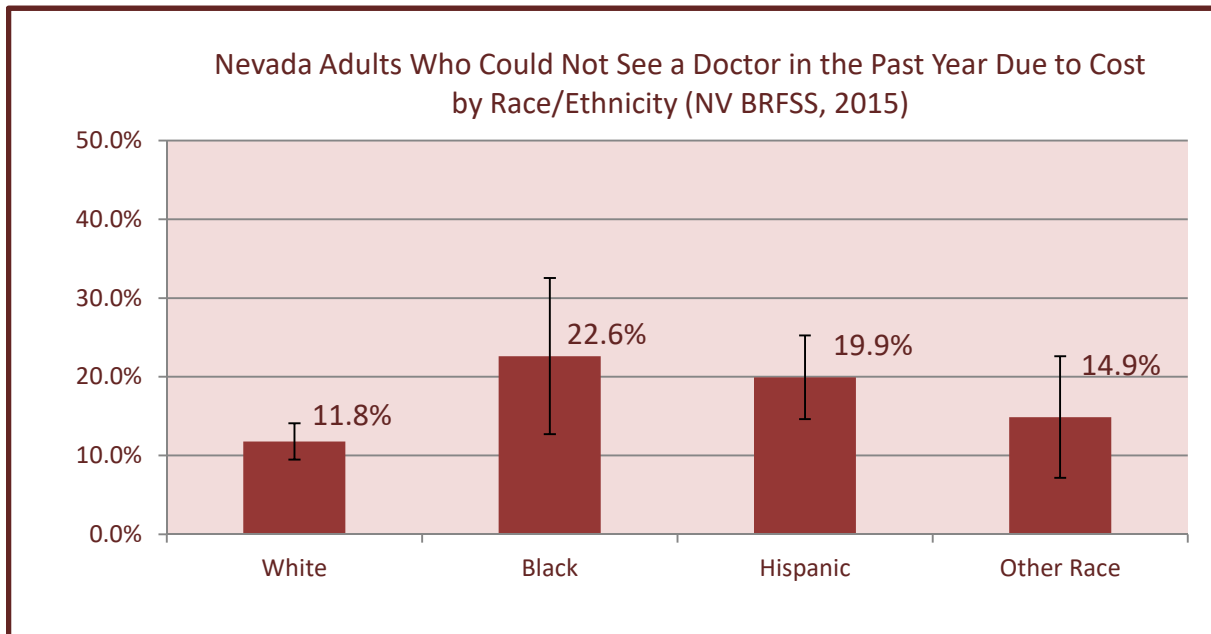


Figure 114: Time Since the Last Routine Checkup for Nevada Adults by Year (NV BRFSS, 2011-2015).

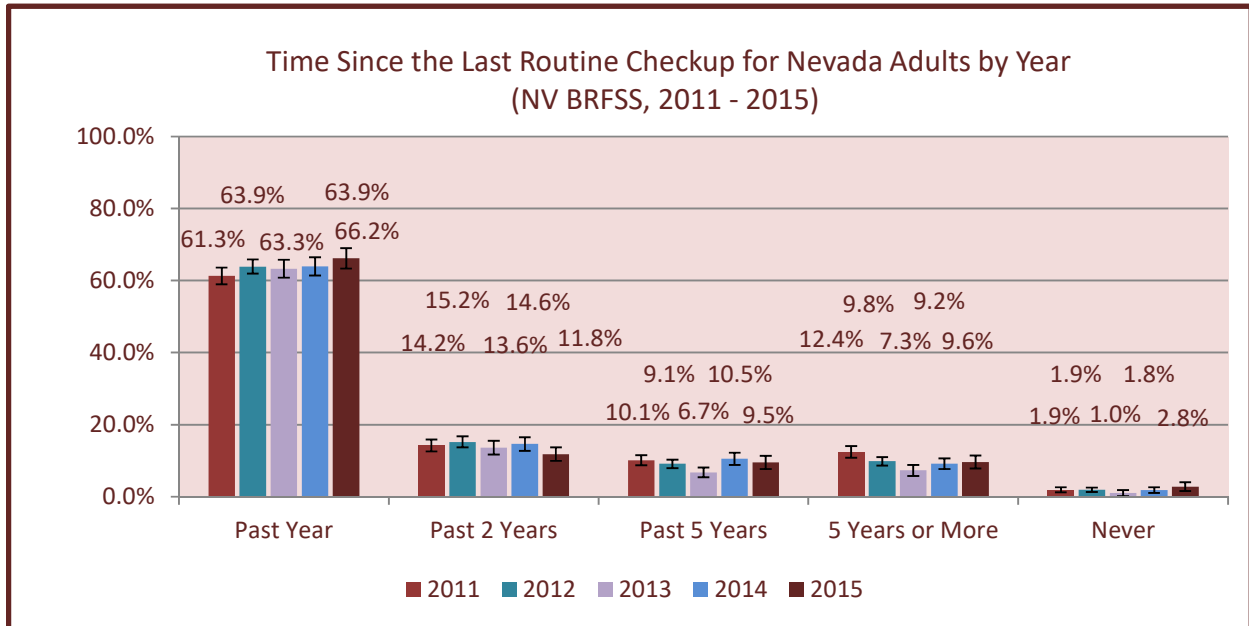


Figure 115: Time Since the Last Routine Checkup for Nevada Adults by Region With State Totals (NV BRFSS, 2015).

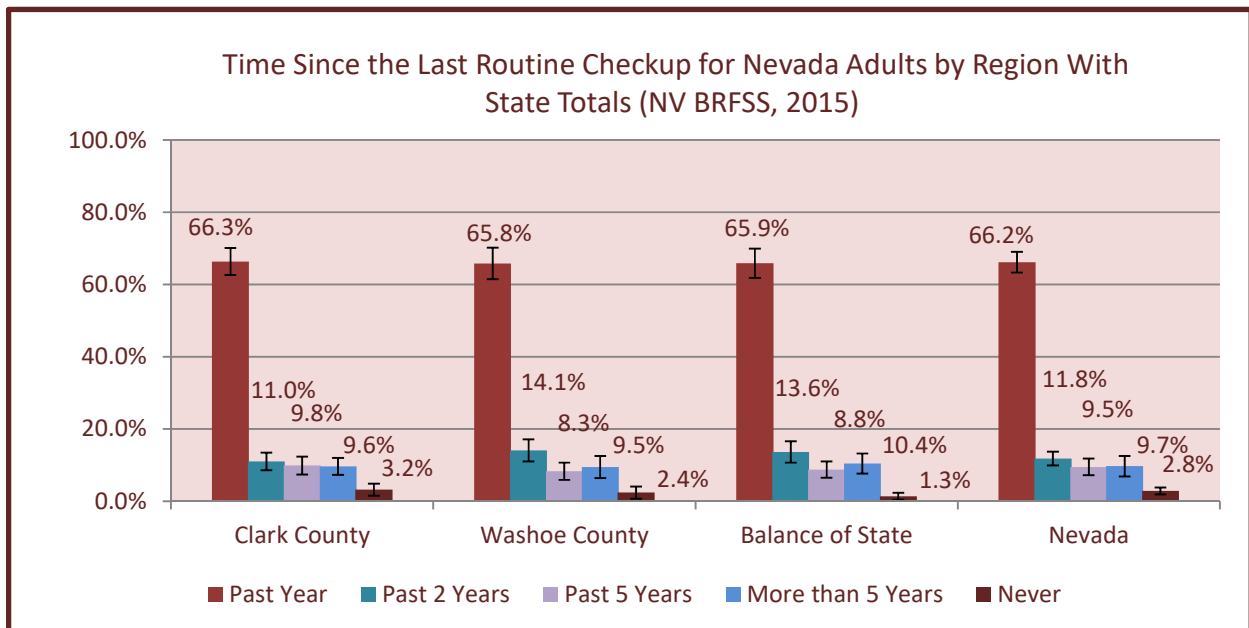


Figure 116: Time Since the Last Routine Checkup for Nevada Adults by Sex With State Totals (NV BRFSS, 2015).

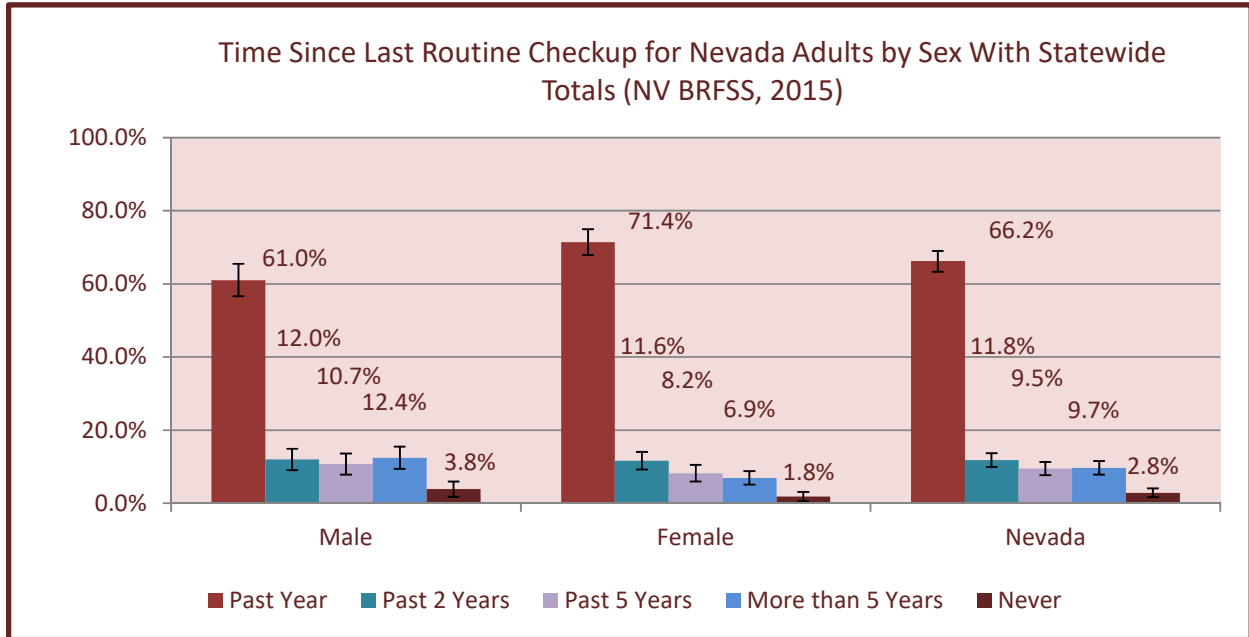
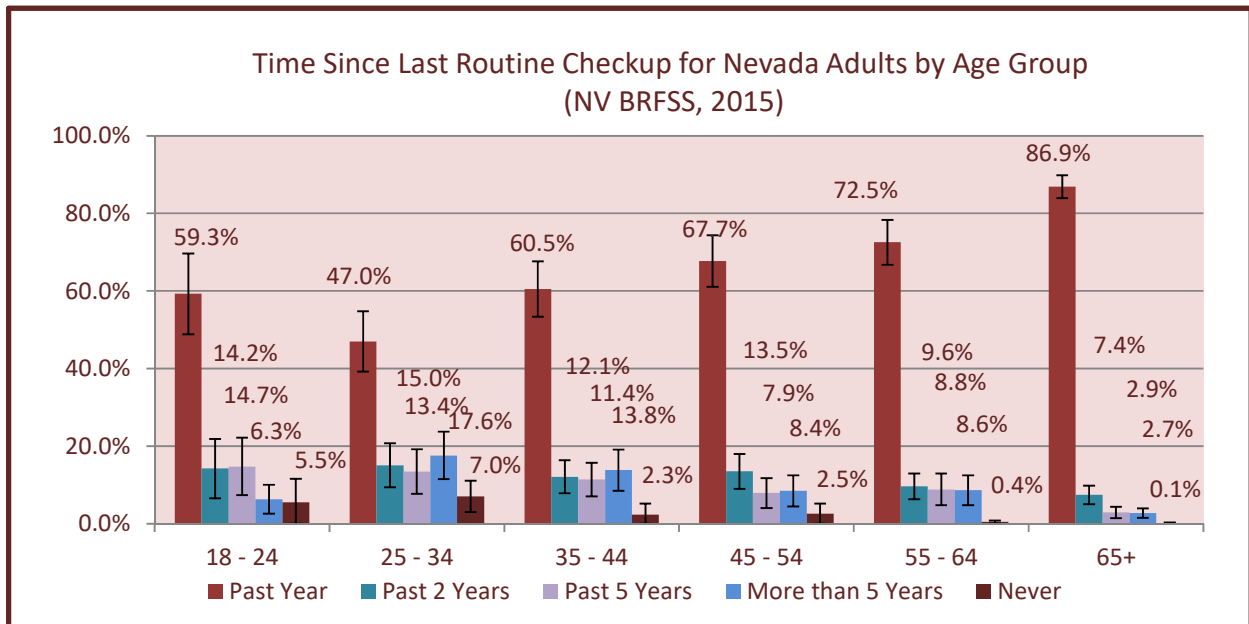


Figure 117: Time Since the Last Routine Checkup for Nevada Adults by Age Group (NV BRFSS, 2015).



The prevalence rate for Nevada adults having a routine checkup within the past year is significantly higher in the 65+ age group presumably due to Medicare.

Figure 118: Time Since the Last Routine Checkup for Nevada Adults by Income (NV BRFSS, 2015).

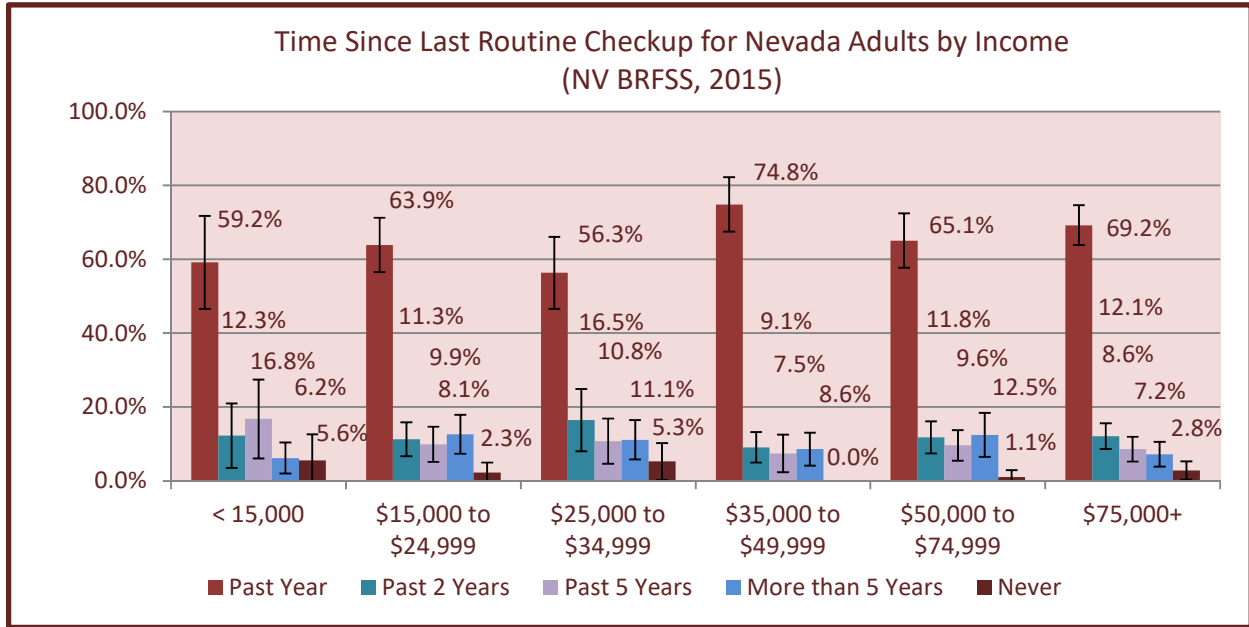


Figure 119: Time Since the Last Routine Checkup for Nevada Adults by Education Level (NV BRFSS, 2015).

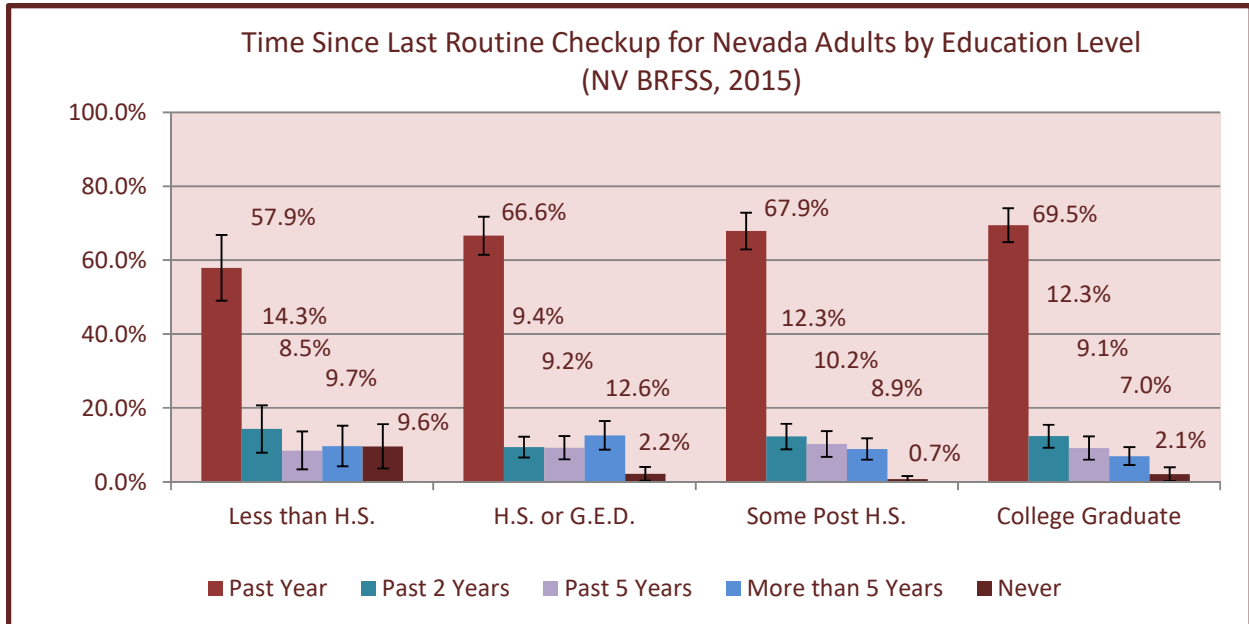
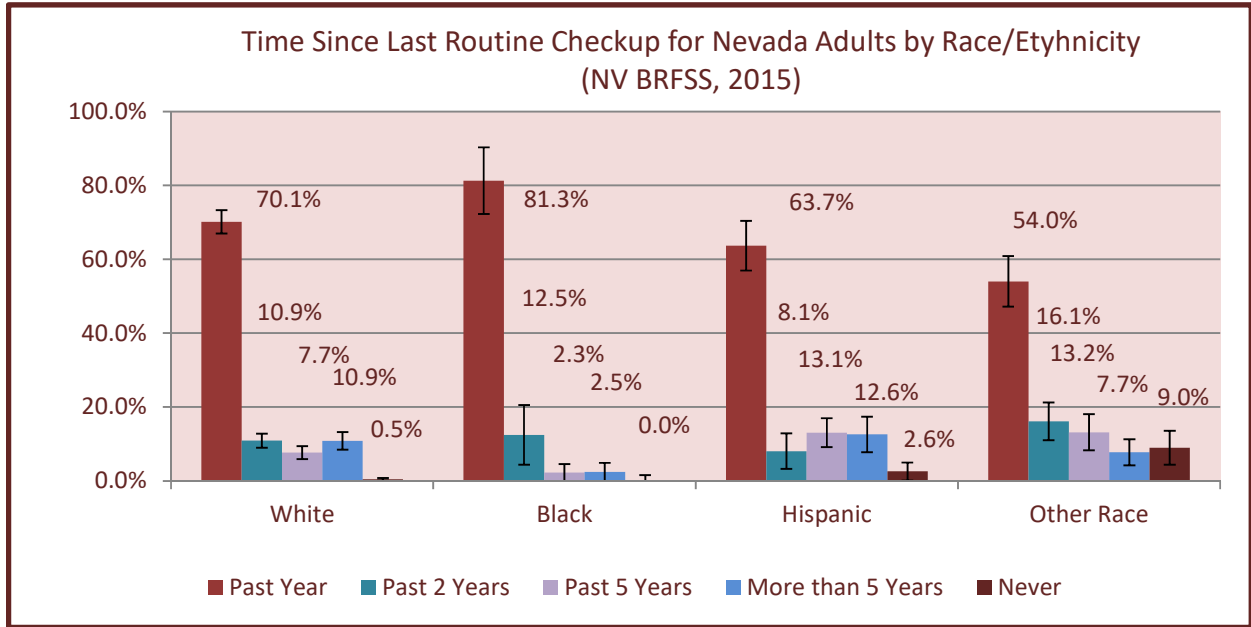


Figure 120: Time Since the Last Routine Checkup for Nevada Adults by Race/Ethnicity (NV BRFSS, 2015).



Section XIV: Immunization

Flu Immunization 65+ Years of Age: Nevada adults 65 years of age or older who have had a flu vaccination within the past year.

Flu Immunization 18-64 Years of Age: Nevada adults 18 to 64 years of age who have had a flu vaccination within the past year.

Pneumonia Vaccination 65+: Nevada adults 65 years of age or older who have ever had a pneumonia vaccination.

Vaccines are biological substances that interact with the person’s immune system to produce an immune response identical to that produced by the natural infections. Vaccines can prevent the debilitating and, in some cases, fatal effects of infectious disease.

Vaccines protect more than the vaccinated individual. They also protect society. Those unable to be vaccinated are also protected because of group immunity (they live among vaccinated persons who may offer protection from exposure to disease).^{1, 2}

Nevada’s flu and pneumonia vaccination rate for adults 65+ was estimated at 54.3% and 70.1% respectively, compared to the national estimates of 61.3% for flu vaccination and 72.7% for pneumonia vaccination in 2015. These values are well below the Healthy People 2020 target rate of 90%.

Table 11: Selected Immunization Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
Nevada adults 65 years of age or older who have had a flu vaccination within the past year.	54.3%	61.3%
Nevada adults 65 years of age or older who have ever had a pneumonia vaccination.	70.1%	72.7%
Nevada adults 18 - 64 years of age or older who have had a flu vaccination within the past year.	26.9%	37.6%

Figure 121: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Year with the Healthy People 2020 Targets (NV BRFSS, 2011-2015).

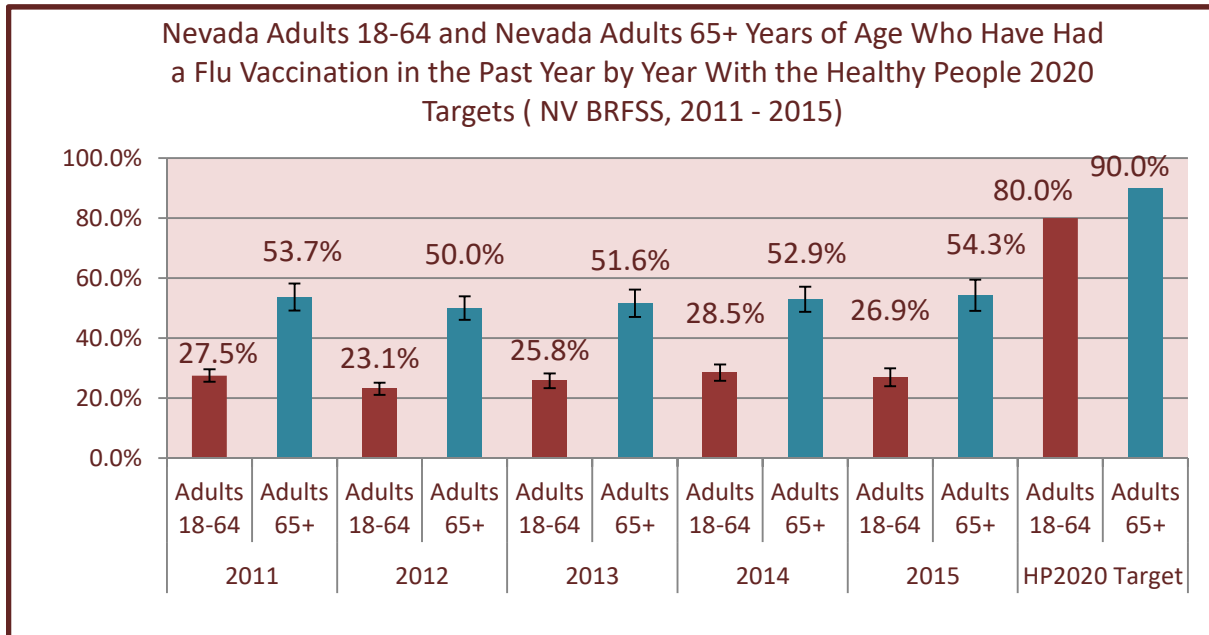


Figure 122: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Region with Nevada Totals (NV BRFSS, 2015).

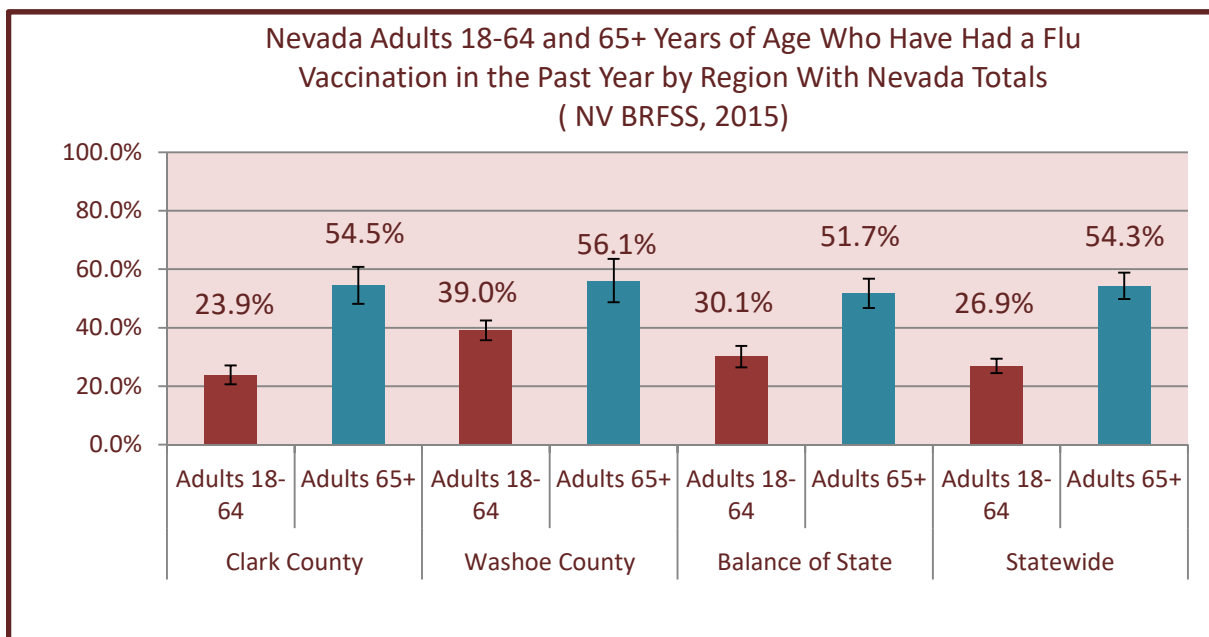
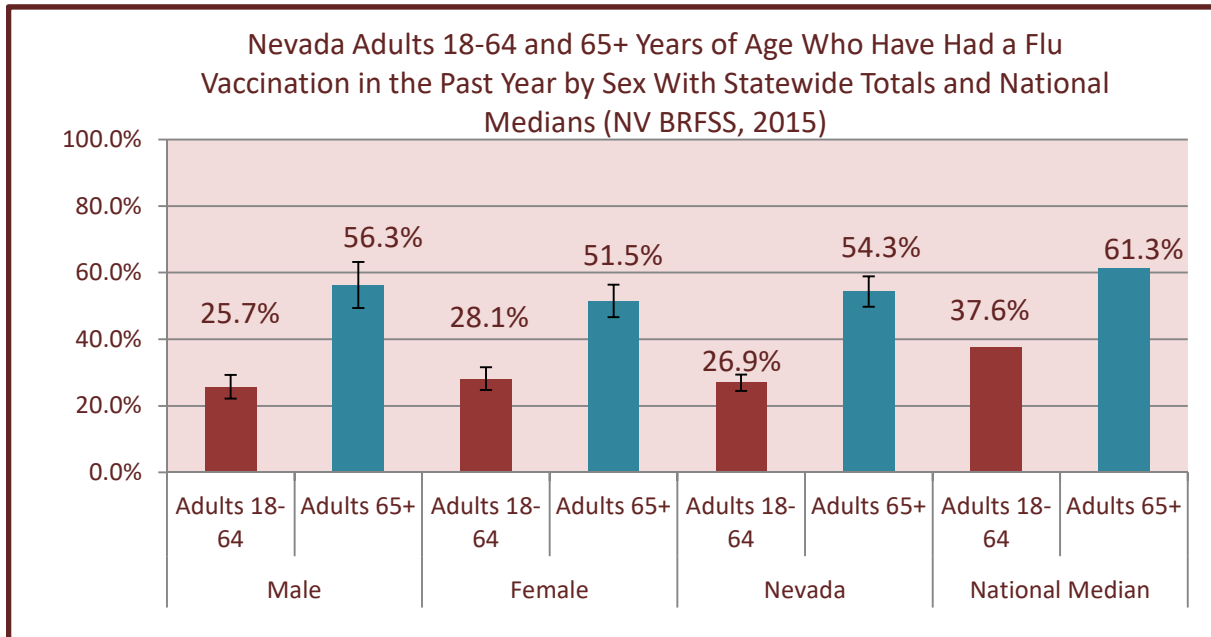
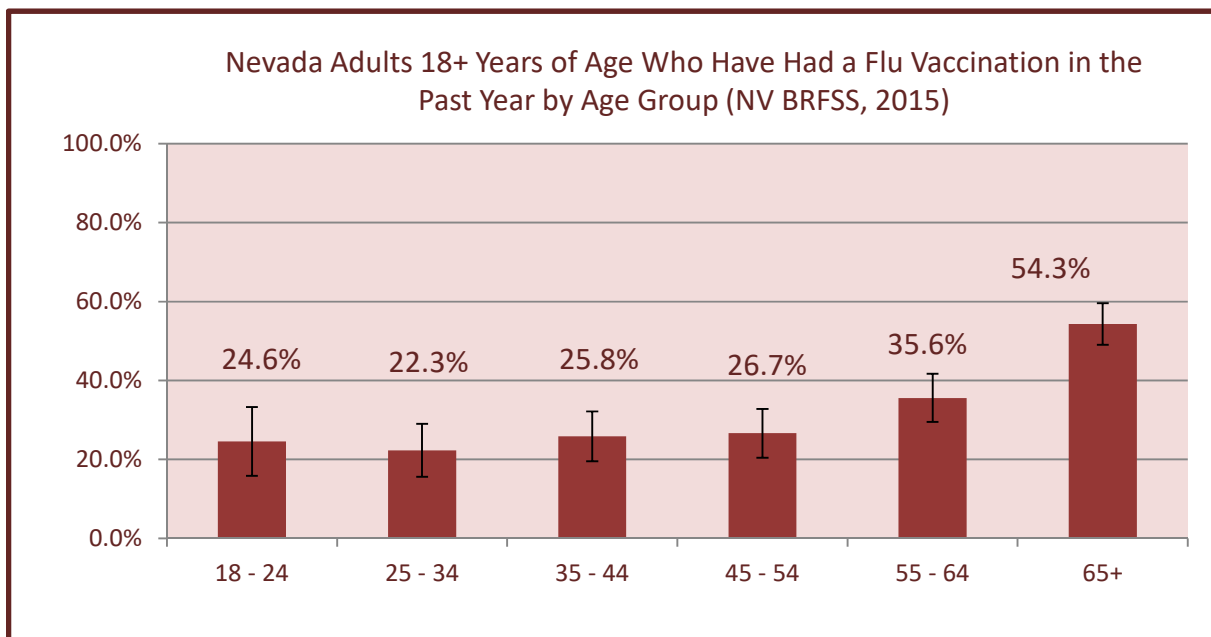


Figure 123: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Sex With Statewide Totals and National Medians (NV BRFSS, 2015).



The prevalence of influenza immunizations in Nevada adults ages 18 – 64 is below the national median.

Figure 124: Nevada Adults 18+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Age Group (NV BRFSS, 2015).



Nevada adults 65+ years of age and older have a significantly higher prevalence rate of influenza immunizations within the past year than the younger age groups.

Figure 125: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Income (NV BRFSS, 2015).

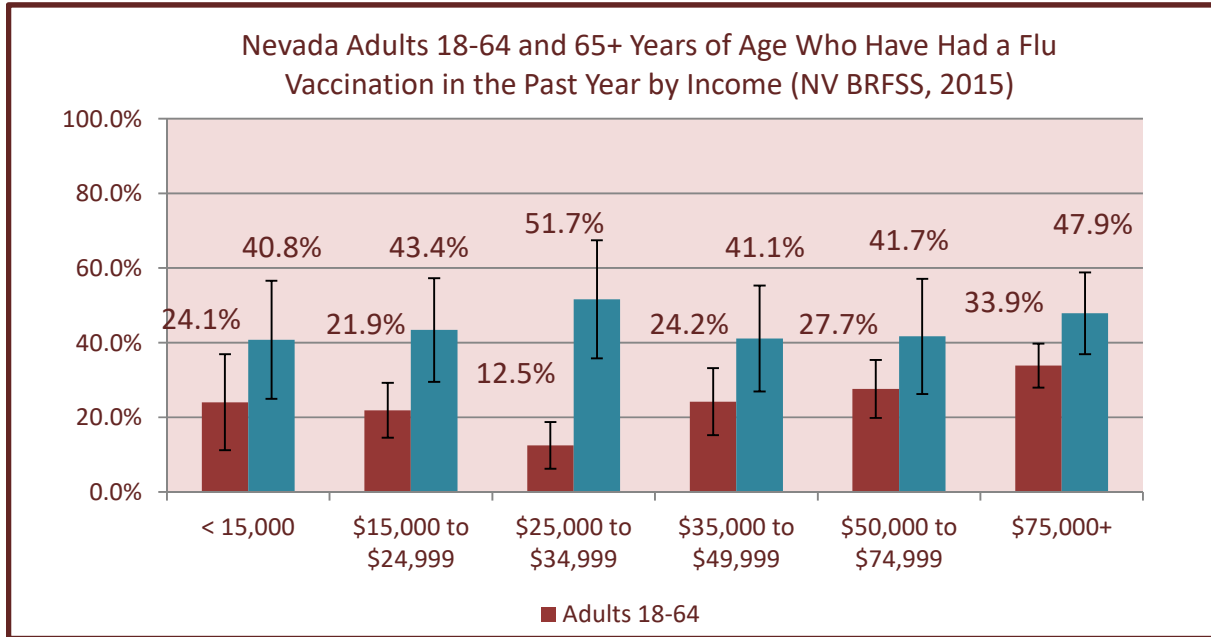


Figure 126: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Education Level (NV BRFSS, 2015).

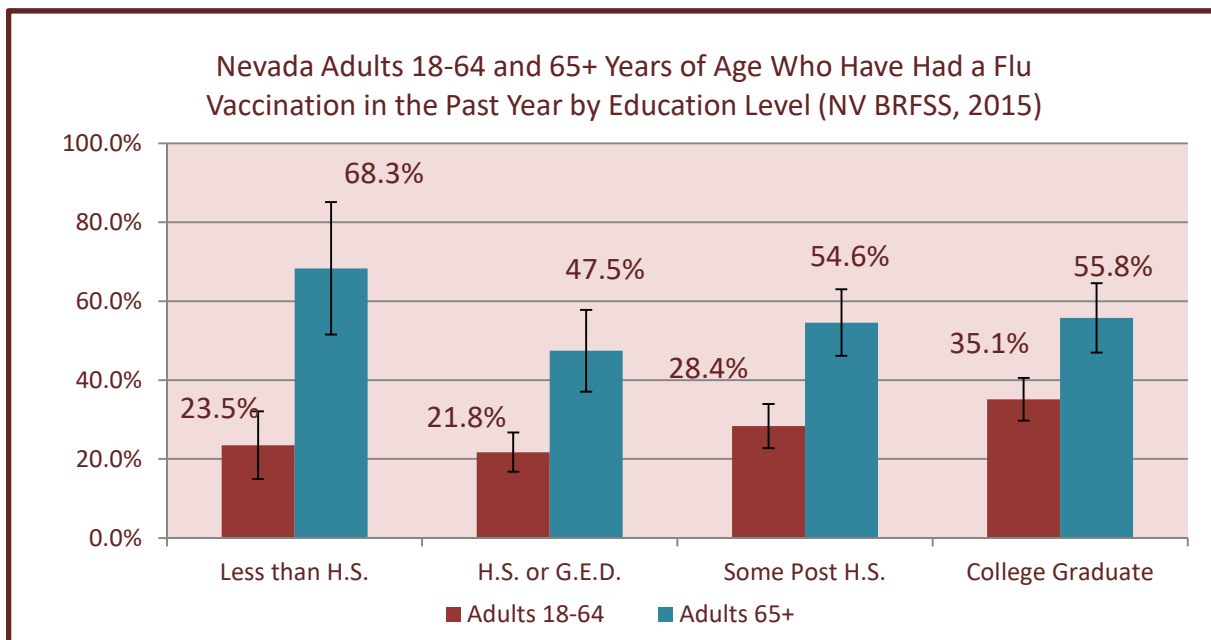


Figure 127: Nevada Adults 18-64 and 65+ Years of Age Who Have Had a Flu Vaccination in the Past Year by Race/Ethnicity (NV BRFSS, 2015).

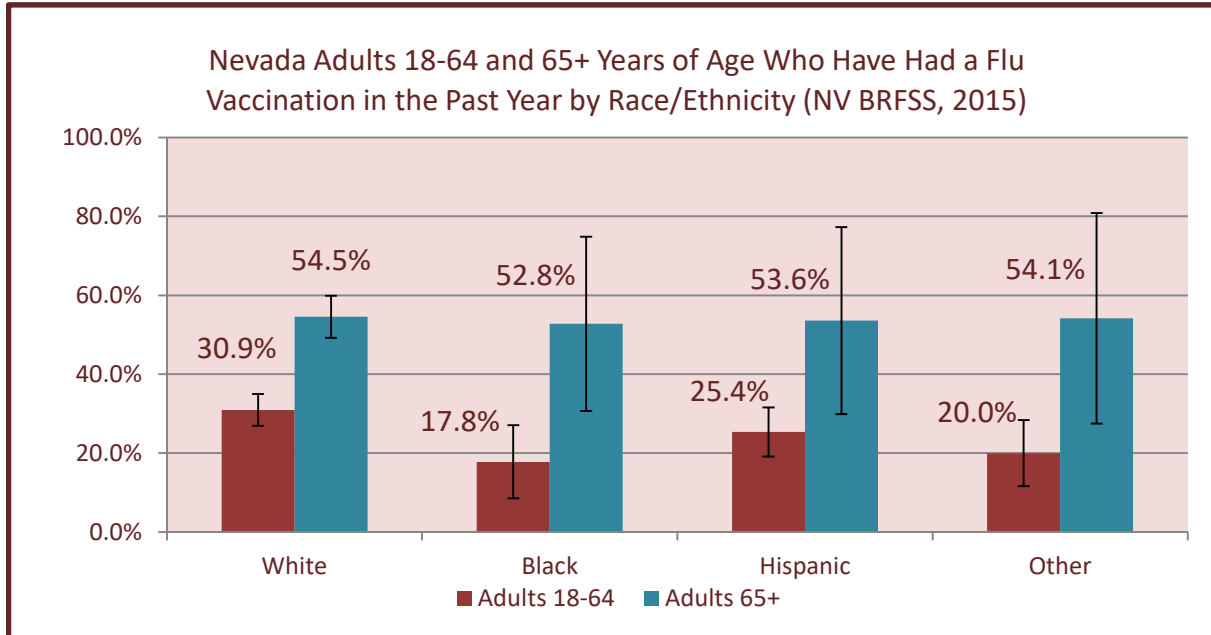


Figure 128: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Year (NV BRFSS, 2011-2015).

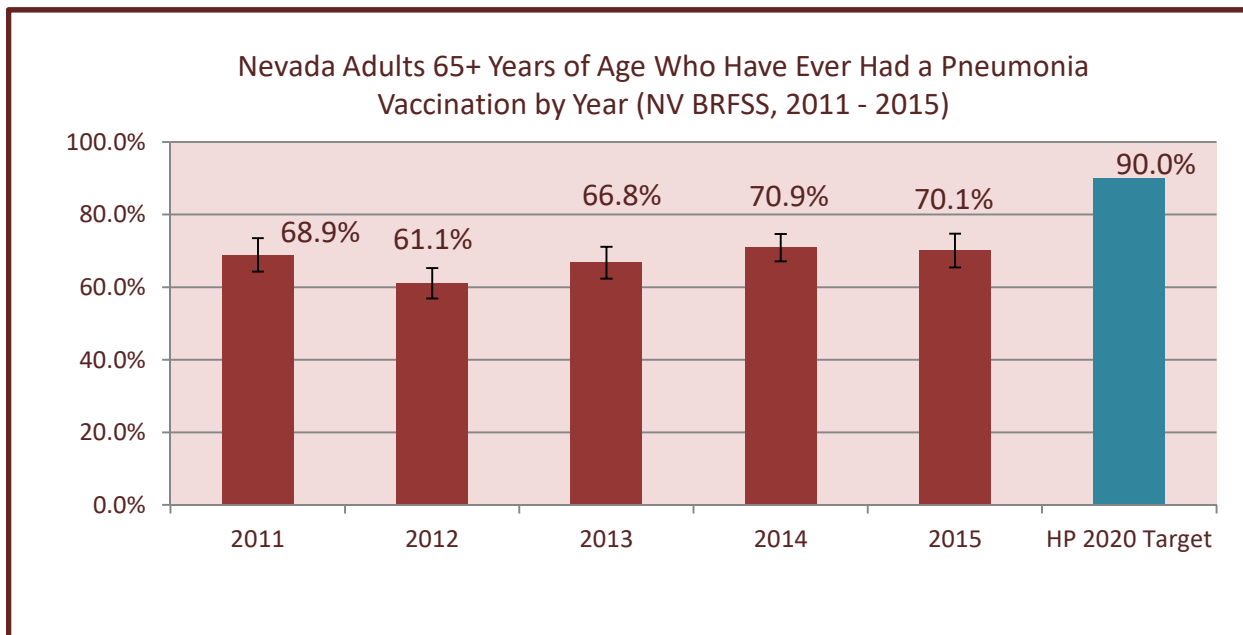


Figure 129: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Region (NV BRFSS, 2015).

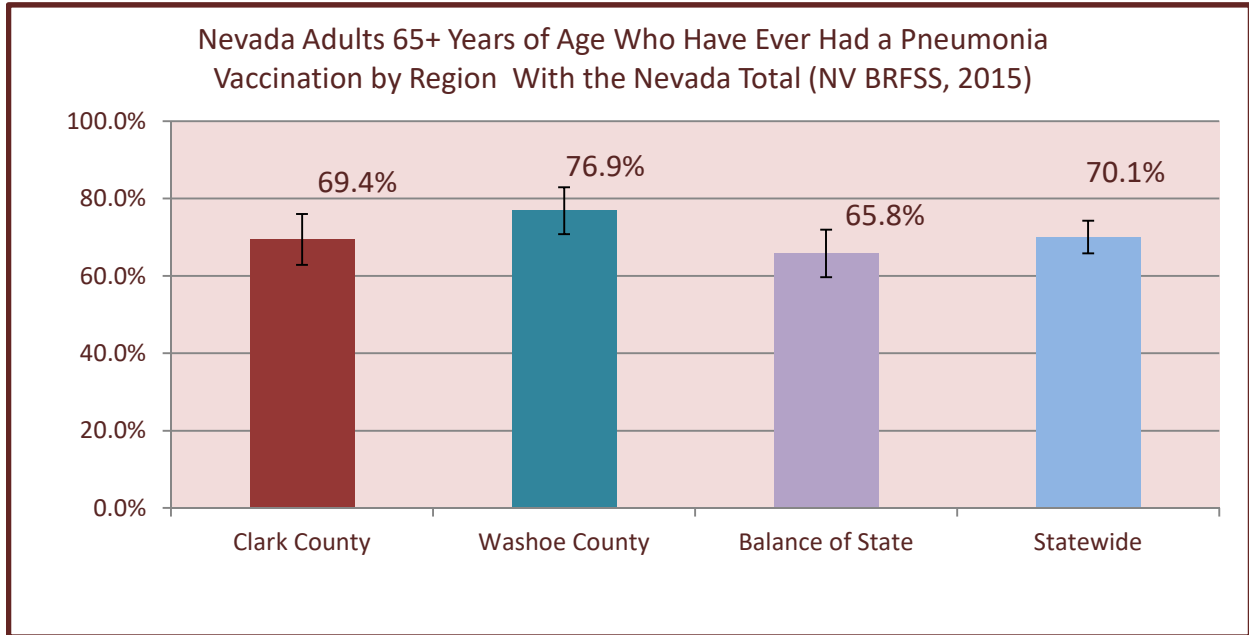


Figure 130: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Sex With the Statewide Total and National Medians (NV BRFSS, 2015).

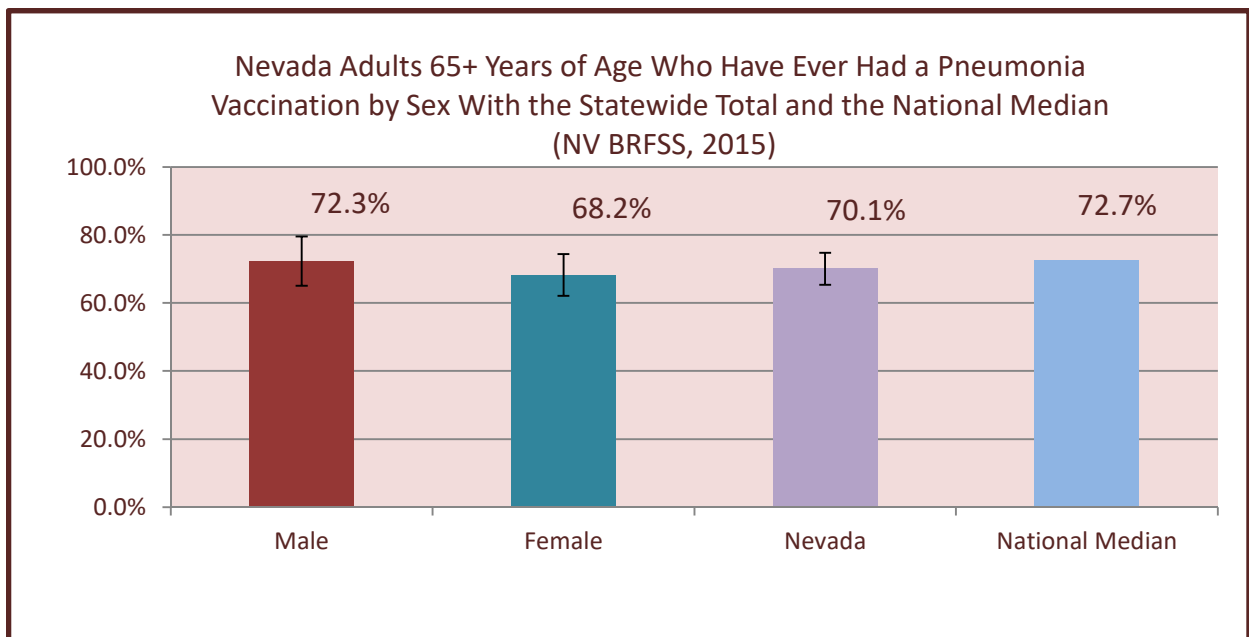


Figure 131: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Income (NV BRFSS, 2015).

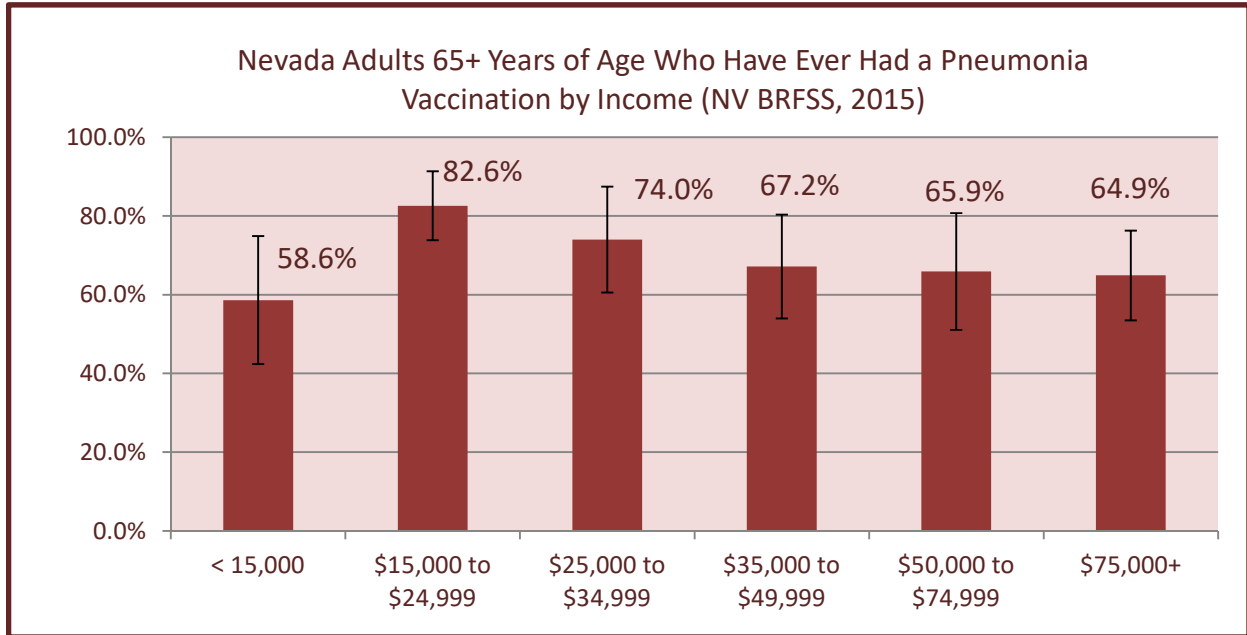
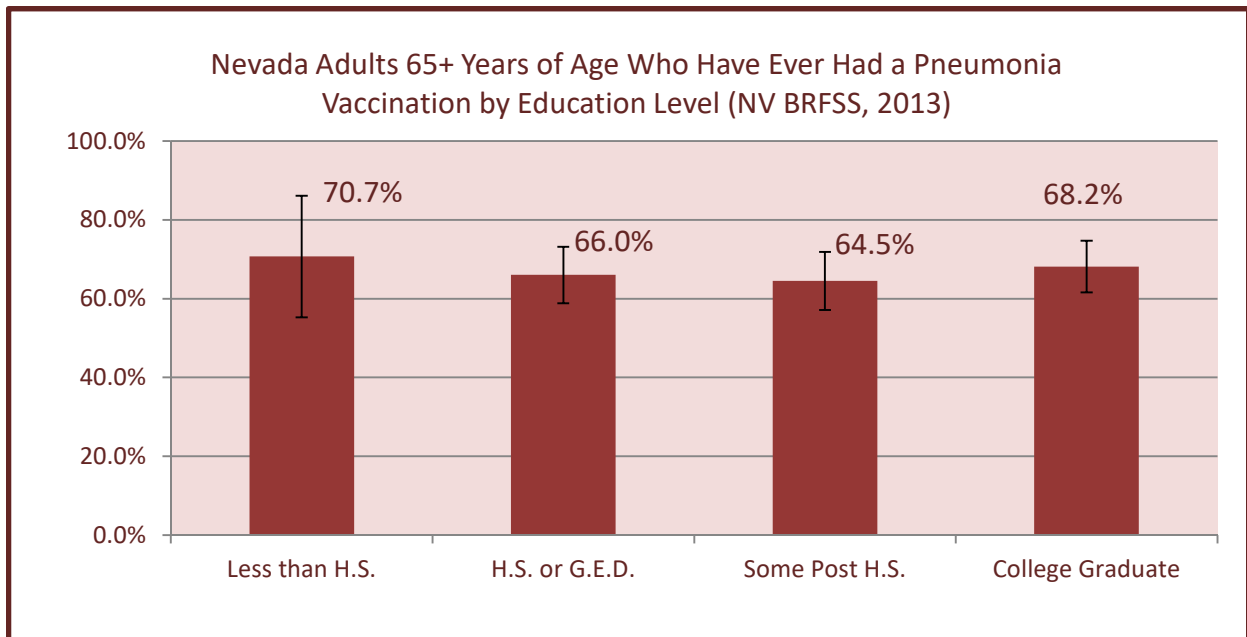


Figure 132: Nevada Adults 65+ Years of Age Who Have Ever Had a Pneumonia Vaccination by Education Level (NV BRFSS, 2015).



Section XV: Tobacco

Current Smokers: Defined as having smoked at least 100 cigarettes in their lifetime and currently smoke.

Four Levels of Smoking: Smoke every day, smoke some days, former smoker and never smoked.

Although there is a significant difference in smoking prevalence among Nevada adults from 2011 to 2015 (from 22.9% to 17.5%), it is still higher than the Healthy People 2020 target of 12.0%.

Smoking causes approximately 90% of all lung cancer deaths in males and 80% in females, as well as 90% of deaths from chronic obstructive lung disease.¹

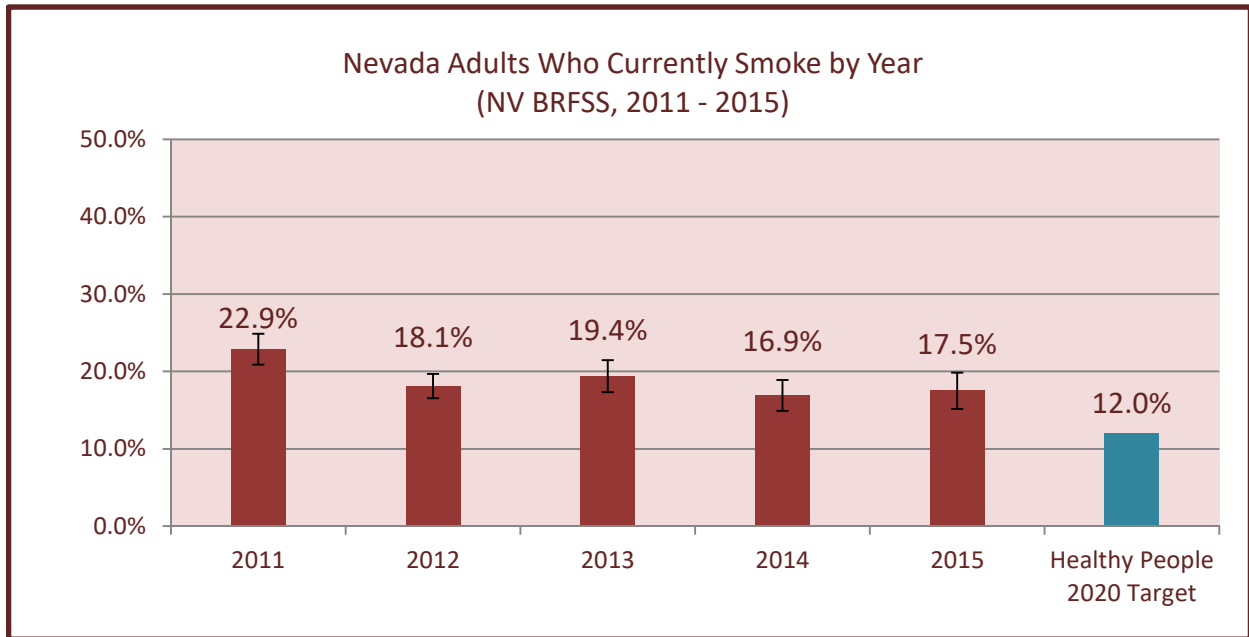
Smoking also causes coronary heart disease which is the leading cause of death in the United States. In addition, smoking causes emphysema, bronchitis, and chronic airway obstruction by damaging the airways and alveoli (i.e. small air sacs) of the lungs.²

The Surgeon General concluded that secondhand smoke causes disease and premature death in children and adults who do not smoke, and that children exposed to second hand smoke are at increased risk for Sudden Infant Death Syndrome (SIDS), acute respiratory infections, ear problems, and more severe asthma. The Surgeon General also concluded there is no risk-free level of exposure to secondhand smoke.²

Table 12: Selected Tobacco Indicators for Nevada and the United States (BRFSS 2015)

Health Indicator	Nevada	U.S. & D.C. Median
1. Current Smokers	19.4%	19.0%
2. Four Smoking Levels		
A. Smoke Every Day	13.2%	13.4%
B. Smoke Some Days	6.2%	5.4%
C. Former Smoker	22.5%	25.3%
D. Never Smoked	58.1%	55.0%
3. Adults Using Electronic Cigarettes at Least Once in the Past 30 Days	5.8%	N/A
A. Male	7.0%	N/A
B. Female	4.8%	N/A

Figure 133: Nevada Adults Who Currently Smoke by Year (NV BRFSS, 2011-2015).



There is a significant difference in smoking prevalence among Nevada adults from 2011 to 2015 (from 22.9% to 17.5%),

Figure 134: Nevada Adults Who Currently Smoke by Region With the Nevada Total (NV BRFSS, 2015).

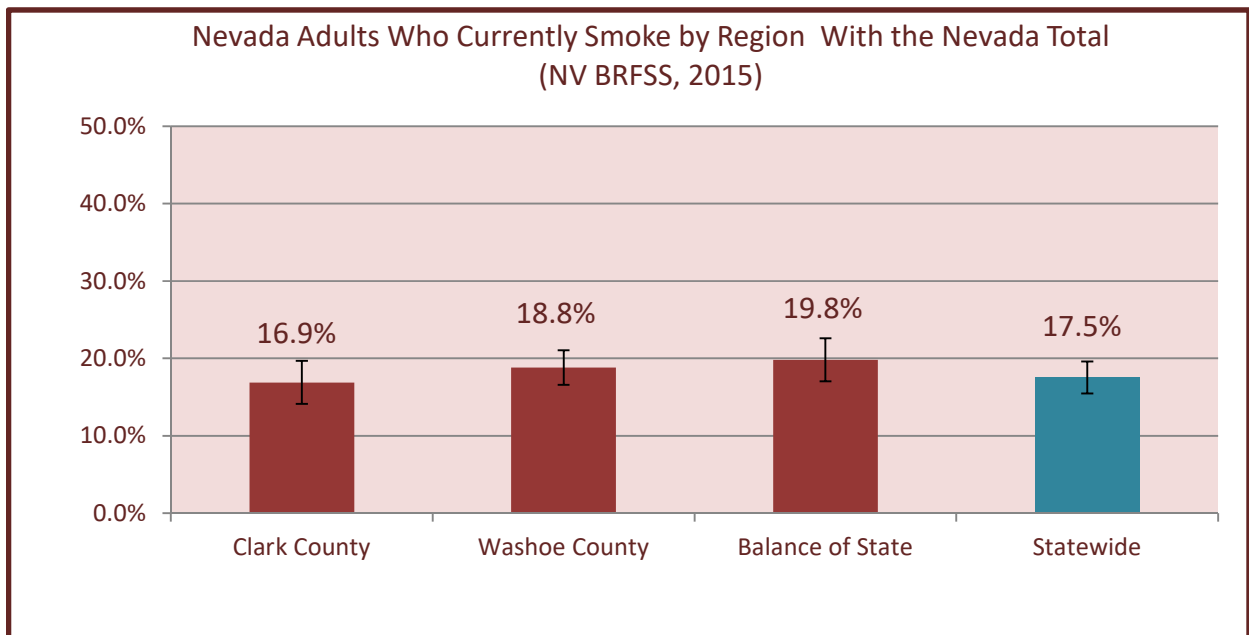


Figure 135: Nevada Adults Who Currently Smoke by Sex With the Statewide Total, National Median and the Healthy People 2020 Target (NV BRFSS, 2015).

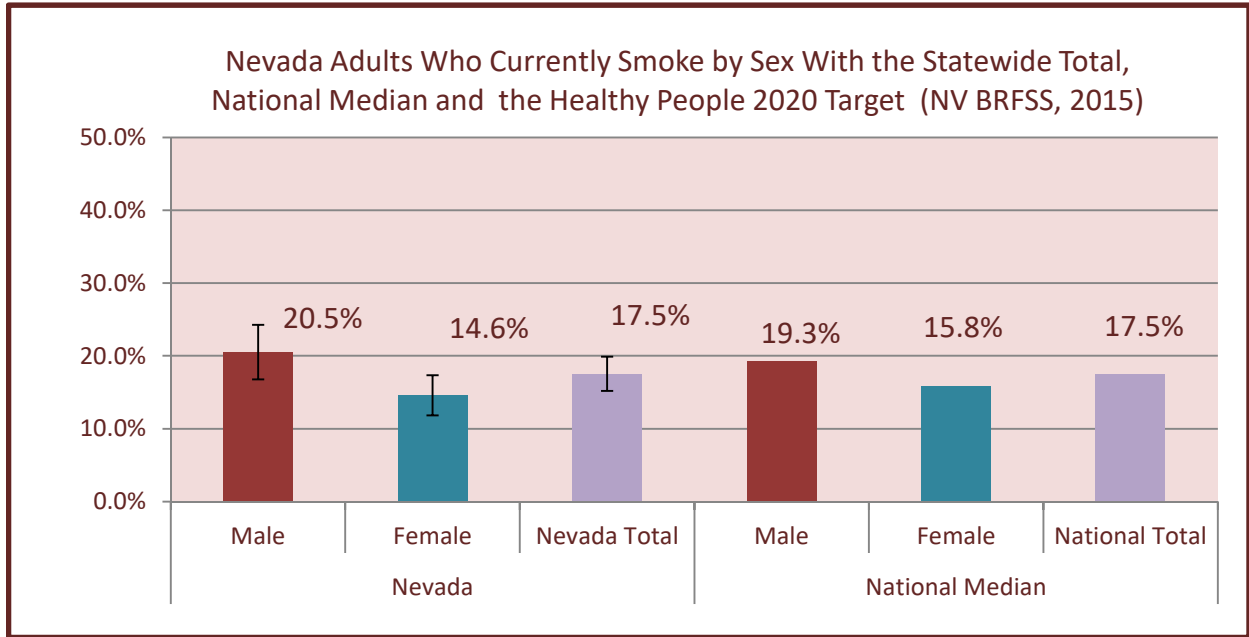


Figure 136: Nevada Adults Who Currently Smoke by Age Group (NV BRFSS, 2015).

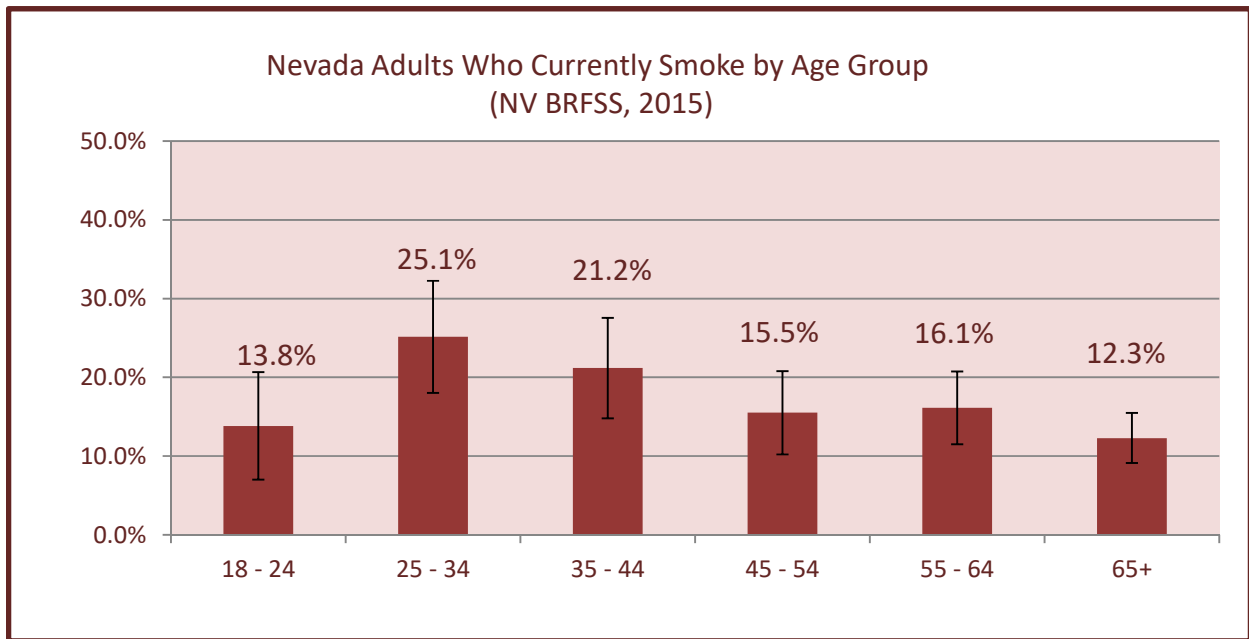


Figure 137: Nevada Adults Who Currently Smoke by Income (NV BRFSS, 2015).

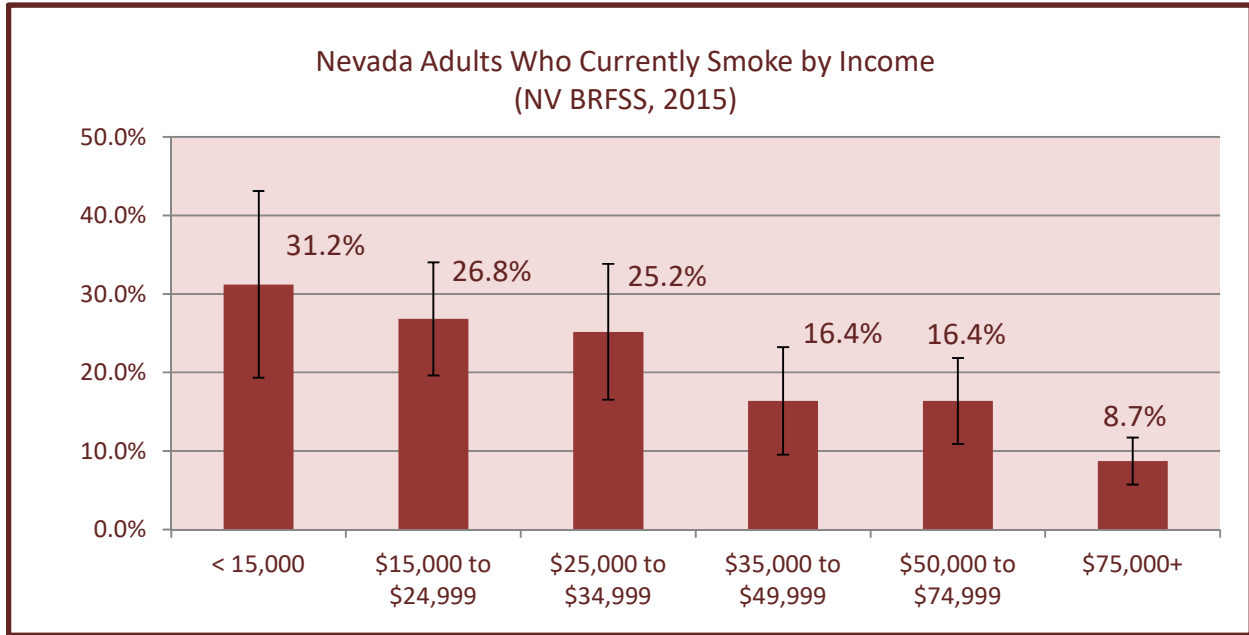
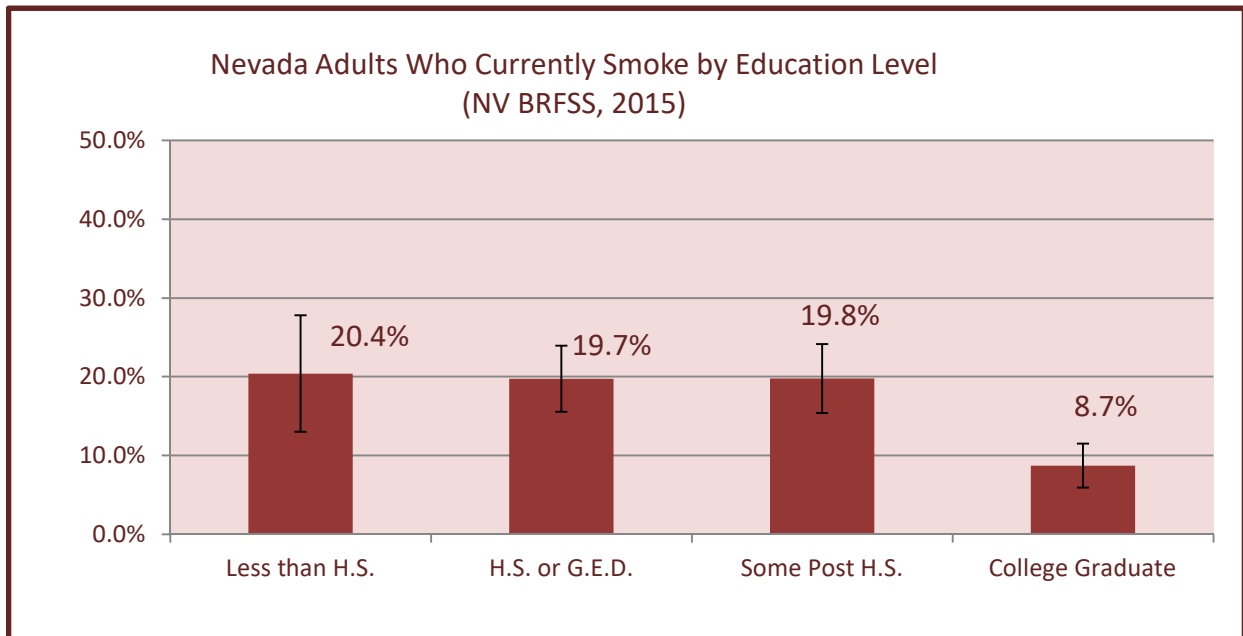


Figure 138: Nevada Adults Who Currently Smoke by Education Level (NV BRFSS, 2015).



College graduates had a significantly lower smoking rate than those with less education.

Figure 139: Nevada Adults Who Currently Smoke by Race/Ethnicity (NV BRFSS, 2015).

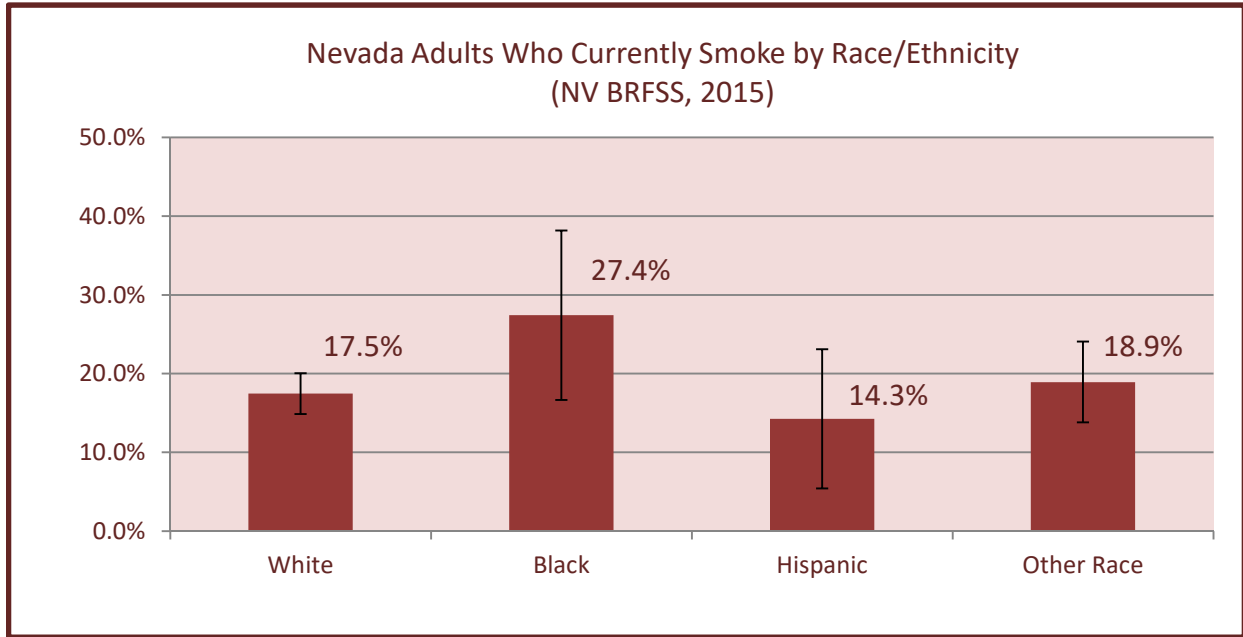


Figure 140: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Sex with the Statewide Totals and National Medians (NV BRFSS, 2015).

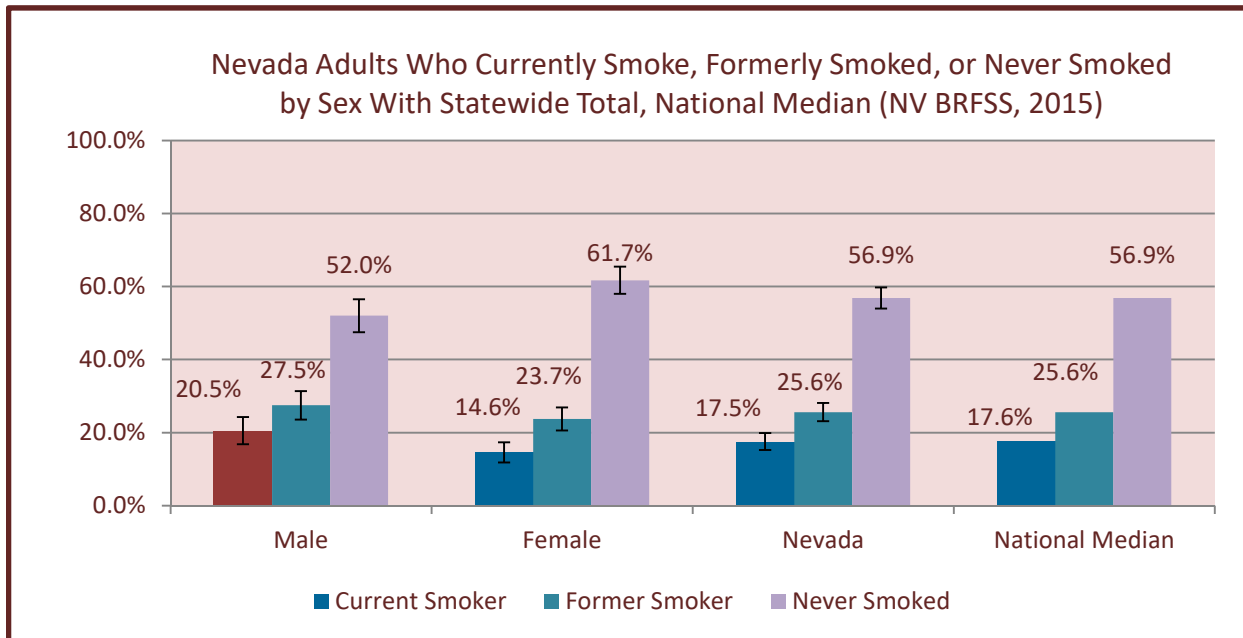


Figure 141: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Age Group (NV BRFSS, 2015).

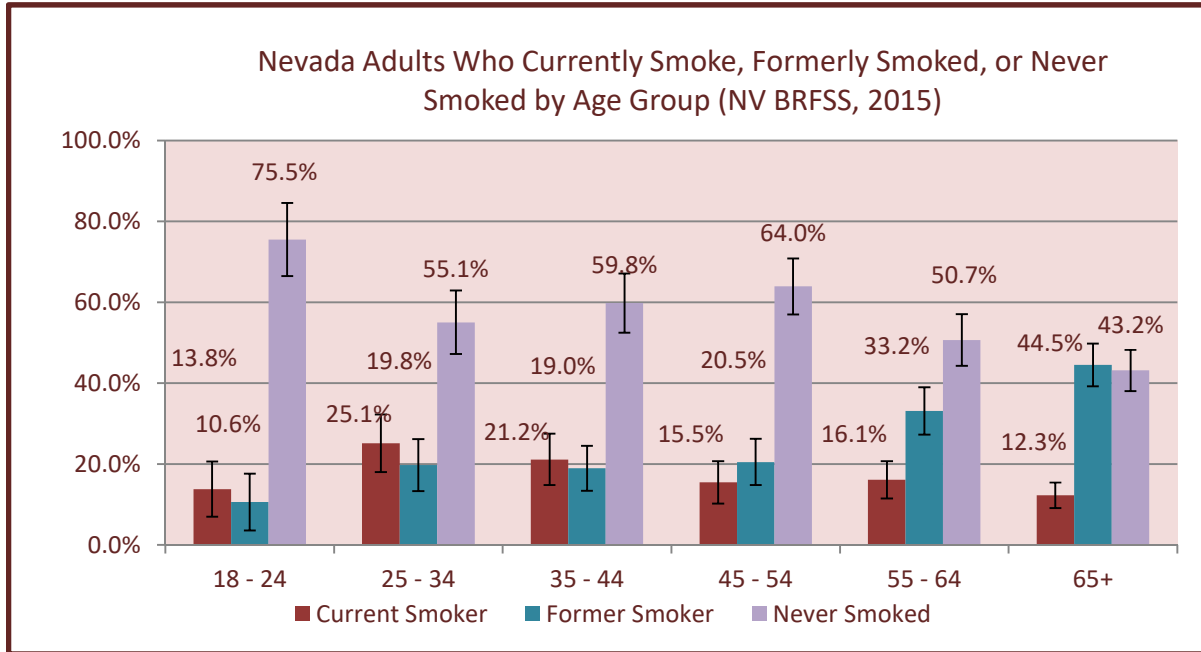


Figure 142: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Income (NV BRFSS, 2015).

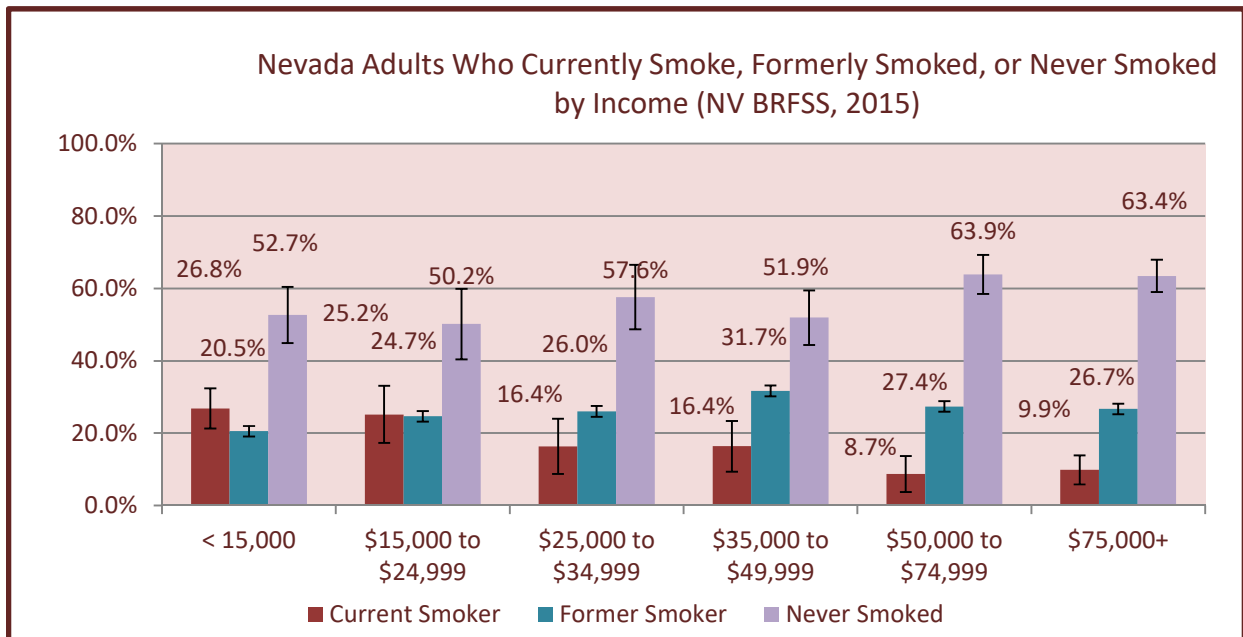


Figure 143: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Education Level (NV BRFSS, 2015).

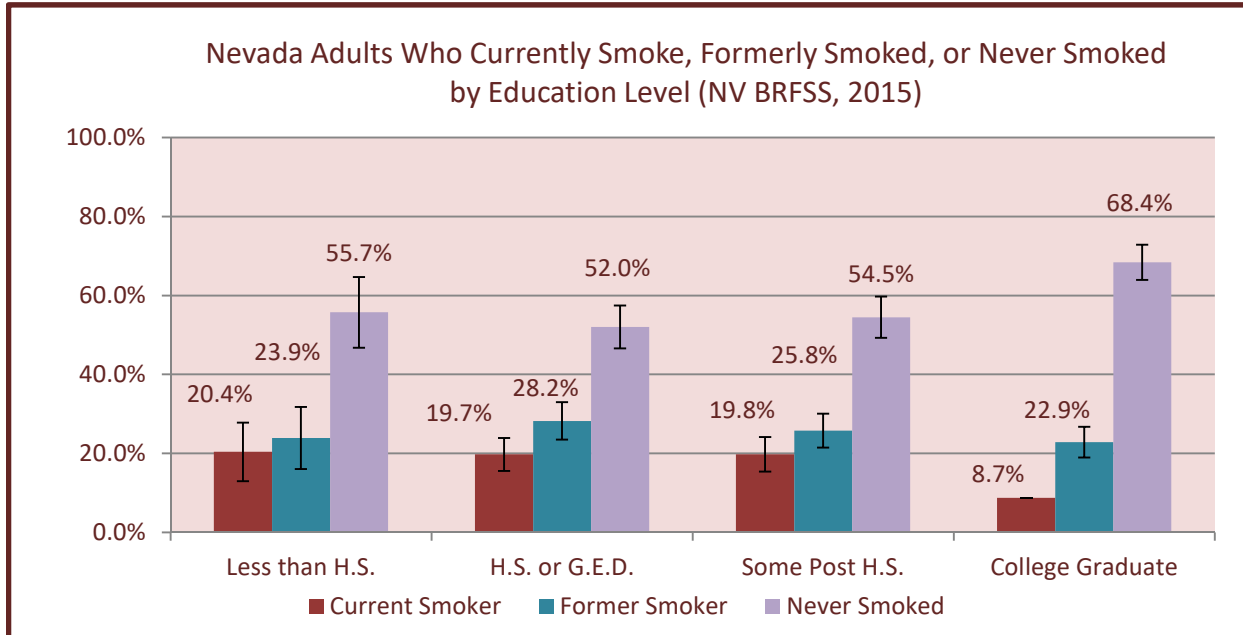


Figure 144: Nevada Adults Who Currently Smoke, Formerly Smoked, or Never Smoked by Race/Ethnicity (NV BRFSS, 2015).

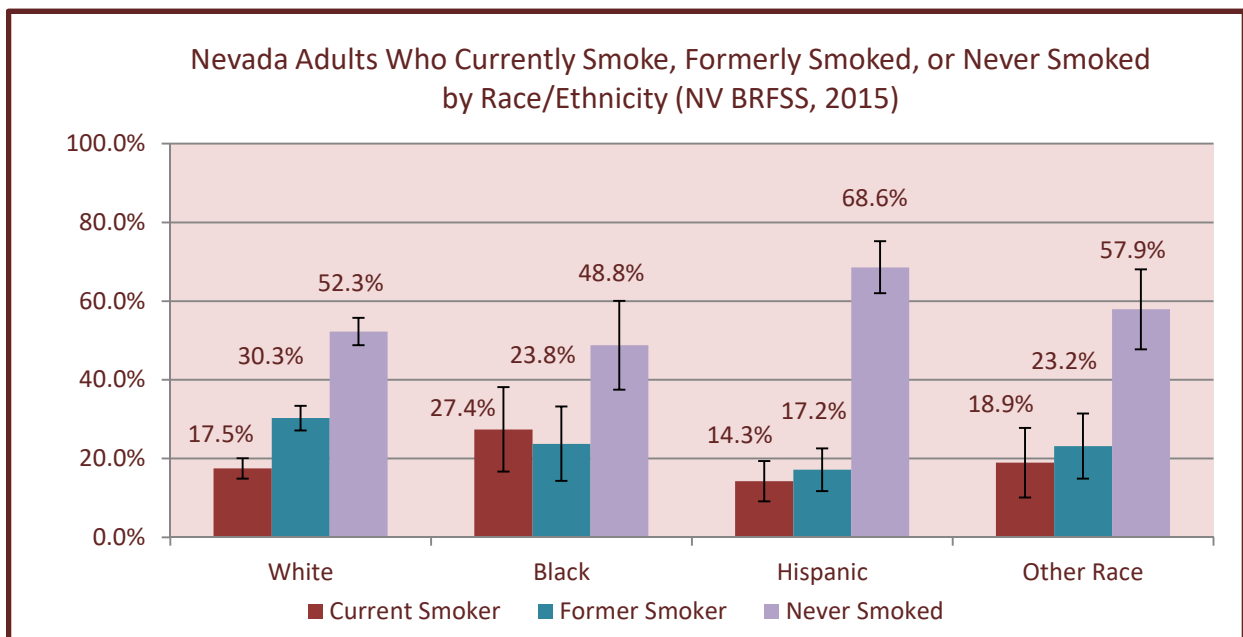


Figure 145: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Region (NV BRFSS, 2015).

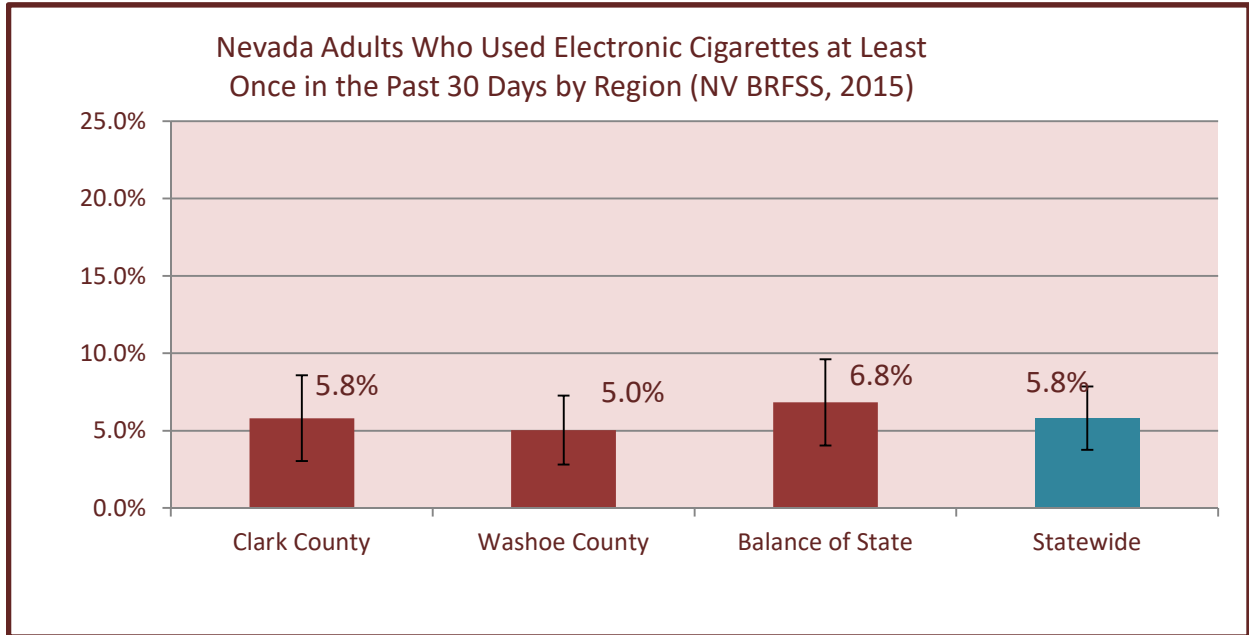


Figure 146: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Sex with the Statewide Total (NV BRFSS, 2015).

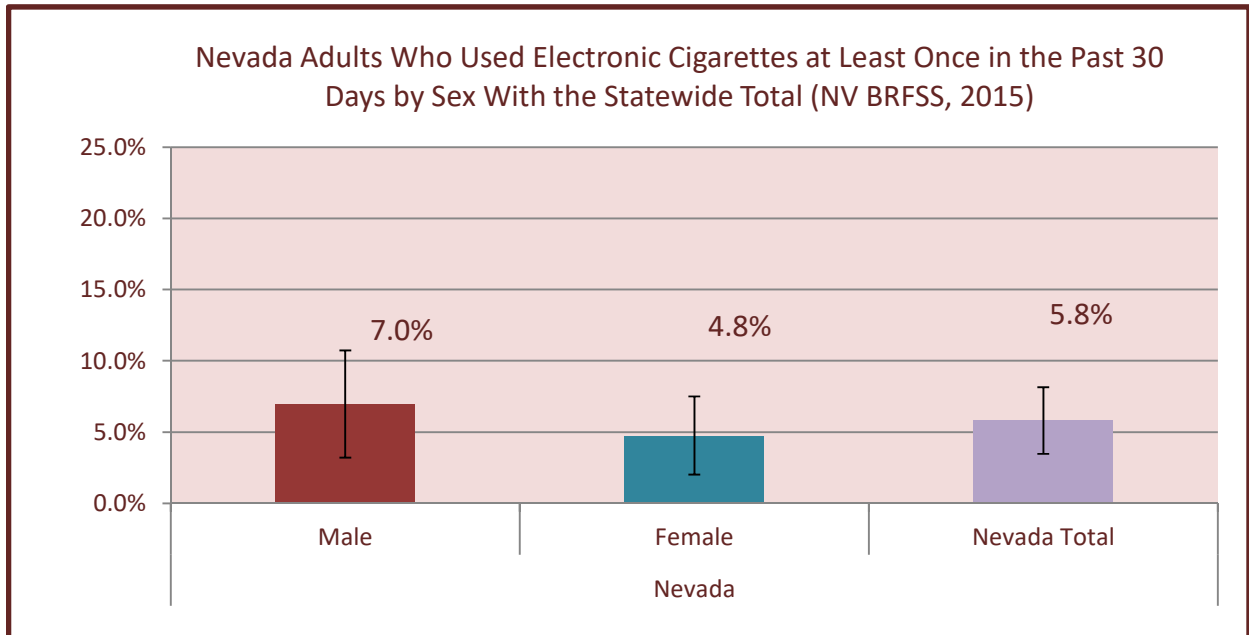


Figure 147: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Age Group (NV BRFSS, 2015).

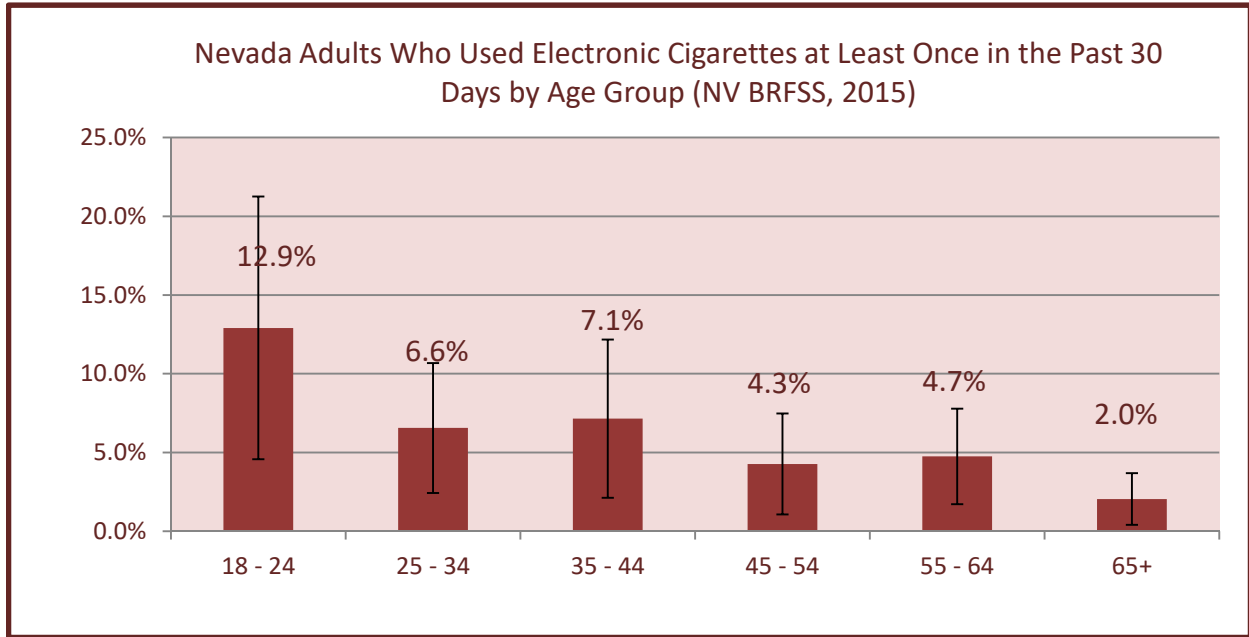


Figure 148: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Income Level (NV BRFSS, 2015).

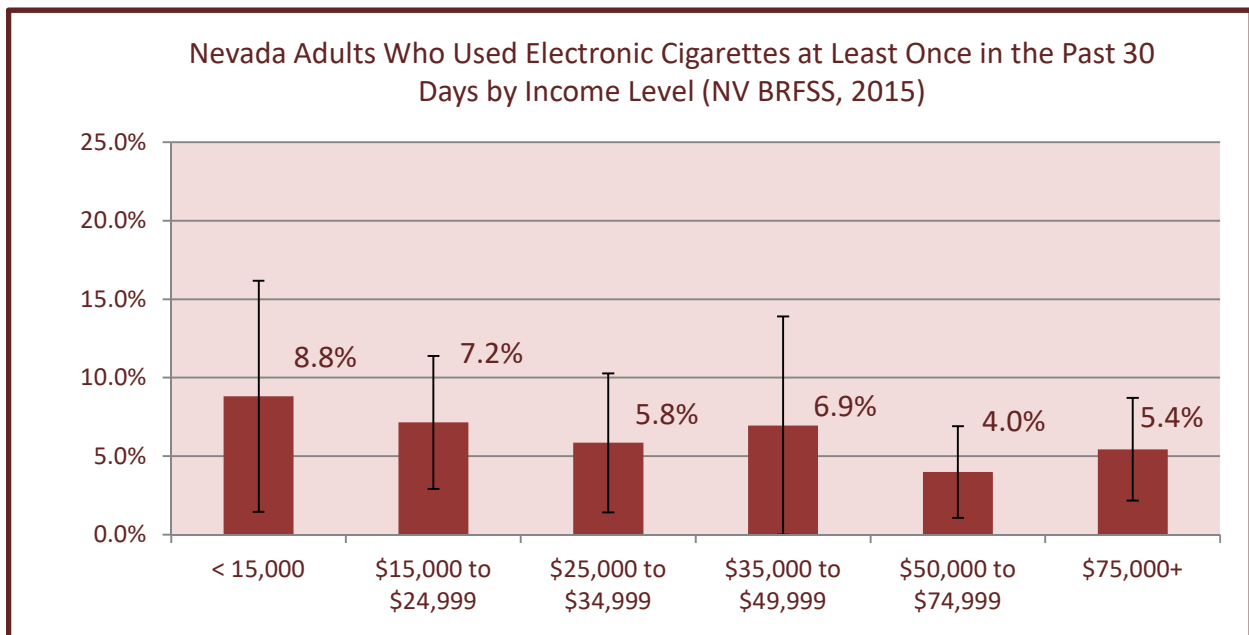


Figure 149: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Education Level (NV BRFSS, 2015).

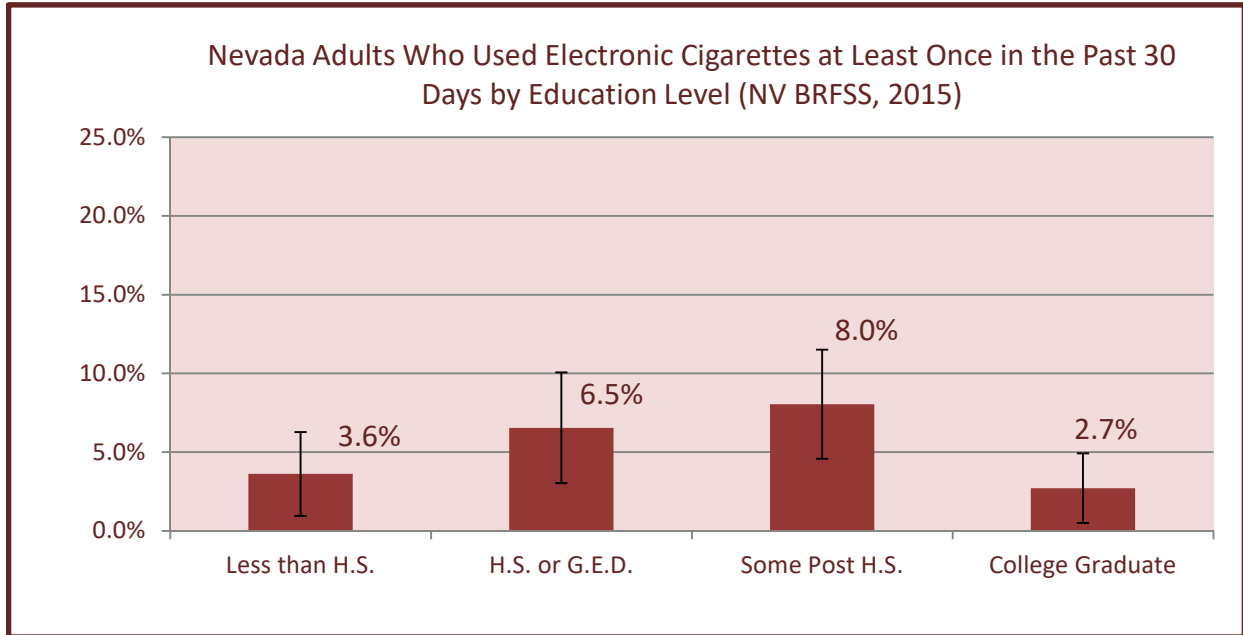
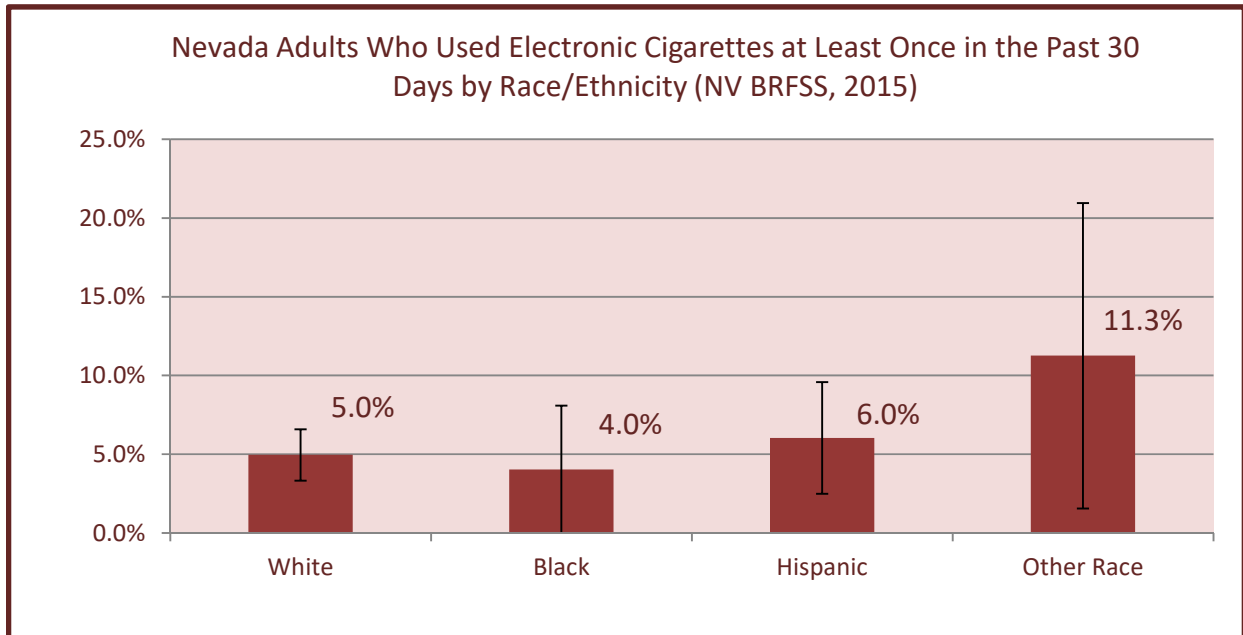


Figure 150: Nevada Adults Who Used Electronic Cigarettes at Least Once in the Past 30 Days by Race/Ethnicity (NV BRFSS, 2015).



Section XVI: Weight Status

Underweight: Consists of individuals with a body mass index of less than 18.5.
Healthy Weight: Consists of individuals with a body mass index greater than or equal to 18.5 and less than 25.0.
Overweight: Consists of individuals with a body mass index greater than or equal to 25.0 and less than 30.0.
Obese: Consists of individuals with a body mass index equal to or greater than 30.0.

Nutritional, or dietary, factors contribute substantially to the burden of preventable illnesses and premature deaths in the United States. Dietary factors are associated with four out of the 10 leading causes of death: coronary heart disease (CHD), some types of cancer, stroke, and Type 2 diabetes. These health conditions are estimated to cost society over \$200 billion each year in medical expenses and lost productivity. The negative outcomes related to these diseases can often be improved through weight loss or, at a minimum, no further weight gain.

Unfortunately because of excesses and imbalances of some food components, there has been an increase in overweight and obese people.

Overweight and obesity are observed in all population groups, but obesity is particularly common among Hispanic, Black, Native American, and Pacific Islander females.

In 2015, the percent of Nevada adults who were at a healthy weight was 33.4% which is essentially the same as the National value of 34.2%. Both are above the HP 2020 target value of 33.9%.^{1,2}

Table 13: Selected Weight Status Indicators for Nevada and the United States (BRFSS 2015)

Indicator	Nevada	U.S. & D.C. Median
1. Weight Classification of Nevada Adults by Body Mass Index (BMI).		
A. Under Weight (BMI < 18.5)	1.8%	1.8%
B. Healthy Weight	33.6%	32.7%
C. Overweight (BMI 25.0 to 29.9)	37.9%	35.5%
D. Obese (BMI 30.0 to 99.8)	26.7%	29.8%

Figure 151: Nevada Adult Weight Categories by Year With the Healthy People 2020 Targets (NV BRFSS, 2011-2015).

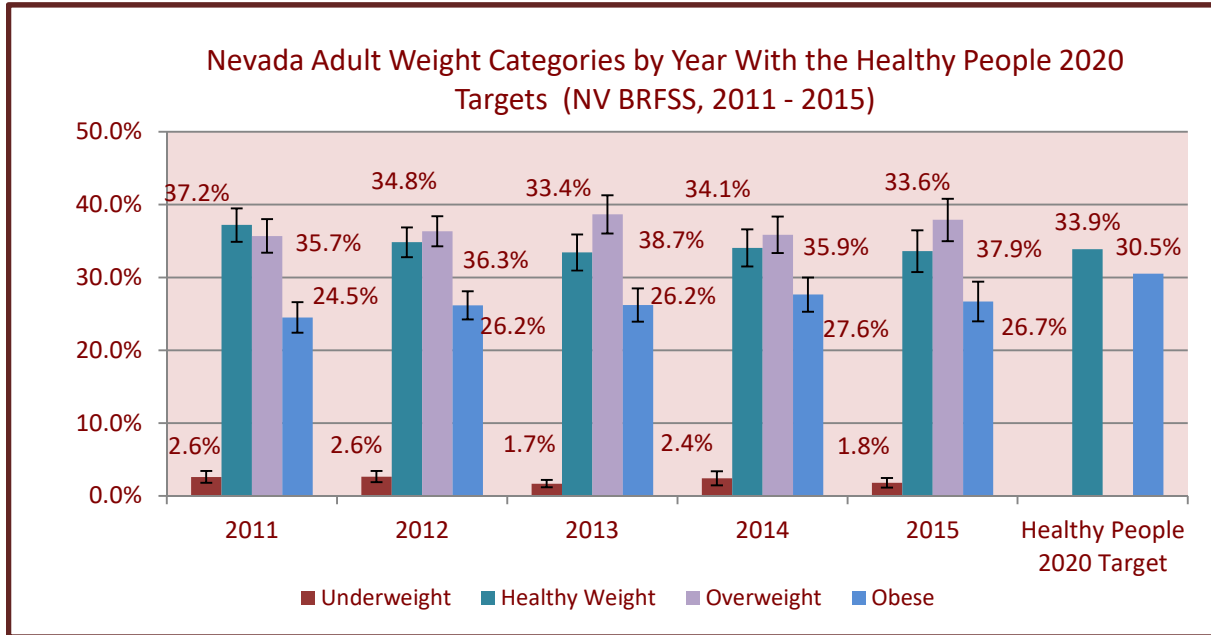


Figure 152: Nevada Adult Weight Categories by Region With the Nevada Total (NV BRFSS, 2015).

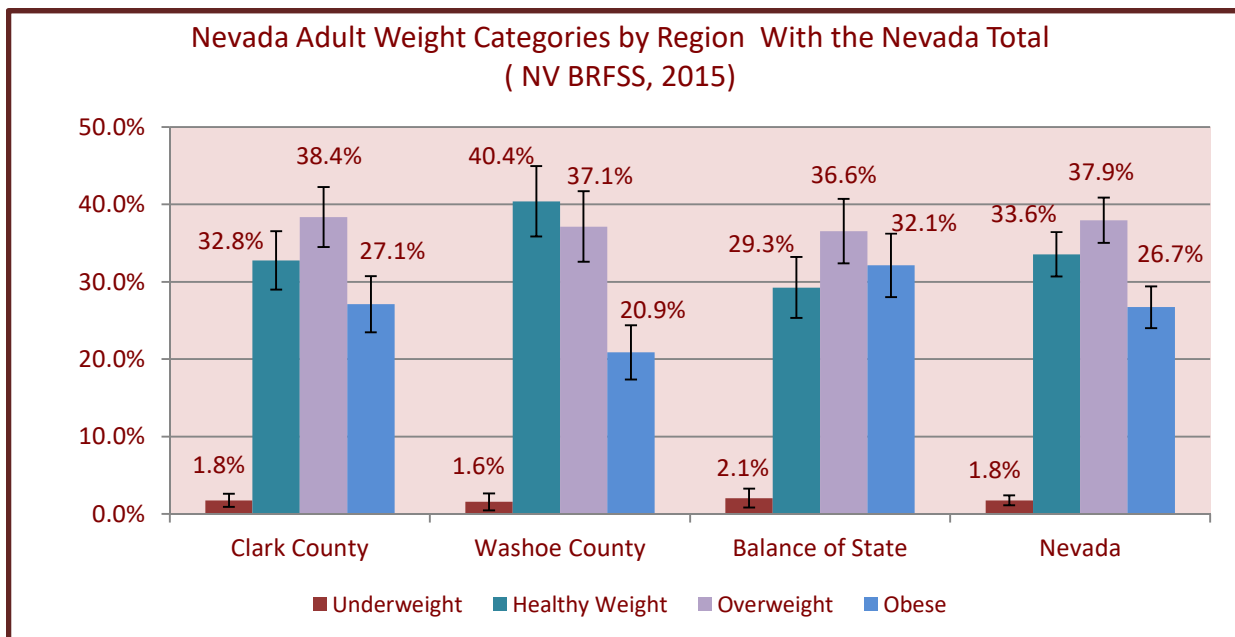


Figure 153: Nevada Adult Weight Categories With National Medians (NV BRFSS, 2015).

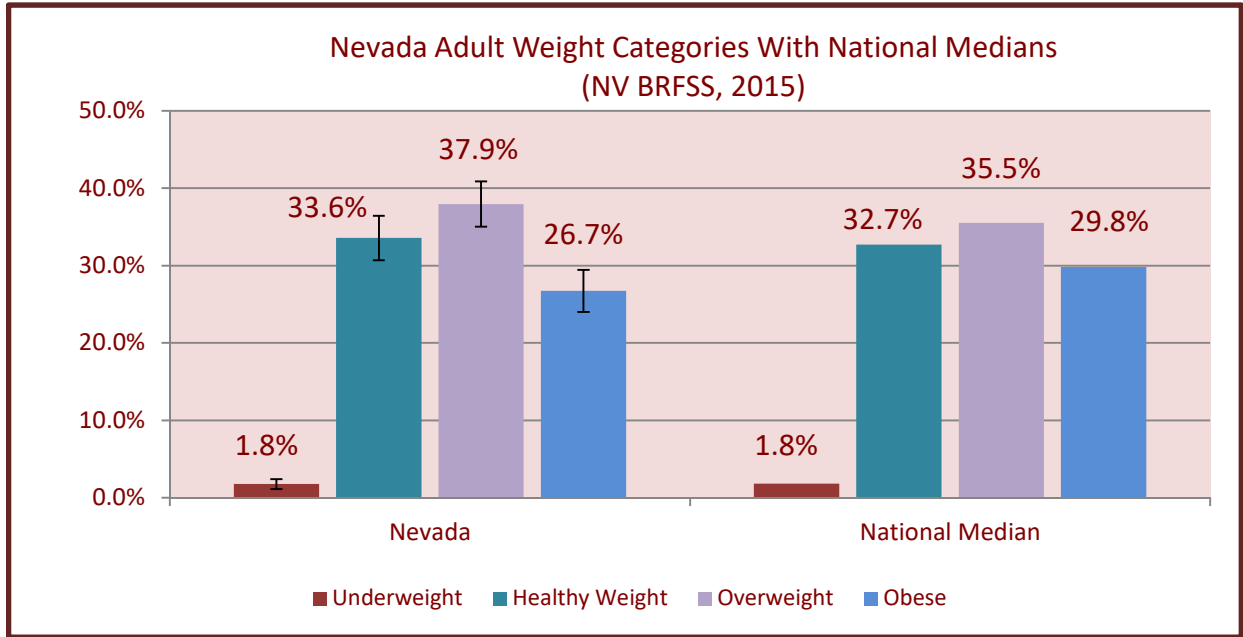
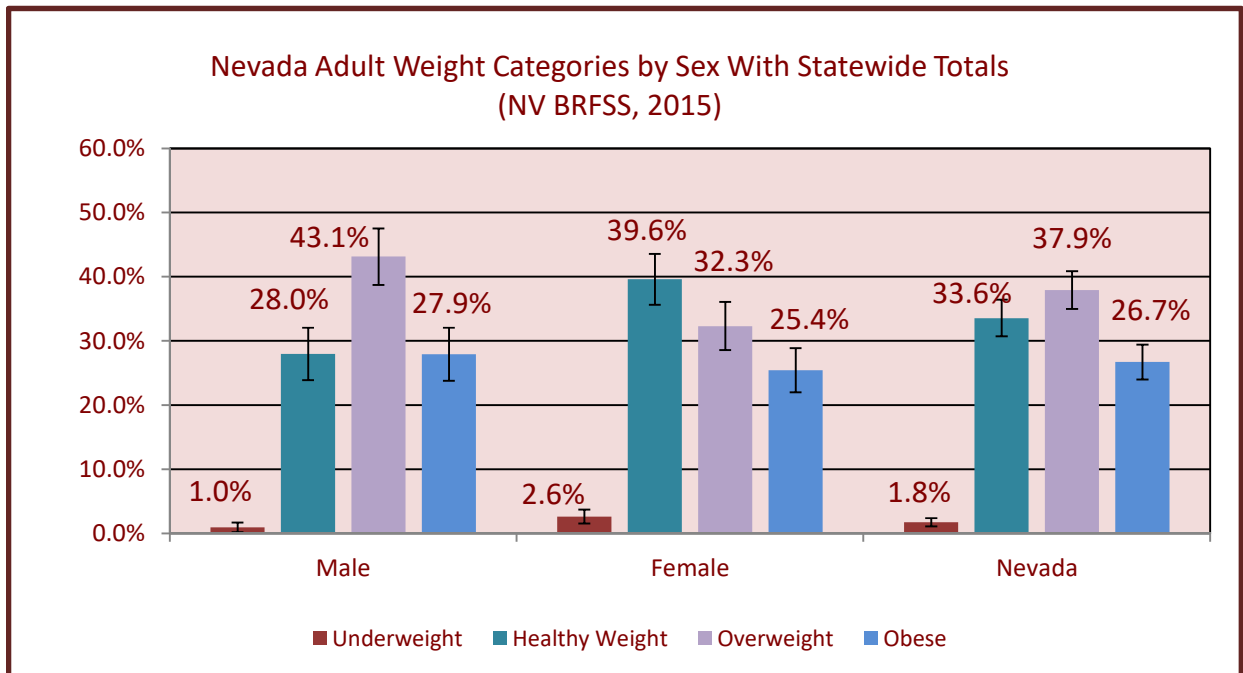
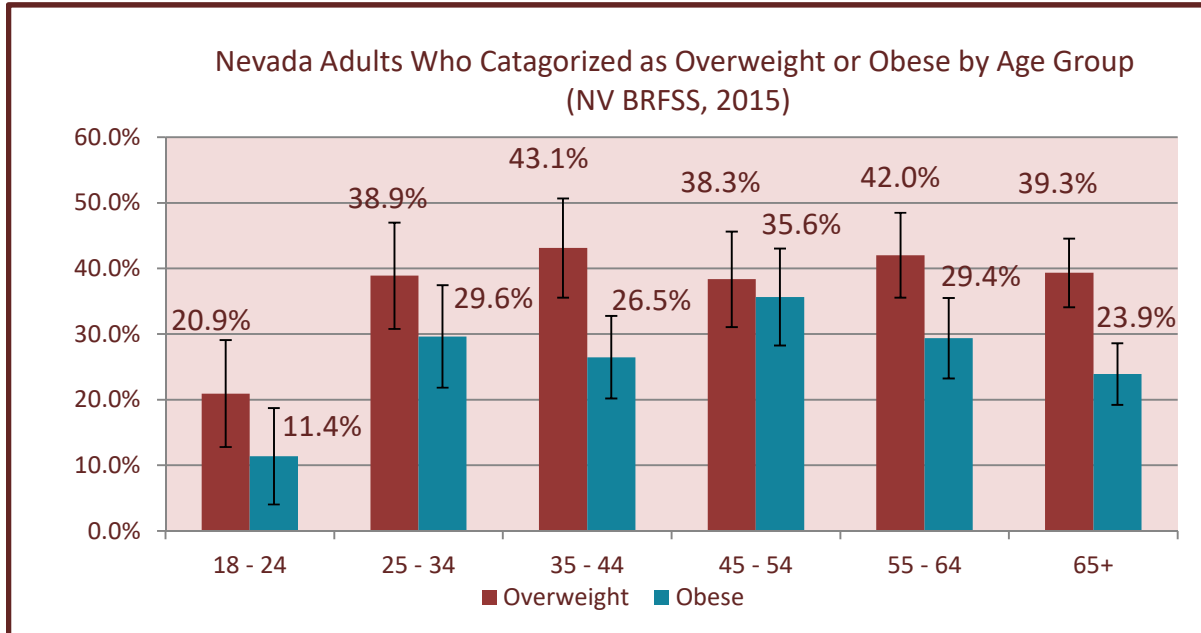


Figure 154: Nevada Adult Weight Categories by Sex With Statewide Totals (NV BRFSS, 2015).



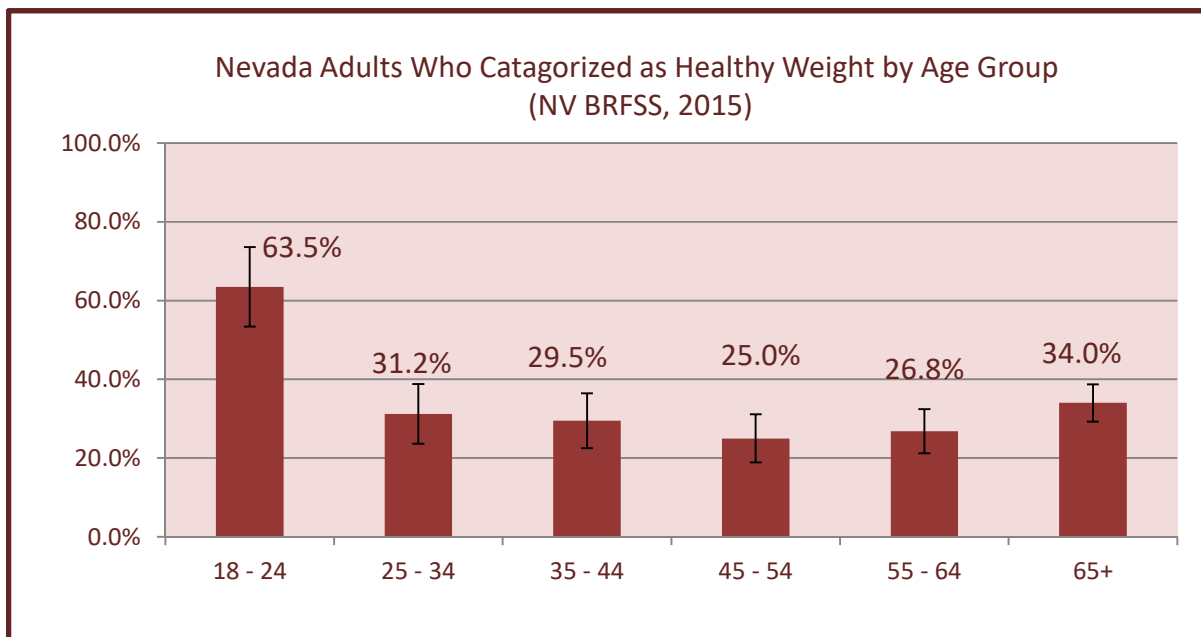
The prevalence of Nevada females who are categorized as overweight is significantly lower than males in the same category (32.3% and 43.1% respectively).

Figure 155: Nevada Adults Categorized as Overweight or Obese by Age Group (NV BRFSS, 2015).



Nevada adults in the 18-24 age group have a significantly lower rate of obesity than all subsequent age groups.

Figure 156: Nevada Adults Categorized as Healthy Weight by Age Group (NV BRFSS, 2015).



Nevada adults in the 18-24 age group have a significantly higher prevalence of healthy weight than all subsequent age groups.

Figure 157: Nevada Adults Categorized as Overweight or Obese by Income (NV BRFSS, 2015).

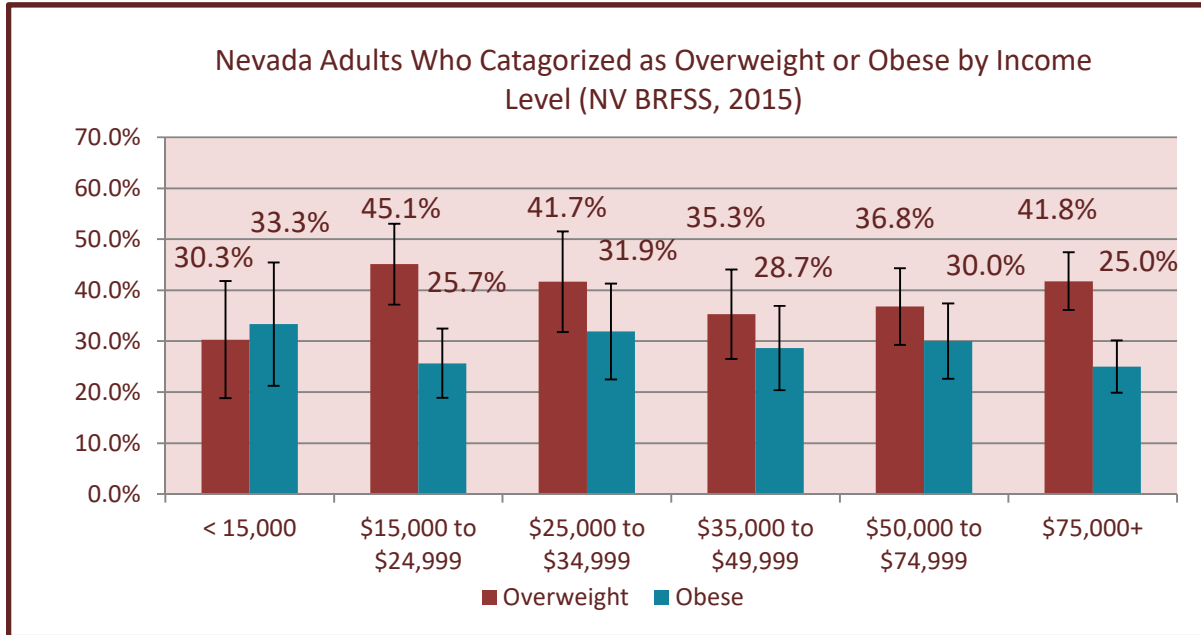


Figure 158: Nevada Adults Categorized as Overweight or Obese by Education Level (NV BRFSS, 2015).

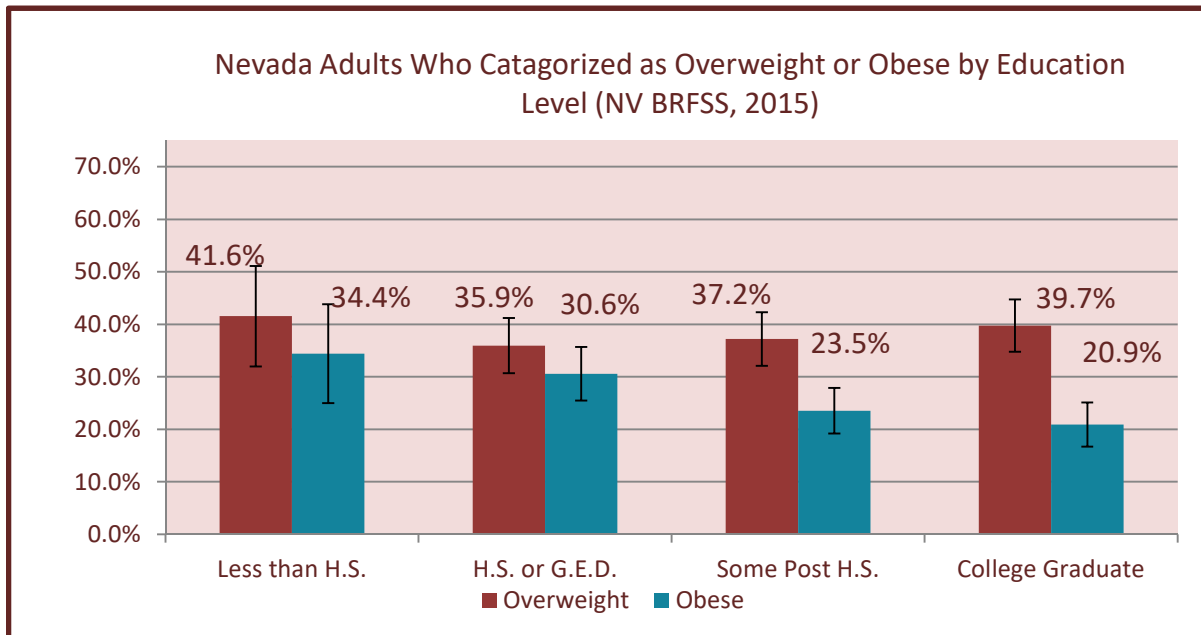
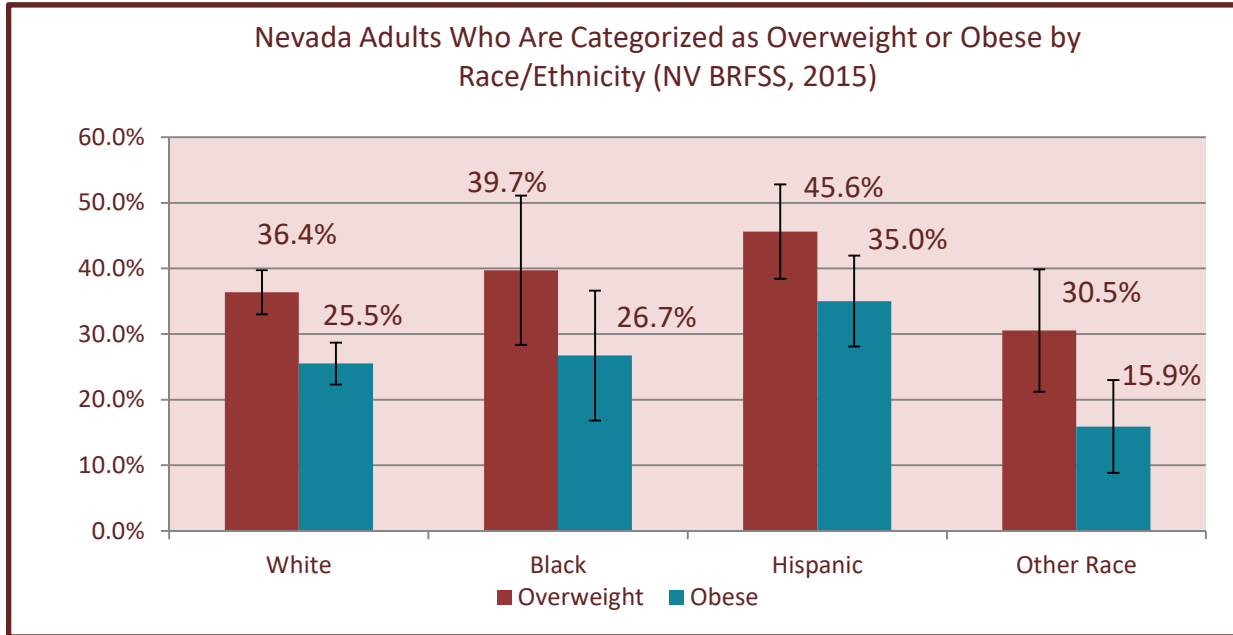


Figure 159: Nevada Adults Categorized as Overweight or Obese by Race/Ethnicity (NV BRFSS, 2014).



Appendix A

Data Tables by Demographics and Region Percent Prevalence values include 95% Confidence Intervals

Percentage of Heavy Drinking by Demographics and Region

Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Table-A 1: Heavy Drinking by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	6.2 (4.8-7.6)	93.8 (92.4-95.2)
Geography	Clark County	5.4 (3.6-7.2)	94.6 (92.8-96.4)
	Washoe County	8.2 (5.8-10.6)	91.8 (89.4-94.2)
	Balance of State	8.0 (5.8-10.3)	92.0 (89.7-94.2)
Age	18 - 24	7.4 (2.2-12.6)	92.6 (87.4-97.8)
	25 - 34	5.6 (2.3-8.8)	94.4 (91.2-97.7)
	35 - 44	5.9 (2.5-9.3)	94.1 (90.7-97.5)
	45 - 54	5.1 (2.3-7.9)	94.9 (92.1-97.7)
	55 - 64	6.7 (3.7-9.8)	93.3 (90.2-96.3)
	65+	6.7 (3.3-10.1)	93.3 (89.9-96.7)
Sex	Male	6.4 (4.2-8.5)	93.6 (91.5-95.8)
	Female	6.0 (4.1-7.8)	94.0 (92.2-95.9)
Race/Ethnicity	White	7.2 (5.4-9.0)	92.8 (91.0-94.6)
	Black	6.8 (0.7-13.0)	93.2 (87.0-99.3)
	Other Race	4.0 (0.0-8.5)	96.0 (91.5-100.0)
	Hispanic	4.8 (2.0-7.6)	95.2 (92.4-98.0)

Heavy Drinking by Demographics and Region (continued)

Heavy drinkers are defined as adult males having more than two drinks per day and adult females having more than one drink per day.

Heavy Drinking by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	4.7 (1.5-8.0)	95.3 (92.0-98.5)
	H.S. or G.E.D.	8.6 (5.5-11.7)	91.4 (88.3-94.5)
	Some Post H.S.	6.7 (4.0-9.3)	93.3 (90.7-96.0)
	College Graduate	3.1 (2.0-4.1)	96.9 (95.9-98.0)
Income	< 15,000	3.4 (1.3-5.5)	96.6 (94.5-98.7)
	\$15,000 to \$24,999	7.5 (3.5-11.5)	92.5 (88.5-96.5)
	\$25,000 to \$34,999	6.2 (2.7-9.8)	93.8 (90.2-97.3)
	\$35,000 to \$49,999	4.4 (1.5-7.3)	95.6 (92.7-98.5)
	\$50,000 to \$74,999	10.3 (4.7-15.9)	89.7 (84.1-95.3)
	\$75,000+	7.6 (4.3-10.8)	92.4 (89.2-95.7)
Veteran	Yes	5.8 (1.2-10.4)	94.2 (89.6-98.8)
	No	6.2 (4.8-7.7)	93.8 (92.3-95.2)

Binge Drinking by Demographics and Region

Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Table-A 2: Binge Drinking by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	14.2 (12.0-16.5)	85.8 (83.5-88.0)
Geography	Clark County	13.9 (10.9-16.8)	86.1 (83.2-89.1)
	Washoe County	16.2 (12.9-19.6)	83.8 (80.4-87.1)
	Balance of State	13.8 (10.7-16.9)	86.2 (83.1-89.3)
Age	18 - 24	12.7 (7.2-18.2)	87.3 (81.8-92.8)
	25 - 34	26.4 (19.3-33.6)	73.6 (66.4-80.7)
	35 - 44	15.3 (9.2-21.4)	84.7 (78.6-90.8)
	45 - 54	12.2 (7.2-17.2)	87.8 (82.8-92.8)
	55 - 64	11.4 (7.5-15.3)	88.6 (84.7-92.5)
	65+	6.5 (3.3-9.6)	93.5 (90.4-96.7)
Sex	Male	20.2 (16.4-24.0)	79.8 (76.0-83.6)
	Female	8.4 (6.2-10.6)	91.6 (89.4-93.8)
Race/Ethnicity	White	14.7 (12.1-17.3)	85.3 (82.7-87.9)
	Black	12.2 (4.3-20.1)	87.8 (79.9-95.7)
	Other Race	13.9 (5.1-22.6)	86.1 (77.4-94.9)
	Hispanic	14.4 (9.3-19.4)	85.6 (80.6-90.7)

Binge Drinking by Demographics and Region (continued)

Binge drinkers are defined as adult males having five or more drinks on one occasion and adult females having four or more drinks on one occasion.

Binge Drinking by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	10.6 (4.7-16.5)	89.4 (83.5-95.3)
	H.S. or G.E.D.	14.7 (10.6-18.8)	85.3 (81.2-89.4)
	Some Post H.S.	14.7 (10.5-18.9)	85.3 (81.1-89.5)
	College Graduate	15.5 (11.7-19.3)	84.5 (80.7-88.3)
Income	< 15,000	11.0 (1.3-20.6)	89.0 (79.4-98.7)
	\$15,000 to \$24,999	14.3 (8.0-20.6)	85.7 (79.4-92.0)
	\$25,000 to \$34,999	19.6 (11.8-27.5)	80.4 (72.5-88.2)
	\$35,000 to \$49,999	12.8 (5.9-19.7)	87.2 (80.3-94.1)
	\$50,000 to \$74,999	21.2 (14.4-28.0)	78.8 (72.0-85.6)
	\$75,000+	17.3 (12.7-21.8)	82.7 (78.2-87.3)
Veteran	Yes	12.0 (6.1-18.0)	88.0 (82.0-93.9)
	No	14.6 (12.2-17.0)	85.4 (83.0-87.8)

Respondents Who Had Ever Had Asthma by Demographics and Region
“Have you ever been told by a doctor, nurse, or other health professional that you had asthma?”

Table-A 3: Respondents Who Had Ever Had Asthma by Demographics and Region

Demographic	Grouping	Yes	NO
Statewide	Nevada	13.6 (11.7-15.6)	86.4 (84.4-88.3)
Geography	Clark County	13.3 (10.7-15.8)	86.7 (84.2-89.3)
	Washoe County	13.2 (10.4-16.1)	86.8 (83.9-89.6)
	Balance of State	16.6 (13.2-19.9)	83.4 (80.1-86.8)
Age	18 - 24	17.0 (9.1-24.8)	83.0 (75.2-90.9)
	25 - 34	14.6 (9.5-19.6)	85.4 (80.4-90.5)
	35 - 44	14.7 (10.2-19.2)	85.3 (80.8-89.8)
	45 - 54	11.6 (7.1-16.0)	88.4 (84.0-92.9)
	55 - 64	15.0 (10.2-19.7)	85.0 (80.3-89.8)
	65+	10.4 (7.6-13.3)	89.6 (86.7-92.4)
Sex	Male	10.1 (7.6-12.7)	89.9 (87.3-92.4)
	Female	17.1 (14.2-20.0)	82.9 (80.0-85.8)
Race/Ethnicity	White	13.5 (11.3-15.7)	86.5 (84.3-88.7)
	Black	21.2 (12.0-30.4)	78.8 (69.6-88.0)
	Other Race	16.6 (9.4-23.9)	83.4 (76.1-90.6)
	Hispanic	9.1 (5.4-12.8)	90.9 (87.2-94.6)

**Respondents Who Had Ever Had Asthma by Demographics and Region
(continued)**

“Have you ever been told by a doctor, nurse, or other health professional that you had asthma?”

Respondents Who Had Ever Had Asthma by Demographics and Region Continued

Demographic	Grouping	Yes	NO
Education	Less than H.S.	9.2 (4.7-13.6)	90.8 (86.4-95.3)
	H.S. or G.E.D.	14.6 (10.7-18.4)	85.4 (81.6-89.3)
	Some Post H.S.	14.3 (10.8-17.8)	85.7 (82.2-89.2)
	College Graduate	15.0 (11.4-18.6)	85.0 (81.4-88.6)
Income	< 15,000	15.0 (7.0-23.0)	82.0 (73.2-90.8)
	\$15,000 to \$24,999	11.8 (7.5-16.1)	88.1 (83.8-92.4)
	\$25,000 to \$34,999	16.4 (9.9-22.9)	83.6 (77.1-90.1)
	\$35,000 to \$49,999	12.5 (7.1-17.8)	86.5 (81.0-92.1)
	\$50,000 to \$74,999	14.3 (9.2-19.4)	85.6 (80.5-90.7)
	\$75,000+	11.7 (8.4-15.0)	88.3 (85.0-91.6)
Veteran	Yes	9.5 (4.9-14.2)	90.5 (85.8-95.1)
	No	14.2 (12.1-16.3)	85.8 (83.7-87.9)

Respondents Who Currently Have Asthma by Demographics and Region
“Do you currently have asthma?”

Table-A 4: Respondents Who Currently Have Asthma by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	8.1 (6.7-9.6)	91.9 (90.4-93.3)
Geography	Clark County	7.5 (5.6-9.3)	92.5 (90.7-94.4)
	Washoe County	9.5 (7.0-12.1)	90.5 (87.9-93.0)
	Balance of State	10.4 (7.6-13.1)	89.6 (86.9-92.4)
Age	18 - 24	9.1 (3.1-15.1)	90.9 (84.9-96.9)
	25 - 34	6.3 (3.5-9.2)	93.7 (90.8-96.5)
	35 - 44	8.4 (5.0-11.7)	91.6 (88.3-95.0)
	45 - 54	8.3 (4.8-11.8)	91.7 (88.2-95.2)
	55 - 64	10.6 (6.4-14.8)	89.4 (85.2-93.6)
	65+	6.8 (4.5-9.1)	93.2 (90.9-95.5)
Sex	Male	4.4 (2.8-5.9)	95.6 (94.1-97.2)
	Female	11.9 (9.5-14.3)	88.1 (85.7-90.5)
Race/Ethnicity	White	8.2 (6.6-9.8)	91.8 (90.2-93.4)
	Black	13.1 (5.6-20.5)	86.9 (79.5-94.4)
	Other Race	10.7 (5.2-16.2)	89.3 (83.8-94.8)
	Hispanic	4.6 (2.0-7.3)	95.4 (92.7-98.0)

**Respondents who Currently Have Asthma by Demographics and Region
(continued)**

“Do you currently have asthma?”

Respondents Who Currently Have Asthma by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	7.2 (2.9-11.4)	92.8 (88.6-97.1)
	H.S. or G.E.D.	9.2 (6.2-12.2)	90.8 (87.8-93.8)
	Some Post H.S.	6.8 (4.7-8.9)	93.2 (91.1-95.3)
	College Graduate	9.7 (6.7-12.7)	90.3 (87.3-93.3)
Income	< 15,000	10.0 (4.3-15.6)	90.0 (84.4-95.7)
	\$15,000 to \$24,999	8.7 (5.0-12.3)	91.3 (87.7-95.0)
	\$25,000 to \$34,999	9.6 (4.4-14.7)	90.4 (85.3-95.6)
	\$35,000 to \$49,999	9.2 (4.4-14.0)	90.8 (86.0-95.6)
	\$50,000 to \$74,999	7.0 (3.7-10.3)	93.0 (89.7-96.3)
	\$75,000+	6.5 (3.9-9.1)	93.5 (90.9-96.1)
Veteran	Yes	5.3 (1.6-9.0)	94.7 (91.0-98.4)
	No	8.5 (7.0-10.1)	91.5 (89.9-93.0)

Heart Attack Prevalence by Demographics and Region

“Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?”

Table-A 5: Heart Attack Prevalence by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	4.2 (3.2-5.1)	95.8 (94.9-96.8)
Geography	Clark County	3.8 (2.6-5.0)	96.2 (95.0-97.4)
	Washoe County	4.9 (2.8-7.0)	95.1 (93.0-97.2)
	Balance of State	5.9 (4.3-7.4)	94.1 (92.6-95.7)
Age	18 - 24	0.0	100.0 (100.0-100.0)
	25 - 34	0.1 (0.0-0.2)	99.9 (99.8-100.0)
	35 - 44	1.0 (0.0-2.5)	99.0 (97.5-100.0)
	45 - 54	3.7 (1.2-6.2)	96.3 (93.8-98.8)
	55 - 64	5.5 (3.0-8.0)	94.5 (92.0-97.0)
	65+	13.0 (9.6-16.4)	87.0 (83.6-90.4)
Sex	Male	4.7 (3.3-6.2)	95.3 (93.8-96.7)
	Female	3.7 (2.4-4.9)	96.3 (95.1-97.6)
Race/Ethnicity	White	4.7 (3.5-5.9)	95.3 (94.1-96.5)
	Black	9.8 (3.8-15.7)	90.2 (84.3-96.2)
	Other Race	1.9 (0.0-3.9)	98.1 (96.1-100.0)
	Hispanic	2.1 (0.6-3.6)	97.9 (96.4-99.4)

Heart Attack Prevalence by Demographics and Region (continued)
 “Has a doctor, nurse, or other health professional ever told you that you had a heart attack. also called a myocardial infarction?”

Heart Attack Prevalence by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	6.3 (2.6-9.9)	93.7 (90.1-97.4)
	H.S. or G.E.D.	3.7 (2.2-5.2)	96.3 (94.8-97.8)
	Some Post H.S.	4.3 (2.7-6.0)	95.7 (94.0-97.3)
	College Graduate	3.1 (1.9-4.3)	96.9 (95.7-98.1)
Income	< 15,000	8.6 (2.9-14.3)	91.4 (85.7-97.1)
	\$15,000 to \$24,999	5.4 (2.3-8.6)	94.6 (91.4-97.7)
	\$25,000 to \$34,999	3.1 (0.8-5.4)	96.9 (94.6-99.2)
	\$35,000 to \$49,999	4.6 (1.3-7.9)	95.4 (92.1-98.7)
	\$50,000 to \$74,999	4.0 (1.5-6.5)	96.0 (93.5-98.5)
	\$75,000+	2.9 (1.6-4.3)	97.1 (95.7-98.4)
Veteran	Yes	9.4 (5.8-12.9)	90.6 (87.1-94.2)
	No	3.5 (2.5-4.4)	96.5 (95.6-97.5)

Coronary Heart Disease Prevalence by Demographics and Region
 “Has a doctor, nurse, or other health professional ever told you that you had
 angina or coronary heart disease?”

Table-A 6: Coronary Heart Disease Prevalence by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	3.9 (2.9-4.9)	96.1 (95.1-97.1)
Geography	Clark County	3.8 (2.4-5.1)	96.2 (94.9-97.6)
	Washoe County	3.3 (1.5-5.1)	96.7 (94.9-98.5)
	Balance of State	5.4 (3.8-7.0)	94.6 (93.0-96.2)
Age	18 - 24	0.0	100.0 (100.0-100.0)
	25 - 34	0.9 (0.0-2.4)	99.1 (97.6-100.0)
	35 - 44	2.0 (0.0-4.0)	98.0 (96.0-100.0)
	45 - 54	4.0 (1.0-6.9)	96.0 (93.1-99.0)
	55 - 64	3.1 (1.2-5.1)	96.9 (94.9-98.8)
	65+	11.6 (8.1-15.2)	88.4 (84.8-91.9)
Sex	Male	3.5 (2.3-4.8)	96.5 (95.2-97.7)
	Female	4.3 (2.6-5.9)	95.7 (94.1-97.4)
Race/Ethnicity	White	4.3 (3.0-5.5)	95.7 (94.5-97.0)
	Black	5.8 (0.9-10.6)	94.2 (89.4-99.1)
	Other Race	3.5 (0.2-6.7)	96.5 (93.3-99.8)
	Hispanic	2.7 (0.9-4.6)	97.3 (95.4-99.1)

**Coronary Heart Disease Prevalence by Demographics and Region
(Continued)**

“Has a doctor, nurse, or other health professional ever told you that you had angina or coronary heart disease?”

Coronary Heart Disease Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	5.8 (1.9-9.7)	94.2 (90.3-98.1)
	H.S. or G.E.D.	3.6 (1.7-5.4)	96.4 (94.6-98.3)
	Some Post H.S.	3.5 (1.9-5.1)	96.5 (94.9-98.1)
	College Graduate	3.6 (2.2-4.9)	96.4 (95.1-97.8)
Income	< 15,000	8.9 (2.5-15.2)	91.1 (84.8-97.5)
	\$15,000 to \$24,999	6.2 (2.2-10.1)	93.8 (89.9-97.8)
	\$25,000 to \$34,999	2.6 (0.1-5.2)	97.4 (94.8-99.9)
	\$35,000 to \$49,999	4.6 (1.3-7.9)	95.4 (92.1-98.7)
	\$50,000 to \$74,999	3.0 (0.4-5.7)	97.0 (94.3-99.6)
	\$75,000+	3.0 (1.6-4.3)	97.0 (95.7-98.4)
Veteran	Yes	5.9 (3.1-8.8)	94.1 (91.2-96.9)
	No	3.6 (2.5-4.7)	96.4 (95.3-97.5)

Stroke Prevalence by Demographics and Region
“Has a doctor, nurse, or other health professional ever told you that you had a stroke?”

Table-A 7: Stroke Prevalence by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	2.4 (1.6-3.1)	97.6 (96.9-98.4)
Geography	Clark County	2.1 (1.2-3.1)	97.9 (96.9-98.8)
	Washoe County	2.1 (1.1-3.2)	97.9 (96.8-98.9)
	Balance of State	3.9 (2.6-5.3)	96.1 (94.7-97.4)
Age	18 - 24	0.0	100.0 (100.0-100.0)
	25 - 34	0.0	100.0 (100.0-100.0)
	35 - 44	2.2 (0.0-4.6)	97.8 (95.4-100.0)
	45 - 54	2.3 (0.4-4.2)	97.7 (95.8-99.6)
	55 - 64	3.2 (1.2-5.2)	96.8 (94.8-98.8)
	65+	5.6 (3.5-7.6)	94.4 (92.4-96.5)
Sex	Male	2.0 (1.2-2.9)	98.0 (97.1-98.8)
	Female	2.7 (1.5-3.9)	97.3 (96.1-98.5)
Race/Ethnicity	White	2.2 (1.5-3.0)	97.8 (97.0-98.5)
	Black	8.8 (2.4-15.2)	91.2 (84.8-97.6)
	Other Race	0.6 (0.1-1.2)	99.4 (98.8-99.9)
	Hispanic	0.9 (0.0-1.9)	99.1 (98.1-100.0)

Stroke Prevalence by Demographics and Region (continued)
 “Has a doctor, nurse, or other health professional ever told you that you had a stroke?”

Stroke Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	3.6 (0.3-6.9)	96.4 (93.1-99.7)
	H.S. or G.E.D.	2.0 (1.0-3.0)	98.0 (97.0-99.0)
	Some Post H.S.	2.5 (1.4-3.6)	97.5 (96.4-98.6)
	College Graduate	1.6 (0.7-2.5)	98.4 (97.5-99.3)
Income	< 15,000	4.4 (0.9-7.9)	95.6 (92.1-99.1)
	\$15,000 to \$24,999	3.8 (1.2-6.5)	96.2 (93.5-98.8)
	\$25,000 to \$34,999	1.6 (0.0-3.3)	98.4 (96.7-100.0)
	\$35,000 to \$49,999	2.0 (0.4-3.7)	98.0 (96.3-99.6)
	\$50,000 to \$74,999	2.6 (0.0-5.3)	97.4 (94.7-100.0)
	\$75,000+	1.6 (0.4-2.8)	98.4 (97.2-99.6)
Veteran	Yes	3.8 (1.9-5.8)	96.2 (94.2-98.1)
	No	2.2 (1.4-2.9)	97.8 (97.1-98.6)

High Cholesterol by Demographics and Region
Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

Table-A 8: High Cholesterol Prevalence by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	36.7 (33.7-39.7)	63.3 (60.3-66.3)
Geography	Clark County	35.8 (31.7-39.8)	64.2 (60.2-68.3)
	Washoe County	40.3 (35.7-44.8)	59.7 (55.2-64.3)
	Balance of State	37.7 (33.4-42.1)	62.3 (57.9-66.6)
Age	18 - 24	10.4 (0.1-20.7)	89.6 (79.3-99.9)
	25 - 34	16.2 (8.4-24.0)	83.8 (76.0-91.6)
	35 - 44	25.1 (18.3-32.0)	74.9 (68.0-81.7)
	45 - 54	43.6 (36.0-51.2)	56.4 (48.8-64.0)
	55 - 64	46.1 (39.6-52.7)	53.9 (47.3-60.4)
	65+	51.3 (45.9-56.6)	48.7 (43.4-54.1)
Sex	Male	35.0 (30.4-39.7)	65.0 (60.3-69.6)
	Female	38.3 (34.4-42.3)	61.7 (57.7-65.6)
Race/Ethnicity	White	38.5 (35.0-42.1)	61.5 (57.9-65.0)
	Black	48.9 (36.5-61.4)	51.1 (38.6-63.5)
	Other Race	24.5 (15.9-33.1)	75.5 (66.9-84.1)
	Hispanic	34.3 (26.6-42.0)	65.7 (58.0-73.4)

High Cholesterol by Demographics and Region
Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

High Cholesterol Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	50.2 (39.5-60.8)	49.8 (39.2-60.5)
	H.S. or G.E.D.	37.2 (31.6-42.7)	62.8 (57.3-68.4)
	Some Post H.S.	34.2 (29.0-39.4)	65.8 (60.6-71.0)
	College Graduate	32.1 (27.6-36.7)	67.9 (63.3-72.4)
Income	< 15,000	49.4 (35.1-63.6)	50.6 (36.4-64.9)
	\$15,000 to \$24,999	44.0 (35.3-52.7)	56.0 (47.3-64.7)
	\$25,000 to \$34,999	39.8 (29.4-50.2)	60.2 (49.8-70.6)
	\$35,000 to \$49,999	35.6 (26.4-44.7)	64.4 (55.3-73.6)
	\$50,000 to \$74,999	31.1 (23.8-38.4)	68.9 (61.6-76.2)
	\$75,000+	34.9 (29.3-40.5)	65.1 (59.5-70.7)
Veteran	Yes	42.4 (34.5-50.3)	57.6 (49.7-65.5)
	No	35.8 (32.5-39.1)	64.2 (60.9-67.5)

High Blood Pressure by Demographics and Region

Have you ever been told by a doctor, nurse, or other health professional that you had high blood pressure?

Table-A 9: High Blood Pressure Prevalence by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	28.3 (25.9-30.8)	71.7 (69.2-74.1)
Geography	Clark County	26.7 (23.6-29.9)	73.3 (70.1-76.4)
	Washoe County	32.4 (28.3-36.5)	67.6 (63.5-71.7)
	Balance of State	32.8 (29.0-36.6)	67.2 (63.4-71.0)
Age	18 - 24	3.6 (1.0-6.2)	96.4 (93.8-99.0)
	25 - 34	14.2 (8.7-19.8)	85.8 (80.2-91.3)
	35 - 44	13.7 (9.2-18.2)	86.3 (81.8-90.8)
	45 - 54	29.1 (22.8-35.5)	70.9 (64.5-77.2)
	55 - 64	43.2 (37.0-49.5)	56.8 (50.5-63.0)
	65+	56.9 (51.8-62.0)	43.1 (38.0-48.2)
Sex	Male	28.7 (25.1-32.4)	71.3 (67.6-74.9)
	Female	27.9 (24.7-31.1)	72.1 (68.9-75.3)
Race/Ethnicity	White	31.7 (28.7-34.8)	68.3 (65.2-71.3)
	Black	38.2 (27.7-48.7)	61.8 (51.3-72.3)
	Other Race	20.1 (13.3-26.9)	79.9 (73.1-86.7)
	Hispanic	21.5 (16.1-26.9)	78.5 (73.1-83.9)

High Blood Pressure by Demographics and Region
 Have you ever been told by a doctor, nurse, or other health professional that you had high blood pressure?

High Blood Pressure Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	28.3 (20.7-35.9)	71.7 (64.1-79.3)
	H.S. or G.E.D.	29.8 (25.2-34.3)	70.2 (65.7-74.8)
	Some Post H.S.	28.4 (24.2-32.6)	71.6 (67.4-75.8)
	College Graduate	26.5 (22.3-30.6)	73.5 (69.4-77.7)
Income	< 15,000	31.2 (20.6-41.9)	68.8 (58.1-79.4)
	\$15,000 to \$24,999	26.9 (20.7-33.0)	73.1 (67.0-79.3)
	\$25,000 to \$34,999	30.5 (22.1-38.8)	69.5 (61.2-77.9)
	\$35,000 to \$49,999	30.7 (22.9-38.6)	69.3 (61.4-77.1)
	\$50,000 to \$74,999	28.3 (22.1-34.6)	71.7 (65.4-77.9)
	\$75,000+	28.5 (23.4-33.6)	71.5 (66.4-76.6)
Veteran	Yes	40.8 (33.4-48.2)	59.2 (51.8-66.6)
	No	26.6 (24.1-29.2)	73.4 (70.8-75.9)

Cholesterol Check
Respondents Who Have Had Their Cholesterol Checked Within the Past 5 Years

Table-A 10: Respondents Who Have Had Their Cholesterol Checked Within 5 Years

Demographic	Grouping	Yes	No	Never
Statewide	Nevada	74.7 (71.9-77.5)	4.8 (3.5-6.2)	20.4 (17.8-23.1)
Geography	Clark County	73.8 (70.1-77.4)	5.0 (3.2-6.8)	21.3 (17.8-24.7)
	Washoe County	77.3 (73.2-81.5)	4.1 (2.2-5.9)	18.6 (14.7-22.5)
	Balance of State	77.2 (73.2-81.2)	5.1 (3.2-7.1)	17.7 (13.9-21.5)
Age	18 - 24	43.2 (32.6-53.8)	1.8 (0.1-3.5)	55.0 (44.3-65.6)
	25 - 34	53.5 (45.4-61.6)	5.3 (1.5-9.1)	41.2 (33.2-49.2)
	35 - 44	75.6 (69.3-81.8)	9.3 (5.0-13.7)	15.1 (9.9-20.3)
	45 - 54	80.4 (74.5-86.2)	5.5 (1.8-9.3)	14.1 (9.1-19.0)
	55 - 64	88.2 (83.7-92.6)	4.1 (1.2-7.1)	7.7 (4.1-11.3)
	65+	94.6 (92.4-96.8)	2.0 (0.7-3.4)	3.4 (1.6-5.1)
Sex	Male	71.8 (67.6-76.0)	6.6 (4.2-9.0)	21.6 (17.7-25.5)
	Female	77.6 (74.0-81.2)	3.1 (1.8-4.4)	19.3 (15.8-22.8)
Race/Ethnicity	White	81.9 (79.0-84.7)	4.6 (3.2-6.0)	13.6 (10.9-16.2)
	Black	71.4 (60.8-82.1)	1.7 (0.0-4.2)	26.9 (16.3-37.4)
	Other Race	72.5 (62.8-82.2)	4.9 (0.0-10.5)	22.6 (13.6-31.5)
	Hispanic	61.6 (54.8-68.4)	5.8 (2.3-9.3)	32.6 (26.0-39.2)

Cholesterol Check

Respondents Who Have Had Their Cholesterol Checked Within the Past 5 Years

Respondents Who Have Had Their Cholesterol Checked Within 5 Years Continued

Demographic	Grouping	Yes	No	Never
Education	Less than H.S.	60.6 (51.7-69.4)	4.2 (0.6-7.8)	35.2 (26.5-44.0)
	H.S. or G.E.D.	69.3 (64.0-74.5)	6.6 (3.7-9.5)	24.2 (19.3-29.1)
	Some Post H.S.	79.1 (74.5-83.6)	4.4 (2.0-6.7)	16.6 (12.4-20.8)
	College Graduate	86.7 (83.1-90.2)	3.7 (1.8-5.6)	9.7 (6.5-12.9)
Income	< 15,000	67.4 (55.5-79.4)	5.7 (1.3-10.1)	26.8 (15.1-38.5)
	\$15,000 to \$24,999	67.8 (60.5-75.1)	5.1 (1.8-8.4)	27.1 (20.1-34.2)
	\$25,000 to \$34,999	63.1 (53.3-72.9)	6.2 (1.6-10.7)	30.7 (20.9-40.5)
	\$35,000 to \$49,999	80.5 (73.5-87.5)	3.1 (0.4-5.8)	16.4 (9.7-23.0)
	\$50,000 to \$74,999	82.0 (75.6-88.3)	4.9 (0.2-9.6)	13.1 (8.2-18.1)
	\$75,000+	86.8 (82.3-91.2)	4.2 (1.5-7.0)	9.0 (5.2-12.7)
Veteran	Yes	87.2 (81.1-93.3)	5.7 (0.8-10.5)	7.1 (2.8-11.4)
	No	72.9 (69.9-75.9)	4.7 (3.3-6.1)	22.4 (19.5-25.3)

Sigmoidoscopy/Colonoscopy by Demographics and Region

“Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?” Asked to respondents 50 years of age or more.

Table-A 11: 50+ Sigmoidoscopy/Colonoscopy Screening by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	63.9 (60.0-67.8)	36.1 (32.2-40.0)
Geography	Clark County	61.0 (55.2-66.7)	39.0 (33.3-44.8)
	Washoe County	73.5 (68.7-78.3)	26.5 (21.7-31.3)
	Balance of State	64.5 (59.6-69.3)	35.5 (30.7-40.4)
Age	50 - 54	53.5 (43.4-63.6)	46.5 (36.4-56.6)
	55 - 64	57.4 (50.6-64.2)	42.6 (35.8-49.4)
	65+	74.6 (70.1-79.2)	25.4 (20.8-29.9)
Sex	Male	66.5 (60.6-72.5)	33.5 (27.5-39.4)
	Female	61.7 (56.4-66.9)	38.3 (33.1-43.6)
Race/Ethnicity	White	69.4 (65.5-73.3)	30.6 (26.7-34.5)
	Black	73.6 (58.7-88.6)	26.4 (11.4-41.3)
	Other Race	58.2 (41.8-74.6)	41.8 (25.4-58.2)
	Hispanic	31.3 (19.6-42.9)	68.7 (57.1-80.4)

Sigmoidoscopy/Colonoscopy by Demographics and Region (continued)

“Sigmoidoscopy and colonoscopy are exams in which a tube is inserted into the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?”

Sigmoidoscopy/Colonoscopy Screening by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	44.9 (30.8-59.1)	55.1 (40.9-69.2)
	H.S. or G.E.D.	65.3 (57.9-72.7)	34.7 (27.3-42.1)
	Some Post H.S.	65.9 (59.4-72.5)	34.1 (27.5-40.6)
	College Graduate	70.9 (64.9-76.8)	29.1 (23.2-35.1)
Income	< 15,000	57.6 (39.5-75.6)	40.7 (22.6-58.8)
	\$15,000 to \$24,999	55.2 (43.4-67.0)	44.7 (32.9-56.5)
	\$25,000 to \$34,999	58.3 (46.4-70.3)	41.7 (29.7-53.6)
	\$35,000 to \$49,999	65.5 (54.9-76.2)	34.5 (23.8-45.1)
	\$50,000 to \$74,999	67.8 (57.6-77.9)	32.2 (22.1-42.4)
	\$75,000+	73.9 (66.6-81.2)	26.0 (18.7-33.3)
Veteran	Yes	74.4 (66.3-82.4)	25.6 (17.6-33.7)
	No	61.2 (56.7-65.7)	38.8 (34.3-43.3)

Past 2 Year Blood Stool Test by Demographics and Region
Nevada adults 50+ who have had a Blood Stool test within the past 2 years.

Table-A 12: Blood Stool Test Within the Past Two Years by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	13.3 (10.8-15.8)	86.7 (84.2-89.2)
Geography	Clark County	14.5 (10.9-18.1)	85.5 (81.9-89.1)
	Washoe County	11.5 (7.1-15.9)	88.5 (84.1-92.9)
	Balance of State	10.9 (7.9-13.8)	89.1 (86.2-92.1)
Age	50 - 54	4.1 (1.1-7.2)	95.9 (92.8-98.9)
	55 - 64	8.2 (4.8-11.7)	91.8 (88.3-95.2)
	65+	22.3 (17.7-26.8)	77.7 (73.2-82.3)
Sex	Male	11.7 (8.3-15.1)	88.3 (84.9-91.7)
	Female	14.6 (11.0-18.3)	85.4 (81.7-89.0)
Race/Ethnicity	White	15.0 (12.1-17.9)	85.0 (82.1-87.9)
	Black	16.1 (6.3-25.9)	83.9 (74.1-93.7)
	Other Race	12.4 (2.1-22.7)	87.6 (77.3-97.9)
	Hispanic	3.7 (0.5-6.9)	96.3 (93.1-99.5)

Past 2 Year Blood Stool Test by Demographics and Region
Nevada adults 50+ who have had a Blood Stool test within the past 2 years.

Blood Stool Test Within the Past Two Years Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	16.6 (5.5-27.6)	83.4 (72.4-94.5)
	H.S. or G.E.D.	10.9 (6.8-15.0)	89.1 (85.0-93.2)
	Some Post H.S.	14.2 (10.2-18.3)	85.8 (81.7-89.8)
	College Graduate	13.4 (9.0-17.8)	86.6 (82.2-91.0)
Income	< 15,000	8.2 (3.8-12.5)	91.8 (87.5-96.2)
	\$15,000 to \$24,999	17.6 (9.4-25.8)	82.4 (74.2-90.6)
	\$25,000 to \$34,999	12.4 (4.4-20.4)	87.6 (79.6-95.6)
	\$35,000 to \$49,999	14.0 (6.5-21.6)	86.0 (78.4-93.5)
	\$50,000 to \$74,999	7.0 (3.9-10.2)	93.0 (89.8-96.1)
	\$75,000+	12.3 (7.5-17.1)	87.7 (82.9-92.5)
Veteran	Yes	16.5 (11.1-21.8)	83.5 (78.2-88.9)
	No	12.5 (9.7-15.4)	87.5 (84.6-90.3)

Diabetes Prevalence by Demographics and Region
“Have you ever been told by a doctor or other health professional that you have diabetes?”

Table-A 13: Diabetes Prevalence by Demographic and Region

Demographic	Grouping	Yes	Yes Female During Pregnancy	No	No Pre-diabetes
Statewide	Nevada	9.7 (8.1-11.2)	0.9 (0.3-1.4)	87.8 (86.0-89.5)	1.7 (0.9-2.4)
Geography	Clark County	9.4 (7.4-11.4)	0.9 (0.1-1.7)	87.6 (85.3-89.9)	2.0 (1.0-3.1)
	Washoe County	7.9 (5.6-10.3)	0.9 (0.1-1.6)	90.9 (88.5-93.3)	0.3 (0.0-0.6)
	Balance of State	13.6 (10.5-16.6)	0.7 (0.1-1.4)	84.4 (81.3-87.6)	1.2 (0.5-2.0)
Age	18 - 24	0.3 (0.0-0.8)	0.2 (0.0-0.6)	99.6 (98.9-100.0)	0.0
	25 - 34	2.3 (0.2-4.4)	2.0 (0.0-4.4)	95.6 (92.4-98.7)	0.2 (0.0-0.5)
	35 - 44	6.3 (2.9-9.7)	1.1 (0.0-2.4)	92.0 (88.3-95.7)	0.6 (0.0-1.3)
	45 - 54	11.1 (6.3-15.8)	0.9 (0.0-2.1)	84.3 (78.8-89.9)	3.7 (0.5-6.9)
	55 - 64	12.6 (8.5-16.7)	0.8 (0.0-2.1)	84.2 (79.6-88.8)	2.5 (0.4-4.5)
	65+	21.9 (17.7-26.1)	0.1 (0.0-0.3)	75.3 (70.9-79.7)	2.6 (1.0-4.3)
Sex	Male	10.6 (8.2-12.9)	0.0	87.9 (85.3-90.5)	1.5 (0.4-2.7)
	Female	8.8 (6.8-10.8)	1.8 (0.6-2.9)	87.6 (85.2-90.0)	1.8 (0.9-2.8)
Race/Ethnicity	White	10.0 (8.0-12.1)	0.7 (0.2-1.2)	87.9 (85.7-90.2)	1.4 (0.6-2.2)
	Black	16.2 (9.1-23.4)	0.0	78.9 (70.4-87.4)	4.9 (0.0-10.2)
	Other Race	9.4 (4.9-13.8)	0.9 (0.0-2.5)	87.0 (81.6-92.4)	2.8 (0.0-5.6)
	Hispanic	6.8 (4.0-9.6)	1.7 (0.0-3.6)	90.8 (87.3-94.3)	0.7 (0.0-1.7)

Diabetes Prevalence by Demographics and Region Continued
“Have you ever been told by a doctor or other health professional that you have diabetes?”

Diabetes Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	Yes Female During Pregnancy	No	No Pre-diabetes
Education	Less than H.S.	9.6 (5.2-13.9)	1.9 (0.0-4.6)	87.8 (82.7-93.0)	0.7 (0.0-2.0)
	H.S. or G.E.D.	10.2 (7.3-13.1)	0.4 (0.0-1.1)	88.0 (84.8-91.1)	1.4 (0.2-2.6)
	Some Post H.S.	11.3 (8.3-14.3)	1.0 (0.1-1.9)	85.4 (82.0-88.8)	2.2 (0.7-3.8)
	College Graduate	6.4 (4.4-8.4)	0.5 (0.0-0.9)	91.1 (88.6-93.7)	2.0 (0.3-3.7)
Income	< 15,000	17.6 (8.8-26.3)	0.7 (0.0-1.7)	79.5 (70.3-88.6)	2.3 (0.0-5.4)
	\$15,000 to \$24,999	12.8 (8.1-17.5)	1.5 (0.0-3.4)	83.4 (78.1-88.7)	2.3 (0.1-4.5)
	\$25,000 to \$34,999	8.8 (4.4-13.2)	0.3 (0.0-0.9)	90.3 (85.9-94.8)	0.6 (0.0-1.1)
	\$35,000 to \$49,999	14.0 (8.2-19.7)	0.0	81.9 (75.0-88.9)	4.1 (0.0-8.6)
	\$50,000 to \$74,999	6.8 (3.5-10.1)	0.6 (0.0-1.3)	90.8 (86.9-94.6)	1.9 (0.0-3.8)
	\$75,000+	8.1 (5.0-11.1)	1.2 (0.0-2.5)	89.7 (86.3-93.1)	1.1 (0.0-2.2)
Veteran	Yes	17.0 (11.8-22.3)	0.0 (0.0-0.0)	76.5 (70.0-83.0)	6.5 (1.9-11.1)
	No	8.7 (7.1-10.3)	1.0 (0.3-1.6)	89.3 (87.5-91.1)	1.0 (0.5-1.5)

Nevada Adults Who Are Limited (Disability) by Demographics and Region
“Are you limited in any way in any activities because of physical, mental, or emotional problems?”

Table-A 14: Limited Activities Because of Disabilities

Demographic	Grouping	Yes	No
Statewide	Nevada	20.3 (18.0-22.6)	79.7 (77.4-82.0)
Geography	Clark County	19.3 (16.4-22.3)	80.7 (77.7-83.6)
	Washoe County	20.1 (16.9-23.3)	79.9 (76.7-83.1)
	Balance of State	26.4 (22.8-30.0)	73.6 (70.0-77.2)
Age	18 - 24	5.5 (1.3-9.6)	94.5 (90.4-98.7)
	25 - 34	13.8 (7.8-19.7)	86.2 (80.3-92.2)
	35 - 44	16.0 (10.5-21.5)	84.0 (78.5-89.5)
	45 - 54	23.7 (17.5-29.9)	76.3 (70.1-82.5)
	55 - 64	28.1 (22.6-33.6)	71.9 (66.4-77.4)
	65+	30.2 (25.6-34.7)	69.8 (65.3-74.4)
Sex	Male	19.8 (16.4-23.2)	80.2 (76.8-83.6)
	Female	20.8 (17.8-23.8)	79.2 (76.2-82.2)
Race/Ethnicity	White	25.3 (22.3-28.3)	74.7 (71.7-77.7)
	Black	26.8 (16.9-36.7)	73.2 (63.3-83.1)
	Other Race	13.8 (6.8-20.8)	86.2 (79.2-93.2)
	Hispanic	10.2 (6.6-13.9)	89.8 (86.1-93.4)

**Nevada Adults Who Are Limited (Disability) by Demographics and Region
Continued**

“Are you limited in any way in any activities because of physical, mental, or emotional problems?”

Limited Activities Because of Disabilities Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	22.3 (15.4-29.2)	77.7 (70.8-84.6)
	H.S. or G.E.D.	19.1 (15.2-22.9)	80.9 (77.1-84.8)
	Some Post H.S.	24.8 (20.4-29.3)	75.2 (70.7-79.6)
	College Graduate	13.1 (10.4-15.8)	86.9 (84.2-89.6)
Income	< 15,000	38.8 (26.8-50.9)	61.2 (49.1-73.2)
	\$15,000 to \$24,999	28.1 (21.5-34.7)	71.9 (65.3-78.5)
	\$25,000 to \$34,999	17.6 (11.4-23.9)	82.4 (76.1-88.6)
	\$35,000 to \$49,999	25.5 (18.1-32.9)	74.5 (67.1-81.9)
	\$50,000 to \$74,999	14.8 (10.0-19.5)	85.2 (80.5-90.0)
	\$75,000+	16.3 (12.0-20.7)	83.7 (79.3-88.0)
Veteran	Yes	30.4 (23.6-37.2)	69.6 (62.8-76.4)
	No	18.9 (16.5-21.3)	81.1 (78.7-83.5)

Nevada Adults Who Require Special Equipment by Demographics and Region
 “Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?” (Include occasional use or use in certain circumstances)

Table-A 15: Nevadans Requiring Special Equipment Because of Disabilities by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	8.3 (6.8-9.8)	91.7 (90.2-93.2)
Geography	Clark County	8.3 (6.3-10.4)	91.7 (89.6-93.7)
	Washoe County	6.5 (4.7-8.3)	93.5 (91.7-95.3)
	Balance of State	10.6 (8.5-12.7)	89.4 (87.3-91.5)
Age	18 - 24	3.7 (0.0-7.5)	96.3 (92.5-100.0)
	25 - 34	3.2 (0.0-7.1)	96.8 (92.9-100.0)
	35 - 44	4.6 (1.0-8.1)	95.4 (91.9-99.0)
	45 - 54	6.8 (3.5-10.1)	93.2 (89.9-96.5)
	55 - 64	11.0 (7.3-14.7)	89.0 (85.3-92.7)
	65+	18.6 (14.7-22.5)	81.4 (77.5-85.3)
Sex	Male	8.8 (6.3-11.2)	91.2 (88.8-93.7)
	Female	7.8 (6.0-9.7)	92.2 (90.3-94.0)
Race/Ethnicity	White	10.3 (8.3-12.3)	89.7 (87.7-91.7)
	Black	11.5 (4.5-18.5)	88.5 (81.5-95.5)
	Other Race	5.7 (0.0-11.6)	94.3 (88.4-100.0)
	Hispanic	3.2 (1.5-4.9)	96.8 (95.1-98.5)

Nevada Adults Who Require Special Equipment by Demographics and Region Continued

“Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?” (Include occasional use or use in certain circumstances)

Nevadans Requiring Special Equipment Because of Disabilities by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	9.2 (4.6-13.7)	90.8 (86.3-95.4)
	H.S. or G.E.D.	8.0 (5.4-10.6)	92.0 (89.4-94.6)
	Some Post H.S.	10.0 (6.9-13.1)	90.0 (86.9-93.1)
	College Graduate	5.1 (3.5-6.8)	94.9 (93.2-96.5)
Income	< 15,000	15.2 (5.7-24.6)	84.8 (75.4-94.3)
	\$15,000 to \$24,999	9.9 (6.0-13.9)	90.1 (86.1-94.0)
	\$25,000 to \$34,999	10.6 (6.0-15.2)	89.4 (84.8-94.0)
	\$35,000 to \$49,999	10.8 (5.4-16.3)	89.2 (83.7-94.6)
	\$50,000 to \$74,999	6.6 (2.9-10.2)	93.4 (89.8-97.1)
	\$75,000+	6.2 (3.2-9.1)	93.8 (90.9-96.8)
Veteran	Yes	17.2 (11.4-23.1)	82.8 (76.9-88.6)
	No	7.1 (5.5-8.6)	92.9 (91.4-94.5)

Perceived Health Status by Demographics and Region
"How would you rate your general health (excellent, very good, good, fair, or poor)?"

Table-A 16: Self-Reported Perceived Health Status

Demographic	Grouping	Excellent	Very Good	Good	Fair	Poor
Statewide	Nevada	18.7 (16.4-21.1)	27.7 (25.2-30.2)	36.0 (33.1-38.8)	13.4 (11.5-15.3)	4.2 (3.0-5.4)
Geography	Clark County	19.8 (16.7-22.9)	25.9 (22.6-29.2)	36.7 (33.0-40.5)	13.6 (11.1-16.2)	3.9 (2.4-5.5)
	Washoe County	17.1 (13.9-20.3)	34.7 (30.5-38.9)	32.5 (28.1-36.8)	11.5 (8.7-14.3)	4.2 (2.7-5.7)
	Balance of State	14.4 (11.4-17.3)	29.4 (25.6-33.1)	35.9 (31.6-40.1)	14.5 (11.5-17.4)	5.9 (4.1-7.8)
Age	18 - 24	30.4 (20.6-40.2)	23.7 (16.5-30.9)	32.6 (22.5-42.7)	9.5 (3.4-15.6)	3.8 (0.0-7.9)
	25 - 34	17.7 (12.0-23.3)	27.2 (20.5-34.0)	40.3 (32.6-47.9)	12.8 (8.0-17.7)	2.0 (0.0-5.8)
	35 - 44	18.3 (12.6-23.9)	28.5 (22.1-34.9)	41.0 (33.8-48.2)	8.6 (4.7-12.6)	3.6 (0.7-6.6)
	45 - 54	18.4 (13.0-23.8)	24.1 (18.4-29.7)	35.0 (28.0-42.0)	17.9 (12.3-23.5)	4.6 (2.5-6.7)
	55 - 64	14.7 (10.3-19.2)	35.1 (28.9-41.4)	30.8 (25.2-36.4)	13.7 (9.2-18.1)	5.7 (3.2-8.1)
	65+	16.7 (12.5-20.8)	26.9 (22.6-31.1)	34.6 (29.5-39.7)	16.4 (12.8-19.9)	5.4 (3.4-7.5)
Sex	Male	21.0 (17.3-24.8)	29.4 (25.5-33.2)	34.8 (30.6-39.1)	11.4 (8.7-14.0)	3.4 (1.7-5.1)
	Female	16.4 (13.7-19.2)	26.0 (22.8-29.1)	37.1 (33.3-40.9)	15.5 (12.7-18.2)	5.0 (3.4-6.6)

Perceived Health Status, by Demographics and Region (continued)
 "How would you rate your general health (excellent, very good, good, fair, or poor)?"

Self-Reported Perceived Health Status Continued

Demographic	Grouping	Excellent	Very Good	Good	Fair	Poor
Race/Ethnicity	White	21.9 (18.8-24.9)	32.9 (29.7-36.0)	30.7 (27.5-33.8)	10.5 (8.4-12.6)	4.1 (2.9-5.3)
	Black	15.2 (7.3-23.0)	26.6 (17.3-35.9)	27.9 (17.9-37.9)	23.4 (14.3-32.6)	6.9 (0.4-13.4)
	Other Race	20.2 (11.9-28.4)	24.9 (16.7-33.1)	35.8 (25.8-45.9)	13.6 (7.3-19.9)	5.5 (0.0-11.1)
	Hispanic	12.4 (7.9-16.9)	17.8 (12.6-23.0)	50.0 (43.3-56.8)	16.9 (12.2-21.6)	2.8 (1.1-4.6)
Education	Less than H.S.	10.2 (4.7-15.6)	15.3 (8.7-21.9)	45.2 (36.3-54.1)	23.8 (16.8-30.8)	5.6 (2.1-9.0)
	H.S. or G.E.D.	20.0 (15.5-24.6)	24.4 (20.0-28.8)	37.4 (32.2-42.6)	12.7 (9.5-15.9)	5.5 (3.3-7.7)
	Some Post H.S.	18.1 (13.8-22.3)	30.1 (25.5-34.6)	34.8 (29.9-39.6)	13.2 (9.8-16.6)	3.9 (1.5-6.2)
	College Graduate	24.5 (20.4-28.7)	38.2 (33.5-42.9)	28.8 (24.2-33.4)	6.6 (4.3-8.9)	1.8 (1.0-2.6)

Perceived Health Status, by Demographics and Region (continued)
 "How would you rate your general health (excellent, very good, good, fair, or poor)?"

Self-Reported Perceived Health Status Continued

Demographic	Grouping	Excellent	Very Good	Good	Fair	Poor
Income	< 15,000	9.6 (1.3-17.8)	14.7 (6.8-22.6)	28.1 (17.4-38.7)	35.7 (24.1-47.3)	11.8 (2.5-21.1)
	\$15,000 to \$24,999	8.3 (4.4-12.2)	21.5 (15.2-27.7)	41.8 (34.3-49.2)	20.8 (15.0-26.6)	7.4 (3.8-10.9)
	\$25,000 to \$34,999	14.6 (7.9-21.3)	19.8 (13.6-26.0)	52.8 (43.4-62.2)	9.9 (4.6-15.2)	2.9 (0.3-5.5)
	\$35,000 to \$49,999	17.2 (10.4-24.1)	26.5 (19.4-33.5)	38.6 (29.6-47.6)	14.5 (8.4-20.6)	2.8 (0.7-4.8)
	\$50,000 to \$74,999	23.8 (17.2-30.5)	30.5 (23.7-37.4)	32.8 (25.6-39.9)	9.9 (6.0-13.9)	2.8 (0.0-5.7)
	\$75,000+	28.0 (22.6-33.4)	39.1 (33.6-44.6)	26.2 (21.3-31.2)	5.4 (3.2-7.5)	1.3 (0.6-2.1)
Veteran	Yes	23.1 (15.6-30.7)	31.0 (24.1-37.8)	28.2 (21.6-34.7)	15.7 (10.1-21.2)	2.1 (0.8-3.4)
	No	18.1 (15.7-20.5)	27.3 (24.6-29.9)	37.1 (34.0-40.2)	13.1 (11.0-15.2)	4.5 (3.2-5.8)

**Perceived Health Status with Combined Variables, by Demographics
and Region (continued)**

"How would you rate your general health (excellent and very good, good, fair and poor)?"

Table-A 17: Self-Reported Perceived Health Status Continued with Combined Variables

Demographic	Grouping	Excellent & Very Good	Good	Fair & Poor
Statewide	Nevada	46.4 (43.5-49.3)	36.0 (33.1-38.8)	17.6 (15.4-19.8)
Geography	Clark County	45.7 (41.9-49.5)	36.7 (33.0-40.5)	17.6 (14.7-20.4)
	Washoe County	51.8 (47.4-56.3)	32.5 (28.1-36.8)	15.7 (12.6-18.8)
	Balance of State	43.8 (39.6-47.9)	35.9 (31.6-40.1)	20.4 (17.0-23.8)
Age	18 - 24	54.1 (43.8-64.4)	32.6 (22.5-42.7)	13.3 (6.2-20.4)
	25 - 34	44.9 (37.2-52.6)	40.3 (32.6-47.9)	14.8 (9.0-20.7)
	35 - 44	46.7 (39.5-54.0)	41.0 (33.8-48.2)	12.2 (7.5-17.0)
	45 - 54	42.5 (35.7-49.3)	35.0 (28.0-42.0)	22.5 (16.7-28.4)
	55 - 64	49.9 (43.6-56.2)	30.8 (25.2-36.4)	19.3 (14.4-24.2)
	65+	43.6 (38.5-48.7)	34.6 (29.5-39.7)	21.8 (17.8-25.8)
Sex	Male	50.4 (46.0-54.8)	34.8 (30.6-39.1)	14.8 (11.7-17.8)
	Female	42.4 (38.7-46.1)	37.1 (33.3-40.9)	20.4 (17.4-23.5)
Race/Ethnicity	White	54.8 (51.3-58.2)	30.7 (27.5-33.8)	14.6 (12.2-16.9)
	Black	41.8 (31.0-52.5)	27.9 (17.9-37.9)	30.3 (20.1-40.5)
	Other Race	45.1 (35.0-55.1)	35.8 (25.8-45.9)	19.1 (11.1-27.1)
	Hispanic	30.2 (24.0-36.5)	50.0 (43.3-56.8)	19.7 (14.8-24.6)

**Perceived Health Status with Combined Variables, by Demographics
and Region (continued)**

"How would you rate your general health (excellent and very good, good, fair and poor)?"

Self-Reported Perceived Health Status Continued with Combined Variables

Demographic	Grouping	Excellent & Very Good	Good	Fair & Poor
Education	Less than H.S.	25.5 (17.5-33.4)	45.2 (36.3-54.1)	29.4 (21.8-36.9)
	H.S. or G.E.D.	44.4 (39.1-49.7)	37.4 (32.2-42.6)	18.2 (14.5-21.9)
	Some Post H.S.	48.1 (43.0-53.3)	34.8 (29.9-39.6)	17.1 (13.1-21.1)
	College Graduate	62.8 (58.0-67.5)	28.8 (24.2-33.4)	8.4 (6.0-10.9)
Income	< 15,000	24.3 (13.7-34.8)	28.1 (17.4-38.7)	47.5 (35.2-59.8)
	\$15,000 to \$24,999	29.8 (22.9-36.6)	41.8 (34.3-49.2)	28.2 (21.7-34.6)
	\$25,000 to \$34,999	34.4 (25.8-43.0)	52.8 (43.4-62.2)	12.8 (7.0-18.6)
	\$35,000 to \$49,999	43.7 (35.1-52.4)	38.6 (29.6-47.6)	17.3 (11.0-23.7)
	\$50,000 to \$74,999	54.4 (46.9-61.9)	32.8 (25.6-39.9)	12.7 (7.9-17.4)
	\$75,000+	67.1 (61.9-72.3)	26.2 (21.3-31.2)	6.7 (4.4-8.9)
Veteran	Yes	54.1 (46.6-61.6)	28.2 (21.6-34.7)	17.8 (12.1-23.4)
	No	45.3 (42.2-48.4)	37.1 (34.0-40.2)	17.6 (15.2-19.9)

Physical Health by Demographics and Region

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 was your physical health not good?”

Table-A 18: Days of Poor Physical Health in the Past 30 Days

Demographic	Grouping	0	0-9	10+
Statewide	Nevada	63.4 (60.6-66.2)	22.4 (20.0-24.8)	14.2 (12.2-16.2)
Geography	Clark County	64.3 (60.6-68.0)	21.9 (18.7-25.0)	13.8 (11.2-16.5)
	Washoe County	60.6 (56.1-65.0)	26.0 (21.9-30.1)	13.4 (10.7-16.2)
	Balance of State	61.7 (57.5-65.8)	20.9 (17.5-24.2)	17.5 (14.3-20.6)
Age	18 - 24	59.7 (49.5-69.9)	28.3 (19.1-37.6)	12.0 (4.5-19.4)
	25 - 34	64.6 (57.2-72.0)	25.5 (19.0-32.0)	9.8 (4.7-15.0)
	35 - 44	67.2 (60.5-73.9)	19.6 (14.3-24.9)	13.2 (8.2-18.2)
	45 - 54	64.5 (57.8-71.3)	24.3 (18.0-30.6)	11.1 (7.3-14.9)
	55 - 64	60.3 (54.2-66.4)	20.6 (15.8-25.4)	19.1 (14.4-23.8)
	65+	62.5 (57.5-67.4)	18.0 (14.3-21.7)	19.6 (15.5-23.6)
Sex	Male	67.9 (63.8-71.9)	21.1 (17.5-24.6)	11.1 (8.3-13.8)
	Female	58.9 (55.1-62.6)	23.8 (20.5-27.1)	17.3 (14.5-20.2)
Race/Ethnicity	White	59.7 (56.3-63.1)	25.0 (21.9-28.1)	15.3 (12.9-17.7)
	Black	64.2 (53.6-74.7)	16.1 (8.5-23.8)	19.7 (10.7-28.8)
	Other Race	61.3 (51.1-71.4)	22.8 (14.3-31.3)	15.9 (7.9-23.9)
	Hispanic	72.7 (66.9-78.4)	19.1 (14.2-24.1)	8.2 (4.8-11.7)

Physical Health by Demographics and Region (continued)

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 was your physical health not good?”

Days of Poor Physical Health in the Past 30 Days Continued

Demographic	Grouping	0	0-9	10+
Education	Less than H.S.	64.6 (56.5-72.8)	20.8 (14.1-27.5)	14.6 (8.6-20.5)
	H.S. or G.E.D.	66.0 (61.1-70.9)	19.5 (15.4-23.5)	14.5 (11.1-18.0)
	Some Post H.S.	57.8 (52.6-63.0)	26.1 (21.4-30.7)	16.1 (12.2-20.0)
	College Graduate	67.9 (63.4-72.3)	21.9 (17.9-25.9)	10.3 (7.6-13.0)
Income	< 15,000	42.0 (29.7-54.4)	33.7 (21.0-46.3)	24.3 (14.1-34.5)
	\$15,000 to \$24,999	52.5 (45.0-60.1)	27.5 (20.8-34.2)	20.0 (14.3-25.6)
	\$25,000 to \$34,999	69.4 (61.1-77.8)	18.8 (11.9-25.7)	11.8 (6.3-17.2)
	\$35,000 to \$49,999	61.6 (52.9-70.2)	24.4 (16.9-32.0)	14.0 (8.0-19.9)
	\$50,000 to \$74,999	65.4 (58.3-72.4)	23.0 (16.9-29.1)	11.6 (7.0-16.3)
	\$75,000+	71.2 (66.3-76.1)	19.2 (15.2-23.2)	9.6 (6.3-12.9)
Veteran	Yes	67.3 (60.5-74.1)	16.7 (11.5-21.9)	16.0 (10.6-21.4)
	No	62.8 (59.8-65.9)	23.2 (20.6-25.8)	14.0 (11.8-16.1)

Mental Health by Demographics and Region

"Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Table-A 19: Days of Poor Mental Health in the Past 30 Days by Demographics and Region

Demographic	Grouping	0	0-9	10+
Statewide	Nevada	65.1 (62.3-67.9)	21.1 (18.7-23.5)	13.8 (11.8-15.9)
Geography	Clark County	66.1 (62.4-69.8)	20.6 (17.4-23.7)	13.4 (10.7-16.1)
	Washoe County	60.6 (56.1-65.1)	25.2 (21.1-29.2)	14.3 (11.0-17.6)
	Balance of State	64.8 (60.7-68.9)	19.0 (15.6-22.3)	16.2 (13.2-19.3)
Age	18 - 24	50.0 (39.5-60.4)	32.2 (22.5-41.9)	17.8 (10.1-25.6)
	25 - 34	59.9 (52.2-67.7)	25.5 (18.9-32.2)	14.5 (8.4-20.6)
	35 - 44	60.9 (53.8-67.9)	21.9 (16.2-27.7)	17.2 (11.6-22.8)
	45 - 54	65.3 (58.5-72.1)	18.4 (12.7-24.0)	16.3 (11.3-21.4)
	55 - 64	70.2 (64.9-75.6)	19.4 (14.8-24.0)	10.4 (7.2-13.6)
	65+	78.9 (74.9-82.8)	13.0 (9.5-16.4)	8.1 (5.9-10.4)
Sex	Male	69.4 (65.3-73.6)	18.2 (14.7-21.6)	12.4 (9.3-15.5)
	Female	60.7 (56.9-64.5)	24.0 (20.7-27.4)	15.3 (12.5-18.0)
Race/Ethnicity	White	61.3 (57.9-64.8)	23.7 (20.6-26.7)	15.0 (12.4-17.6)
	Black	71.6 (61.3-81.8)	18.2 (9.5-26.8)	10.3 (3.2-17.3)
	Other Race	66.7 (57.0-76.4)	16.5 (8.7-24.2)	16.8 (9.0-24.7)
	Hispanic	70.7 (64.6-76.7)	18.5 (13.3-23.7)	10.8 (6.9-14.7)

Mental Health by Demographics and Region (continued)

"Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Days of Poor Mental Health in the Past 30 Days by Demographics and Region Continued

Demographic	Grouping	0	0-9	10+
Education	Less than H.S.	68.7 (60.8-76.6)	16.4 (10.2-22.6)	14.9 (8.5-21.2)
	H.S. or G.E.D.	64.7 (59.6-69.9)	19.7 (15.3-24.2)	15.6 (11.9-19.3)
	Some Post H.S.	60.9 (55.8-66.0)	23.4 (19.0-27.9)	15.7 (11.8-19.5)
	College Graduate	69.6 (65.1-74.2)	22.8 (18.7-27.0)	7.5 (5.0-10.1)
Income	< 15,000	51.9 (39.5-64.3)	22.0 (12.0-32.0)	26.1 (14.9-37.4)
	\$15,000 to \$24,999	63.5 (56.5-70.5)	18.6 (13.0-24.3)	17.8 (12.8-22.9)
	\$25,000 to \$34,999	72.6 (64.2-81.0)	16.7 (9.2-24.1)	10.7 (5.8-15.7)
	\$35,000 to \$49,999	61.9 (53.0-70.8)	24.3 (16.1-32.5)	13.7 (7.6-19.9)
	\$50,000 to \$74,999	66.4 (59.4-73.3)	22.5 (16.7-28.3)	11.1 (6.2-16.1)
	\$75,000+	67.8 (62.3-73.3)	23.2 (18.3-28.1)	9.0 (5.5-12.5)
Veteran	Yes	80.9 (75.6-86.2)	10.5 (6.1-14.9)	8.6 (5.0-12.2)
	No	62.9 (59.8-66.0)	22.6 (19.9-25.2)	14.5 (12.3-16.8)

**Unable to Do Usual Activities Because of Poor Health by
Demographics and Region**

“During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?”

Table-A 20: Limited Activities Because of Poor Health by Demographic and Region

Demographic	Grouping	0	0-9	10+
Statewide	Nevada	59.0 (55.2-62.9)	22.6 (19.5-25.7)	18.4 (15.3-21.5)
Geography	Clark County	60.4 (55.2-65.5)	21.8 (17.7-25.9)	17.8 (13.6-22.0)
	Washoe County	57.7 (51.8-63.6)	24.6 (19.5-29.6)	17.8 (13.6-21.9)
	Balance of State	53.0 (47.4-58.5)	24.1 (19.3-28.9)	22.9 (18.4-27.4)
Age	18 - 24	68.3 (57.2-79.5)	20.4 (11.1-29.6)	11.3 (4.0-18.5)
	25 - 34	69.2 (59.7-78.7)	21.0 (13.6-28.5)	9.7 (2.2-17.3)
	35 - 44	59.8 (50.1-69.4)	24.6 (16.5-32.7)	15.6 (7.6-23.6)
	45 - 54	45.9 (35.8-56.1)	30.0 (21.4-38.7)	24.0 (15.4-32.7)
	55 - 64	52.8 (44.9-60.7)	21.9 (15.6-28.2)	25.3 (18.0-32.5)
	65+	56.7 (49.7-63.7)	17.5 (12.2-22.8)	25.8 (19.2-32.3)
Sex	Male	58.3 (52.1-64.5)	22.7 (17.9-27.5)	19.0 (13.6-24.4)
	Female	59.6 (54.8-64.5)	22.4 (18.4-26.5)	17.9 (14.4-21.5)
Race/Ethnicity	White	54.7 (50.1-59.4)	23.6 (19.8-27.4)	21.7 (17.7-25.6)
	Black	57.3 (42.3-72.3)	24.2 (12.0-36.4)	18.5 (6.3-30.6)
	Other Race	71.0 (58.2-83.8)	16.6 (8.3-24.9)	12.4 (1.3-23.6)
	Hispanic	65.0 (55.9-74.0)	24.1 (15.8-32.4)	11.0 (5.7-16.2)

**Unable to Do Usual Activities Because of Poor Health by
Demographics and Region Continued**

"During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?"

Limited Activities Because of Poor Health by Demographic and Region Continued

Demographic	Grouping	0	0-9	10+
Education	Less than H.S.	60.1 (48.6-71.7)	17.9 (9.1-26.7)	22.0 (12.4-31.5)
	H.S. or G.E.D.	57.6 (50.5-64.7)	22.0 (16.3-27.8)	20.4 (14.8-26.0)
	Some Post H.S.	61.0 (54.3-67.7)	20.0 (14.9-25.1)	19.0 (13.4-24.6)
	College Graduate	56.1 (49.2-62.9)	32.6 (26.1-39.1)	11.3 (7.1-15.6)
Income	< 15,000	47.5 (32.1-63.0)	18.7 (8.3-29.1)	33.8 (18.8-48.7)
	\$15,000 to \$24,999	50.5 (41.1-59.8)	23.7 (15.5-31.8)	25.9 (17.9-33.9)
	\$25,000 to \$34,999	66.1 (53.6-78.5)	20.8 (10.2-31.5)	13.1 (5.1-21.1)
	\$35,000 to \$49,999	58.0 (45.7-70.2)	23.9 (13.5-34.2)	18.2 (8.4-28.0)
	\$50,000 to \$74,999	59.0 (49.2-68.9)	23.8 (15.9-31.7)	17.2 (9.0-25.5)
	\$75,000+	62.1 (54.4-69.7)	24.7 (18.6-30.8)	13.3 (7.3-19.2)
Veteran	Yes	45.3 (35.0-55.7)	24.4 (16.0-32.7)	30.3 (19.4-41.2)
	No	60.5 (56.4-64.6)	22.4 (19.1-25.7)	17.1 (13.9-20.4)

Physical Activity by Demographics and Region

"During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?"

Table-A 21: Physical Activity by Demographics and Region

Demographic	Grouping	YES	No
Statewide	Nevada	75.3 (72.8-77.9)	24.7 (22.1-27.2)
Geography	Clark County	74.5 (71.1-77.9)	25.5 (22.1-28.9)
	Washoe County	80.1 (76.6-83.6)	19.9 (16.4-23.4)
	Balance of State	74.0 (70.2-77.7)	26.0 (22.3-29.8)
Age	18 - 24	84.9 (77.5-92.4)	15.1 (7.6-22.5)
	25 - 34	78.7 (71.8-85.5)	21.3 (14.5-28.2)
	35 - 44	72.8 (65.8-79.9)	27.2 (20.1-34.2)
	45 - 54	74.7 (68.6-80.9)	25.3 (19.1-31.4)
	55 - 64	72.0 (66.2-77.7)	28.0 (22.3-33.8)
	65+	71.9 (67.3-76.5)	28.1 (23.5-32.7)
Sex	Male	79.1 (75.5-82.7)	20.9 (17.3-24.5)
	Female	71.6 (68.0-75.2)	28.4 (24.8-32.0)
Race/Ethnicity	White	75.8 (72.7-78.8)	24.2 (21.2-27.3)
	Black	73.3 (63.1-83.5)	26.7 (16.5-36.9)
	Other Race	79.8 (71.7-87.9)	20.2 (12.1-28.3)
	Hispanic	72.5 (66.2-78.8)	27.5 (21.2-33.8)

Physical Activity by Demographics and Region Continued

"During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?"

Physical Activity by Demographics and Region Continued

Demographic	Grouping	YES	No
Education	Less than H.S.	64.2 (55.4-73.0)	35.8 (27.0-44.6)
	H.S. or G.E.D.	75.4 (70.8-79.9)	24.6 (20.1-29.2)
	Some Post H.S.	76.1 (71.9-80.4)	23.9 (19.6-28.1)
	College Graduate	82.9 (79.1-86.8)	17.1 (13.2-20.9)
Income	< 15,000	74.5 (64.0-85.0)	25.5 (15.0-36.0)
	\$15,000 to \$24,999	65.5 (58.1-73.0)	34.5 (27.0-41.9)
	\$25,000 to \$34,999	74.0 (65.4-82.6)	26.0 (17.4-34.6)
	\$35,000 to \$49,999	67.9 (58.8-77.0)	32.1 (23.0-41.2)
	\$50,000 to \$74,999	78.7 (72.3-85.1)	21.3 (14.9-27.7)
	\$75,000+	85.2 (81.5-89.0)	14.8 (11.0-18.5)
Veteran	Yes	74.1 (67.6-80.6)	25.9 (19.4-32.4)
	No	75.5 (72.7-78.3)	24.5 (21.7-27.3)

Nevada Adults 18+ With Health Insurance by Demographics and Region
“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Table-A 21: Adults 18+ With Health Insurance by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	85.5 (83.2-87.8)	14.5 (12.2-16.8)
Geography	Clark County	83.7 (80.7-86.7)	16.3 (13.3-19.3)
	Washoe County	90.4 (87.4-93.3)	9.6 (6.7-12.6)
	Balance of State	90.2 (87.3-93.1)	9.8 (6.9-12.7)
Age	18 - 24	86.7 (79.8-93.6)	13.3 (6.4-20.2)
	25 - 34	74.2 (67.2-81.3)	25.8 (18.7-32.8)
	35 - 44	80.4 (74.2-86.6)	19.6 (13.4-25.8)
	45 - 54	86.0 (81.1-91.0)	14.0 (9.0-18.9)
	55 - 64	86.5 (80.9-92.1)	13.5 (7.9-19.1)
	65+	98.8 (98.0-99.5)	1.2 (0.5-2.0)
Sex	Male	84.3 (80.8-87.9)	15.7 (12.1-19.2)
	Female	86.7 (83.8-89.5)	13.3 (10.5-16.2)
Race/Ethnicity	White	91.2 (89.0-93.5)	8.8 (6.5-11.0)
	Black	85.7 (78.1-93.3)	14.3 (6.7-21.9)
	Other Race	95.4 (91.7-99.2)	4.6 (0.8-8.3)
	Hispanic	67.3 (60.7-73.9)	32.7 (26.1-39.3)

**Nevada Adults 18+ With Health Insurance by Demographics and Region
(continued)**

“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Adults 18+ With Health Insurance by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	65.5 (56.8-74.1)	34.5 (25.9-43.2)
	H.S. or G.E.D.	83.3 (79.2-87.4)	16.7 (12.6-20.8)
	Some Post H.S.	91.4 (88.5-94.2)	8.6 (5.8-11.5)
	College Graduate	94.7 (92.1-97.3)	5.3 (2.7-7.9)
Income	< 15,000	82.9 (74.7-91.1)	17.1 (8.9-25.3)
	\$15,000 to \$24,999	67.0 (59.6-74.5)	33.0 (25.5-40.4)
	\$25,000 to \$34,999	85.0 (77.7-92.4)	15.0 (7.6-22.3)
	\$35,000 to \$49,999	88.7 (82.4-95.0)	10.5 (4.3-16.6)
	\$50,000 to \$74,999	92.1 (88.0-96.2)	7.9 (3.8-12.0)
	\$75,000+	97.4 (95.2-99.6)	2.6 (0.4-4.8)
Veteran	Yes	95.6 (92.7-98.5)	4.4 (1.5-7.3)
	No	84.1 (81.5-86.6)	15.9 (13.4-18.5)

Nevada Adults 18 - 64 With Health Insurance by Demographics and Region
“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Table-A 22: Nevada Adults 18-64 With Health Insurance by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	82.4 (79.6-85.1)	17.6 (14.9-20.4)
Geography	Clark County	80.3 (76.6-84.0)	19.7 (16.0-23.4)
	Washoe County	88.8 (85.3-92.4)	11.2 (7.6-14.7)
	Balance of State	87.1 (83.6-90.7)	12.9 (9.3-16.4)
Age	18 - 24	86.7 (79.8-93.6)	13.3 (6.4-20.2)
	25 - 34	74.2 (67.2-81.3)	25.8 (18.7-32.8)
	35 - 44	80.4 (74.2-86.6)	19.6 (13.4-25.8)
	45 - 54	86.0 (81.1-91.0)	14.0 (9.0-18.9)
	55 - 64	86.5 (80.9-92.1)	13.5 (7.9-19.1)
Sex	Male	81.3 (77.0-85.5)	18.7 (14.5-23.0)
	Female	83.5 (80.0-87.0)	16.5 (13.0-20.0)
Race/Ethnicity	White	88.5 (85.5-91.4)	11.5 (8.6-14.5)
	Black	83.6 (74.7-92.4)	16.4 (7.6-25.3)
	Other Race	94.7 (90.1-99.3)	5.3 (0.7-9.9)
	Hispanic	65.4 (58.5-72.4)	34.6 (27.6-41.5)

**Nevada Adults 18 - 64 With Health Insurance by Demographics and Region
(continued)**

“Do you have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or governmental plans such as Medicare?”

Nevada Adults 18-64 With Health Insurance by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	60.5 (50.8-70.3)	39.5 (29.7-49.2)
	H.S. or G.E.D.	79.6 (74.5-84.6)	20.4 (15.4-25.5)
	Some Post H.S.	89.2 (85.7-92.8)	10.8 (7.2-14.3)
	College Graduate	93.6 (90.4-96.9)	6.4 (3.1-9.6)
Income	< 15,000	81.0 (71.3-90.8)	19.0 (9.2-28.7)
	\$15,000 to \$24,999	61.2 (52.8-69.7)	38.8 (30.3-47.2)
	\$25,000 to \$34,999	82.4 (73.5-91.4)	17.6 (8.6-26.5)
	\$35,000 to \$49,999	84.8 (76.3-93.2)	14.1 (5.8-22.4)
	\$50,000 to \$74,999	89.8 (84.5-95.1)	10.2 (4.9-15.5)
	\$75,000+	96.9 (94.4-99.5)	3.1 (0.5-5.6)
Veteran	Yes	93.0 (87.8-98.3)	7.0 (1.7-12.2)
	No	81.4 (78.4-84.4)	18.6 (15.6-21.6)

Nevada Adults With a Primary Care Provider by Demographics and Region
“Do you have one person you think of as your personal doctor or healthcare provider?”

Table-A 23: Nevada Adults With a Primary Care Provider by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	66.8 (63.9-69.6)	33.2 (30.4-36.1)
Geography	Clark County	64.2 (60.4-67.9)	35.8 (32.1-39.6)
	Washoe County	75.4 (71.1-79.8)	24.6 (20.2-28.9)
	Balance of State	71.2 (67.2-75.2)	28.8 (24.8-32.8)
Age	18 - 24	51.6 (41.2-61.9)	48.4 (38.1-58.8)
	25 - 34	43.1 (35.4-50.8)	56.9 (49.2-64.6)
	35 - 44	56.5 (49.2-63.7)	43.5 (36.3-50.8)
	45 - 54	73.2 (67.4-79.1)	26.8 (20.9-32.6)
	55 - 64	80.2 (74.4-86.0)	19.8 (14.0-25.6)
	65+	90.9 (88.3-93.5)	9.1 (6.5-11.7)
Sex	Male	60.3 (55.9-64.7)	39.7 (35.3-44.1)
	Female	73.2 (69.6-76.8)	26.8 (23.2-30.4)
Race/Ethnicity	White	75.3 (72.3-78.4)	24.7 (21.6-27.7)
	Black	63.7 (53.0-74.3)	36.3 (25.7-47.0)
	Other Race	69.8 (60.8-78.9)	30.2 (21.1-39.2)
	Hispanic	47.4 (40.8-54.0)	52.6 (46.0-59.2)

**Nevada Adults With a Primary Care Provider by Demographics and Region
(Continued)**

Nevada Adults With a Primary Care Provider by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	48.4 (39.7-57.2)	51.6 (42.8-60.3)
	H.S. or G.E.D.	65.3 (60.1-70.5)	34.7 (29.5-39.9)
	Some Post H.S.	74.0 (69.3-78.7)	26.0 (21.3-30.7)
	College Graduate	71.5 (66.8-76.2)	28.5 (23.8-33.2)
Income	< 15,000	64.3 (52.8-75.8)	35.7 (24.2-47.2)
	\$15,000 to \$24,999	57.1 (49.5-64.7)	42.9 (35.3-50.5)
	\$25,000 to \$34,999	55.2 (45.6-64.8)	44.8 (35.2-54.4)
	\$35,000 to \$49,999	68.2 (59.4-76.9)	30.0 (21.2-38.7)
	\$50,000 to \$74,999	73.6 (67.0-80.2)	26.4 (19.8-33.0)
	\$75,000+	73.6 (68.3-78.9)	26.3 (21.0-31.7)
Veteran	Yes	77.7 (71.1-84.4)	22.3 (15.6-28.9)
	No	65.2 (62.1-68.3)	34.8 (31.7-37.9)

**Nevada Adults That Could Not See a Doctor Because of
Cost by Demographics and Region**
“Was there a time in the past 12 months when you needed to see a doctor but
could not because of cost?”

Table-A 24: Nevada Adults That Could Not See a Doctor Because of Cost by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	15.1 (12.9-17.3)	84.9 (82.7-87.1)
Geography	Clark County	15.4 (12.5-18.3)	84.6 (81.7-87.5)
	Washoe County	13.0 (9.8-16.3)	87.0 (83.7-90.2)
	Balance of State	15.9 (12.6-19.1)	84.1 (80.9-87.4)
Age	18 - 24	14.4 (6.7-22.1)	85.6 (77.9-93.3)
	25 - 34	23.6 (16.5-30.7)	76.4 (69.3-83.5)
	35 - 44	17.8 (12.4-23.2)	82.2 (76.8-87.6)
	45 - 54	15.9 (11.1-20.6)	84.1 (79.4-88.9)
	55 - 64	15.3 (10.5-20.1)	84.7 (79.9-89.5)
	65+	4.1 (2.4-5.7)	95.9 (94.3-97.6)
Sex	Male	11.8 (8.8-14.7)	88.2 (85.3-91.2)
	Female	18.4 (15.2-21.6)	81.6 (78.4-84.8)
Race/Ethnicity	White	11.8 (9.5-14.1)	88.2 (85.9-90.5)
	Black	22.6 (12.7-32.5)	77.4 (67.5-87.3)
	Other Race	14.9 (7.2-22.6)	85.1 (77.4-92.8)
	Hispanic	19.9 (14.6-25.2)	80.1 (74.8-85.4)

**Nevada Adults That Could Not See a Doctor Because of
Cost by Demographics and Region (Continued)**
“Was there a time in the past 12 months when you needed to see a doctor but
could not because of cost?”

Nevada Adults That Could Not See a Doctor Because of Cost by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	28.7 (20.5-36.8)	71.3 (63.2-79.5)
	H.S. or G.E.D.	14.3 (10.7-17.8)	85.7 (82.2-89.3)
	Some Post H.S.	13.5 (9.8-17.3)	86.5 (82.7-90.2)
	College Graduate	8.0 (5.4-10.7)	92.0 (89.3-94.6)
Income	< 15,000	40.5 (28.2-52.7)	59.5 (47.3-71.8)
	\$15,000 to \$24,999	22.2 (16.2-28.2)	77.6 (71.5-83.6)
	\$25,000 to \$34,999	13.8 (7.6-20.1)	86.2 (79.9-92.4)
	\$35,000 to \$49,999	14.1 (8.1-20.1)	85.9 (79.9-91.9)
	\$50,000 to \$74,999	8.5 (4.2-12.9)	91.3 (87.0-95.6)
	\$75,000+	5.6 (2.8-8.4)	94.4 (91.6-97.2)
Veteran	Yes	5.6 (2.1-9.2)	94.4 (90.8-97.9)
	No	16.4 (13.9-18.8)	83.6 (81.2-86.1)

The Time Since Last Routine Checkup for Nevada Adults
 “About how long has it been since you last visited a doctor for a routine checkup?”

Table-A 25: The Time Since Last Routine Checkup for Nevada Adults

Demographic	Grouping	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Statewide	Nevada	66.2 (63.4-69.0)	11.8 (9.9-13.7)	9.5 (7.6-11.3)	9.7 (7.9-11.5)	2.8 (1.6-4.1)
Geography	Clark County	66.3 (62.6-70.1)	11.0 (8.6-13.5)	9.8 (7.4-12.3)	9.6 (7.3-12.0)	3.2 (1.5-4.8)
	Washoe County	65.8 (61.5-70.2)	14.1 (11.0-17.1)	8.3 (5.9-10.7)	9.5 (6.4-12.5)	2.4 (0.7-4.1)
	Balance of State	65.9 (61.9-69.9)	13.6 (10.6-16.6)	8.8 (6.5-11.1)	10.4 (7.6-13.2)	1.3 (0.4-2.3)
Age	18 - 24	59.3 (48.9-69.7)	14.2 (6.6-21.8)	14.7 (7.3-22.1)	6.3 (2.5-10.0)	5.5 (0.0-11.5)
	25 - 34	47.0 (39.2-54.8)	15.0 (9.3-20.7)	13.4 (7.7-19.2)	17.6 (11.5-23.7)	7.0 (3.0-11.0)
	35 - 44	60.5 (53.4-67.6)	12.1 (7.8-16.3)	11.4 (7.0-15.7)	13.8 (8.5-19.1)	2.3 (0.0-5.2)
	45 - 54	67.7 (61.1-74.3)	13.5 (9.0-18.0)	7.9 (4.0-11.8)	8.4 (4.4-12.5)	2.5 (0.0-5.2)
	55 - 64	72.5 (66.7-78.3)	9.6 (6.3-12.9)	8.8 (4.7-12.9)	8.6 (4.8-12.5)	0.4 (0.1-0.8)
	65+	86.9 (83.9-89.9)	7.4 (5.0-9.8)	2.9 (1.4-4.3)	2.7 (1.5-4.0)	0.1 (0.0-0.3)

The Time Since Last Routine Checkup for Nevada Adults (continued)
 “About how long has it been since you last visited a doctor for a routine checkup?”

The Time Since Last Routine Checkup for Nevada Adults Continued

Demographic	Grouping	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Sex	Male	61.0 (56.6-65.4)	12.0 (9.1-14.9)	10.7 (7.8-13.6)	12.4 (9.4-15.5)	3.8 (1.8-5.9)
	Female	71.4 (67.9-74.9)	11.6 (9.3-14.0)	8.2 (5.9-10.5)	6.9 (5.1-8.8)	1.8 (0.5-3.1)
Race/Ethnicity	White	70.1 (67.0-73.3)	10.9 (8.9-12.8)	7.7 (5.9-9.4)	10.9 (8.5-13.2)	0.5 (0.1-0.8)
	Black	81.3 (72.3-90.3)	12.5 (4.4-20.6)	2.3 (0.0-5.5)	2.5 (0.0-5.0)	1.5 (0.0-4.6)
	Other Race	63.7 (53.7-73.6)	8.1 (2.4-13.7)	13.1 (5.6-20.5)	12.6 (5.5-19.7)	2.6 (0.0-5.3)
	Hispanic	54.0 (47.2-60.8)	16.1 (11.0-21.2)	13.2 (8.3-18.1)	7.7 (4.2-11.3)	9.0 (4.4-13.6)
Education	Less than H.S.	57.9 (49.0-66.8)	14.3 (7.9-20.8)	8.5 (3.3-13.7)	9.7 (4.2-15.2)	9.6 (3.6-15.6)
	H.S. or G.E.D.	66.6 (61.5-71.8)	9.4 (6.6-12.2)	9.2 (6.1-12.4)	12.6 (8.7-16.4)	2.2 (0.3-4.1)
	Some Post H.S.	67.9 (62.9-72.8)	12.3 (8.8-15.7)	10.2 (6.7-13.8)	8.9 (6.0-11.8)	0.7 (0.0-1.6)
	College Graduate	69.5 (64.9-74.1)	12.3 (9.3-15.4)	9.1 (6.0-12.3)	7.0 (4.5-9.4)	2.1 (0.2-3.9)

The Time Since Last Routine Checkup for Nevada Adults (continued)
 “About how long has it been since you last visited a doctor for a routine checkup?”

The Time Since Last Routine Checkup for Nevada Adults Continued

Demographic	Grouping	In the Past Year	In the Past 2 Years	In the Past 5 Years	5 Years or More	Never
Income	< 15,000	59.2 (46.6-71.8)	12.3 (3.6-21.0)	16.8 (6.1-27.4)	6.2 (2.0-10.4)	5.6 (0.0-12.6)
	\$15,000 to \$24,999	63.9 (56.5-71.3)	11.3 (6.7-15.9)	9.9 (5.1-14.7)	12.6 (7.4-17.9)	2.3 (0.0-5.0)
	\$25,000 to \$34,999	56.3 (46.6-66.1)	16.5 (8.1-24.9)	10.8 (4.7-16.9)	11.1 (5.8-16.4)	5.3 (0.3-10.3)
	\$35,000 to \$49,999	74.8 (67.5-82.2)	9.1 (5.0-13.2)	7.5 (2.4-12.6)	8.6 (4.1-13.1)	0.0
	\$50,000 to \$74,999	65.1 (57.7-72.4)	11.8 (7.4-16.1)	9.6 (5.5-13.7)	12.5 (6.5-18.4)	1.1 (0.0-2.9)
	\$75,000+	69.2 (63.8-74.6)	12.1 (8.6-15.6)	8.6 (5.2-12.0)	7.2 (3.9-10.6)	2.8 (0.4-5.3)
Veteran	Yes	81.6 (75.6-87.6)	9.4 (4.6-14.3)	5.2 (2.2-8.1)	3.8 (0.8-6.8)	0.0
	No	64.0 (60.9-67.1)	12.1 (10.1-14.2)	10.1 (8.0-12.1)	10.5 (8.5-12.5)	3.2 (1.8-4.6)

Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region
 “A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Table-A 26: Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	26.9 (23.9-29.9)	73.1 (70.1-76.1)
Geography	Clark County	23.9 (20.0-27.7)	76.1 (72.3-80.0)
	Washoe County	39.0 (33.8-44.2)	61.0 (55.8-66.2)
	Balance of State	30.1 (25.6-34.6)	69.9 (65.4-74.4)
Age	18 - 24	24.6 (15.8-33.3)	75.4 (66.7-84.2)
	25 - 34	22.3 (15.6-29.0)	77.7 (71.0-84.4)
	35 - 44	25.8 (19.5-32.1)	74.2 (67.9-80.5)
	45 - 54	26.7 (20.5-32.8)	73.3 (67.2-79.5)
	55 - 64	35.6 (29.5-41.7)	64.4 (58.3-70.5)
Sex	Male	25.7 (21.3-30.1)	74.3 (69.9-78.7)
	Female	28.1 (24.1-32.2)	71.9 (67.8-75.9)
Race/Ethnicity	White	30.9 (26.9-35.0)	69.1 (65.0-73.1)
	Black	17.8 (8.5-27.1)	82.2 (72.9-91.5)
	Other Race	20.0 (11.6-28.3)	80.0 (71.7-88.4)
	Hispanic	25.4 (19.2-31.6)	74.6 (68.4-80.8)

**Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region
(Continued)**

“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Influenza Vaccination Prevalence Ages 18-64 by Demographics and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	23.5 (14.9-32.1)	76.5 (67.9-85.1)
	H.S. or G.E.D.	21.8 (16.8-26.7)	78.2 (73.3-83.2)
	Some Post H.S.	28.4 (22.8-33.9)	71.6 (66.1-77.2)
	College Graduate	35.1 (29.7-40.6)	64.9 (59.4-70.3)
Income	< 15,000	24.0 (11.2-36.8)	75.7 (62.9-88.5)
	\$15,000 to \$24,999	21.9 (14.6-29.3)	78.1 (70.7-85.4)
	\$25,000 to \$34,999	12.5 (6.2-18.7)	87.1 (80.8-93.4)
	\$35,000 to \$49,999	24.2 (15.2-33.2)	75.8 (66.8-84.8)
	\$50,000 to \$74,999	27.7 (19.9-35.4)	72.3 (64.6-80.1)
	\$75,000+	33.9 (28.0-39.7)	66.1 (60.3-72.0)
Veteran	Yes	49.7 (37.5-61.9)	50.3 (38.1-62.5)
	No	24.8 (21.8-27.8)	75.2 (72.2-78.2)

Influenza Vaccination Prevalence Ages 65+ by Demographics and Region
 “A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Table-A 27: Influenza Vaccination Prevalence Ages 65+ by Demographics and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	54.3 (49.1-59.6)	45.7 (40.4-50.9)
Geography	Clark County	54.5 (47.2-61.9)	45.5 (38.1-52.8)
	Washoe County	56.1 (48.4-63.8)	43.9 (36.2-51.6)
	Balance of State	51.7 (45.4-58.0)	48.3 (42.0-54.6)
Sex	Male	56.3 (47.9-64.7)	43.7 (35.3-52.1)
	Female	52.7 (46.1-59.3)	47.3 (40.7-53.9)
Race/Ethnicity	White	54.5 (49.2-59.9)	45.5 (40.1-50.8)
	Black	~	~
	Other Race	54.1 (27.5-80.8)	45.9 (19.2-72.5)
	Hispanic	~	~
Education	Less than H.S.	68.3 (51.6-85.1)	31.7 (14.9-48.4)
	H.S. or G.E.D.	47.5 (37.1-57.8)	52.5 (42.2-62.9)
	Some Post H.S.	54.6 (46.1-63.0)	45.4 (37.0-53.9)
	College Graduate	55.8 (47.0-64.6)	44.2 (35.4-53.0)

**Influenza Vaccination Prevalence Ages 65+ by Demographics and Region
Continued**

“A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot (individuals who received a nasal flu spray are included)?”

Influenza Vaccination Prevalence Ages 65+ by Demographics and Region Continued

Demographic	Grouping	Yes	No
Income	< 15,000	59.2 (43.4-75.0)	40.8 (25.0-56.6)
	\$15,000 to \$24,999	56.6 (42.7-70.5)	43.4 (29.5-57.3)
	\$25,000 to \$34,999	48.3 (32.5-64.1)	51.7 (35.9-67.5)
	\$35,000 to \$49,999	58.9 (44.7-73.0)	41.1 (27.0-55.3)
	\$50,000 to \$74,999	58.3 (42.9-73.7)	41.7 (26.3-57.1)
	\$75,000+	52.1 (41.1-63.0)	47.9 (37.0-58.9)
Veteran	Yes	58.8 (49.1-68.6)	41.2 (31.4-50.9)
	No	52.4 (46.2-58.5)	47.6 (41.5-53.8)

Pneumonia Vaccination Data for Adults 65+ by Demographics and Region
 “A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person’s lifetime and is different from the flu shot. Have you ever had a pneumonia shot?”

Table-A 28: Pneumonia Vaccination Data for Adults 65+ by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	70.1 (65.4-74.8)	29.9 (25.2-34.6)
Geography	Clark County	69.4 (62.9-76.0)	30.6 (24.0-37.1)
	Washoe County	76.9 (70.8-83.0)	23.1 (17.0-29.2)
	Balance of State	65.8 (59.7-72.0)	34.2 (28.0-40.3)
Sex	Male	72.3 (65.1-79.5)	27.7 (20.5-34.9)
	Female	68.2 (62.1-74.3)	31.8 (25.7-37.9)
Race/Ethnicity	White	72.1 (67.3-76.8)	27.9 (23.2-32.7)
	Black	~	~
	Other Race	68.3 (46.2-90.4)	31.7 (9.6-53.8)
	Hispanic	~	~
Education	Less than H.S.	85.5 (77.5-93.5)	14.5 (6.5-22.5)
	H.S. or G.E.D.	61.2 (51.4-71.0)	38.8 (29.0-48.6)
	Some Post H.S.	72.2 (65.1-79.4)	27.8 (20.6-34.9)
	College Graduate	70.8 (61.8-79.7)	29.2 (20.3-38.2)

**Pneumonia Vaccination Data for Adults 65+ by Demographics and Region
 Continued**

“A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person’s lifetime and is different from the flu shot. Have you ever had a pneumonia shot?”

Pneumonia Vaccination Data for Adults 65+ by Demographic and Region Continued

Demographic	Grouping	Yes	No
Income	< 15,000	58.6 (42.3-74.9)	41.4 (25.1-57.7)
	\$15,000 to \$24,999	82.6 (73.8-91.3)	17.4 (8.7-26.2)
	\$25,000 to \$34,999	74.0 (60.5-87.5)	26.0 (12.5-39.5)
	\$35,000 to \$49,999	67.2 (54.0-80.3)	32.8 (19.7-46.0)
	\$50,000 to \$74,999	65.9 (51.1-80.7)	34.1 (19.3-48.9)
	\$75,000+	64.9 (53.5-76.3)	35.1 (23.7-46.5)
Veteran	Yes	75.3 (67.0-83.5)	24.7 (16.5-33.0)
	No	67.9 (62.2-73.5)	32.1 (26.5-37.8)

Current Smoking Prevalence by Demographic and Region
Adults who currently smoke are defined as respondents reporting having smoked at least 100 cigarettes in their lifetime and currently smoke.

Table-A 29: Current Smoking Prevalence by Demographic and Region

Demographic	Grouping	Yes	No
Statewide	Nevada	17.5 (15.2-19.9)	82.5 (80.1-84.8)
Geography	Clark County	16.9 (13.8-20.0)	83.1 (80.0-86.2)
	Washoe County	18.8 (14.9-22.7)	81.2 (77.3-85.1)
	Balance of State	19.8 (16.3-23.3)	80.2 (76.7-83.7)
Age	18 - 24	13.8 (7.0-20.7)	86.2 (79.3-93.0)
	25 - 34	25.1 (18.0-32.3)	74.9 (67.7-82.0)
	35 - 44	21.2 (14.8-27.6)	78.8 (72.4-85.2)
	45 - 54	15.5 (10.2-20.8)	84.5 (79.2-89.8)
	55 - 64	16.1 (11.5-20.8)	83.9 (79.2-88.5)
	65+	12.3 (9.1-15.5)	87.7 (84.5-90.9)
Sex	Male	20.5 (16.8-24.3)	79.5 (75.7-83.2)
	Female	14.6 (11.8-17.3)	85.4 (82.7-88.2)
Race/Ethnicity	White	17.5 (14.9-20.1)	82.5 (79.9-85.1)
	Black	27.4 (16.7-38.2)	72.6 (61.8-83.3)
	Other Race	18.9 (10.1-27.8)	81.1 (72.2-89.9)
	Hispanic	14.3 (9.1-19.4)	85.7 (80.6-90.9)

Current Smoking Prevalence by Demographic and Region Continued
Adults who currently smoke are defined as respondents reporting having smoked at least 100 cigarettes in their lifetime and currently smoke.

Current Smoking Prevalence by Demographic and Region Continued

Demographic	Grouping	Yes	No
Education	Less than H.S.	20.4 (13.0-27.8)	79.6 (72.2-87.0)
	H.S. or G.E.D.	19.7 (15.6-23.9)	80.3 (76.1-84.4)
	Some Post H.S.	19.8 (15.4-24.1)	80.2 (75.9-84.6)
	College Graduate	8.7 (5.9-11.5)	91.3 (88.5-94.1)
Income	< 15,000	31.2 (19.3-43.1)	68.8 (56.9-80.7)
	\$15,000 to \$24,999	26.8 (19.6-34.0)	73.2 (66.0-80.4)
	\$25,000 to \$34,999	25.2 (16.5-33.8)	74.8 (66.2-83.5)
	\$35,000 to \$49,999	16.4 (9.5-23.2)	83.6 (76.8-90.5)
	\$50,000 to \$74,999	16.4 (10.9-21.9)	83.6 (78.1-89.1)
	\$75,000+	8.7 (5.7-11.7)	91.3 (88.3-94.3)
Veteran	Yes	18.2 (12.0-24.3)	81.8 (75.7-88.0)
	No	17.5 (15.0-20.0)	82.5 (80.0-85.0)

Four Levels of Smoking by Demographics and Region
Four levels of smoking: every day, some days, former smoker, and never smoked.

Table-A 30: Four Levels of Smoking by Demographics and Region

Demographic	Grouping	Every day	Some Days	Former Smoker	Never Smoked
Statewide	Nevada	11.7 (9.8-13.6)	5.9 (4.3-7.4)	25.6 (23.1-28.1)	56.9 (53.9-59.8)
Geography	Clark County	10.9 (8.4-13.4)	6.0 (3.9-8.1)	24.9 (21.6-28.2)	58.2 (54.3-62.0)
	Washoe County	12.8 (9.6-16.1)	6.0 (3.3-8.6)	25.0 (21.5-28.4)	56.2 (51.8-60.7)
	Balance of State	15.0 (11.8-18.1)	4.9 (2.9-6.8)	30.4 (26.6-34.2)	49.8 (45.5-54.1)
Age	18 - 24	10.0 (3.9-16.2)	3.8 (0.5-7.1)	10.6 (3.6-17.7)	75.5 (66.5-84.6)
	25 - 34	12.2 (6.9-17.6)	12.9 (7.2-18.6)	19.8 (13.3-26.2)	55.1 (47.2-62.9)
	35 - 44	14.6 (9.3-19.9)	6.6 (2.1-11.0)	19.0 (13.4-24.6)	59.8 (52.5-67.1)
	45 - 54	11.8 (7.1-16.6)	3.7 (0.9-6.4)	20.5 (14.8-26.3)	64.0 (57.1-70.8)
	55 - 64	12.2 (8.2-16.2)	3.9 (1.2-6.7)	33.2 (27.3-39.0)	50.7 (44.3-57.1)
	65+	9.0 (6.3-11.6)	3.3 (1.4-5.3)	44.5 (39.2-49.9)	43.2 (38.1-48.3)

Four Levels of Smoking by Demographic and Region Continued
Four levels of smoking: every day, some days, former smoker, and never smoked.

Four Levels of Smoking by Demographics and Region Continued

Demographic	Grouping	Every day	Some Days	Former Smoker	Never Smoked
Sex	Male	12.0 (9.2-14.9)	8.5 (5.6-11.4)	27.5 (23.6-31.3)	52.0 (47.5-56.5)
	Female	11.4 (8.8-13.9)	3.2 (2.1-4.4)	23.7 (20.6-26.9)	61.7 (58.0-65.4)
Race/Ethnicity	White	13.7 (11.3-16.1)	3.7 (2.6-4.9)	30.3 (27.2-33.4)	52.3 (48.8-55.7)
	Black	14.8 (5.8-23.8)	12.7 (4.6-20.7)	23.8 (14.3-33.2)	48.8 (37.5-60.1)
	Other Race	12.3 (5.2-19.3)	6.7 (0.3-13.1)	23.2 (14.9-31.4)	57.9 (47.7-68.1)
	Hispanic	6.1 (2.8-9.3)	8.2 (3.9-12.4)	17.2 (11.8-22.6)	68.6 (62.0-75.2)
Education	Less than H.S.	13.3 (7.4-19.1)	7.1 (1.8-12.5)	23.9 (16.0-31.7)	55.7 (46.8-64.7)
	H.S. or G.E.D.	13.7 (10.0-17.3)	6.1 (3.6-8.5)	28.2 (23.5-33.0)	52.0 (46.6-57.5)
	Some Post H.S.	13.7 (10.1-17.3)	6.0 (3.0-9.0)	25.8 (21.5-30.0)	54.5 (49.3-59.7)
	College Graduate	4.4 (2.5-6.2)	4.3 (2.2-6.5)	22.9 (19.0-26.8)	68.4 (64.0-72.9)

Four Levels of Smoking by Demographic and Region Continued
 Four levels of smoking: every day, some days, former smoker, and never smoked.

Four Levels of Smoking by Demographics and Region Continued

Demographic	Grouping	Every day	Some Days	Former Smoker	Never Smoked
Income	< 15,000	22.0 (12.1-31.9)	9.2 (0.0-18.4)	32.3 (20.7-43.9)	36.5 (25.0-48.0)
	\$15,000 to \$24,999	16.1 (10.6-21.5)	10.7 (4.9-16.6)	20.5 (15.0-26.1)	52.7 (44.9-60.4)
	\$25,000 to \$34,999	18.6 (10.9-26.3)	6.6 (1.4-11.8)	24.7 (16.8-32.6)	50.2 (40.4-59.9)
	\$35,000 to \$49,999	11.1 (5.0-17.3)	5.2 (1.6-8.8)	26.0 (18.4-33.7)	57.6 (48.7-66.5)
	\$50,000 to \$74,999	8.1 (4.6-11.7)	8.3 (3.8-12.7)	31.7 (24.7-38.7)	51.9 (44.4-59.5)
	\$75,000+	6.1 (3.6-8.6)	2.6 (0.9-4.4)	27.4 (22.4-32.4)	63.9 (58.5-69.3)
Veteran	Yes	11.9 (7.1-16.7)	6.2 (1.9-10.6)	43.7 (35.9-51.5)	38.1 (30.3-45.9)
	No	11.7 (9.6-13.7)	5.8 (4.1-7.5)	23.1 (20.5-25.7)	59.4 (56.3-62.6)

Body Mass Index (BMI) Weight Categories by Demographics and Region
Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Table-A 31: Body Mass Index (BMI) Weight Categories by Demographics and Region

Demographic	Grouping	Underweight	Healthy Weight	Overweight	Obese
Statewide	Nevada	1.8 (1.1-2.4)	33.6 (30.7-36.4)	37.9 (35.0-40.9)	26.7 (24.0-29.4)
Geography	Clark County	1.8 (0.9-2.6)	32.8 (29.0-36.5)	38.4 (34.5-42.2)	27.1 (23.5-30.7)
	Washoe County	1.6 (0.5-2.7)	40.4 (35.8-45.0)	37.1 (32.6-41.7)	20.9 (17.4-24.4)
	Balance of State	2.1 (0.8-3.3)	29.3 (25.3-33.2)	36.6 (32.4-40.7)	32.1 (28.0-36.2)
Age	18 - 24	4.2 (0.9-7.6)	63.5 (53.4-73.5)	20.9 (12.8-29.1)	11.4 (4.0-18.7)
	25 - 34	0.3 (0.0-0.7)	31.2 (23.6-38.8)	38.9 (30.8-47.0)	29.6 (21.8-37.4)
	35 - 44	0.9 (0.0-2.3)	29.5 (22.5-36.4)	43.1 (35.5-50.7)	26.5 (20.2-32.8)
	45 - 54	1.0 (0.0-2.2)	25.0 (18.8-31.1)	38.3 (31.1-45.6)	35.6 (28.3-43.0)
	55 - 64	1.9 (0.5-3.3)	26.8 (21.2-32.4)	42.0 (35.5-48.5)	29.4 (23.2-35.5)
	65+	2.8 (1.1-4.5)	34.0 (29.2-38.8)	39.3 (34.1-44.5)	23.9 (19.2-28.6)

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued
 Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued

Demographic	Grouping	Underweight	Healthy Weight	Overweight	Obese
Sex	Male	1.0 (0.2-1.7)	28.0 (23.9-32.1)	43.1 (38.7-47.6)	27.9 (23.8-32.1)
	Female	2.6 (1.6-3.7)	39.6 (35.7-43.5)	32.3 (28.6-36.1)	25.4 (22.0-28.9)
Race/Ethnicity	White	1.6 (1.0-2.3)	36.5 (33.1-39.9)	36.4 (33.0-39.7)	25.5 (22.3-28.7)
	Black	2.1 (0.0-5.3)	31.4 (20.9-41.9)	39.7 (28.4-51.1)	26.7 (16.8-36.6)
	Other Race	2.9 (0.0-5.8)	50.7 (40.1-61.2)	30.5 (21.2-39.9)	15.9 (8.9-23.0)
	Hispanic	1.4 (0.0-2.8)	18.0 (13.1-22.8)	45.6 (38.4-52.8)	35.0 (28.1-41.9)
Education	Less than H.S.	2.0 (0.0-4.0)	22.1 (14.5-29.7)	41.6 (32.0-51.1)	34.4 (25.0-43.8)
	H.S. or G.E.D.	1.6 (0.5-2.8)	31.8 (26.6-37.1)	35.9 (30.7-41.2)	30.6 (25.5-35.7)
	Some Post H.S.	1.8 (0.6-3.0)	37.5 (32.2-42.7)	37.2 (32.1-42.3)	23.5 (19.2-27.9)
	College Graduate	1.8 (0.6-2.9)	37.6 (32.7-42.5)	39.7 (34.8-44.7)	20.9 (16.7-25.1)

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued
Underweight = BMI less than 18.5; Healthy weight = BMI greater than or equal to 18.5 and less than 25.0; Overweight = BMI greater than or equal to 25.0 and less than 30.0; Obese = BMI greater than or equal to 30.0.

Body Mass Index (BMI) Weight Categories by Demographics and Region Continued

Demographic	Grouping	Underweight	Healthy Weight	Overweight	Obese
Income	< 15,000	2.9 (0.5-5.3)	33.4 (20.2-46.7)	30.3 (18.8-41.8)	33.3 (21.2-45.4)
	\$15,000 to \$24,999	1.7 (0.0-3.5)	27.6 (20.8-34.3)	45.1 (37.2-53.0)	25.7 (18.9-32.4)
	\$25,000 to \$34,999	0.9 (0.0-1.8)	25.5 (17.6-33.5)	41.7 (31.8-51.5)	31.9 (22.5-41.3)
	\$35,000 to \$49,999	1.4 (0.0-2.7)	34.7 (25.9-43.4)	35.3 (26.5-44.0)	28.7 (20.4-36.9)
	\$50,000 to \$74,999	1.1 (0.0-2.3)	32.1 (25.0-39.1)	36.8 (29.3-44.3)	30.0 (22.6-37.4)
	\$75,000+	1.1 (0.0-2.1)	32.1 (26.8-37.4)	41.8 (36.1-47.4)	25.0 (19.9-30.2)
Veteran	Yes	0.7 (0.0-1.8)	26.1 (19.6-32.7)	46.2 (38.4-54.1)	26.9 (19.6-34.2)
	No	1.9 (1.2-2.7)	34.7 (31.6-37.8)	36.7 (33.6-39.9)	26.7 (23.7-29.6)

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